The year 2011 is the year of the 40th anniversary of the journal Kinesiology. In these 40 years the journal has gone through some rough, but also through some joyful and happy times. Since 1971, when the first issue of the journal was published, a lot has changed – from the regional publication including scientific and professional contributions printed in the Croatian language only, published in 200 copies distributed mostly among the colleagues who were the employees of the publishing institution – the Faculty for Physical Culture University of Zagreb – consequently since then the journal has overgrown into an international scientific journal indexed in the world’s most relevant data bases. In early 1990s it survived an almost three-year--long period of discontinuation of publishing to become internationally recognized in the year 1995. The following five years the journal was published in two languages – Croatian and English – like parallel issues. The name of the journal changed from Kineziologija to Kinesiology in 2000, when the decision was made to publish the journal in the English language only. Since its beginning the journal has been led by four Editors-in-Chief; from the initial, mainly domestic membership, the Editorial and Advisory Boards were broadened to include internationally renowned scientists from a variety of scientific fields related to kinesiology;
Section Editors were introduced along the way. The last decade was particularly successful for Kinesiology. The inflow of articles submitted for publication as well as the international interest has increased substantially, especially during the last three years, due to the journal’s inclusion in the Web of Science (2008) and Scopus (2009). One of the important factors contributing to this success is the introduction of the triennial International Editorial Board Meetings that always take place during the International Conference on Kinesiology organized by the Faculty of Kinesiology University of Zagreb. The meetings have always provided the opportunity for discussion and introduction of important issues directing the future of the journal.

The first meeting took place in Dubrovnik in 1999. On that occasion the decision was made to start publishing in the English language only, which was the first step in the internationalization of the journal. The journal’s subtitle was also changed to the International Journal of Fundamental and Applied Kinesiology.

The people involved in the Editorial work represent the journal’s real strength. Since 1971 the journal was led by four Editors-in-Chief: Prof. Vladimir Horvat (1971-1978), Prof. Miloš Mraković (1979-1988), Prof. Ankica Hošek-Momirović (1988-1989) and, finally, Prof. Dragan Milanović (1990-present). The core of today’s Editorial Board has mostly gathered since the year 2000. Beside the reigning Editor-in-Chief it presently includes: Prof. Stjepan Heimer (Executive Editor), Prof. Vladimir Medved (Editor) and Prof. Milan Čoh (Editor). Nothing of this fruitful journal’s development would be possible without the contributors from all over the world and their numerous articles of ever growing quality, in which a vast area of kinesiological and adjacent scientific fields’ research issues have been treated. Also, special recognition should be given to the reviewers who have invested their valuable time and expertise in helping to improve the quality of the journal.

In 2006 the journal became electronically available. The full text of the last seven volumes of the journal is available in an open access form. The new issue contains eleven original scientific papers. In harmony with our important anniversary, the first one, authored by Omrčen and Leščić, explores the language of sources cited in the journal Kineziologija/Kinesiology from 1971 to 2010, providing an in-depth survey of various aspects of the paper publication based on the examination of 760 articles published in the journal.
Uređuje redakcijski kolegij

Glavni i odgovorni urednik: Prof. dr Vladimir Horvat

Zamjenik glavnog urednika: Doc. dr Miloš Mraković

Sekretar redakcije: asist. dr med. Krešimir Štuka

Članovi redakcije: Prof. mr. Milaža Gabrijelić, prof. dr Radovan Medved, prof. dr Konstantin Momirović, prof. mr. Živko Redan i prof. ing. arh. Slavko Delfin


Stieg and colleagues compare the different volumes of depth jumps with rebound as a warm-up for vertical jumping in collegiate women soccer players in order to explore the acute effects of depth jump volume on vertical jump performance. Faraji and associates compare the workout volume completed during two lower body resistance exercise sessions that incorporated 1-minute vs. 3-minute rest intervals to determine which rest interval duration should be applied to allow a greater workout volume.

Ter Goon and colleagues present the results of the investigation of the relationship between arm span and stature in Nigerian adults.

Yanardağ and co-authors show that least-to-most prompting procedure is an effective instructional approach in teaching basic tennis skills to children with autism.

Künzell and Lukas present the results of the study on the facilitation effects of a preparatory skateboard training programme on the learning of snowboarding. Radaš and Trošt Bobič aim to determine the influence of the long-term rhythmic gymnastics training process on certain motor abilities and on the posture of Croatian top-level rhythmic gymnasts, while Vodičar and Jošt investigate the relationship between selected kinematic factors and length of jumps of the best world-class ski jumpers participating at the Ski-Flying World Cup in 2009.

The last three articles take a somewhat different turn, and concentrate on larger social, economic, and management aspects of sport. Rauter and Doupona Topić investigate the perspectives of the sport-oriented people regarding the participation of an ever increasing number of athletes in extreme sports in Slovenia. Čáslavová and Petráčková explore the brand personalities of big sport events such as the FIFA World Cup, the Tour de France cycling race and the Olympic Summer Games, while Čustonja and Škorić investigate the current state of research on factors that influence national Olympic Games success, interrogating Croatia’s chances of increasing the number of Olympic medals.

Hoping you will find the topics interesting enough to read all of the articles published in this issue, we are looking forward to seeing you in Opatija, Croatia, at the 6th International Conference on Kinesiology under the motto “Integrative Power of Kinesiology” and at the International Editorial Board and Advisory Board meeting in September.

Editors