Assessment of the antagonistic potential and ability of biofilm formation of Enterococcus spp. isolated from Serbian cheese

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ABSTRACT
In this paper, the presence, biochemical and physiological characteristics of the members of genus Enterococcus, isolated from traditionally made Serbian cheese, were investigated. The members were identified as: Enterococcus faecium (8 isolates), E. faecalis (14 isolates), E. hirae (4 isolates) and E. durans (4 isolates), using the biochemical tests and MALDI-TOF mass spectrometry. All the tested isolates showed good acidification ability in pure and enriched milk. The antagonism of enterococci on the growth of Escherichia coli ATCC 25922, Proteus mirabilis ATCC 12453, Klebsiella oxytoca KGPMF1, Klebsiella ornithinolytica KGPMF8 and Aeromonas hydrophila, as well as their ability to form biofilms, were examined. The tested isolates showed moderate inhibitory activity (10-22 mm) on the growth of the indicator strains. Among all the isolates, only E. hirae KGPMF9 and E. faecium KGPMF14 showed the ability of biofilm formation. The results provide a basis for further research into the possible practical application of the isolated enterococci.

Key words: antimicrobial potential; biofilm; Enterococcus faecium; Enterococcus faecalis; Enterococcus durans; traditionally made cheese

Introduction
The southeastern region of Serbia is a geographical area known for a traditional way of producing many dairy products. In this region, the people produce Sokobanja cheese, made from raw, unpasteurized cow’s milk, without adding a bacterial starter culture (MURUZOVIĆ et al., 2018a, 2018b). The nutrition of dairy cows, the traditional cheese-making process and the natural bacteria responsible for the fermentation

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process and ripening seem to have a significant role in the formation of the flavor and typical organoleptic properties of cheeses made from raw milk (TERZIĆ-VIDOJEVIĆ et al., 2009). This kind of product can be a main source of probiotic microorganisms (MOTAHERI et al., 2017).

Enterococci are expected to grow in cheese made from raw milk, either as natural or added microflora (cheese starter cultures, or as adventitious microflora, through environmental, post-pasteurisation contamination). Enterococci are an important part of the bacterial count in different types of traditional cheeses (GIMÉNEZ-PEREIRA, 2005). A significant number of enterococci can be found in the Feta (MANOLOPOULOU et al., 2003), Turkish white cheese, Caprino, Mozzarella, Venaco, Monte Veronese, Fontina, and Comté cheeses (GIRAFFA, 2003; ÖZMEN TOĞAY et al., 2016), as well as in French cheeses made from raw milk (JAMET et al., 2012).

So far, some enterococci have been used successfully in biopreservation, because they have the potential to inhibit the growth of food spoilage microorganisms. Enterococci produce lactic acid, which can reduce the pH and have an effect on cell membrane permeability. Also, enterococci can produce other antimicrobial substances, such as hydrogen peroxide, bacteriocin and bacteriocin-like inhibitory substances (ZHENG et al., 2015).

Lactic acid bacteria (LAB) isolated from cheese affect the ability of biofilm formation (GÓMEZ et al., 2016). It is well-known that the ability of biofilm formation is related to pathogenesis of bacterial strains. However, some recent studies (ELHADIDY and ZAHRAN, 2014; ŽIVKOVIĆ et al., 2016; POPOVIĆ et al., 2018) have indicated that the biofilm formation of LAB is more associated with adhesion properties, which have a role in gut colonization as well as in the probiotic potential of LAB.

The aims of this study were the isolation, identification and characterization of the physiological characteristics of the members of genus Enterococcus isolated from summer and autumn samples of traditionally made raw milk cheese from Sokobanja. Also, the aims were to screen their antimicrobial potential, as well as their ability for biofilm formation. Another aim was to compare these characteristics of the isolates with enterococci isolated from spring samples of cheese.

**Materials and methods**

*The procedure of cheese-making, manufacture and sampling.* The tested cheese was produced in countryside households around Sokobanja, (Southeastern Serbia), in the traditional way. The procedure of cheese-making, manufacture and sampling is described in detail in MLADENOVIĆ et al. (2018) and MURUZOVIĆ et al. (2018c). The samples were stored at 4 °C in a refrigerator until use.
Isolation, identification and characterization of genus Enterococcus. The working sample (10 g) was taken with a sterile spoon from the middle of the cheese and mixed in a vortex with 90 mL of 2% sodium citrate solution (pH 7.5) (Alkaloid, Skopje, Macedonia), until complete homogenization was reached. Then, successive 10-fold dilutions (up to $$10^{-7}$$), with 2% sodium citrate, were prepared. 1 mL of each dilution was inoculated on bile esculin agar pH 7.1 (BEA, Torlak, Belgrade, Serbia) at 37 °C for 72 h, for presumptive enterococci (MANNU et al., 2002). Aerobic mesophilic bacteria (as an indicator of sanitary conditions during milking and milk handling) were enumerated on the nutrient agar (Torlak, Belgrade, Serbia). After solidification, bile esculin agar plates were covered with the same medium, in order to establish microaerophilic conditions. After incubation, the plates were selected for enumeration, and the number of bacteria was expressed as CFU/g of the cheese.

The next approach was to pick single colonies randomly from the BEA agar plates and streak them on new agar plates for purification. A total of 90 isolates were subjected to microscopic observation, Gram staining and a catalase test. Further, 30 Gram-positive and catalase-negative isolates of LAB were identified to genus level by tests, as follows: growth at 15 and 45 °C in M17 broth, growth at 4.0, 6.5 and 8.0% (w/v) NaCl in M17 broth, production of carbon dioxide from glucose by subculturing the isolates in tubes with M17 broth and Durham’s tubes, growth and production of slime from sucrose, L-arginine and esculin hydrolysis, hippurate hydrolysis, citrate utilization, diacetyl production, activity in milk with 0.1% methylene blue, and measured pH of pure milk and milk enriched with 2% glucose and 1% yeast extract, inoculated in overnight cultures.

Further, the isolated enterococci were identified using Microgen Strep ID (Microgen Bioproducts, Germany), according to the manufacturer’s procedure. The isolated and identified strains were stored at -80 °C in M17 broth containing 20% glycerol (v/v) (MANNU et al., 2002).

The use of MALDI-TOF mass spectrometry to identify enterococci. Isolates were grown overnight on M17 agar plates and analysed using the standard Bruker’s direct transfer sample preparation procedure for MALDI-TOF MS. A single bacterial colony was spotted directly onto a 96-spot MALDI target plate (Bruker Daltonics, Bremen, Germany), allowed to dry, and immediately overlaid with 1 μL of the matrix solution (Bruker Matrix HCCA; α-Cyano-4-hydroxycinnamic acid).

MALDI-TOF mass spectra were obtained using Microflex LT/SH BioTyper spectrometer (Bruker Daltonics) equipped with a nitrogen laser (337 nm) under the control of Flexcontrol software ver. 3.1 (Bruker Daltonics). Spectra acquisition in a mass range of 2 to 20 kDa were collected using the Auto Execute option, by accumulating 240 laser shots (laser frequency, 60 Hz; ion source 1 voltage, 19.9 kV; ion source 2 voltage,
Detection of antimicrobial potential. The agar-well diffusion method (TAGG and MC GIVEN 1971) was used for screening the antimicrobial potential of the isolated enterococci, using *Escherichia coli* ATCC 25922, *Proteus mirabilis* ATCC 12453, *Klebsiella oxytoca* KGPMF1, *Klebsiella ornithinolytica* KGPMF8, and *Aeromonas hydrophila* as indicator strains. The collection of isolates and ATCC stains were kept in a 20% glycerol/medium mixture at -80 °C at the Faculty of Science, University of Kragujevac. The indicator stains used in this test were isolated from cheese from Sokobanja (MLADENOVIĆ et al., 2018), in order to test and compare the influence of *Enterococcus* species on the growth inhibition of tested Gram-negative isolates in this cheese. The procedure was described in detail in MURUZOVIĆ et al., (2018a; 2018c).

Biofilm formation assay and quantification. The ability of isolated enterococci to form biofilms was tested as described by O’TOOLE et al. (2000), with some modifications as described below.

The tissue culture 96-well microtiter plates (Sarstedt, Germany) were prepared by dispensing 100 μL of M17 broth in each well. 50 μL of the initial bacterial suspension (containing about $10^8$ CFU/mL and diluted to 1:100) was added to each well. The inoculated plates were incubated at 37 °C for 48 h. After incubation, the content of each well was removed by tapping the plates. The wells were washed with 200 μL of sterile 0.85% saline, in order to remove free-floating bacteria, and the biofilm was fixed with 100 μL of methanol. The biofilms were stained with crystal violet (0.1% w/v) and incubated at room temperature for 20 minutes. Excess stain was rinsed off by thorough washing with deionized water, and then with 200 mL of 96% ethanol. The optical densities (OD) of the bacterial biofilms were determined by an enzyme-linked immunosorbent assay (ELISA) plate reader (RT-2100C, Rayto, Shenzhen, China) at 630 nm wavelength.

Only M17 broth served as a control to check the sterility and non-specific binding of media. To compensate for background absorbance, OD readings from the dyed and fixated sterile medium were averaged and subtracted from the test values.

Statistical analysis. The ability of biofilm formation was presented as mean ± SD and data were analysed using Microsoft Excel (Redmond, Washington, DC, USA). The Pearson coefficient of correlation between the counts of microbiological groups in the cheese samples and physicochemical parameters, as well as Spearman coefficient of correlation between time of incubation and pH in acidification process were calculated. The Paired - Samples T-test was used to compare the inhibitory effects of *Enterococcus* isolates and antibiotics the against indicator strains. These data were analysed using SPSS version 20 software (SPSS Inc., Chicago, IL, USA).
Results

The total count of enterococci and aerobic mesophilic bacteria: The total count of viable aerobic mesophilic bacteria, enumerated on the nutrient agar, ranged between $1.6 \times 10^7$ CFU/g and $4.2 \times 10^7$ CFU/g of cheese in the summer, and between $4.3 \times 10^7$ CFU/g and $8.3 \times 10^7$ CFU/g of cheese in the autumn samples. The total count of viable enterococci, enumerated on the bile esculin agar (BEA) plates, ranged between $2 \times 10^5$ CFU/g and $1 \times 10^6$ CFU/g of cheese in the summer and between $3.1 \times 10^5$ CFU/g and $2.4 \times 10^6$ CFU/g of cheese in the autumn. The second sample did not contain enterococci, either in the summer or in the autumn (Table 1).

Table 1. Total number of bacteria in cheeses from Sokobanja

<table>
<thead>
<tr>
<th>Tests</th>
<th>Summer</th>
<th>Autumn</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sample 1</td>
<td>Sample 2</td>
</tr>
<tr>
<td><strong>Enterococcus sp.</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NA</td>
<td>3.5×10^7</td>
<td>1.6×10^7</td>
</tr>
<tr>
<td>BEA</td>
<td>1×10^5</td>
<td>n.d.</td>
</tr>
</tbody>
</table>

a - Nutrient agar; b - Bile esculin agar; c - CFU/g of cheese, average values of three independent experiments; n.d.- bacteria not detected; Sample 1, 2, 3 - summer sampling; Sample 4, 5, 6 - autumn sampling

Biochemical and physiological characteristics of enterococci. In this paper, the presence, biochemical and physiological characteristics of Enterococcus species isolated from Sokobanja cheese, were investigated. The results of biochemical and physiological abilities showed that 30 isolates belonged to the genus Enterococcus (Table 2). In the genera Enterococcus, four species were identified: E. faecium (8 isolates), E. faecalis (14 isolates), E. hirae (4 isolate) and E. durans (4 isolate).

Table 2. Biochemical and physiological characteristics of isolated enterococci

<table>
<thead>
<tr>
<th>Tests</th>
<th>Enterococcus sp.</th>
<th>E. faecalis ATCC 29211</th>
</tr>
</thead>
<tbody>
<tr>
<td>Morphology</td>
<td>E. faecium  cocci</td>
<td>E. faecalis  cocci</td>
</tr>
<tr>
<td>Growth at 15 °C</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Growth at 45 °C</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Growth in 4% NaCl</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Growth in 6.5% NaCl</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Growth in 8% NaCl</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Hydrolysis of arginine</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Hydrolysis of esculin</td>
<td>+</td>
<td>+</td>
</tr>
</tbody>
</table>

+ positive growth; - no growth
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Table 2. Biochemical and physiological characteristics of isolated enterococci (continued)

<table>
<thead>
<tr>
<th>Tests</th>
<th>Enterococcus sp.</th>
<th>Enterococcus sp.</th>
<th>Enterococcus sp.</th>
<th>Enterococcus sp.</th>
<th>Enterococcus sp.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><em>E. faecium</em></td>
<td><em>E. faecalis</em></td>
<td><em>E. hirae</em></td>
<td><em>E. durans</em></td>
<td><em>E. faecalis</em> ATCC 29211</td>
</tr>
<tr>
<td>Hippurate hydrolysis</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Utilization of citrate</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Production of CO₂</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Production of diacetyl</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Black zone on bile esculin agar</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
<tr>
<td>Production of slime</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Growth in milk with 0.1% methylene blue</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
<td>+</td>
</tr>
</tbody>
</table>

+ positive growth; - no growth

It was noticed that there were no significant differences in the number and diversity of enterococci between the summer and autumn samples. The exceptions were *E. hirae* isolates, which were only isolated in autumn samples (Table 3).

Table 3. The number of isolates of *Enterococcus* spp. isolated from cheese samples

<table>
<thead>
<tr>
<th>Species</th>
<th>Summer sampling</th>
<th>Autumn sampling</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sample 1*</td>
<td>Sample 2</td>
</tr>
<tr>
<td><em>E. faecium</em></td>
<td>1</td>
<td>/</td>
</tr>
<tr>
<td><em>E. faecalis</em></td>
<td>3</td>
<td>/</td>
</tr>
<tr>
<td><em>E. hirae</em></td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td><em>E. durans</em></td>
<td>1</td>
<td>/</td>
</tr>
</tbody>
</table>

* Number of isolates

All isolates show the ability for curd formation in pure and enriched milk, after 24 h. Compared with pure milk as the control (at 0 h, pH 6.3), all isolates showed acidification ability (pH about 6 at 6 h and 4.6 at 24 h). In enriched milk (pH 6), the acidification ability was better (pH about 5.5 at 6 h and 4.2 at 24 h). Only *E. durans* showed better acidification ability in pure milk (Fig. 1). The control pH measurement of the pure and enriched milk after 6 h and 24 h was restful (Fig. 1).
Fig. 1. Acidification ability of *Enterococcus* genera

**Antimicrobial potential of isolated *Enterococcus* species.** In this paper, the potential of isolated enterococci strains to inhibit the growth of indicator stains (*E. coli* ATCC 25922, *P. mirabilis* ATCC12453, *K. oxytoca* KGPMF1, *K. ornithinolytica* KGPMF8, and *A. hydrophila*). The *Enterococcus* sp. which showed any inhibition zone diameters, are shown in Table 4. Assessment of the antagonistic potential of the isolated strains, compared to the effect of the selected antibiotics, was performed.

The inhibition zone diameters against *E. coli* ATCC 25922, were from 12 to 20 mm. The isolates KGPMF11, KGPMF12, KGPMF13, KGPMF15, and KGPMF20 did not inhibit *E. coli* ATCC 25922. Against *P. mirabilis* ATCC 12453, the inhibition zone diameters were from 10-22 mm. *E. hirae* KGPMF9 was not active against *P. mirabilis* ATCC 12453. *K. oxytoca* KGPMF1 showed no sensitivity to *E. faecium* KGPMF17, *E. faecium* KGPMF20, and *E. faecalis* KGPMF41, while for other *Enterococcus* isolates, the inhibition zones ranged from 12-20 mm. *K. ornithinolytica* KGPMF8 demonstrated no sensitivity to *E. faecium* KGPMF16, while the other tested isolates showed inhibition zones ranging from 10 to 16 mm. All tested isolates inhibited the growth of *A. hydrophila* and the inhibition zones ranged from 10-14 mm.
Table 4. Antimicrobial activity of *Enterococcus* genera from cheeses from Sokobanja

<table>
<thead>
<tr>
<th>Isolates</th>
<th>E. coli ATCC 25922</th>
<th>P. mirabilis ATCC 12453</th>
<th>K. oxytoca KGPMF1</th>
<th>K. ornithinolytica KGPMF8</th>
<th>A. hydrophila</th>
</tr>
</thead>
<tbody>
<tr>
<td>E. hirae KGPMF9</td>
<td>ZI* 15 C</td>
<td>ZI A</td>
<td>ZI 17 C</td>
<td>A 10 C</td>
<td>C 14 C</td>
</tr>
<tr>
<td>E. durans KGPMF10</td>
<td>12 T 13 C</td>
<td></td>
<td>11 T 12 C</td>
<td>14 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF11</td>
<td>/ / 19 T</td>
<td>12 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF12</td>
<td>/ / 14 C</td>
<td>ZI A 15 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF13</td>
<td>/ / 18 T</td>
<td>20 T 14 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF14</td>
<td>20 T 22 T</td>
<td>ZI A 14 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF15</td>
<td>/ / 22 T</td>
<td>12 C 12 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF16</td>
<td>17 T 19 T</td>
<td>12 C / /</td>
<td>12 C</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF17</td>
<td>20 T 17 T</td>
<td>/ / 12 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF18</td>
<td>16 C 15 T</td>
<td>12 C 16 C</td>
<td>14 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF19</td>
<td>12 C 16 C</td>
<td>14 C 12 C</td>
<td>12 C</td>
<td>12 C</td>
<td></td>
</tr>
<tr>
<td>E. faecium KGPMF20</td>
<td>/ / 20 T</td>
<td>/ / 10 C</td>
<td>/ /</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>E. faecalis KGPMF41</td>
<td>16 C 17 T</td>
<td>/ / 16 C</td>
<td>10 C</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>E. faecalis KGPMF42</td>
<td>17 T 10 C</td>
<td>12 C 10 C</td>
<td>12 C</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>E. faecalis ATCC 29211</td>
<td>/ / / / /</td>
<td>/ / / / /</td>
<td>/ /</td>
<td>/</td>
<td></td>
</tr>
</tbody>
</table>

ZI* - zone of growth inhibition given in mm (millimeter); A* - zone appearance (C - clear zone of inhibition; T - turbid zone of inhibition; / - no zone of inhibition)
Ability of biofilm formation. The ability of enterococci isolates to form a biofilm was evaluated using the crystal violet method. *E. hirae* KGPMF9 and *E. faecium* KGPMF14 showed the ability for biofilm formation, with absorbance values of 0.03 ± 0.02 and 0.04 ± 0.02, respectively. The rest of the isolates showed no ability for biofilm formation.

Discussion

In this paper, the presence, biochemical and physiological characteristics of *Enterococcus* genera, isolated from summer and autumn samples of cheeses from Southeastern Serbia (Sokobanja), were investigated. Previously, the community of LAB from Sokobanja cheese spring samples was described in MURUZOVIĆ et al. (2018a). Also, the community of genus *Streptococcus* from summer and autumn samples of cheese was presented in MURUZOVIĆ et al. (2018c). The community of enterococci from summer and autumn samples is described in this paper for the first time, in order to compare the community of LAB, with particular emphasis on enterococci, at different times of the year.

The numbers of enterococci vary with the cheese type, the starter used, and the production season. The different levels of enterococci in different cheeses may be influenced by the ability of bacteria to survive in the dairy environment, as well as the ability of surviving and growth ability under different conditions of cheese manufacture and ripening (GIRAFFA, 2003; GIMÉNEZ-PEREIRA, 2005). Levels of enterococci may range from $10^4$ to $10^6$ CFU/g in cheese curds, whereas in fully ripened cheeses, levels may vary from $10^5$ to $10^7$ CFU/g (FRANZ et al., 2003), which was confirmed in our research. In spring samples of Sokobanja cheese, the number of enterococci ranged between $2 \times 10^5$ and $4 \times 10^5$ CFU/g of cheese (MURUZOVIĆ et al., 2018a), which was a lower number than in the summer and autumn samples. *Streptococcus* isolates were only obtained from summer samples of cheese. A higher number of enterococci were found in the first sample from summer and autumn. The reason may be found in the nutrition of the cows. According to the results described in MURUZOVIĆ et al. (2018b), the correlation was calculated between the chemical composition of the cheese and the number of enterococci. The negative coefficients of correlation between the content of NaCl, S/M and enterococci ($r = -1$ and $r = -1$, $P<0.01$) suggest the inhibitory effect of high salt content and salt in moisture. The positive coefficient of correlation between pH and enterococci ($r = 1$, $P<0.01$) is expected, because it is known that they can cause lower pH values in three day old cheese.

The high number of aerobic mesophilic bacteria in cheese may be the result of the season and the ambient temperature during ripening (BONETTA et al., 2008). According to LEVKOV et al. (2014), the number of aerobic mesophilic bacteria tends to increase after curdling, which is a result of their multiplication and physical entrapment, and they
reach their maximum values on the second day of ripening (5.22×10^6 - 1.25×10^7 CFU/g of cheese), which is in accordance with our research. In spring samples of Sokobanja cheese MURUZOVIĆ et al. (2018a) showed that the number of aerobic mesophilic bacteria ranged between 1.8×10^7 and 1.2×10^8 CFU/g of cheese, which was a higher number than in the summer and autumn samples. The negative coefficients of correlation between the content of NaCl, S/M and aerobic mesophilic counts (r = -0.94 and r = -0.37, P<0.05) suggest the inhibitory effect of high salt content and salt in moisture. The negative coefficient of the correlation between the pH and the aerobic mesophilic bacteria (r = -0.97, P<0.01) might indicate the possible adaptation of microorganisms to the lower pH values in the cheese.

MORMILE et al. (2016) indicated that *E. faecium* proved to be the dominant species in “Pecorino di Tramonti” cheese, followed by *E. faecalis* and *E. durans*. GIRAFFA (2003) and MRKONJIĆ FUKA et al. (2017) noticed that *E. faecium*, *E. faecalis*, and *E. hirae* are the most frequent and prevalent enterococci species isolated from cheeses, which was confirmed in our paper, too. Only *E. faecium* and *E. faecalis* species were found in spring samples of Sokobanja cheese (MURUZOVIĆ et al., 2018a). However, no differences between their biochemical characteristics were noticed. The isolates showed significantly better acidification ability in enriched milk (P<0.05). A negative linear correlation was shown for the time of incubation and pH in pure and enriched milk (r = -0.91 and -0.93, respectively). Both correlations were significant (P<0.05). When comparing the results of acidification ability, it may be concluded that all isolates showed significantly better acidification ability than *E. faecalis* ATCC 2921. Enterococci from spring samples of cheese also showed good acidification ability (MURUZOVIĆ et al., 2018a).

A natural cheese isolate, *E. faecium* RZS C5, may produce bacteriocin, which showed strong activity on the growth of *L. monocytogenes*. Enterococci are interesting additives for foods. Their inhibitory activity encompasses food spoilers and food borne pathogens, so they could contribute to the prevention of food contamination as natural food preservatives (GIMÉNEZ-PEREIRA, 2005; LEROY et al., 2003; HASSANZADAZAR et al., 2014). Also, ÖZMEN TOĞAY et al. (2016) indicated that *Enterococcus* spp. isolated from traditional Turkish cheeses have an antagonistic effect against *L. monocytogenes*, *L. innocua*, *L. ivanovii*, and *S. aureus*. In our study, *Enterococcus* isolates showed moderate inhibitory activity on the tested indicator stains. Enterococci isolated from spring samples showed inhibition zone diameters from 10-14 mm (MURUZOVIĆ et al., 2018a), which was similar to the results in this study. Inhibition zones against *E. coli* ATCC 25922 and *P. mirabilis* ATCC 12453 were higher, but the inhibition of isolates from the same cheese was similar. It may be concluded that the inhibition zones were stain specific.

According to the results of antibiotic sensitivity described in MLADENOVIĆ et al. (2018) and MURUZOVIĆ et al. (2018c), chloramphenicol showed a better effect on
indicator stains than all the tested enterococci (P<0.05). Streptomycin showed a better effect than *E. durans* KGPMF10 and *E. faecalis* KGPMF19, on all indicator stains (P<0.05). Other tested pairs did not show any significant difference (P>0.05). Based on these results, it could be concluded that *Enterococcus* isolates showed moderate inhibitory activity, compared to the tested antibiotics.

GOMES et al. (2008) indicated that some foodborne *E. faecalis* and *E. faecium* isolates had the ability to form weak, moderate or strong biofilms, while some isolates formed no biofilm at all. NECIDOVA et al. (2009) investigated the ability of biofilm formation of *E. faecalis* and *E. faecium* isolated from milk, and some final products (cheese and curd cheese). They showed that *E. fecium* formed a biofilm in a higher number of stains than *E. fecalis*. This result was found in our study too. NECIDOVA et al. (2009) also indicated that *Enterococcus* isolates from cheese and curd cheese showed no ability of biofilm formation, while isolates from bulk tank milk samples mainly formed a biofilm. It has been found that *E. durans* had the ability to form a strong or moderate biofilm (AMEL et al., 2015), but in our work it showed no ability to form a biofilm. *E. hirae* was a weak biofilm producer according to DIAZ et al. (2016), which was confirmed in our study, too. In our research, only two isolates of *Enterococcus* sp. had the ability for biofilm formation.

**Conclusion**

The results of this study contribute to better knowledge of the presence of indigenous microflora in traditionally made cheese from Sokobanja. According to the results, it may be concluded that the tested enterococci showed antagonistic potential on the growth of enterobacteria isolated from the same cheese. Further investigations need to include molecular research of the isolated enterococci and detection of the antimicrobial compounds that they produce. It is also necessary to evaluate the safety aspects of the tested enterococci and their potential application as probiotics.

**Conflicts of interest**

The author(s) declare no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

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