3rd ITALIAN - CROATIAN SYMPOSIUM ON PSORIASIS

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University of Trieste, Institute of Dermatology and Venereology, Trieste, Italy and

University Department of Dermatology and Venereology Zagreb University Hospital Center and School of Medicine, Zagreb, Croatia

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Continuing Medical Education Course

LASERS IN DERMATOLOGY

Zagreb, Croatia October 27, 2006

The Continuing Medical Course is organized by
the Chair of Dermatovenereology Zagreb University School of Medicine and
University Department of Dermatology and Venereology
Zagreb University Hospital Center

under the auspicies of

Academy of Medical Sciences of Croatia

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Department of Laser Use in Corrective Dermatology (Cosmetology) has been working since October 2002, as the only laser department at a university department of dermatology in Croatia and in the region.

The Department has been equipped with five different laser devices, thus covering nearly all indications encountered in corrective dermatology. The procedures performed at the Department belong exclusively to the field of cosmetics, and are not covered by the Croatian Institute of Health Insurance but are paid by the clients.

The following lasers are used at Department of Laser Use in Corrective Dermatology (Cosmetology):

Diode 810 nm laser; indications: epilation, vascular handpiece: venous lake, phlebectasia, hemangioma

Diode BeautyStar 532 nm; indications: nevus araneus, telangiectasia, pyogenic granuloma, senile angiomas, angiofibroma, angiokeratoma, hemangioma, seborrheic keratosis, lentigines

Q-SWITCHED RUBY laser; indications: tattoo, lentigines, Ota's nevus, hyperpigmentation, Becker's nevus, café au lait spots, ephelides

CO₂ laser; indications: seborrheic keratosis, actinic keratosis, fibroma, epidermal nevus, syringoma, xanthelasma, cicatrices, keloids, rhinophyma, plane warts, condylomata acuminata

Er:YAG laser; indications: seborrheic keratosis, actinic keratosis, epidermal nevus, syringoma, xanthelasma, cicatrices, keloids, wrinkles; laser peeling and resurfacing

A number of other procedures are also performed at the Department:

- cryotherapy of various benign skin tumors and scars;
- electrocoagulation of fibroma, telangiectasia, hemangioma, pyogenic granuloma and various verrucae;
- excochleation of verrucae and mollusca;
- expression of comedones;
- skin treatment for acne;
- expression of milia;

- chemical peeling by use of glycolic acid in specific indications such as atrophic and hypertrophic cicatrices, senile and solar skin degeneration, hyperpigmentation, actinic keratosis, and seborrheic keratosis;
- intralesional application of corticosteroids;
- biopsy with and without suture, and punch biopsy;
- **snip excision** and excision in toto.