

## ANNOTATED BIBLIOGRAPHY – NEW BOOKS

### EDITIONS PUBLISHED BY THE FACULTY OF KINESIOLOGY, UNIVERSITY OF ZAGREB, CROATIA



**Dragan Milanović**

**TEORIJA I METODIKA TRENINGA: Priručnik za studente stručnog studija za izobrazbu trenera**

**[THEORY AND METHODS OF TRAINING: A handbook for the students of vocational study for coaches]**

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb; Social Sciences Polytechnics in Zagreb – Coach Education and Training Department, 2007 (Sports Professional Library, Book 35), 256 pp.

ISBN-13 978-953-6378-64-7

Contents: Chapter 1: Theoretical foundations of sports training; Chapter 2: Methods of sports training; Chapter 3: Sports training planning and programming; (Appendix: Conditions for taking the examination).



**Josip Marić, Mario Baić and Čedomir Cvetković**

**PRIMJENA HRVANJA U OSTALIM SPORTOVIMA**

**[APPLICATION OF WRESTLING TO OTHER SPORTS]**

Text-book. In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2007 (Sports Professional Library, Book 36), 143 pp.

ISBN-13 978-953-6378-65-4

Contents: 1. Introduction; 2. History of wrestling in the world; 3. History of wrestling in Croatia; 4. Certain anthropological characteristics crucial for wrestling; 5. Fundamentals of wrestling techniques; 6. Teaching methods and principles; 7. Basic drills used in wrestling; 8. Wrestling-specific drills; 9. A modified way of wrestling; 10. Abridged separate from the book of the International Wrestling Rules; 11. Literature; 12. Appendices.



**SPORT ZA SVE U FUNKCIJI UNAPREĐENJA KVALITETE ŽIVOTA**

**[SPORT FOR ALL IN THE FUNCTION OF THE QUALITY OF LIFE IMPROVEMENT]**

Proceedings of the International Scientific-professional Conference, February 24, 2007

**Editor: Mirna Andrijašević**

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2007, 456 pp.

ISBN-13 978-953-6378-62-3

Contents: (General topics related to the title of the Conference); Tourism and quality of life; Quality of life and the young; Free communications.



### **KONDICIJSKA PRIPREMA SPORTAŠA 2007:**

#### **Kondicijska priprema djece i mladih**

#### **[PHYSICAL CONDITIONING OF ATHLETES 2007:**

#### **Physical conditioning of children and the young]**

Proceedings of the 5<sup>th</sup> Annual International Conference “Physical Conditioning of Athletes”, Zagreb, February 23 & 24, 2007

**Editors: Igor Jukić, Dragan Milanović and Sanja Šimek**

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb; Croatian Physical Conditioning Association, 2007 (Sports Professional Library; Book 33), 362 pp.

ISBN-13 978-953-6378-63-40

Contents: Part 1: Invited speakers' lectures

Part 2: Oral presentations related to physical conditioning of children and the young: General methods of physical conditioning of children and the young; Sport-specific methods of physical conditioning of children and the young: a) team sports, b) individual sports; Physical fitness diagnostics of children and the young; Design and programming of physical conditioning of children and the young; Psychological aspects of physical conditioning of children and the young.



### **Kamenka Živčić**

#### **AKROBATSKA ABECEDA U SPORTSKOJ GIMNASTICI**

#### **[ACROBATIC ABC IN ARTISTIC GYMNASTICS]**

**(University hand-book = Manualia Universitatis studiorum Zagradiensis)**

In Croatian.

Zagreb: Faculty of Kinesiology, University of Zagreb, 2007 (Sports Professional Library, Book 34), 147 pp.

ISBN-13 978-953-6378-59-3

Contents: A) Acrobatic elements on the floor: Introduction; History of acrobatics; Characteristics of floor exercise; Technical training; Techniques and methods of teaching floor acrobatic elements: 1. Rolls; 2. Hand Stands; 3. Bridges; 4. Handsprings and Cartwheels; 5. Somersaults; B) Acrobatic jumps on a big trampoline: Introduction; History of trampolining; Characteristics of exercising on a big trampoline; Techniques and methods of teaching fundamental jumps on a big trampoline.

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