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## Numerical Simulation of One-dimensional Blood Flow in Elastic and Viscoelastic Arterial Network

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### Introduction

Numerical simulation of blood flow in the arterial tree is challenging due to difficulties in describing the geometry, nonlinear wall viscoelasticity, and non-Newtonian rheological properties of blood. One-dimensional models present a good compromise between Windkessel and three-dimensional models [1, 2]. Numerical simulation of arterial flow is very useful for the thorough understanding of pressure and flow waves propagation phenomena.

The goal of this paper is to present a method of characteristics (MOC) [3, 4] for solving a nonlinear one-dimensional model in an arterial tree with elastic and viscoelastic wall. The developed method was applied to the 37-element silicone model of arterial tree with available experimental data [5]. The test was used in [6] to check the

ability of the mathematical model and the numerical scheme of correctly describing the multiple reflections from multiple outflow and junction conditions. Here we used this benchmark to verify the in-house developed code by comparing the obtained results with the experimental data and with the results of other methods.

### Mathematical model

A one-dimensional model of blood flow in a pipe with viscoelastic wall reads [6]:

$$\frac{\partial A}{\partial t} + \frac{\partial Q}{\partial x} = 0, \quad (1)$$

$$\frac{\partial Q}{\partial t} + \frac{A}{\rho} \frac{\partial p}{\partial x} + \frac{\partial(Qv)}{\partial x} = -fQ, \quad (2)$$

$$p - p_0 = \frac{1}{C_D}(\sqrt{A} - \sqrt{A_0}) + \eta \frac{\partial A}{\partial t}, \quad (3)$$

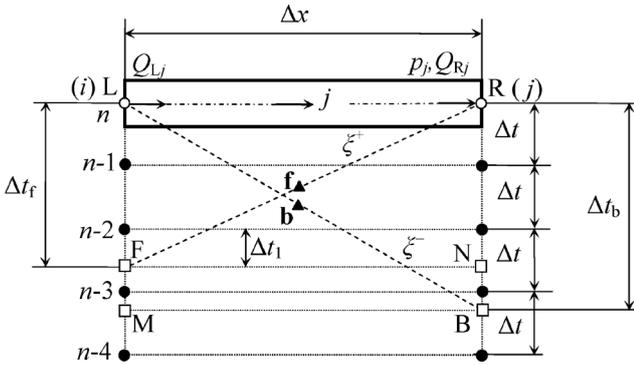
where  $x, t$  are the space and the time coordinate, respectively,  $A$  is cross-sectional area ( $A = D^2\pi/4$ ),  $Q$  is volume flow rate, and  $v = Q/A$ ,  $p$  is transmural pressure,  $\rho$  is fluid density,  $A_0$  is constant cross-sectional area at a constant pressure of  $p_0$ . Coefficients  $f$ ,  $C_D$  and  $\eta$  are defined by:

$$f = \frac{2(\zeta + 2)\pi\mu}{\rho A}, \quad C_D = \frac{3A_0}{4\sqrt{\pi}E\delta} \quad \text{and} \quad \eta = \frac{\tau}{2C_D\sqrt{A}}, \quad (4)$$

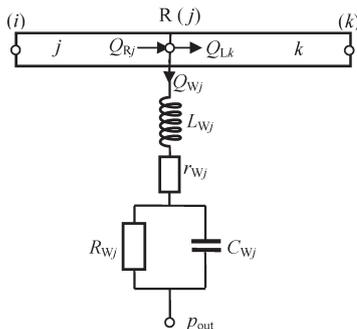
where  $\mu$  is fluid viscosity,  $\zeta$  is constant for particular velocity profile,  $E$  is elastic modulus and  $\tau$  is retardation time constant in the Voigt model.

## Numerical method

The artery is discretized into a number of elements of length  $\Delta x$ . Fig. 1 shows two typical elements (denoted by  $j$  and  $k$ ) bounded by nodes (I, J, and K). The pressure is defined at the nodes,  $A$  is defined in the middle of each element (and it is considered to be constant along the



**Fig. 1.** An element of a discretized arterial tree with the arrangement of variables. For each element, three variables are stored: pressure  $p_j$ , flow rate  $Q_{Rj}$  at the element outlet, and  $Q_{Lj}$  at the element inlet. The time instances are denoted by  $n, n-1, n-2, n-3$ , and  $n-4$ . Dashed lines indicate the characteristics defined by  $\xi^+ = v + c$  and  $\xi^- = v - c$ ; empty circles denote the nodes at the new instance at which unknowns should be calculated; filled circles denote nodes at older time instances at which the values of all variables are known from the previous integration steps; squares denote the interpolation points F and B on the forward and backward characteristic lines, and the auxiliary interpolation points N and M are at the same time instances as the points F and B, respectively; triangles denote midpoints  $f$  and  $b$  of the forward and backward characteristics, respectively



**Fig. 2.** Electrical analogue scheme of the Windkessel model defining the node outlet boundary condition

element) and  $Q$  is defined at each end of each element. Thus, four unknowns are stored for each element. For example, the unknowns related to the element  $j$  are  $p_j$ ,  $Q_{jL}$ ,  $Q_{jD}$  and  $A_j$ , as shown in Fig. 1.

By using Eq. (3), Eqs. (1) and (2) can be transformed into a set of compatibility equations, which are valid along two characteristic lines defined by  $\xi^\pm = v \pm c$  in the form:

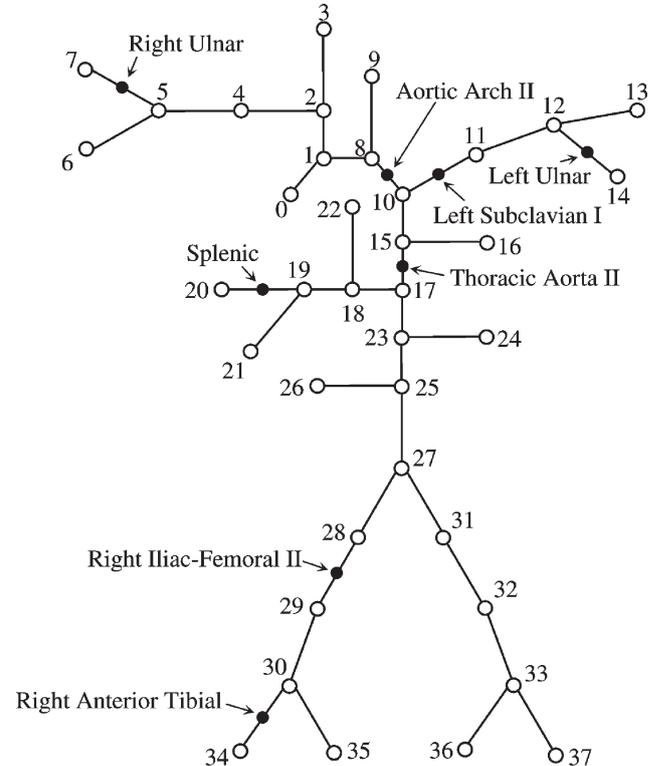
$$\begin{aligned} \frac{1}{C} dQ^\pm - (v \mp c) dp^\pm = \\ = -\frac{1}{C} f Q dt - v^2 \eta \frac{\partial^2 A}{\partial x \partial t} dt + (v \mp c) \eta \frac{\partial^2 Q}{\partial x \partial t} dt \end{aligned}, \quad (5)$$

where  $C = 2C_D\sqrt{A}$ , and  $c = \sqrt{A/(\rho C)}$  is wave speed. We establish relationship between pressure and area from the discretized form of Eq. (3), which serves to exclude  $A$  from the set of unknowns. The third equation related to each node is the continuity equation. For example, at node R in Fig. 2, this equation reads:

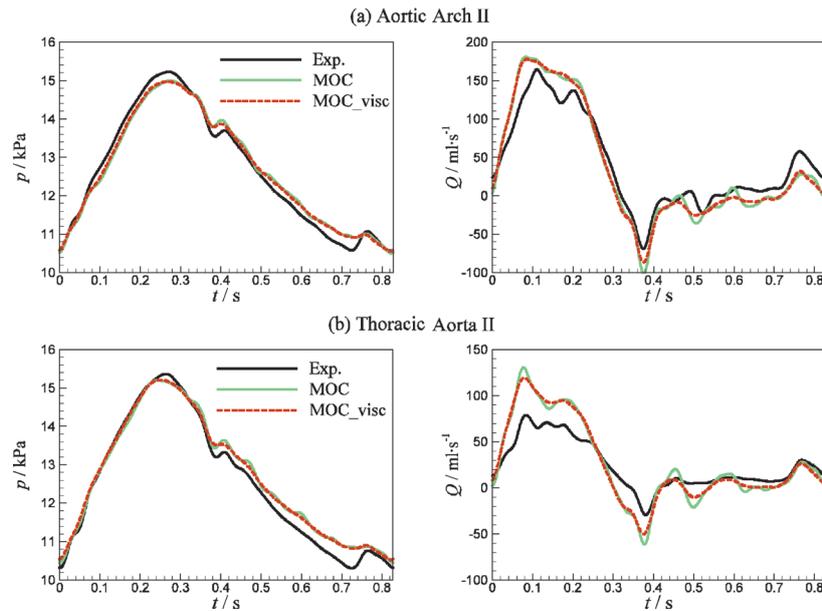
$$Q_{Rj} = Q_{Wj} + \sum_{k=1}^{N_{out}} Q_{Lk}, \quad (6)$$

where  $Q_{Tj}$  is the branching flow from the large artery into a small one, which is modeled by the inertial four element Windkessel as depicted in Fig. 2. In this model,  $L_j$  is inductance,  $r_j$  is resistance,  $C_{Tj}$  is the capacity of branching arteries and  $R_j$  is the peripheral resistance at node J.

We discretized Eq. (5) and all other auxiliary equations by using second order accuracy, and the resulting system of algebraic equation is solved by a direct method. The



**Fig. 3.** Scheme of 37-segment arterial tree. The node number zero denotes the arterial tree inlet, where a periodic flow rate was prescribed. Filled circles denote measurement sites



**Fig. 4.** 37-artery network. Pressure (left) and flow rate (right) at midpoints of two arterial segments: (a) Aortic Arch II and (b) Thoracic Aorta II. Black solid lines represent in vitro experimental data (Exp.), green solid lines denote numerical results of the developed method with elastic arterial wall (MOC), and red dashed lines denote numerical results of the method of characteristics with viscoelastic arterial wall (MOC\_visc) [4]

**Table 1.** Percentage RMS errors of the calculated pressure and flow rate with respect to the measurements at the locations indicated in Fig. 3, and the range of these errors from six other numerical schemes

Arterial segment	Numerical scheme		$\varepsilon_p^{\text{RMS}}$	$\varepsilon_Q^{\text{RMS}}$
Aortic arch II	Six schemes	min	1.68	12.02
		max	1.94	12.34
	MOC		1.77	12.47
	MOC – visc.		1.56	11.89
Thoracic aorta II	Six schemes	min	2.17	25.26
		max	2.53	25.62
	MOC		2.26	26.27
	MOC – visc.		2.15	24.50
Left subcl. I	Six schemes	min	3.05	13.87
		max	3.12	14.45
	MOC		3.19	14.39
	MOC – visc.		3.04	13.53
R. iliac-femoral II	Six schemes	min	3.65	23.90
		max	3.97	24.80
	MOC		3.97	26.02
	MOC – visc.		3.68	22.52
Left ulnar	Six schemes	min	2.57	12.42
		max	2.75	12.91
	MOC		2.67	12.81
	MOC – visc.		2.28	11.36
R. anter. tibial	Six schemes	min	3.21	9.88
		max	3.43	11.05
	MOC		3.90	10.98
	MOC – visc.		3.15	8.15
Right ulnar	Six schemes	min	2.42	11.22
		max	2.66	11.73
	MOC		2.62	11.84
	MOC – visc.		2.53	10.70
Splenic	Six schemes	min	2.22	9.02
		max	2.36	9.79
	MOC		2.52	10.37
	MOC – visc.		1.93	7.80

method is implicit, unconditionally stable and capable of dealing with nonlinearities.

At the inlet node the pressure or the inflow can be prescribed. In all simulations, the initial conditions were  $Q(x,0)=0$ ,  $A(x,0)=A_0$  and  $p(x,0)=p_0$ . The integration time should be long enough to achieve cycle-to-cycle periodicity, and the last cycle is examined.

## Results and discussion

Fig. 3 schematically shows the examined network. All data relevant to this problem are provided in the supplement material [6]. In the performed simulation each segment was divided into a number of elements (total number of elements was 431), and integration time step was 1 ms. Fig. 4 shows the comparison of the measured and calculated pressure and flow (for the case of elastic and viscoelastic wall), and Table 1 shows the percentage root mean square (RMS) errors of the calculated results with respect to the experimental data of the developed method and the range of these errors from the six other methods examined in [6].

In the case of elastic wall, most of the MOC errors are very similar in size to errors from six numerical schemes (see Table 1). In the case of viscoelastic wall, the pressure and flow RMS errors are slightly reduced, and a reduction in peak values of pressure and flow rate is achieved (that is closer to experimental data) because of damping high frequency oscillations.

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