

DEUTSCHSPRACHIGES NEUROPSYCHIATRISCHES  
FORBILDUNGS SYMPOSIUM  
**PSYCHIATRIC ASPECTS IN THE ASSESSMENT  
OF DRIVING ABILITY**

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**Abstract**

The ability to drive a motor vehicle is highly valued by most individuals in modern society. This is especially due to the fact that a restriction in mobility is experienced as highly discriminating. Increasingly, affected individuals demand psychiatric assessments from their treating professionals or authorities in charge.

The present tutorial deals with the individual assessment of driving ability in psychiatrically disturbed persons. According to case studies it is demonstrated that rigid guidelines

do not offer appropriate solutions. An emphasis should rather be put on the individual assessment. All psychiatric disorders as outlined in ICD-10 will be considered. However, a special focus will be put on individuals suffering from affective diseases, cognitive deterioration and substance abuse.

The procedure of the individual assessment of driving ability is demonstrated by means of several case studies. Furthermore, pertinent literature is presented and sufficient time for discussion will be allocated.