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# Bioadhesive vaginal tablets containing spray dried microspheres loaded with clotrimazole for treatment of vaginal *Candidiasis*

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Department of Pharmaceutics JSS College of Pharmacy, JSS University Sri Shivarathreeshwara Nagar Mysore-570015, Karnataka, India The aim of the present investigation was to prepare and evaluate novel bioadhesive vaginal tablets containing clotrimazole loaded microspheres in order to provide long-term therapeutic activity at the site of infection. Tablets were prepared by incorporating drug loaded microspheres and using bioadhesive polymers hydroxypropylmethylcellulose, sodium carboxymethylcellulose and Carbopol. Microspheres were prepared by the spray drying technique using Eudragit RS-100 and Eudragit RL-100. Microspheres were characterized by SEM, DSC, FTIR, particle size analysis and evaluated for percentage yield, drug loading, encapsulation efficiency and in vitro drug release. To achieve bioadhesion to the mucosal tissue, optimized microspheres were incorporated into bioadhesive tablets and were evaluated for in vitro drug release, in vitro and in vivo mucoadhesion. FTIR and DSC studies showed that no chemical interaction occurred between the drug and polymers. The sphericity factor indicated that the prepared microspheres were spherical. Formulation Mt6 indicated a controlled in vitro drug release and good bioadhesive strength. The in vivo images confirmed the bioadhesion and retention property of tablets up to 24 h. The results indicated that this drug delivery system can be explored for controlled intravaginal drug release.

Keywords: clotrimazole, microspheres, bioadhesive vaginal tablet

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Conventional vaginal formulations are associated with disadvantages of low retention in the vaginal epithelium, leakage and messiness, thereby causing inconvenience to the user. To circumvent these problems, bioadhesive drug delivery systems are propagated (1). Bioadhesive vaginal tablet formulations capable of delivering the active agent

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for an extended period of time at a predictable rate have been developed and studied recently (2). Mucoadhesive drug delivery systems offer several advantages such as localization at a given target site, prolonged residence time at the site of drug absorption, and intensified contact with the mucosa increasing the drug concentration gradient. Hence, uptake and consequently bioavailability of the drug may be increased, frequency of dosing reduced and patient compliance improved (3). Among the various routes, the vaginal and rectal lumen have also been explored for the delivery of active agents both systemically and locally. Active agents intended for systemic delivery by this route of administration bypass the hepatic first-pass metabolism. Delivery systems quite often suffer from migration within the vaginal/rectal lumen, which might affect the delivery of the active agent to the specific location. Use of mucoadhesive polymers for the development of delivery systems helps in reducing their migration, thereby promoting better therapeutic efficacy. Various mucoadhesive polymers like poly(acrylates), chitosan, cellulose derivatives (hydroxyethylcellulose, hydroxypropylcellulose and hydroxypropylmethylcellulose), hyaluronic acid derivatives, pectin, tragacanth, starch, poly(ethylene glycol), sulfated polysaccharides, carrageenean, Na-alginate and gelatine have been used in vaginal drug delivery (4).

Imidazole derivative clotrimazole (CTZ) is a broad-spectrum antimycotic agent effective against pathogenic dermatophytes, yeasts and several species of *Candida, Trichophyton, Microsporum, Epidermophyton* and *Malassezia*. However, clotrimazole is known to be very effective locally and causes no major side effects.

Conventional drug delivery systems (exemplified by tablets, creams, gels, pessaries, and foams) suffer from poor retention in the vaginal tract, since they are removed in a short time by the tract's self-cleansing action due to vaginal fluids (5). Multiple daily doses of conventional formulations result in poor patient compliance. To overcome such problems, delivery systems with bioadhesive polymers that prolong drug action on the vaginal mucosa were developed (6–8). A thorough literature search revealed a lack of information on combinations of HPMC, SCMC and Carbopol based bioadhesive vaginal tablets for controlled drug release containing clotrimazole loaded microspheres. Development of a controlled release delivery system for clotrimazole would provide long-term therapeutic concentrations at the site of infection by a single dose, leading to eradication of the infection (8).

The main goal of this research was to design and evaluate a vaginal delivery system for the local treatment of vaginal *Candidiasis*.

#### **EXPERIMENTAL**

#### Materials

Clotrimazole was a gift sample from KAPL, India. Eudragits RS 100 and RL 100 were obtained from Vikram Thermo Ltd, India. Dichloromethane, hydroxypropyl-methylcellulose (HPMC) and sodium carboxymethylcellulose (SCMC) were purchased from Loba Chemie Pvt Ltd., India. Carbopol 934 was a gift sample from Micro labs, India. All other reagents used in the study were of analytical grade.

## Preparation of microspheres by spray drying

Weighted amounts of Eudragit RS-100 or Eudragit RL-100 (as release controlling agents) were dissolved in dichloromethane. To this solution, a required amount of CTZ was added. Spray drying was co-currently performed using a LSD-48 mini spray drier (JISL, India) with a standard 0.5 mm nozzle. Inlet temperature was maintained at 80 °C, flow rate was maintained at 5-6 mL min<sup>-1</sup>, compressed spray air flow was maintained at 10 L min<sup>-1</sup> and air pressure was kept at  $1.47 \times 10^5$  N m<sup>-2</sup>. Solvent evaporation by a flow of heated air aspirated by a pump (29–35 ASP, corresponding to 50–60 mm of H<sub>2</sub>O negative pressure) induced the formation of solid microspheres from the drop. The obtained microspheres were separated in a cyclone separator and settled into a collector (9). Formulation chart of microspheres is given in Table I. The spray drying method of microencapsulation involves dispersion of a solution containing polymer and drug with an additional medium in which the drug and polymer cannot dissolve. Additional medium is required to precipitate the microspheres.

## Micromeritic properties

Angle of repose is the maximum angle possible between the surface of a pile of microspheres and the horizontal plane. Fixed funnel method was employed (10).

Apparent bulk density was determined by pouring the samples in bulk into a graduated cylinder. Tapped density was determined by placing a graduated cylinder containing a known mass of powder on a mechanical tapper apparatus (ETD-1020, Electrolab, India). Samples were tapped until no further reduction in volume of the sample was observed. Carr's index was calculated (10).

## Compatibility studies

Fourier transform infrared spectroscopy (FTIR). – Potassium bromide was mixed with the sample, compressed into a pellet and spectra were taken between 400–4000 cm<sup>-1</sup> using an FTIR spectrophotometer (FT-IR-8400-S, Shimadzu, Japan).

Differential scanning calorimetry (DSC). – About 2 mg of sample was placed in an aluminium pan and hermetically sealed. DSC thermograms were recorded from 0 to 200 °C. The instrument was calibrated using high purity indium metal as standard. Dynamic scans were taken in a nitrogen atmosphere at the heating rate of 5 °C min $^{-1}$  (DSC-60 Shimadzu).

## Particle size analysis and sphericity of microspheres

Particle size analysis of microspheres was carried out by optical microscopy. About 200 microspheres were selected randomly and their size was determined using an optical microscope (SK-6, Suswox Optic, India) fitted with a standard micrometer scale.

To determine sphericity, tracings of CTZ microspheres (magnification 45×) were taken on black paper using a camera lucida (Model Prism type, Rolex, India). Sphericity factor (*S*) was calculated as:

$$S = \frac{P^2}{12.56 \times A}$$

where A is the area (cm<sup>2</sup>) and P is the perimeter (cm) of the circular tracing (11).

Scanning electron microscopy (SEM) photographs were taken using a scanning electron microscope (Joel-LV-5600, Japan) at room temperature. Samples were fixed on a scanning electron microscope sample holder with a double-sided adhesive tape and coated with a layer of gold of  $1.5 \times 10^{-10}$  m for 2 min using a sputter coater (Edwards 3-150 Å, England) in a vacuum of 30.4 kPa of argon gas. Photographs were observed for morphological characteristics and to confirm the spherical nature of microspheres.

# Drug loading and encapsulation efficiency

Microspheres (100 mg) were extracted with 5 mL of methanol, diluted with pH 4.5 citrate-phosphate buffer, filtered and analyzed for drug content after suitable dilution, at 264 nm (12).

# Tablet preparation

Incorporation of microspheres in a tablet was carried out in the following way. Optimized microspheres equivalent to 100 mg of clotrimazole along with HPMC, SCMC, Carbopol, magnesium stearate and calcium hydrogenphosphate were physically mixed and were punched into tablet by direct compression using a tablet punching machine (Rimek Minipress, India) (Table II) (13). Instead of microspheres, 100 mg of pure clotrimazole was used to get a control tablet.

## Evaluation of tablets

Hardness of core tablets was measured using an Erweka tablet hardness tester (IHT 100, Erweka, India). Ten tablets were tested for each batch. Ten tablets were randomly selected and the average mass and standard deviation were calculated. For thickness measurements, ten tablets were randomly selected from each batch and measured by a micrometer screw gauge (293–821, Mitutoyo, Japan). Ten tablets were weighed and placed in the Roche friabilator apparatus (EF-2, Electrolab, India) and rotated at 25 rpm for 4 minutes. Afterwards, the tablets were dedusted and weighed again. Percentage friability was calculated (14).

*Drug content.* – Ten tablets of each formulation were crushed in a mortar. A quantity of powder equivalent to 100 mg of CTZ was taken, transferred to a 100-mL volumetric flask and diluted with pH 4.5 citrate phosphate buffer (15). Absorbance was measured at 264 nm.

Swelling. – Each tablet was weighed and then placed in 600 mL citrate-phosphate buffer pH 4.5 in a basket at  $37 \pm 0.5$  °C. The samples were periodically weighed after removing the excess water on the surface with a filter paper (2).

Table I. Evaluation parameters of clotrimazole microspheres

Formu- lation	Formu- Clotri- lation (mg)	Eudragit RS100 (mg)	Eudragit RL100 (mg)	Size (µm) <sup>a</sup>	$\theta$ $(0)^a$	CI (%)	Tapped density (g cm <sup>-3</sup> ) <sup>a</sup>	Yield (%) <sup>a</sup>	Actual drug loading (%) <sup>a</sup>	Actual drug Encapsulation loading (%) <sup>a</sup> efficiency (%) <sup>a</sup>
M1	1000	1000	ı	$25.2 \pm 0.6$	$25.2 \pm 0.6$ $35.2 \pm 0.15$ $25.3 \pm 0.1$	$25.3 \pm 0.1$	$0.336 \pm 0.007$	$24.8 \pm 1.0$	$27.9 \pm 0.7$	$55.8 \pm 0.8$
M2	1000	2000	I	$33.4 \pm 1.2$	$34.6 \pm 0.40$	$23.9 \pm 0.4$	$0.389 \pm 0.005$	$37.6 \pm 1.3$	$22.3 \pm 0.3$	$66.8 \pm 0.6$
M3	1000	3000	I	$58.4 \pm 0.3$	$33.8 \pm 0.40$	$20.9 \pm 0.2$	$0.412 \pm 0.008$	$73.1 \pm 1.4$	$20.3 \pm 0.5$	$81.3 \pm 0.4$
M4	1000	I	1000	$17.2 \pm 1.4$	$17.2 \pm 1.4  33.3 \pm 0.23$	$24.6 \pm 0.1$	$0.320 \pm 0.025$	$30.5 \pm 2.0$	$28.6 \pm 0.4$	$57.2 \pm 0.6$
M5	1000	I	2000	$36.3 \pm 1.3$	$36.3 \pm 1.3$ $32.6 \pm 0.35$	$23.5 \pm 0.2$	$0.345 \pm 0.003$	$51.2 \pm 1.0$	$24.2 \pm 0.9$	$72.8 \pm 0.5$
M6	1000	I	3000	$53.2 \pm 0.4$	$31.5\pm0.31$	$19.4 \pm 0.2$	$53.2 \pm 0.4$ $31.5 \pm 0.31$ $19.4 \pm 0.2$ $0.263 \pm 0.006$	$77.1 \pm 1.2$	$22.2 \pm 0.6$	$88.4 \pm 0.7$

<sup>a</sup> Mean  $\pm$  SD, n = 3.

Table II. Evaluation data of mucoadhesive tablets

Bioadhesi- ve strength (g) <sup>b</sup>	114.83 ±1.75	$98.0 \pm 0.68 \ 110.67 \pm 1.15$	$97.2 \pm 1.35 \ 105.23 \pm 1.82$	$66.33 \pm 1.15$	$61.67 \pm 2.08$	55.83 ±1.61
Drug content unifor- venity (%)b	$56.9 \pm 3.9  0.29 \pm 0.01  98.4 \pm 0.32  114.83 \pm 1.75$	$98.0 \pm 0.88$	$97.2 \pm 1.35$	$98.1\pm0.25$	$97.2 \pm 0.36$	$96.6 \pm 1.25$
Friability (%) <sup>a</sup>	$0.29 \pm 0.01$	$0.30 \pm 0.01$	$0.43 \pm 0.04$	$0.34 \pm 0.08$	$0.37 \pm 0.08$	$0.37 \pm 0.06$
Hardness (N) <sup>a</sup>	$56.9 \pm 3.9$	$53.9 \pm 7.8$	$47.1 \pm 3.9$	$58.8 \pm 5.8$	$50.9 \pm 5.8$	48.1 ± 4.9
Thickness (mm) <sup>a</sup>	$3.47 \pm 0.08$	$3.51\pm0.05$	$3.49 \pm 0.04$	$3.51\pm0.06$	$3.49 \pm 0.05$	$3.48 \pm 0.05$
Calcium hydrogen- phosphate (mg)	20	30	40	20	30	40
C Carbopol Magnesium stearate (mg) (mg)	10	10	10	10	10	10
Carbopol (mg)	ı	I	I	20	40	30
SCMC (mg)	50	40	30	I	I	ı
HPMC (mg)	70	20	20	20	20	70
Clotrima- Formu- zole mi- lation crospheres (M4) (mg)	350	350	350	350	350	350
Formu- lation	Mt1	Mt2	Mt3	Mt4	Mt5	Mt6

<sup>a</sup> Mean  $\pm$  SD, n = 10. <sup>b</sup> Mean  $\pm$  SD, n = 3. In vitro *mucoadhesive strength*. – Sheep vaginal mucosa was used as a model membrane. The mucoadhesive potential of each tablet formulation was determined by measuring the force required to detach the formulation from the vaginal mucosal tissue. A section of sheep vaginal mucosa was fixed on each of the two glass slides using cyanoacrylate adhesive. The formulation was placed on the first slide while another slide with mucosal section attached to a pan was placed in inverted position above the first slide. Both slides with the formulation between them were held in contact for 5 min using a preload of 50 g to ensure intimate contact between them. Weight was then kept rising in the pan until the mucosa on each slide got detached from each other. The weight required to detach the tablet from vaginal mucosa was noted as bioadhesive strength (16).

## In vitro drug release studies

Release studies were carried out on all formulations in triplicate, employing a basket type dissolution tester-USP XXII (TDT-08L, Electrolab, India) using 600 mL of pH 4.5 citrate phosphate buffer as dissolution medium at 100 rpm at  $37 \pm 0.5$  °C to mimic the vaginal conditions (15). Five mL of the sample was withdrawn at different intervals and analyzed by the UV method at 264 nm (2, 7, 17).

## In vitro antifungal studies

Antifungal activity was evaluated by the cup-plate method using agar plates inoculated with *Candida albicans*. A volume of 20 mL of sterilized agar media was dispersed into a sterilized Petri dish and allowed to solidify. Each Petri dish was divided into two sectors, and a bore (6 mm) was made in each sector using a sterile cork borer. Each bore in a different sector was loaded with a placebo tablet (negative control), metronidazole pure drug (positive control) and a microspheres loaded CTZ tablet. Petri dishes were incubated at the temperature of  $37 \pm 0.5$  °C for 24 h to allow the growth of microorganisms. The zone of inhibition produced by the microspheres loaded CTZ tablet towards the organism was measured (mm).

## In vivo bioadhesive strength

Three female rabbits, weighing between 2.6–3.2 kg, were taken for the study. Ethical clearance for the handling of experimental animals was obtained from the institutional animal Ethical Committee (IAEC) of the JSS College of Pharmacy, Mysore, India. The animals were fasted for 12 h and optimized bioadhesive tablets were administered intravaginally. Pictures were taken using a 3-mm probe (laparoscopic probe with a 3-chip camera and Neosurge turn light source) (CXS-OP-SZL, Crystal Photonics, Germany) at different time intervals.

## Statistical data analysis

Statistical data analysis was performed using the *t*-test.

## RESULTS AND DISCUSSION

In the present study, microspheres were prepared using various polymers. Spray drying method was optimized by using Eudragit RS-100, Eudragit RL-100 and a solvent (dichloromethane) to entrap the drug. Being a water insoluble drug, CTZ could be entrapped into water insoluble polymers by the spray drying method.

Polymers Eudragit RL 100 and RS 100 were selected for microsphere preparation because they are insoluble in aqueous media but are permeable, have the ability to produce pH-independent drug-release profiles and have release rate controlling ability, non-toxicity, non-irritancy, stability at vaginal pH and compatibility with the drug (18). HPMC, SCMC, and Carbopol 934 were selected as polymers for tablet preparation because they have provided excellent bioadhesive properties on the mucosal surface and have been used in formulating various delivery systems (6).

The optimal inlet temperature for the preparation of CTZ microspheres was found to be 80 °C while the optimal feed flow rate was 5–6 mL min $^{-1}$ . Increase in the feed flow rate resulted in particle size reduction and a decrease in the yield of microspheres. On the other hand, decrease in the feed flow rate below 5–6 mL min $^{-1}$  increased the particle size, which was not suitable for pharmaceutical purposes. The solvent in the droplets could not be fully evaporated when the feed rate was > 5–6 mL min $^{-1}$ . It was observed that some of liquid droplets were attached inside the wall of the main chamber. Hence, an increase in feed rate led to higher solvent contents, especially at low inlet temperatures. Higher inlet temperature promoted a decrease in residual solvent by enhancing solvent evaporation.

It was observed that also compressed air flow and air pressure influenced the shape as well as the size distribution of microspheres, possibly because of variable shear force experienced by the particulate system. The average microsphere size increased with a decrease in spray flow. At higher feed rate and pressure, the system tended to produce irregularly shaped microspheres when it was not possible to distinguish between individual microspheres.

The flow property of microspheres was studied by calculating the angle of repose ( $\theta$  in degrees) and compressibility index (CI, %). The obtained data along with related parameters are presented in Table I. The values of  $\theta$  ranged from 31.5 to 35.2° indicating that the microspheres had good flow properties. The CI value was found to be in the range of 19.4 to 25.3 %, which also indicated good flow properties.

#### FTIR studies

The FTIR spectra of pure CTZ and microsphere formulation M4 are reported in Fig. 1. Positions of peaks in FTIR spectra of pure CTZ were compared with the spectrum of CTZ containing microspheres. Characteristic IR absorption peaks of pure CTZ of the aromatic C-H stretch (3167 cm<sup>-1</sup>), aromatic C=C stretch (1589 cm<sup>-1</sup>), C=N stretch (1570 cm<sup>-1</sup>) and aromatic C-H bending (761 cm<sup>-1</sup>) were present in the spectrum of the CTZ tablet loaded with microspheres. Peaks at wavelengths corresponding to the pure drug were also observed in the microsphere formulation M4. The FTIR spectra of the pure drug and formulation indicated that the positions of characteristic peaks of CTZ were not altered after their successful entrapment in the microspheres, suggesting the absence of interactions between the drug and other components of the formulation (19).

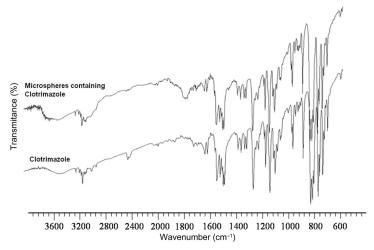


Fig. 1. FTIR spectra of pure drug clotrimazole and microspheres M4.

# Differential scanning calorimetry (DSC)

DSC thermograms of pure drug and drug loaded microspheres (M4) are shown in Fig. 2. The DSC thermogram of pure CTZ showed a sharp melting endotherm at 144.47 °C. This melting endotherm was also observed for M4 at 144.23 °C, indicating the absence of

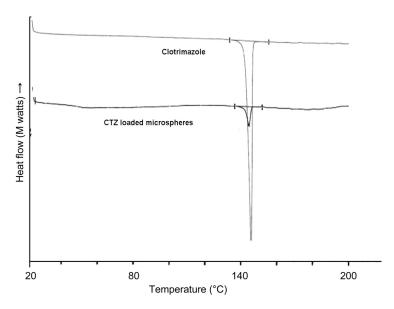


Fig. 2. DSC spectra of pure clotrimazole and microspheres M4.

drug and polymer interactions. However, the melting endotherm of M4 was not as sharp as that of pure CTZ, which may be a result of the presence of polymers and the change in heat capacity of the polymer as it undergoes transition from the glassy to liquid state during microsphere formation (20).

#### Particle size

In general, the size of microspheres ranged from 17 to 58  $\mu$ m. Particle size increased with an increase in polymer concentration and particle size decreased with a decrease in polymer concentration. For instance, as the amount of polymer increased from 1:1 to 1:3, the particle size increased by the same factor. This can be explained by the fact that at higher polymer concentration, the viscosity of polymer solution increased, thereby producing bigger droplets during emulsification, which were later hardened due to the evaporation of dichloromethane.

# SEM and sphericity

SEM photographs of M2 and M4 are shown in Fig. 3. Non-aggregated microspheres with spherical shape were obtained for both formulations. Moreover, M4 showed a smooth surface, indicating that CTZ might be well dispersed inside the carrier. The sphericity factor was obtained in the range of 1.00 to 1.04, indicating that the prepared formulations were spherical.

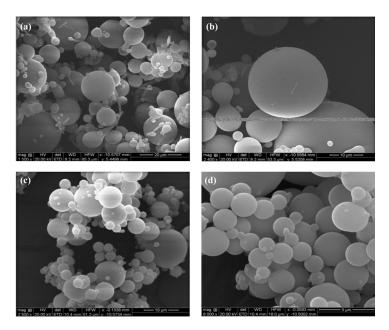


Fig. 3. SEM pictures of microsphere formulation M2 at: a)  $1500 \times$ , b)  $2400 \times$  magnification, and M4 at: c)  $2500 \times$  and d)  $8000 \times$  magnification.

## Drug loading and encapsulation efficiency

Encapsulation efficiency ranged from 55 to 88 %. It was found that the encapsulation efficiency and drug content increased with increasing amounts of polymers in the microspheres. Formulations M3 and M6 showed a relatively higher encapsulation efficiency, these formulations contained a high polymer concentration. It can be inferred from the results that there was a proper distribution of CTZ in the microspheres. The decrease in drug content in the product was probably due to the loss of drug with the exhaust gas during the spray drying process. During the microencapsulation process, mechanical variables cause loss of the final product and hence process yield may not be 100 %. Among all formulations, M1 containing 1000 mg of Eudragit RS 100 and M4 containing 1000 mg of Eudragit RL 100 showed maximum drug loading of 27.9 and 28.6 %, respectively. The results obtained are given in Table I.

Mucoadhesive tablets prepared were evaluated and the results obtained are given in Table II. Thickness, average mass, hardness and percentage friability of the prepared tablets were found to be satisfactory (14).

All the formulations showed considerable swelling properties in acidic pH, which was due to the presence of hydrophilic polymers in the formulations. Polymeric matrices start to swell and build a gel layer around the tablet core when they come in contact with the medium which governs drug release. HPMC took more time to swell and was able to maintain the integrity of tablets. SCMC and Carbopol 934 are readily swellable polymers and showed good mucoadhesion properties. During the initial hours, swelling was the predominant factor compared to erosion. Percentage of swelling gradually decreased in all formulations after 10 hours, since the polymer eroded at a faster rate compared to the initial slow erosion. Results are shown graphically in Fig. 5. Similar results are reported in the literature (7).

## In vitro drug release studies

The release profile of the drug from microspheres clearly indicates that the concentration of polymers slows the release of CTZ from microspheres. At the end of 12 h, *in vitro* drug release from formulations M1 to M6 was found to be 83.1 to 98.9 % in the vaginal environment, as shown in Fig. 4. The total cumulative quantity of the drug released

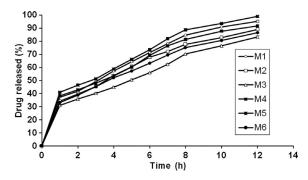


Fig. 4. Drug release profile of clotrimazole from microspheres (mean  $\pm$  SD, n = 3).

at the end of the 12 h dissolution test was below 100 % for all dosage forms. This may be in part due to the relatively slow erosion of the matrix under these test conditions, with a resultant slow release of entrapped drug from the matrices undergoing testing. Among various formulations, M4 was found to have a good release pattern and controlled release up to 12 h. Hence, M4 was selected as the optimized formulation and incorporated in the prepared tablet.

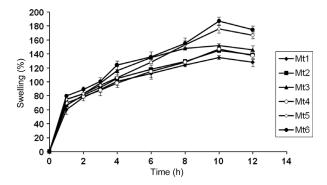


Fig. 5. Swelling of bioadhesive tablet formulations in citrate phosphate buffer pH 4.5 (mean  $\pm$  SD, n = 3).

Formulations made with a single polymer like HPMC showed a burst effect when they came in contact with the fluid. To avoid such a burst effect, a combination of polymers was used in different ratios. The selected polymers such as HPMC, SCMC, and Carbopol 934 showed better mucoadhesive properties when they were used in higher concentrations and thereby released the drug for a prolonged period of time. It was found that the Mt6 formulation containing a combination of polymers HPMC and

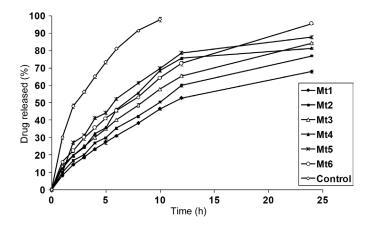


Fig. 6. Drug release profile of tablet formulations and control tablet (mean  $\pm$  SD, n=3).

Carbopol showed better *in vitro* release of 95 % after 24 h as well as mucoadhesive properties. These results are in good agreement with the previous study (7). *In vitro* drug release was considerably retarded from the tablet compared to control tablets. From the data, Mt6 was chosen as the optimized formulation and compared with the control tablet. Control tablet released a maximum of 98 % of CTZ up to 12 h. Bioadhesive tablets provided controlled release of CTZ up to 24 h. Drug release was faster from the control tablet in the initial period; about 65 % of the drug was released after 5 h and 98 % was released by the 10<sup>th</sup> hour, whereas drug release from Mt6 was controlled up to 24 h; about 72 % of the drug was released after 12 h (Fig. 6). A previous report showed controlled release up to 6 h using chitosan-thioglycolic acid conjugate (8). In another work, drug release retarding agents were not employed, which resulted in controlled release of up to 6 h but the duration of bioadhesion was reported to be up to 50 h.

## In vitro antifungal studies

An antifungal study with Sabouraud culture medium showed that the CTZ tablet loaded with microspheres was able to control (inhibit) the growth of *Candida albicans* for more than 12 h. The placebo tablet did not show any zone of inhibition. The Mt6 formulation showed an average zone of inhibition of  $18.6 \pm 0.5$  mm, which was higher compared to the average zone of inhibition of pure metronidazole ( $13.4 \pm 0.4$  mm).

## In vitro and in vivo bioadhesive strength

*In vitro* mucoadhesion testing of tablets was done by detachment force measurements. Increased polymer concentration caused an increase in mucoadhesive strength. The combination of HPMC with Carbopol formulation showed higher mucoadhesive strength than the formulation with SCMC. The optimized bioadhesive formulation helped the tablet stay in the vagina and thereby enhanced its retention (Table II).

The bioadhesive tablet Mt6 was administered intravaginally to a rabbit and showed tablet bioadhesion and retention for 24 h (data not shown). It was evident that the tablet showed swelling, remained intact, and adhered to the vaginal mucous membrane for over 12 h. After 24 h, a gelous mass remaining on the spot of administration was seen. The study was in accord with the *in vitro* studies and confirmed the bioadhesion and retention of the tablet in the vagina.

#### **CONCLUSIONS**

The system of bioadhesive tablets containing CTZ loaded microspheres for bioadhesive vaginal drug delivery has demonstrated their effectiveness for the intended action. The *in vitro* bioadhesive strength and adhesion time studies have shown the ability of these tablets to adhere to the vaginal mucosa for an extended period of time as well as to improve drug availability. It can be concluded from the results of the present experimental work, that the formulation is easy to administer, simple and comfortable. Hence, clotrimazole could be formulated into this type of drug delivery system for controlled drug release.

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