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9<sup>th</sup> International Scientific and Professional Conference  
*WITH FOOD TO HEALTH*  
13<sup>th</sup> October 2016  
Osijek, Croatia



## OVERVIEW

### of the 9<sup>th</sup> International Scientific and Professional Conference *WITH FOOD TO HEALTH* Osijek, Croatia, 13<sup>th</sup> October 2016

The 9<sup>th</sup> International Scientific and Professional Conference *WITH FOOD TO HEALTH* was organized in Osijek, Croatia, for the ninth time, on 13<sup>th</sup> October 2016, by the institutions engaged in activities from the area of food care, nutrition, and people's health, and each year it honours *the World Food Day*, the slogan of which for this year is *Climate is changing. Food and agriculture must too.*

The goal of the Conference was to show the latest discoveries in the production of food and the ways in which food alters the quality of life and health. The interdisciplinary approach guaranteed the large number of actual issues from the topics of the Conference:

1. Nutrition
2. Dietetics and diet therapy
3. Food safety
4. Food analysis
5. Production of safe food and food with added nutritional value

The most significant aspect of the Conference was a large number of academic professionals, professionals from the production sector, doctors, pharmacists, and all others who are dealing with the issues of food production and its influence on health were gathered in one place. In that regard, the emphasis was put on argumentative discussions and the exchange of experience among the participants.

The conference was supported by:

- Ministry of Science, Education and Sports of the Republic of Croatia
- Ministry of Agriculture of the Republic of Croatia
- Ministry of Health of the Republic of Croatia
- Croatian Academy of Engineering
- Josip Juraj Strossmayer University of Osijek
- Osijek-Baranja County
- City of Osijek

There were 293 participants in total, who participated in plenary lectures, oral presentations, and poster presentations, from eight different countries (Croatia, Bosnia and Herzegovina, Macedonia, Republic of Serbia, Slovenia, Montenegro, Poland, and China). Four plenary lectures, 18 oral presentations and 64 poster presentations were given, which covered the topics of the Conference. All of those had one thing in common: multidisciplinary. Experts from different areas of industry and academia engaged in close cooperation were present at the Conference with the same goal: to use optimal production resources in the production of food with high nutritive value, with the aim of maintaining and preserving health. Also, several companies exhibited their equipment and devices. The Book of abstracts with the Programme of the Conference was published during the preparation stage of the Conference, and the Proceedings of the Conference are currently being prepared for publishing.



The Conference sponsors were:

- Kandit d.o.o.,
- VIRO TVORNICA ŠEĆERA d.d.,
- Vupik d.d.,
- Osječka pivovara d.d.,
- KEFO d.o.o.,
- Ru-Ve d.o.o.,
- Croatia osiguranje d.d.,
- Belje d.d.,
- Jamnica d.d.,
- ZADA Pharmaceuticals d.o.o.,
- Voćar d.o.o.,
- Hrvatska turistička zajednica.

On behalf of all of us who participated in the organization, I hope that the participants of the 9<sup>th</sup> International Scientific and Professional Conference *WITH FOOD TO HEALTH* took pleasant memories with them from Osijek and would like to meet again at the 10<sup>th</sup> International Scientific and Professional Conference *WITH FOOD TO HEALTH*, in 2017!

Your Sincerely,

Chairman of the Scientific and Organizing  
Committee of the Conference

Drago Šubarić, PhD, Full Professor