

## LAW ON PSYCHOTHERAPY

### EUROPEAN CRITERIA FOR PSYCHOTHERAPY TRAINING

Jadran Morović\*, Ljiljana Bastaić\*\*, Dubravka Stijačić\*\*, Irena Bezić\*\*

*(The Chairman of SPUH\* and members of the Commission for the allocation of ECP\*\*)*

Association of psychotherapeutic societies of Croatia (SPUH) is organization of various oriented psychotherapy associations, with The European Association for Psychotherapy (EAP) accepted status: - NUO (National Umbrella Organization) status as umbrella organization - the National Unions of psychotherapy associations (representing the largest number of psychotherapists and different therapeutic modalities in the country) and - NAO (National Awarding Organization's) status as "an organization that has the right to propose candidates for European Certificate for Psychotherapy (ECP)" awarded to alliances.

SPUH is committed to, harmonizing Croatian criteria with the European criteria for career psychotherapist, establishing ZOPT

(Psychotherapy Law) and indicates the importance of the ECP - European Certificate for Psychotherapy!

Also we are reminding on the possibility of applying for ECP (European Certificate for Psychotherapy) in cases where the applicant does not possess a degree of one of the directions of psychotherapy, but meets the other criteria that are based on personal work experience as a therapist, supervision of his therapeutic work, theory and 'work on himself'. This is **so-called multimodal approach**.

In a few steps and frames we brought closer the status of SPUH, National umbrella organization, which gathered twelve different therapies in Europe recognized psychotherapeutic modalities.