PERIODIC SOLUTIONS OF A FIRST ORDER DIFFERENTIAL EQUATION

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ABSTRACT. The first order dynamical system $\dot{z} = F(t, z)$ is considered, where F is T-periodic in time and sub-linear at infinity. Existence of T-periodic solution is proved, using degree theory, and applications to non-convex Hamiltonian systems is given as well.

1. INTRODUCTION AND MAIN RESULTS

General type equation. We consider the following first order differential equation \mathcal{L}

(F)
$$\dot{z} = F(t,z)$$

where $F \in C^1(\mathbb{R} \times \mathbb{R}^N, \mathbb{R}^N)$, $N \in \mathbb{N}$, is *T*-periodic in time. Our goal is to find a *T*-periodic solution of (F) under the following **sub-linearity** condition at infinity

(SL)
$$\limsup_{|z| \to +\infty} \frac{|F(t,z)|}{|z|} = 0, \text{ uniformly in } t,$$

in Sobolev space $H^1_T := \{z \in H^1(0,T;\mathbb{R}^N) \mid z(0) = z(T)\}$ of *T*-periodic functions. A standard technique is to decompose the space in orthogonal sum

$$H_T^1 = E^1 \oplus \mathbb{R}^N, \ z = u + m,$$

where $E^1 = \{u \in H^1 \mid fu = 0\}$, and $fz = \frac{1}{T} \int_0^T z(t) dt$ is the mean value of function z(t). According to the above decomposition we split equation

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(F) to obtain E^1 -component of (F), an infinite dimensional equation, and \mathbb{R}^N -component of (F), finite dimensional one:

(F₁)
$$\begin{aligned} \dot{u} &= F(t, u+m) - \oint F(t, u+m) \\ 0 &= \oint F(t, u+m). \end{aligned}$$

We would like to introduce a deformation parameter τ , $0 \le \tau \le 1$ to obtain a homotopical equivalent uncoupled system which has a solution. Following this idea we introduce

(F_{\tau})
$$\begin{aligned} \dot{u} &= \tau \left[F(t, \tau u + m) - \frac{f}{f} F(t, \tau u + m) \right] \\ 0 &= \frac{f}{f} F(t, \tau u + m), \end{aligned}$$

for $\tau = 1$ (F_{τ}) reduces to (F₁) and for $\tau = 0$ we obtain an uncoupled system

Solving (F_{τ}) is equivalent to finding a zero of the function

$$(m,u) \mapsto \left(\oint F(t,m+\tau u), u - \left(\frac{d}{dt}\right)^{-1} \left(\tau \left[F(t,m+\tau u) - \oint F(t,m+\tau u) \right] \right) \right)$$

defined on $\mathbb{R}^N \times E^1$. Some a priori bounds are needed and invertibility of $\frac{d}{dt}$ should be justified.

As it was kindly pointed out by the referee, it seems that instead the homotopy defined in formula (F_{τ}) the homotopy in the proof of Theorem IV.3 in the Mawhin's book [9] can be used.

A priori bound. To obtain an a priori bound on the solution let us rewrite the sub-linearity condition (SL) in equivalent form:

(
$$\varepsilon$$
SL) $\forall \varepsilon > 0, \exists C_{\varepsilon} > 0, \text{ such that} |F(t,z)| \leq \varepsilon |z| + C_{\varepsilon}, z \in \mathbb{R}^{N}, t \in \mathbb{R}.$

As shown in the next proposition some restrictions on ε are essential for obtaining a priori bound on solution. See also an example in the proof of Theorem 1.3.

PROPOSITION 1.1. Assume that F is sub-linear at infinity, $m \in \mathbb{R}^n$ and $u \in E^1$ is a solution of the first equation in (F_{τ}) . If ε , in inequality (εSL), is such that $\varepsilon T < \sqrt{3}/2$ in then

(1.1)
$$\|u\|_{L^{\infty}} \le \delta |m| + \gamma$$

where

$$\delta := \frac{\varepsilon T}{\sqrt{T} - \varepsilon T}$$
 and $\gamma := \frac{C_{\varepsilon}T}{\sqrt{T} - \varepsilon T}$.

We prove the proposition in section 3 on page 291. Moreover, for any r > 0 we introduce

$$R_{\varepsilon}(r) := \frac{r+\gamma}{1-\delta}$$

As we shall see in Lemma 3.1, inequality (1.1) implies that z = m + u(t) is localized in the ball $B(|m|, R_{\varepsilon}(r) - r)$ whenever $|m| \ge R_{\varepsilon}(r)$.

There are two additional properties, we call them 'guiding function' and 'half space localization'. Each of them assures a priori bound on the solution.

Guiding function.

There exist a guiding function W(z),

(1.2)
$$W \in C^1(\mathbb{R}^N, \mathbb{R})$$
, and positive $r > 0$ such that $|z| \ge r \Rightarrow F(t, z) \cdot W'(z) > 0$ uniformly on t .

As shown in Lemma 3.2, if F has a guiding function then $|m| \ge R_{\varepsilon}(r)$ implies that the second equation (\mathbf{F}_{τ}) has no solution.

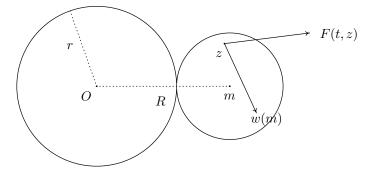
Half space localization.

There exists r > 0 and a continuous

(1.3)
$$\begin{aligned} \text{function } w : \mathbb{R}^N \setminus B(0, R_{\varepsilon}(r)) \to \mathbb{R}^N, \text{ such that} \\ |m| \geq R_{\varepsilon}(r) \Rightarrow \left(w(m) \cdot m \geq 0 \text{ and } F(t, z) \cdot w(m) > 0\right) \\ \text{for all } z \in B(m, R_{\varepsilon}(r) - r) \text{ uniformly on } t. \end{aligned}$$

If $z \in B(m, R_{\varepsilon}(r) - r)$ and F satisfies half space localization property then F(t, z) belongs to the half space $\{z \in \mathbb{R}^N \mid w(m) \cdot z > 0\}$. Specially, this implies that the second equation (\mathbf{F}_{τ}) has no solution.

In both cases, i.e. if F has guiding function or satisfies half space localization property, then, if there exists a solution z = u + m of (F_{τ}) it should satisfy $|m| \leq R_{\varepsilon}(r)$. Evidently, some additional property of F is needed to prove the existence of solution. This is the non-triviality of degree as stated in next theorem.



A priori bound

THEOREM 1.2 (Krasnoselski). Assume that F(t, z) satisfies (SL) (or (εSL)). If F has guiding function and $d := \deg(W', B(0, r), 0) \neq 0$ then (F) has a T-periodic solution.

A simple argument for introducing condition $\deg(W', B(0, r), 0) \neq 0$ is the situation when $F : \mathbb{R} \to \mathbb{R}$ is strictly positive. Then, equation $\dot{z} = F(z)$ has no periodic solutions, $\deg(W', B, 0) = 0$ for any interval B = (-r, r), r > 0 and condition (1.2) is fulfilled with W' = F. Evidently, the degree d has the same value for greater r because of the non-vanishing derivative W' in (1.2).

Applications to some types of Hamiltonian systems are given in section 5. The theorem is a particular case of [6, Lema 6.5, Ch. 2] and we are not going to prove it here. Its proof is inspirative for more general statement in the next theorem.

THEOREM 1.3. Assume that F(t, z) satisfies (SL) (or (εSL)). If F satisfies half space localization property and deg $(w, 0, R) \neq 0$ then (F) has a T-periodic solution.

An application to radial-like Hamiltonian is given in Theorem 1.4, with w(m) = Jm.

Radial-like Hamiltonians. We consider the first order Hamiltonian system

$$\dot{z} = JH'(t,z)$$

where $H(t,z) : \mathbb{R} \times \mathbb{R}^N \to \mathbb{R}$ is C^1 function and *T*-periodic in time (prime denotes partial derivative with respect to z).

We say that Hamiltonian H is strongly sub-quadratic at infinity if there exists r>0 and 1< p<2 such that

(SS)
$$|H'(t,z)| \le \Theta_2 |z|^{p-1}$$
 whenever $|z| \ge r$.

We say that Hamiltonian H is radial-like if there exists $\mu > 0$ such that

(Rad)
$$\frac{H'(t,z) \cdot z}{|H'(t,z)||z|} \ge \mu > 0 \text{ for } |z| \ge r > 0 \text{ uniformly in } t.$$

The following theorem is a consequence of Theorem 1.3.

THEOREM 1.4. Suppose that the Hamiltonian H is radial-like an strongly sub-quadratic at infinity. Then:

i) F = JH' is sub-linear at infinity and satisfies (1.3) with w(m) = Jm.
ii) Hamiltonian system (H) has a T-periodic solution.

The same conclusion as in Theorem 1.4 can be proved using variational methods under additional hypothesis on Hamiltonian

 $|H'(t,z)|\cdot |z|\geq \beta\geq 0, \quad |z|\geq r\geq 0 \text{ uniformly in } t.$ The proof can be found in [5].

A simple test for radial-like Hamiltonian is given in the following theorem.

THEOREM 1.5. Assume that Hamiltonian H is strongly sub-quadratic at infinity and satisfies

(1.4)
$$\Theta_1 |z|^p \leq H'(t,z)z$$

where $0 < \Theta_1 \leq \Theta_2$ and 1 . Then <math>H(t, z) is radial-like Hamiltonian.

OPEN PROBLEM. Is it possible to prove Theorem 1.4 under weaker condition

 $H'(t,z)\cdot z>0, \quad |z|\geq r\geq 0 \ (\ \text{uniformly in} \ t)$

instead of (Rad)?

Almost convex Hamiltonians. We also consider Hamiltonians that are weakly sub-quadratic in the sense

(WS)
$$\limsup_{|z| \to +\infty} \frac{|H(t,z)|}{|z|^2} = 0, \quad \text{uniformly on } t.$$

It seems that weak subquadraticity is not sufficient for existence of T-periodic solutions for (H) even for radial-like Hamiltonians. We need an additional assumption

(AC)
$$H(t,z) = \hat{H}(t,z) - \frac{k}{2}|z|^2$$

where H is strictly convex for some positive number k. Hamiltonian which satisfies (AC) we call almost convex. In other words, H is almost convex if adding a quadratic term makes it strictly convex.

The following theorem is then easy to prove.

THEOREM 1.6. Assume that the Hamiltonian H(t, z) is radial-like, weakly sub-quadratic, and almost convex for $0 < k < \frac{2}{T\sqrt{3}}$. Then, the Hamiltonian system (H) has a T-periodic solution.

Evidently, without proof, we have the following corollary.

COROLLARY 1.7. Assume that Hamiltonian H is radial-like, weakly subquadratic and convex. Then (H) has a T-periodic solution.

2. Some technical results

The framework for our problem is the space $H_T^1 := H^1(S_T, \mathbb{R}^N)$ of *T*periodic functions from \mathbb{R} to \mathbb{R}^N , here S_T denotes the sphere $\mathbb{R}/[0, T]$, with a standard Hilbert space structure and norm

$$||z||_{H^1} = \left(\int_0^T |z(t)|^2 dt + \int_0^T |\dot{z}(t)|^2 dt\right)^{1/2}$$

From now on we shall use shorthand notation $\int_0^T f$ for the integral $\int_0^T f(t) dt$.

LEMMA 2.1. For all $u \in E^1$ we have

(2.1)
$$||u||_{L^{\infty}} \leq \sqrt{\frac{T}{12}} ||\dot{u}||_{L^{2}}.$$

Moreover, the constant $\sqrt{T/12}$ is the best Sobolev constant in (2.1).

PROOF. Let $u = \sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} u_k e^{i k \frac{2\pi}{T} t}$ be Fourier expansion for u, where $u_k \in$

 $\mathbb{R}^N.$ Then

$$\dot{u}(t) = \sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} ik \frac{2\pi}{T} u_k e^{i k \frac{2\pi}{T} t}$$
$$\|\dot{u}\|_{L^2} = \frac{2\pi}{T} (\sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} Tk^2 |u_k|^2)^{1/2}.$$

On the other hand

$$\begin{aligned} |u(t)| &\leq \sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} |u_k| k \frac{1}{k} \leq \left(\sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} |u_k|^2 k^2 \right)^{1/2} \left(\sum_{\substack{k \in \mathbb{Z} \\ k \neq 0}} \frac{1}{k^2} \right)^{1/2} \\ &= \frac{\pi}{\sqrt{3}} \frac{\sqrt{T}}{2\pi} \|\dot{u}\|_{L^2} = \sqrt{\frac{T}{12}} \|\dot{u}\|_{L^2}. \end{aligned}$$

This proves inequality. To see that $\sqrt{T/12}$ is the best Sobolev constant in inequality (2.1) we take

$$u = \sum_{k \neq 0} \frac{1}{k^2} e^{i k \frac{2\pi}{T} t}$$

with $||u||_{L^{\infty}} = u(0) = \sum_{k \neq 0} \frac{1}{k^2} = \frac{\pi^2}{3}$. On the other side,

$$\|\dot{u}\|_{L^2} = \frac{2\pi}{T} \left(\sum_{k\neq 0} T \frac{1}{k^2}\right)^{1/2} = \frac{2\pi}{\sqrt{T}} \frac{\pi}{\sqrt{3}},$$

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which proves the claim.

The following lemma speaks about invertibility of $\frac{d}{dt}$.

Lemma 2.2.

- i) $L := \frac{d}{dt}$ is a bounded linear operator from H^1 to $L^2 := L^2(S_T; \mathbb{R}^N)$ ii) L is bijective from E^1 onto $E = \{u \in L^2 | fu = 0\}$ and $L^{-1} : E \to E^1$ is an isomorphism of Banach spaces.

iii) $L^{-1}: E \to E$ and $L^{-1}: E \to L^{\infty} := L^{\infty}(0,T;\mathbb{R}^N)$ are compact operators, and

$$\|L^{-1}\|_{\mathcal{L}(E,L^{\infty})} \le \sqrt{\frac{T}{12}}.$$

PROOF. i) follows from the definition of the norm on H^1 . ii) Injectivity is clear: $N(L) = \{u \in E^1 | \dot{u} = 0\} = \{0\}$. To prove surjectivity let us take $v \in E$, i.e. $\int v = 0$. Then $z(t) = \int_0^t v(\tau) d\tau$ belongs to $H^1, \dot{z} = v$ and z(t) is *T*-periodic. Put $z_0 = z - \int z$. Then $z_0 \in E^1$ and $\dot{z}_0 = v$. That $L^{-1}: E \to E^1$ is an isomorphism follows from open mapping theo-

rem.

iii) is a consequence of the well-known theorem of Rellich and Kondrachov (see H. Brezis [3]). The inequality follows from Lemma 2.1. Π

3. A priori bounds

PROOF OF PROPOSITION 1.1. Because $0 \le \tau \le 1$ it is sufficient to prove the proposition for $\tau = 1$. Using inequality $||u + m||_{L^{\infty}} \leq ||u||_{L^{\infty}} + |m|$ and inequality (ε SL), one gets from (F $_{\tau}$), that

$$\|\dot{u}\|_{L^2} \le 2\varepsilon T^{1/2} (\|u\|_{L^{\infty}} + |m|) + 2C_{\varepsilon} T^{1/2}$$

Using Lemma 2.1 we obtain

$$2\sqrt{3}T^{-1/2}\|u\|_{L^{\infty}} \leq 2\varepsilon T^{1/2}(\|u\|_{L^{\infty}} + |m|) + 2C_{\varepsilon}T^{1/2}$$

and finally

$$|u||_{L^{\infty}} \leq \frac{\varepsilon T}{\sqrt{3} - \varepsilon T} |m| + \frac{C_{\varepsilon} T}{\sqrt{3} - \varepsilon T} =: \delta |m| + \gamma.$$

which proves the inequality.

LEMMA 3.1. Assume that F is sub-linear at infinity. For a given $m \in \mathbb{R}^N$ let u(t) is a solution of the first equation in (F_{τ}) and r > 0. Then, for $|m| \geq R_{\varepsilon}(r)$ the following inequalities take place:

$$|u(t)| \le |m| - r \quad and \quad |u(t) + m| \ge r$$

PROOF. i) Let us prove first that $|m| = R_{\varepsilon}$. Then, because of Proposition 1.1,

$$|u(t)| \le \delta \frac{r+\gamma}{1-\delta} + \gamma = \frac{\delta r+\gamma}{1-\delta} = \frac{r+\gamma}{1-\delta} - r$$
$$= R_{\varepsilon}(r) - r = |m| - r$$

ii) If $|m| = R > R_{\varepsilon}$, let us denote $r(R) = R(1-\delta) - \gamma$. Obviously r(R) > rand, as above,

$$|u(t)| \le R - r(R) \le |m| - r$$

To prove the second inequality in lemma let us calculate

$$|u(t) + m| \ge |m| - |u(t)| \ge |m| - \delta |m| - \gamma$$

= $(1 - \delta)|m| - \gamma \ge r.$

The following lemma is already proved in the book of Krasnoselski [6]. Because of its importance and simplicity we are giving a sketch of the proof.

LEMMA 3.2 (Krasnoselski). Assume that function F is sub-linear at infinity and has a guiding function for $|z| \ge r$. Then, equation (F_{τ}) has no solution with mean m such that $|m| \ge R_{\varepsilon}(r)$.

SKETCH OF THE PROOF. Let $u \in E^1$ is a solution of the first equation (\mathbf{F}_{τ}) . Then,

$$0 \neq \int F(t, \tau u(t) + m).$$

Otherwise,

$$\dot{u} = \tau F(t, \tau u + m)$$

and for $z(t) = \tau u(t) + m$ we have

$$\dot{z} = \dot{u} = F(t, z).$$

Using Lemma 3.1 and (1.2) and we finally have

$$\frac{d}{dt}W(z(t)) = \tau^2 F(t, z(t)) \cdot W'(z(t)) > 0$$

which is impossible since z is T-periodic.

4. Proof of Theorem 1.3

Let us consider a model Hamiltonian of the form

$$H(z) = \frac{1}{p} |z|^p, \quad 1$$

Using the fact that the corresponding energy is constant we can solve it explicitly using a substitution $z = re^{i\phi(t)}$. But Theorem 1.2 cannot be applied. If we look carefully why this method fails, we see that the choice of function W(z) is the cause of difficulties. The equation is

$$\dot{z} = |z|^{p-2} J z.$$

If we take w(z) = Jz and multiply both sides of the equation, we get

$$\dot{z} \cdot Jz = |z|^{p-2} Jz \cdot Jz = |z|^p.$$

The right-hand side is positive, but the left-hand side cannot be written in the form $\frac{d}{dt}U(z)$ and we cannot prove an à priori bound on the solution. To overcome this difficulty we introduced half space localization property (1.3).

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PROOF OF THEOREM 1.3. Let us denote by $\varphi_{\tau}(u,m)$ a function from $E \times \mathbb{R}^N$ to E defined by

$$\varphi_{\tau}(u,m) = L^{-1} \left\{ \tau \Big[F(t,\tau u+m) - f F(t,\tau u+m) \Big] \right\}.$$

The function φ_{τ} is continuous in (τ, u, m) and compact. Solving (\mathbf{F}_{τ}) is equivalent to finding a zero of the function $\chi_{\tau}: E \times \mathbb{R}^N \to E \times \mathbb{R}^N$ defined by

$$\chi_{\tau}(u,m) = \left(u - \varphi_{\tau}(u,m), \oint F(t,\tau u(t) + m)dt\right).$$

Because of inequality

$$||u||_{L^2} \le T^{1/2} ||u||_{L^{\infty}} \le T^{1/2} (\delta |m| + \gamma)$$

it is more convenient to study solvability of equation $\chi_{\tau}(u,m) = 0$ in the subset $\Omega = B_1 \times B_2$ in $E \times \mathbb{R}^n$ where $B_1 = B\left(0, \frac{\delta R + \gamma}{1 - \delta}T^{1/2}\right) \subset E$ and $B_2 = B(0, R) \subset \mathbb{R}^N$ with $R = \frac{r + \gamma}{1 - \delta}$. To prove the existence of solution, it

 $B_2 = B(0, R) \subset \mathbb{R}^N$, with $R = \frac{r+\gamma}{1-\delta}$. To prove the existence of solution, it suffices to show that the degree

$$d_{\tau} := \deg(\chi_{\tau}, B_1 \times B_2, (0, 0)), \quad \tau \in [0, 1]$$

is different from zero. Because of the half space localization property (1.3) and Lemma 3.1 the degree is well defined, because $fF(t, \tau u + m) \neq 0$ for |m| = R, and does not depend on τ . We calculate it for $\tau = 0$:

$$d_0 = \deg(u \times fF(t, m), B_1 \times B_2, (0, 0))$$

= deg(*id*_E, B_1, 0) \cdot deg(fF(t, m), B_2, 0)
= deg(fF(t, m), B_2, 0)

where we have used $\deg(id_E, B_1, 0) = 1$. Let us define $\overline{F}(m) = \frac{1}{2}F(t, m)$. Then |m| = R implies that

$$\bar{F}(m) \cdot w(m) = fF(t,m) \cdot w(m)dt > 0.$$

We conclude that $\bar{F}/_{\partial B_2}$ and $w/_{\partial B_2}$ are homotopic and

$$\deg(w, B_2, 0) = 1 \neq 0.$$

This proves the theorem.

5. Some consequences of Theorems 1.2 and 1.3

Here are some examples of the first order Hamiltonian systems for which Theorem 1.2 is applicable.

COROLLARY 5.1. Suppose F(t, z) = JH'(t, z) sub-linear at infinity and $H'_x x - H'_y y > 0$ (or < 0).

Then, the equation (F) has a T-periodic solution.

Here $W(z) = \frac{1}{2}(x^2 - y^2) = \frac{1}{2} \text{Re}|z|^2$, w(z) = (x, -y) and $\text{deg}(w, B_R, 0) \neq 0$ for R > 0. In fact, $\text{deg}(w, B_R, 0) = -1$ which is a consequence of excision and multiplicative properties of the degree.

COROLLARY 5.2. A special case of the previous corollary is the following one:

$$H(t,z) = f(t) \left(\frac{1}{p} |x|^p - \frac{1}{p} |y|^p\right), \quad 1$$

where f(t) > 0 and is T-periodic. Then

$$H'_{x}x - H'_{y}y = \left(|x|^{p} + |y|^{p}\right)f(t) > 0$$

and Corollary 5.1 can be applied.

COROLLARY 5.3. Let $H(t,z) = \frac{1}{p}f(t)|z|^p + g(t)|z|$ where 1 and <math>f,g are real T-periodic continuous functions and $0 < \alpha \le \min f(t)$. Then the Hamiltonian system $\dot{z} = JH'(t,z)$ has a T-periodic solution.

PROOF. Indeed, F(t, z) := JH'(t, z) is sub-linear at infinity. It is sufficient to prove that F satisfies the half space localization property. Let us define w(m) := Jm and choose r > 0 such that

$$ar^{p-1} > \rho := \max_{t \in [0,T]} |g(t)|.$$

Then,

$$w \cdot m = Jm \cdot m = 0$$

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and if $|m| = R_{\varepsilon}(r) =: R$ and $z \in B(m, R - r)$ then |z| > r by Lemma 3.1 and

$$F(t,z) \cdot Jm = JH'(t,z) \cdot Jm = H'(t,z) \cdot m$$
$$= f(t)|z|^{p-2}z \cdot m + g(t)\frac{z}{|z|} \cdot m$$
$$\geq \alpha r^{p-1}R - \rho R \geq (\alpha r^{p-1} - \rho)R > 0$$

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which implies (1.3).

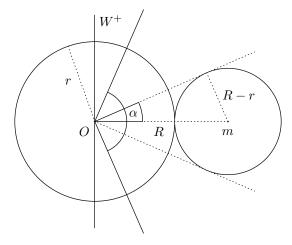
COROLLARY 5.4. Same conclusion as in Corollary 5.3 with hypothesis $H(t,z) = \frac{1}{p}f(t)|z|^p + g(t)z$ where $g: [0,T] \to \mathbb{R}^N$.

6. RADIAL-LIKE HAMILTONIANS

Proof of Theorem 1.4. It is sufficient to prove that for |m| large enough, there exists $\varepsilon > 0$ in (ε SL), such that

(6.1)
$$\sin \alpha := \frac{R_{\varepsilon}(r) - r}{R_{\varepsilon}(r)} < \mu.$$

In this case H'(t, z) is an element of the positive dual cone generated by the ball $B(m, R_{\varepsilon}(r) - r)$, hence an element of the half space $\{x \in \mathbb{R}^{2N} | x \cdot m > 0\}$



and obviously $\int JH'(t,z) \cdot Jm = \int H'(t,z) \cdot m \neq 0$ which proves half space localization property. To prove (6.1) we have

$$\frac{R_{\varepsilon}(r)-r}{R_{\varepsilon}(r)} = \frac{\frac{r+\gamma}{1-\delta}-r}{\frac{r+\gamma}{1-\delta}} = \frac{r\delta+\gamma}{r+\gamma}.$$

Then (6.1) is equivalent to

$$r(\mu - \delta) > \gamma(1 - \mu).$$

Now, ε can be chosen such that $\mu - \delta > 0$ and r can be taken such that

$$r > \frac{\gamma(1-\mu)}{\mu-\delta}$$

which proves the theorem.

Proof of Theorem 1.5. Let F(t, z) = JH'(t, z). Evidently F is sub-linear at infinity. To prove that H is radial-like Hamiltonian let us consider z such that $|z| \ge r$. Then

$$\frac{H'(t,z)\cdot z}{|H'(t,z)||z|} \geq \frac{\Theta_1|z|^p}{\Theta_2|z|^p} = \frac{\Theta_1}{\Theta_2} =: \mu > 0$$

which proves the theorem.

7. Almost convex Hamiltonians

Proof of Theorem 1.6. The idea is to prove inequality (1.1) and to get a priori bound on the solution from this inequality. We shall write (H) in the form

$$L_k z := \dot{z} + kJz = J\dot{H}'(t,z)$$

or, to simplify the notation

(7.1)
$$L_k z = \hat{F}(t, z)$$

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with $\hat{F}(t,z) = J\hat{H}'(t,z)$.

Let us perform decomposition of the equation (7.1) like in (F_1) , i.e.

(7.2)
$$L_k u = \hat{F}(t, u+m) - \int \hat{F}(t, u+m) \\ 0 = \int F(t, u+m).$$

The proof will be divided into several steps:

1st step: $\limsup_{|z| \to +\infty} \frac{|\hat{F}(t,z)|}{|z|} \le 2k$, uniformly on t. 2nd step: For any $u \in E$ such that $\int u = 0$ we have

$$||u||_{L^{\infty}} \le \frac{\sqrt{T}}{2\sqrt{3} - kT} ||L_k u||_{L^2}.$$

 $3^{\rm rd}$ step: If $u \in E, \int u = 0$, is a solution of the first equation (7.2) for given $m \in \mathbb{R}^{2N}$, then

$$\|u\|_{L^{\infty}} \le \delta |m| + \gamma, \qquad 0 < \delta < 1$$

where $\delta = \frac{2(2k + \varepsilon)T}{\sqrt{3} - 5kT - \varepsilon T}$, $\gamma = \frac{2C_{\varepsilon}T}{\sqrt{3} - 5kT - \varepsilon T}$. 4th step: (Conclusion) Using (Rad) and the 3rd step we obtain a priori

bound on the solution, because (1.3) is satisfied with w(m) = Jm.

Proof of the 1st step, Let us denote by \hat{G} the Legendre transform of \hat{H} , i.e.

$$\hat{G}(t,v) = -\hat{H}(t,z) + vz$$

where $v = \hat{H}'(t, z)$ and $z = \hat{G}'(t, v)$. Because of (WS) and the properties of the Legendre transform for each $\varepsilon, 0 < \varepsilon < k$, there exists $C_{\varepsilon} \in \mathbb{R}$ such that

$$\frac{k-\varepsilon}{2}|z|^2 - C_{\varepsilon} \le \hat{H}(t,z) \le \frac{k+\varepsilon}{2}|z|^2 + C_{\varepsilon}$$
$$\frac{1}{2(k+\varepsilon)}|v|^2 - C_{\varepsilon} \le \hat{G}(t,v) \le \frac{1}{2(k-\varepsilon)}|v|^2 + C_{\varepsilon}.$$

Functions \hat{H} and \hat{G} are bounded from bellow by a constant $-C_{\varepsilon}$ and consequently

(7.3)
$$\frac{1}{2(k+\varepsilon)}|v|^2 - C_{\varepsilon} \le \hat{G}(t,v) \le vz - \hat{H}(t,z) \le vz + C_{\varepsilon},$$

(7.4)
$$\frac{k-\varepsilon}{2}|z|^2 - C_{\varepsilon} \le \hat{H}(t,z) \le vz - \hat{G}(t,z) \le vz + C_{\varepsilon}.$$

Dividing (7.3) by |v| |z| we have

$$\frac{1}{2(k+\varepsilon)}\frac{|v|}{|z|} \le 1 + \frac{2C_{\varepsilon}}{|v||z|}, \quad \forall \varepsilon > 0$$

which proves the 1^{st} step.

Proof of the 2nd step.

$$\begin{split} \|L_k u\|_{L^2} &= \|\dot{u} + kJu\|_{L^2} \ge \|\dot{u}\|_{L^2} - k\|u\|_{L^2} \\ &\ge \frac{2\sqrt{3}}{\sqrt{T}} \|u\|_{L^{\infty}} - k\sqrt{T}\|u\|_{L^{\infty}} \\ &= \frac{2\sqrt{3} - kT}{\sqrt{T}} \|u\|_{L^{\infty}} \end{split}$$

where we have used inequality (2.1) from Lemma 2.1 and inequality $||u||_{L^2} \leq \sqrt{T} ||u||_{L^{\infty}}$.

<u>Proof of the 3rd step.</u> Using the 1st and 2nd step in the first equation of (7.2) we obtain

$$\frac{2\sqrt{3} - kT}{\sqrt{T}} \|u\|_{L^{\infty}} \leq \|L_{k}u\|_{L^{2}} \leq 2(2k + \varepsilon)T^{1/2}(\|u\|_{L^{\infty}} + |m|) + 2C_{\varepsilon}T^{1/2}$$

which proves the claim.

COROLLARY 7.1. Suppose that H(t,z) = h(z) + g(t)z, where h(z) is a convex, radial-like and weakly sub-quadratic. If $g : \mathbb{R} \to \mathbb{R}^N$ is T-periodic and non-constant. Then, Hamiltonian system H has a non-constant T-periodic solution.

8. Appendix

The following inequalities are useful in the theory of convex Hamiltonian systems. Let $G(z) = \gamma |z|^q + \alpha$ where $\gamma > 0$, q > 1 and $\alpha \in R$. Then if $\frac{1}{p} + \frac{1}{q} = 1$,

$$G^*(v) = \left(\frac{1}{\gamma q}\right)^{p/q} \frac{|v|^p}{p} - \alpha.$$

If H is a Legendre function, then:

(8.1)
$$H(z) \le \gamma |z|^q + \alpha \Longleftrightarrow H^*(v) \ge \left(\frac{1}{\gamma q}\right)^{p/q} \frac{|v|^p}{p} - \alpha,$$

(8.2)
$$H(z) \ge \gamma |z|^q + \alpha \iff H^*(v) \le \left(\frac{1}{\gamma q}\right)^{p/q} \frac{|v|^p}{p} - \alpha$$

PROPOSITION 8.1. Let H be a Legendre function such that for some $\gamma > 0$, $q > 1, \alpha, \eta \in R$,

(8.3)
$$\eta \le H(z) \le \gamma |z|^q + \alpha.$$

If $\frac{1}{p} + \frac{1}{q} = 1$ then

$$\left(\frac{1}{\gamma q}\right)^{p/q} \frac{|H'(z)|^p}{p} \le H'(z)z + \alpha - \eta$$

PROOF. Let v = H'(z). From (8.1) and (8.3) we obtain

$$\left(\frac{1}{\gamma q}\right)^{p/q} \frac{|v|^p}{p} - \alpha \le H^*(v) = vz - H(z) \le vz - \eta.$$

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