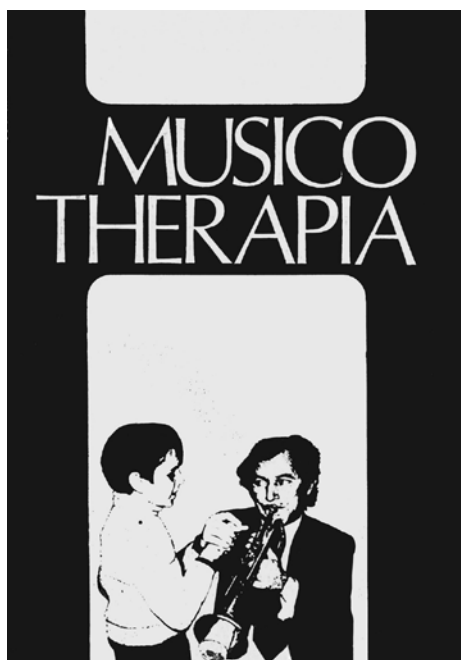


## ON NOTABLE BOOKS IN OUR MEDICAL HISTORY



These Proceedings have been dedicated to a still intriguing topic of music therapy as one of the topics discussed at two consecutive Congresses of Social Psychiatry and other conferences organized by our Center for the Study and Control of Alcoholism and Other Addictions. Professor Vladimir Hudolin said: "I do believe that a well organized music performance can be considered a psychotherapeutic technique"<sup>1</sup>. Lectures on music and medicine were presented at two Congresses of Social Psychiatry (in 1970 and 1971) and in part published in our Hospital journal *Anali Kliničke bolnice "Dr. M. Stojanović"* (now *Acta Clinica Croatica*)<sup>2</sup>, and the rest in the *Musicoterapia Proceedings*<sup>3</sup>. Included are mostly papers from the First and Second Congresses of Music Therapy and Social Psychiatry held in 1970 and 1971.

These Proceedings bring 28 articles written by our physicians and music teachers as well as by physicians and music teachers from Uruguay, Germany, former

Czechoslovakia, USA, Great Britain, Bulgaria, Italy, Austria, Poland and Japan, briefly, experts in music therapy from all over the world testifying to and demonstrating the basic theory set by Professor Hudolin. As this topic cannot become obsolete with time, so these Proceedings are as relevant and valuable today, not simply witnessing the rich activities of our Center for the Study and Control of Alcoholism and Other Addictions, but offering interesting and intriguing reading to all those involved in music therapy. Although all articles are very interesting and worthy of reading, some should be especially brought to the readers' attention, i.e. papers written by our famous music teacher Elly Bašić (two articles). Besides her rich professional activities, she was the founder of the Functional Music School (1963); their research in the field of children and music remains the milestone in the development of pediatric music therapy. Mention should also be made of the article by our music teachers Julija and Ivan Gorenšek, who published, on the initiative by Professor Jozo Budak (our physician), their music therapy for children with mental and physical handicaps. Yamamatsu method is described by Tadafumi Yamamatsu, Professor of Psychology from Osaka, Japan, engaged in music therapy. There also are historical articles on Orpheus by Professor Nikola Schipkowensky from Bulgaria and those by Dr. Mile Marković, expert in music therapy from Zagreb, describing how our old physicians Đuro Baglivi, Julije Bajamonti and Ivan Krstitelj Bettini wrote about the association of music and medicine.

Besides music teachers, psychiatrists and psychologists, our cardiologists (Gjurović, Sjerobabski and Bergovec) also tried to use music in the management of patients with acute and subacute coronary disease (as stated in the title of the article). In collaboration with D. Breitenfeld, psychiatrist, and Valerija Dragčević, BA, from SUVAG Center, they demonstrated the favorable impact of music on these

patients. They even proposed that nurses be also included in the work with patients showing inclination to this mode of therapy. The Proceedings include a number of other interesting articles, ideas and proposals, and we do hope that neither music therapy nor this publication will be forgotten in our Hospital, as they really do not deserve it.

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## References

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