

XXIII. Škola psihoterapije psihoza u Dubrovniku

/ The 23th School of Psychotherapy of Psychoses in Dubrovnik

Od 1996. godine redovito se u svibnju svake godine u Interuniverzitetskom centru u Dubrovniku održava simpozij „Škola psihoterapije psihoza“ s podnaslovom „Prema sveobuhvatnom liječenju psihotičnih poremećaja“. Školu organizira Hrvatski liječnički zbor, ISPS Hrvatska (Hrvatska udruga za psihoterapiju, psihosocijalne metode i ranu prevenciju psihotičnih poremećaja), Hrvatsko društvo za kliničku psihijatriju, Akademija medicinskih znanosti Hrvatske, Institut za grupnu analizu i Škola narodnog zdravlja „Dr. Andrija Štampar“.

Škola se održala od 9. do 12. svibnja 2018. godine s temom „Put prema znanstvenim dokazima temeljenim na individualnoj i grupnoj psihoterapiji psihoza“. Škola se održava na engleskom jeziku. Ove godine tri predavača su bila iz inozemstva: B. Rosenbaum iz Danske, C. Mela iz Grčke i V. Meden-Klavora iz Slovenije.

Škola je otpočela dokumentarnim filmom D. Macklera „Uzmi ova slomljena krila – oporavak od shizofrenije bez medikacije“, nakon čega je slijedila diskusija.

Nakon toga su održana ova predavanja: „Gdje se nalazimo sa znanstvenim dokazima o efikasnosti individualne i grupne psihoterapije za osobe sa psihozom“ (I. Urlić), zatim „Uloga psihoterapije u radu timova za mentalno zdravlje u zajednici za osobe s psihozom“ (S. Štrkalj-Ivezić). B. Restek-Petrović, M. Grah i N. Orešković-Krezler prikazale su postignuća u području istraživanja učinkovitosti grupne psihoterapije. V. Meden-Klavora prikazala je prijelaz iz psihijatrijske bolnice u svakodnevni život u zajednici ocrtno putem slikarske ekspresije. U jednoj galeriji u starom dijelu grada ta likovna ekspresija pacijenta bila je prikazana na jednoj vrlo

Since 1996, the School of Psychotherapy of Psychoses has been held regularly in May each year at the Inter-University Centre in Dubrovnik under the name “Towards comprehensive treatment of psychotic disorders”. The school is organized by the Croatian Medical Association, ISPS Croatia (Croatian Association for Psychotherapy, Psychosocial Methods and Early Prevention of Psychotic Disorders), Croatian Society for Clinical Psychiatry, Croatian Academy of Medical Sciences, Institute of Group Analysis and the “Andrija Štampar” School of Public Health.

The symposium was held from the 9th to the 12th of May 2018, on the topic “The road to evidence-based individual and group psychotherapy of psychosis”. The symposium is held in English. This year, there were three foreign lecturers: B. Rosenbaum from Denmark, C. Mela from Greece and V. Meden-Klavora from Slovenia.

The school started with D. Mackler’s documentary film “Take These Broken Wings – Recovery from Schizophrenia Without Medication”, followed by a discussion.

There were lectures on “How far are we from evidence based individual and group psychotherapy for psychoses?” (I. Urlić), followed by “The role of psychotherapy within community mental health teams for psychoses” (S. Štrkalj-Ivezić). B. Restek-Petrović, M. Grah and N. Orešković-Krezler presented the achievements in the field of research of group psychotherapy efficiency.

V. Meden-Klavora showed the transition from psychiatric hospital to everyday life in the community, mirrored through artistic expression. This artistic expression of the patient was displayed in a very interesting exhibition in one gallery in the old part of the city. On that occa-

zanimljivoj izložbi. Tom prigodom je prikazana i knjiga I. Urlića i A. Russo „Živjeti s kroničnom bolešću“. Nadalje, I. Urlić i S. Štrkalj-Ivezić prikazali su smjernice za istraživanje u grupnoj psihoterapiji.

B. Rosenbaum je pokazao i komentirao rezultate velikog i dugotrajnog danskog nacionalnog projekta istraživanja shizofrenije u smislu rezultata, ograničenja i nedostataka u dosadašnjim terapijskim pristupima osobama sa psihozom. Rezultat pokazuje da se najuspješnijim pristupom osobama sa psihotičnim poremećajima pokazuje kombinacija medikamentnog i psihoterapijskog pristupa u okviru nastojanja da se ti pacijenti što više uključuju u život u zajednici.

C. Mela je neurologinja i grupna analitičarka koja proučava psihopatološke fenomene povezujući ih s neuroznanstvenim istraživanjima. Iznijela je zanimljive podatke o epilepsiji kao načinu postizanja znanstvenih uvida u implicitnu memoriju i nerazriješene konflikte. Teorijska izlaganja i klinička iskustva bila su popraćena prikazom slučajeva u malim grupama.

Dubrovačke škole psihoterapije psihoza jedne su od najstarijih psihijatrijskih manifestacija koje se redovito održavaju svake godine u okviru međunarodne suradnje i prikaza dostignuća suvremene psihijatrije u okviru sveobuhvatnog pristupa fenomenu psihoza. Šteta je što se taj rad nedovoljno prepoznaje, posebno u vidu mogućnosti stipendiranja mladih psihijatara, čije bi se znanje i iskustvo obogatilo i oplemenilo novim saznanjima, te usporedilo s brojnim svjetskim iskustvima i rezultatima istraživanja.

Sljedeća XXIV. Škola psihoterapije psihoza održat će se od 8. do 11. svibnja 2019. godine s temom: „Edukacija iz suportivne psihodinamske psihoterapije za psihoze: Fokus na psihodinamskoj formulaciji“. Organizatori Škole su prof. dr. sc. Slađana Štrkalj-Ivezić i prof. dr. sc. Ivan Urlić.

U Splitu, 5. listopada 2018.

Ivan Urlić

sion, the book by I. Urlić and A. Russo, “Living with chronic illness”, was also presented. Furthermore, I. Urlić and S. Štrkalj-Ivezić presented the guidelines for group psychotherapy research.

B. Rosenbaum demonstrated and commented on the results of a large and long-lasting Danish national research project on schizophrenia in terms of results, limitations and disadvantages in the therapeutic approaches available to people with psychosis. The results have shown that the most successful approach to people with psychotic disorders shows a combination of medication and psychotherapy as part of the effort to involve these patients in community life as much as possible.

C. Mela is a neurologist and group analyst who studies psychopathological phenomena by linking them with neuroscientific research. She presented interesting data on epilepsy as a way of gaining scientific insights into implicit memory and unresolved conflicts.

Theoretical exposures and clinical experiences were accompanied by case presentations in small groups.

The Dubrovnik School of Psychotherapy of Psychoses is one of the oldest psychiatric manifestations that are regularly held every year within the framework of international co-operation and presentation of the achievements of contemporary psychiatry within a comprehensive approach to the phenomenon of psychosis. It is a pity that this work is not sufficiently recognized, especially in terms of possibilities for scholarships for young psychiatrists, whose knowledge and experience would be enriched and refined with new knowledge and compared with many world experiences and research findings.

The 24th School will be held from the 8th to 11th of May 2019 on the topic of “Training in Supportive Psychodynamic Psychotherapy for Psychoses: The Focus on Psychodynamic Formulation.” The organizers of the School are Prof. Slađana Štrkalj-Ivezić, PhD and Prof. Ivan Urlić, PhD.

Split, October 5th, 2018

Ivan Urlić

Registration fee:**Croatian Association for Clinical psychiatry and ISPS Croatia: 170 € (1300 KN)****Non-members: 240 € (1800 KN)****The registration fee should be paid to:**

HLZ Hrvatsko društvo za kliničku psihijatriju

Šubićeva 9, 10000 Zagreb, Hrvatska

For participants of the School the fee includes:

Registration for the whole programme, lunch and coffee break

Account:

The fee should be paid to the following bank account:

Zagrebačka banka, Savska cesta 60,

HR-10 000 Zagreb, Hrvatska

OIB 60192951611

SWIFT: ZABHR2X

IBAN: HR7423600001101214818

Call to number 268-142

The Croatian Medical Chamber will endorse participation at the School.

Venue: Dubrovnik, IUC, Don Frana Bulića 4**Information and application:****Marija Kušan Jukić**

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XXIV - ISPS Croatia**Croatian Medical Association****Croatian Association for Psychotherapy, Psychosocial Methods and Early Prevention of
Psychotic Disorders****Croatian Association for Clinical Psychiatry****Croatian Academy of Medical Sciences****Institute of Group Analysis****Andrija Štampar Teaching Institute of Public Health****SCHOOL OF PSYCHOTHERAPY OF PSYCHOSES*****Toward Comprehensive Treatment of Psychotic Disorders******Training in Supportive Psychodynamic Psychotherapy for Psychosis
Focus on Psychodynamic Formulation*****Dubrovnik,****May 8-11, 2019****Inter-University Centre Dubrovnik**

Wednesday, May 8th

- 17.00 – 18.00 Registration
18.00 – 19.30 Documentary film: Hearing voices
Discussion

Thursday, May 9th

- 08.30 – 09.00 Registration
09.00 – 10.30 Supportive psychodynamic psychotherapy during different phases of psychosis
(B. Rosenbaum)
10.30 – 11.00 Coffee break
11.00 – 11.30 Case presentations: Video demonstration
11.30 – 13.00 Psychodynamic formulation (S. Štrkalj Ivezić)
13.00 – 14.00 Lunch break
14.00 – 15.30 Case presentation with a discussion

Friday, May 10th

- 09.00 – 10.30 Transference and countertransference in supportive psychodynamic
psychotherapy (I. Urlič)
10.30 – 11.00 Coffee break
11.00 – 11.30 Papers on the topic
11.30 – 13.00 Supervision 1 (Lj. Milivojević)
13.00 – 14.00 Lunch break
14.00 – 15.30 Supervision 2 (Lj. Milivojević)

Saturday, May 11th

- 09.00 – 10.30 Organization of a psychotherapeutic ward as a therapeutic holding
environment (B. Restek Petrović, N. Mayer, M. Grah)
10.30 – 11.00 Coffee break
11.00 – 13.00 Papers on free topics
13.00 – 13.45 Closing session and ISPS meeting