DERMATOLOGICAL SIGNS OF INTERNAL DISEASE
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Saunders, Elsevier, 2009; fourth edition, hard cover, 452 pages, more than 500 illustrations

The fourth edition of Dermatological Signs of Internal Diseases is a practical and comprehensive book that helps the reader identify full range of common and rare systemic diseases according to their manifestation on the skin. This edition of the book covers new diseases and new treatment options, enriched by many new color images that can help the readers recognize internal diseases with skin symptoms and achieve a definitive diagnosis as early as possible.

The book begins with chapters on lupus erythematosus, dermatomyositis, scleroderma and vasculitis, followed by the chapter on different disorders affecting the skin and joints. Urticaria, erythema multiforme, erythema nodosum and pruritus are described in the next few chapters. There also are chapters on erythroderma, purpura, bullous diseases as well as on metastatic disease and skin signs of internal malignancy. These are followed by chapters on cutaneous manifestation of leukemias and lymphomas, amyloidoses, histiocytoses, vascular neoplasms, then those on diabetes mellitus, thyroid and the skin, porphyrias, cutaneous diseases in gastrointestinal abnormalities, cutaneous hepatology, pancreatic diseases, cardiovascular diseases and the skin, renal diseases and the skin, neurocutaneous disease, pregnancy, hair disorders in systemic disease, nail signs of systemic disease, oral mucous membranes and systemic disease, leg ulcerations, and cutaneous drug eruption. The last chapter deals with systemic therapies for cutaneous diseases with emphasis on new therapeutic options.

This book with its view from ‘the other side’ helps in recognizing the causes of some skin changes of which we do not think very often. The book has very good and instructive illustrations and tables that are very useful in recognizing the most important parts for the readers.

It is well known that early diagnosis enables the disease to be managed as effectively as possible, so this book will help the readers reach this ultimate goal.

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