The Faculty of Kinesiology, University of Zagreb, hosted the 2nd International Scientific and Professional Conference on Kinesiological Recreation and Quality of Life. The Conference was held over two days, 23rd and 24th February, 2008, at the Congress Centre of the Zagreb Trade Fair and supported by: the Zagreb Sport Association, the Social Sciences Polytechnics, the Croatian Ministry of Science, Education and Sport, the Croatian Ministry of Tourism, the Office of Culture, Education and Sports of the City of Zagreb, the Croatian Sport For All Federation and the Zagreb Sport For All Federation. There were more than 300 active participants from Croatia and other countries, such as Slovenia, the Czech Republic, Bosnia and Herzegovina, the USA, etc.

The purpose of the first conference day was to focus on the importance of kinesiological activities and programmes in everyday life in order to maintain or promote the level of health, or even to improve certain abilities thus simultaneously improving the quality of life. On the first day the experts’ and scientists’ presentations were divided into three thematic sessions: The social aspects of kinesiological recreation and the quality of life; Kinesiological recreation and education process; Kinesiological recreation and the tourist offer. They addressed the kinesiological, sociological, pedagogical, psychological, medical and economical aspects of the quality of life.

The 3rd International Conference on Kinesiological Recreation is announced for February 2009 with the topic “Management in Sports Recreation”. We invite you to join us and to contribute to the work of the conference with your participation either as a presenter or a delegate.

Prepared by:
Mirna Andrijašević
Danijel Jurakić