

**SECOND CONGRESS OF THE CROATIAN SOCIETY FOR NEUROVASCULAR
DISORDERS CROATIAN MEDICAL ASSOCIATION**

WITH INTERNATIONAL PARTICIPATION

**DRUGI KONGRES HRVATSKOGA DRUŠTVA ZA NEUROVASKULARNE POREMEĆAJE
HRVATSKOGA LIJEČNIČKOG ZBORA**

S MEĐUNARODNIM SUDJELOVANJEM

under the auspices of Vice-president of Government of Croatia and Minister of Health and Social Warfare
pod visokim pokroviteljstvom Potpredsjednika vlade Republike Hrvatske i Ministra zdravstva i socijalne skrbi:
Prof.dr.sc. Andrija Hebrang

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Mediterranean Stroke Society

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INTRODUCTION

It is my honor and pleasure to welcome you on behalf of the Organizing Committee of the Croatian Society for Neurovascular Disorders (CSND) at the beginning of the Second Congress of CSND to be held on October 14-16, 2004 at Opera Hotel in Zagreb, Croatia.

The First Congress of CSND took place in Osijek in 2002, along with the First Congress of the Croatian Society for Stroke Prevention. The high Congress attendance rate, interesting lectures and discussions suggested the need of organizing such professional meetings on a regular basis.

CSND has been founded with the main endpoint to disseminate latest diagnostic and therapeutic achievements in the field of cerebrovascular diseases among physicians and other professionals providing care for these patients. Considering the specificities of cerebrovascular diseases, many other specialists besides neurologists are engaged in the management of these patients, e.g., neurosurgeons, surgeons, internists (diabetologists, cardiologists, immunologists), radiologists, epidemiologists, psychiatrists, speech pathologists, psychiatrists, medical biochemists and others, indicating that an interdisciplinary approach is needed to provide these patients with appropriate and efficient treatment.

The program of the Congress consists of invited lectures and poster sections, in which our experts will present current topics related to stroke, including the latest review of treatment approaches at stroke units, the establishment of which has just been under way in Croatia; diagnostic and therapeutic options for stroke; epidemiologic survey of cerebrovascular diseases; stroke risk factors; the association of stroke with migraine, dementia, epilepsy and depression will be dealt with in separate. Presentation of the current method of endovascular treatment of aneurysms will show that Croatian neurosurgery keeps pace with world trends, whereas the state and prospects of carotid endarterectomy will be presented by vascular surgeons. The Round Table topic will be post-stroke rehabilitation, where invited experts will present the current state and offer guidelines to reduce residual disability after cerebrovascular diseases.

We do believe that all Congress participants will derive multifold benefits through lectures, exchange of experience and new concepts, from poster sections and personal contacts.

Now, I wish you a pleasant stay in Zagreb and successful work at the Congress!

Professor Vida Demarin, M.D., Ph.D.
president of Croatian Society for
Neurovascular Disorders of Croatian
Medical Association

UVOD

U ime Organizacijskog odbora Hrvatskoga društva za neurovaskularne poremećaje (HDNVP) s velikim zadovoljstvom Vas pozdravljam na početku Drugoga kongresa HDNVP koji se održava od 14. do 16. listopada 2004. godine u Zagrebu, u hotelu Opera.

Prvi kongres održan je u Osijeku 2002. godine zajedno s Prvim kongresom Hrvatskoga društva za prevenciju moždanog udara, a velika posjećenost kongresa, zanimljiva predavanja i rasprave pokazale su da postoji potreba za redovitim održavanjem takvih stručnih skupova u našoj zemlji.

HDNVP je osnovano sa zadaćom da se najnovija dostignuća iz dijagnostike i terapije cerebrovaskularnih bolesti šire među liječnicima i stručnim suradnicima koji se skrbe o ovim bolesnicima. S obzirom na specifičnosti cerebrovaskularnih bolesti u zbrinjavanju bolesnika su uz neurologe uključeni i neurokirurzi, kirurzi, internisti (dijabetolozi, kardiolozi, imunolozi), radiolozi, epidemiolozi, fizijatri, logopedi, psihijatri, medicinski biokemičari i druge specijalnosti, iz čega proizlazi da je interdisciplinski pristup neophodan želimo li takvim bolesnicima pružiti kvalitetnu i učinkovitu skrb.

Program Kongresa sastavljen je od pozvanih predavanja i posterskih sekcija u kojima će naši stručnjaci prikazati aktualne teme u svezi s moždanim udarom, uključujući najnoviji pregled pristupa liječenju u jedinicama za liječenje moždanog udara, osnivanje kojih je u tijeku u Republici Hrvatskoj; nadalje, dijagnostičke i terapijske mogućnosti kod moždanog udara; epidemiološki pregled cerebrovaskularnih bolesti; raspravljati će se o čimbenicima rizika; teme kao što su povezanost moždanog udara s migrenom, demencijom, epilepsijom te depresijom biti će zasebno obrađene. Prikazom suvremene metode endovaskularnog liječenja aneurizma prikazati će se kako hrvatska neurokirurgija ide ukorak sa svjetskim trendovima, a stanje i perspektive karotidne endarterektomije prikazati će kolege vaskularni kirurzi. Tema okruglog stola biti će rehabilitacija nakon moždanog udara, gdje će pozvani stručnjaci prikazati sadašnje stanje i ponuditi smjernice za smanjivanje invaliditeta koje zaostaje nakon cerebrovaskularnih bolesti. Vjerujemo kako će svi sudionici Kongresa imati višestruke koristi kroz predavanja, izmjene iskustva i saznanja kroz posterske sekcije i u međusobnom kontaktu.

Na kraju, želimo Vam ugodan boravak u Zagrebu i uspješan rad na Kongresu!

Prof. dr Vida Demarin
Predsjednica Hrvatskog društva
za neurovaskularne poremećaje
Hrvatskog liječničkog zbora



Countries in transition often have economic difficulties trying to provide the best medicine for their patients. Usually the access to medical knowledge is available through different web-sites, CDs, magazines and books; however, in practice a number of medical issues such as providing up-to-date therapy or up-to-date diagnostic procedures face boundaries because of budget limits. Having similar problems, members of the CEESS are supportive in exchanging experience with physicians who deal with similar problems. Meeting a colleague at congress sometimes might solve "unsolvable" problems; such gatherings are always fruitful. I wish that the participants of the Second Congress of the Croatian Society for Neurovascular Disorders are able to solve many dilemmas and gain even more enthusiasm for every day work.

*Professor Ana Czlonkowska, M.D., Ph.D.
President of Central and East European Stroke Society*

A handwritten signature in blue ink that appears to read "Anna Czlonkowska".



According to data from countries in transition, stroke is the second or even the first cause of mortality and the leading cause of disability. Stroke is no longer thought a fatal condition, as today's diagnostic and therapeutic options offer new perspectives and solutions. Many physicians work in a learning rich environment with formal and informal discussions, however, a large number of neurologists do not work in such an environment, since for example county hospitals may not provide learning facilities available in university centers. For this reason it is of great importance for the neurologists to be able to attend meetings, congresses and symposia, abroad or in their own country. Life-time training is essential for physicians; having an opportunity to learn new skills and exchange experience with other colleagues provides benefit for the society as the whole. On behalf of the Mediterranean Stroke Society (MSS) I congratulate the organizers of the Second Congress of the Croatian Society for Neurovascular Disorders for their efforts to bring together specialists dealing with stroke in Croatia.

*Professor Natan Borstein, M.D. Ph.D.
President of Mediterranean Stroke Society*

A handwritten signature in blue ink that appears to read "N. Borstein".