Professor Ferdo Licul was head of the Department of Physical Medicine and Rehabilitation at our Hospital from 1967 to 1981. In this period, he wrote a book entitled Elektrodijagnostika i elektroterapija (Electrodiagnosis and Electrotherapy), published by Školska knjiga from Zagreb in 1981. As noted by Professor Theodor Dürrigl in his Reviewer’s Foreword, the book served as both a textbook and handbook. As a textbook it is intended for residents in physical medicine, and as a handbook for physicians of related specialties and other medical disciplines, medical students, dental medicine students and physiotherapists.

In this historical review, it should be noted that it was the first book on electrodiagnosis and electrotherapy in the Croatian medical literature. In the 1980s, Croatian professional literature in the field of physical diagnosis was rather scarce, in spite of the fact that advancements in electrical technology, electronics and computers with the use of lasers had already enabled development of devices for use in physical diagnosis. That is why Professor Licul started his book with a refresher review of 80 pages on the fundamentals of physics, biophysics, electrical technology and electronics, and neuromuscular system physiology. Professor Dürrigl finds the chapter entitled Fiziološke osnove boli (Physiologic Basis of Pain) especially valuable. The second part of the book deals with electrodiagnosis and the third part with electrotherapy, the latter on almost twofold number of pages because of its great importance. This is followed by chapters on ultrasound therapy, light therapy, and laser therapy, each accompanied by the respective list of references. At the end, there are tables with measurement units, enriching the book as a valuable and practical textbook. Professor Licul has acknowledged the contribution by the three grad. engineers, who helped him so successfully present the fields of electrical engineering, electronics and biophysics as the fundamentals of physical medicine. Indeed, the book was a very useful and appropriate textbook and handbook in the 1980s and 1990s. Nowadays, due to the fast development of physical medicine and all the above mentioned professions underlying it, Professor Licul’s book is a historical work which can still prove useful for all those interested in physical medicine because it is written very well, explaining some universal topics, concepts and methodology. This book is a good example as a witness of its time and a remainder indicating how important it is to think properly and collaborate with those constructing technical aids while looking for new pathways in the development of physical diagnosis and physical therapy.

Tanja Sušec

Reference

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