

## TECHNOLOGY OF THE UNIFIED FIELD OF CONSCIOUSNESS – POTENCIAL REMEDY FOR SOLVING PROBLEMS OF THE SOCIETY

### TEHNOLOGIJA JEDINSTVENOG POLJA SVIJESTI – POTENCIJALNO SREDSTVO RJEŠAVANJA DRUŠTVENIH PROBLEMA

*Tomaž Klojčnik*

*Alma Mater Europaea, Maribor, Slovenia*

*Alma Mater Europaea, Maribor, Slovenija*

#### *Abstract*

Human society is faced with crises in virtually all areas of life. Health epidemics, economic - fiscal difficulties of the countries, inefficient political system of administration, the decline of moral standards, environmental issues, lack of vision of energy policy, the growth of crime and violence. On the other hand humanity discovers the hugeness of the Universe, setting an extremely systematic theory of natural laws in physics and developing high technology in all areas of life. Abundance and happy life seems to be at the rich of a hand, but there are obstacles in the way to the progress to become creative, peaceful society living in coexistence of everybody. As each plant through the root receives all necessary for life and growth of the stable, leaves, flowers and fruits, the development of technologies of consciousness reveals the existence of a "root of human society", which enables the development of "society plant" in all its areas of life. In this paper, a survey of scientific studies will be done, which confirms the efficiency of the "Maharishi Technology of Unified field" for curative and preventive problem to eliminate the problems of human society, such as crime, violence, economic problems, etc.

#### *Sažetak*

Čovječansko društvo suočava se sa krizom u praktički svim područjima života. Zdravstvene epidemije, ekonomsko - fiskalne teškoće zemalja, neefikasni politički sustav upravljanja, pad moralnih standarda, ekološki problemi, nedostatna vizija energetske politike, rast kriminala i nasilja. Nasuprot tome čovječanstvo otkriva pozamašnost svemira, postavlja krajnje sustavne teorije o prirodnim fizičkim zakonima i razvija visoku tehnologiju na svim područjima života. Obilje i sretan život čini se na dohvat ruke, no postavljaju se prepreke napretku društva na putu kreativnosti, mira i suživota. Kao što svaka biljka preko korijena prima sve potrebno za život i rast i stabla, lišća, cvjetova i plodova, razvojem tehnologija svijesti otkriva se postojanja „korijena čovječanskog društva“, koji omogućava razvoj „biljke društva“ na svim njenim područjima života. U radu predstavljamo pregled naučnih istraživanja, koji potvrđuju djelotvornost „Maharishi tehnologije jedinstvenog polja“ za kurativno i preventivno otklanjanje problema čovječanskog društva, kao što su kriminal, nasilje, ekonomski problemi i dr.

#### **Introduction**

When we speak about technology, what we have in mind is usually equipment or tools that are products of scientific research and engineering with which we will accomplish our objectives and desires. The word "technology" also conceals a meaning derived from the term *technique* - a process whereby we achieve the desired results in a more or less simple manner. Life in modern hu-

man society faces a range of acute problems, such as violent behaviour of different individuals or groups of people, accidents, growing forms of spatial disease propagation, environmental destruction, etc. These problems run counter to our desires, which are common to a large majority of humanity - a quiet, fulfilling and happy life. The question is whether any technology can help us overcome all modern-day problems and make the

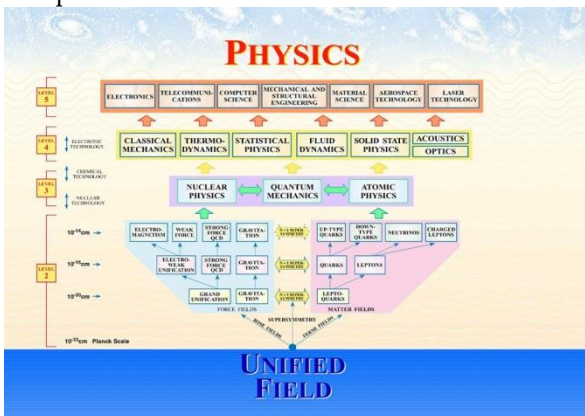
wishes of most people come true. This paper presents a well-researched but as yet insufficiently expanded technology of the unified field, based on

human consciousness. Relying on research and experimental testing regarding events in human society in different parts of the world and within various groups of people, it shows that technology provides positive results that satisfy human goals.

**The Unified field of all physical forces and particles**

The great diversity of human activities and the goals and problems associated therewith call for a universal approach to achieving improvement and progress. In this respect, we can rely on the latest findings in the theory of quantum physics. In general, the objective of physics as a scientific discipline is to explain the mechanism and foundation of everything that surrounds us. By using experimental environments such as the Large Hadron Particle Collider at the CERN and modern observatories, physicists research the macro and microcosm. The process gives rise to various theories attempting to explain the laws of nature according to which this universe is functioning. The unified theory of the field of natural laws and particles is one of them /1/. According to this theory, there is a comprehensive physical field that is the foundation of all phenomena. The theory explains the action of all physical forces and the emergence of a broad spectrum of particles in the universe (Figure 1).

Figure 1: Diagram of Unified field of natural laws and particles

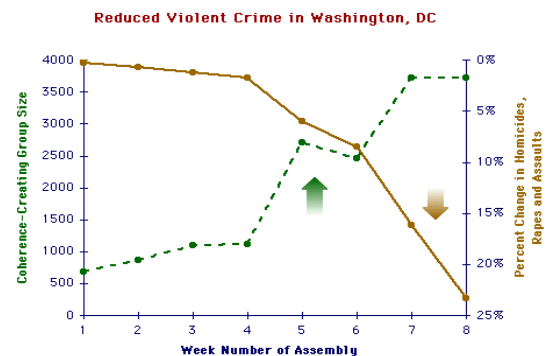


The description of this physical field contains its features, such as full self-sufficiency, self-reference work, infinite correlation, etc. /2/. When

you attempt to find a similar entity with similar characteristics in our everyday lives, you find a great similarity to the qualities of consciousness. Human consciousness functions independently and on its own, and we notice characteristics that are unique to the effects of a physical field, known in literature as telepathy and telekinesis – effects that today are difficult to interpret through modern science. The “Maharishi technology of the unified field” is the link between the two areas, the physical theory of fields and the field of the so-called collective consciousness /3//4/.

**“Maharishi technology of the unified field”**

In the 1980s, in some places in the US a sociological phenomenon was noticed that could not be explained by scientific knowledge at the time. Various indicators showed that, as opposed to neighbouring cities, the general state of social life in those cities was improving significantly. The rates of crime, accidents and other negative social phenomena decreased significantly, a stark contrast to growing trends across the United States. On the basis of research /5/ there are convincing reasons those social phenomena are caused by so-called Maharishi effect /6/, named after Indian physicist and spiritual teacher *Maharishi* Mahesh Yogi, who envisioned and explained this sociological phenomenon. The Maharishi effect occurs in an environment where approx. 1% percent of people regularly exercise the technique of Transcendental meditation /7/. In such an environment, the positive effects of increased peaceful co-existence of people can be observed (Figure 2).



The Maharishi effect has since been tested and approved according to all principles of modern science in more than 40 cases. Several of those researches have been published on the Internet /8/. Dr John Hagelin, a quantum physicist and researcher of consciousness, has explained /9/ that the effect can be attributed to the action of the

field of consciousness, which is essentially a field of all natural laws of physics. When an individual is experiencing a state of so-called Transcendental consciousness during Transcendental meditation, he or she is creating waves of coherence in the field of the collective consciousness that incite similar experiences of growing peacefulness and relaxation in other people.

Based on those studies /10/, published as reviewed scientific papers in renowned scientific journals, the "Maharishi technology of the unified field" has been developed, making it possible to act curatively and preventively in all areas where there are problems in the way human society is functioning. The technology implies regular exercise of Transcendental meditation and the advanced technique of the TM Siddhi programme. When the number of people exercising this technique gets near 1% of the population in a particular area (Figure 3), the Maharishi effect appears.



Figure 3: Group practice of Transcendental meditation technique

After the research was publicised, prominent corporate representatives, scientists and local community officials urged a systemic implementation of this technology, taking into account the fact that its implementation can be used to bring about a true improvement in the life of society as a whole /11/. Today, the technology is used in education /12/, in eliminating recidivism among prison inmates /13/, as well as in the health care sector, with the modern man predominantly affected by psychosomatic illnesses, mainly attributed to stress as their root cause (Wallace, 1970).

## Conclusion

The way the technology of the unified field operates can be understood as watering the root of a plant, by which the whole plant obtains the nutrients it requires for growth and development. Collective consciousness is the root of human society, and the actions of society reflect the collective consciousness – if the collective consciousness contains stress and tension, it is reflected in the life of society by increased levels of crime and accidents and a higher occurrence of diseases. On the basis of more than 40 scientific research papers, out of which we are mentioning only a few in the Literature section (numbers 5-9), the assumption is confirmed more and more, that the Maharishi technology of the unified field makes it possible to take in a coherent wave of relaxation, peace and joy in the collective consciousness that has a positive impact in many areas of social cooperation in terms of increased creativity, peaceful coexistence and a reduction of negative aspects of human behaviour.

## Notes

- /1/ Theory and links to scientific research can be found at <http://physics.about.com/od/quantumphysics/f/uft.htm>
- /2/ John S. Hagelin, »Is Consciousness the Unified Field? A Field Theorist's Perspective«. *Consciousness-Based Education and Physics*. 2011, Vol. 4, p. 27-120.
- /3/ David W. Orme-Johnson et al, »The Effects of the Maharishi Technology of the Unified Field, Reply to a Methodological Critique«. *Journal of Conflict Resolution*. December 1990, vol. 34, no. 4, p. 756-768.
- /4/ David W. Orme-Johnson et al, »International Peace Project in the Middle East, The Effects of the Maharishi Technology of the Unified Field«. *Journal of Conflict Resolution*. December 1988 vol. 32, no. 4, p. 776-812.
- /5/ Described at <http://maharishi-programmes.globalgoodnews.com/maharishi-effect/research.html>
- /6/ Maharishi effect is described at <http://www.tm.org/popups/nationalconsciousness.html>
- /7/ Transcendental meditation is a simple mental technique whereby a person experiences a state of deep rest. Usually, the brain works coherently as the technique is exercised, and the coherence occurs throughout the brain. "...coherence of the brain increases the ability of the brain, shown as better

memory, better academic achievements, more creativity and attainment of better results in life“ (Harung, 2009).

/8/ <http://www.tm.org/popups/references.html> found in June 2013.

/9/ Peace from the quantum level: <http://www.tm.org/popups/benefits-society-and-peace/video/top.html>

/10/ List of research papers can be found at <http://www.tm.org/popups/references.html>

/11/ A collection of opinions presented at <http://www.tm.org/popups/researchers.html>

/12/ The Maharishi technology of the unified field is used at schools based on development of consciousness – e.g. at a school in Iowa, USA (<http://www.maharishischooliowa.org/>).

/13/ Bleick, C. R., Abrams, A. I. (1987), »The Transcendental Meditation program and criminal recidivism in California«. *Journal of Criminal Justice*, Vol. 15(3), P. 211-230.

/14/ Wallace, R. K. (1970), »Physiological effects of Transcendental Meditation«. *Science*, Vol. 167, P. 1751-1754.

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5. Davies, J. L. and C. N. Alexander (2005), „Alleviating political violence through reducing collective tension: Impact Assessment analysis of the Lebanon war.“ *Journal of Social Behavior and Personality*, Vol. 17, P. 285-338.
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