ANOTATED BIBLIOGRAPHY – NEW BOOKS

EDITIONS PUBLISHED BY THE FACULTY OF KINESIOLOGY, UNIVERSITY OF ZAGREB, CROATIA

Vesna Babić
ATLETIKA HODANJA I TRČANJA
[Athletics of Walking and Running]
In Croatian.
Zagreb: Faculty of Kinesiology, University of Zagreb, 2010
(University of Zagreb textbook/Manualia universitatis studiorum Zagrebiiensis), 147 pp. + DVD 7 hrs
Contents: About track-and-field; Walking, sports walking; Running; Running relays; Running hurdles.

TJELESNA AKTIVNOST I ZDRAVLJE U EUROPI: Dokazi za akciju
[Physical Activity and Health in Europe: Evidence for action]
In Croatian.
Editors: Nick Cavill, Sonja Kahlmeier and Francesca Ricioppi
Translated into the Croatian language by: Stjepan Heimer
Zagreb: Faculty of Kinesiology, University of Zagreb, 2010, 59 pp.
Contents: 1 Why is physical activity important for health?; 2 What is known about current levels of physical activity and inactivity?; 3 What factors and conditions influence physical activity?; 4 What can the health sector and others do to increase physical activity?; 5 What next?; References; Annex 1- Further reading.
KORACI PREMA ZDRAVLJU: Europski okvir za unapređenje tjelesne aktivnosti za zdravlje
[STEPS TO HEALTH: a European framework to promote physical activity for health]
In Croatian.
Translated into the Croatian language by: Stjepan Heimer
Zagreb: Faculty of Kinesiology, University of Zagreb, 2010, 60 pp.
Contents: Foreword; Acknowledgements; Introduction; The challenge – Keep it moving; Guiding the action; From principles to action; Setting goals and measuring success; References; Annex 1 – Relevant WHO and European networks, programmes and strategies.

Miran Kondrič, Radivoj Hudetz and Gordana Furjan-Mandić
OSNOVE STOLNOG TENISA
[FUNDAMENTALS OF TABLE-TENNIS]
In Croatian.
Zagreb: Faculty of Kinesiology, University of Zagreb, 2010
(University of Zagreb textbook/Manualia universitatis studiorim Zagrabiensis), 115 pp.
Contents: Introduction; History of table-tennis; Introduction to the world of table-tennis; Table-tennis research; Table-tennis terms – abbreviations used; Analysis of speed, rotation and flight of the ball; Table-tennis equipment; Practical advice; Equipment adjusted for learning and learning problems of children; Methods; Fitness capabilities; Learning program elements; How to begin; Holding of the paddle; Basic stance; Basic strikes; Strike techniques in words and pictures; Learning and correcting the mistakes; Warming-up; Exercises and exercise descriptions to start learning table-tennis; Exercises for running around the table; Different table settings; Organising the school exercising; Rules of table-tennis game; Organising competitions; Table-tennis competitions; International and national competitions; References; Useful addresses.

Mirna Andrijašević
KINEZIOLOŠKA REKREACIJA
[KINESIOLOGICAL RECREATION]
In Croatian.
Zagreb: Faculty of Kinesiology, University of Zagreb, 2010
(University of Zagreb textbook/Manualia universitatis studiorim Zagrabiensis), 415 pp.
Contents: 1 General characteristics of recreation; 2 Kinesiological recreation and professional work; 3 Kinesiological recreation at leisure; 4 Kinesiological recreation in tourism; 5 References; Kinesiological recreation terms.
Zdenko Jajčević

POVIJEST ŠPORTA I TJEOLOVJEŽBE
[HISTORY OF SPORT AND PHYSICAL EXERCISE]

In Croatian.

Zagreb: Sports Coach Education and Training Department, Social Sciences Polytechnics in Zagreb; Faculty of Kinesiology, University of Zagreb, 2010
(Textbooks of the Social Sciences Polytechnics of the Coach Education and Training Department, Library of the Coach Education and Training Department, book 8), 436 pp.

ISBN 978-953-6378-90-6 (KF)

Contents: I. Development of sports and physical exercise in the world

Physical exercise in prehistoric community; The Ancient World; Greece; Ancient Olympic games; The Roman Empire; The Middle Ages; Modern sports; Modern Olympic Movement; Pierre de Coubertin; The Olympic Games’ revival; Basic system of olympism; The Olympic movement constitution; The Olympic Games; Organising the Olympic Games;

II. Development of sports and physical education in Croatia

The Ancient World; The Middle Ages; Organised sports in Croatia; The oldest sports (1784-1903); Development of modern sport (1903-1918); Falconry movement; Croatian sports association; Sports in between the World Wars (1919-1941); Sports during World War II; Sports in Croatia after 1945; Individual development of sports; The oldest organized sports; Sports organized at the beginning of the XX. century; Sports organized in midwar period (1919-1941); Sports organized after 1945; Olympism in Croatia; Sport and olympism in Croatia after independence; Franjo Bučar; Development of physical education in Croatia; Large international gymnastics and sports manifestations in Croatia; Olympic medals of Croatian sportsmen; References.
Dragan Milanović

TEORIJA I METODIKA TRENINGA: Primijenjena kineziologija u sportu
[THEORY AND METHODS OF TRAINING: Applied kinesiology in sports]
2nd extended and revised edition

In Croatian.
Zagreb: Sports Coach Education and Training Department, Social Sciences Polytechnics in Zagreb; Faculty of Kinesiology, University of Zagreb, 2010
(Textbooks of the Social Sciences Polytechnics of the Coach Education and Training Department, Library of the Coach Education and Training Department, book 7), 530 pp.
ISBN 978-953-317-010-7 (KF)

Contents: Part One: Theoretical foundations of sports and sports training

Part Two: Methodology of sports training

Part three: Planning and programming of sports training
– 24. Fundamentals of sports training planning and programming; 25. Long-term planning and programming; 26. Mid-term planning and programming; 27. Short-term planning and programming; 28. Current planning and programming; 29. Operational planning and programming; 30. Training specificities when passing through several time zones and in extreme, geographic and weather conditions; Index of terms; Literature; Curriculum vitae.

Prepared by: Nada Vodinac