

## 8. Simpozij medicinskih sestara i tehničara u hipertenziji

### 8<sup>th</sup> Symposium of Medical Nurses and Technicians for Hypertension



Poštovani kolegice i kolege,  
zadovoljstvo mi je pozvati vas na 8. Simpozij medicinskih  
sestara i tehničara u hipertenziji, koji će se održati od 30.  
ožujka do 2. travnja 2017. u Poreču.

Kao i na dosadašnjim simpozijima pripremili smo teme  
koje će biti raznolike i zanimljive svim zdravstvenim dje-  
latnicima: od preporuka o smanjenju unosa kuhinjske soli,  
o pretilosti kao uzroku hipertenzije, o životnim navika-  
ma pacijenata, o stilovima učenja do utjecaja mentalnoga  
zdravlja u bolesnika s arterijskom hipertenzijom uz još  
mnogo zanimljivih predavanja.

Ove ćemo godine prisustovati zajedničkim praktičnim  
radionicama liječnika i medicinskih sestara jer samo za-  
jednički možemo poboljšati skrb za naše bolesnike.

Veselim se zajedničkom radu i druženju u Poreču.

**Mirjana Mihalić**, mag. med. techn.,  
predsjednica Udruge medicinskih sestara u hipertenziji

Dear and respected colleagues,

It is honor for me to invite you to the 8<sup>th</sup> Symposium of Medical Nurses and Technicians for Hypertension which is to be held in Poreč, on March 30<sup>th</sup> till April 2<sup>nd</sup>.

We have once again prepared diverse and interesting themes for a broad selection of health care providers. Just to emphasize a few of them: recommendations for lower salt intake, obesity as a cause of hypertension, lifestyles of our patients and the ways of changing them, mental health of hypertensive patients, and many more.

This year we are organizing workshops side by side with our physicians, because only by working as a team we can enhance our quality of care.

We look forward to working and spending time with you,

**Mirjana Mihalić**, Master of Science in Nursing

President of the Association of Medical Nurses and Technicians for Hypertension

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