

## **BARIJATRIJSKA HIRURGIJA JUČE, DANAS, SUTRA**

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### **Sažetak**

Pretilost je jedna od nabrže rastućih pandemija modernog doba. Globalne negativne društvene reperkusije vezane za ovu pošast tek se u posljednje vrijeme kritički, objektivno multidimenzionalno sagledavaju. Iako se barijatrijski hirurški zahvati izvode unazad 60 godina tek se u posljednjih nekoliko godina pozicioniraju na mjesto koje im objektivno pripada. Vrlo malo hirurških grana se mogu pohvaliti takvim meteorskim uspjehom kao što je uspjeh postignut u zadnje dvije decenije u barijatrijskoj hirurgiji.

Hirurgija pretilosti, odnosno metabolički aspekti ove grane hirurgije podložni su novim ispitivanjima i može se reći da se u ovoj oblasti očekuje interesantna budućnost. Svi ovi progresivni pomaci nisu se desili slučajno, oni ne bi bili mogući da nije bilo lekcija koje smo morali naučiti u prošlosti. Trnovit put su morali proći barijatrijski hirurzi pun osporavanja i skepse da bi danas bili tu gdje jesu. Mijenjana je paradigma o liječenju pretilosti uz ogromne različite interese koji su bili u igri.

Rad donosi jezgrovite osvrte na mnogobrojne hirurške modalitete koji su se kroz istoriju koristili u liječenju patološke pretilosti. Takođe rad donosi uporedne podatke o sadašnjim i budućim trendovima kada je u pitanju hirurško liječenje patološke pretilosti uz originalne slike i iskustva Barijatrijskog tima Klinike za hirurgiju UKC Tuzla.

**Ključne riječi:** barijatrijska hirurgija, liječenje patološke pretilosti

## **BARIATRIC SURGERY YESTERDAY, TODAY, TOMORROW**

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### **Abstract**

Obesity is one of the fast-paced pandemics of the modern age. The global negative social repercussions associated with this scourge have only lately time has been viewed critically, objectively, multidimensionally. Although the bariatric surgical procedures are performed backwards for 60 years, its have been positioned in the past few years in a place that objectively belonged. Very few surgical branches can boast such meteoric success as the success achieved in the last two decades in bariatric surgery.

Surgery of obesity, or metabolic aspects of this branch of surgery, is subject to new examinations and it can be said that an interesting future is expected in this area. All of these progressive shifts did not happen accidentally, they would not be able to have without lessons we had to learn in the past. Thorny time had to go through a bariatric surgery, full of controversy and skeptic to be today where they are today. The paradigm of treating obesity has changed with the enormous variety of interests involved in the game.

The paper provides a concise review of numerous surgical modalities that have been used throughout history to treat pathological obesity. The paper also present comparative data on current and future trends in surgical obesity with the original image and experience of the Baritry Team of UKC Tuzla Clinic for Surgery.

**Key words:** bariatric surgery, treatment of pathological obesity.