

11th International Professional-Educational Symposium: Štampar Days

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The ŠTAMPAR DAYS - International professional-educational symposium has been held in the birthplace of Andrija Štampar, Brodski Drenovac, since 2009. This year Symposium was held from December 5th to 8th, 2019. The Symposium has been organized by the „Andrija Štampar“ – Association of Peoples's Health, Medical Faculty University of Zagreb, Faculty of Food and Technology Osijek, Medical Faculty University of Osijek, Clinical Hospital Center Osijek, County Hospital Požega, EHEDG, Pannonian Institute for People's Health, Society for Nutrition and Dietetics with Food to Health, and co-organized by other domestic and foreign partners. The meetings are accredited according to the Regulations of the Croatian Medical Chamber and Croatian Nursing Chamber, with the endorsement of the Department of Medical Sciences of the Croatian Academy of Sciences and Arts. In order to promote public health aspirations and principles of Andrija Štampar, Štampar days turned into an unavoidable annual event which has three parts. The first part consists of blood pressure and glucose measurements for the citizens of Požega County, the second one is the preventive program of bullying “Be cool, do not be bully”. The third part of Štampar days is the symposiums, international symposium Healthy Lifestyles and domestic symposium Challenges and Opportunities of Endosonography.

The symposium Challenges and Opportunities of Endosonography were held in December 6th in County Hospital Požega. The main topic of the symposium was the application of the FNA technique in a general hospital. The symposium was opened by prof. Grgurević, Vice President of the Croatian Gastroenterology Society and Iveković, President of the Endoscopic Section of the Croatian Gastroenterology Society. 4 plenary lectures were held, prof. Nadan Rustemović regarding FNA in pancreatic cystic lesions, asst.prof. Tajana Pavić regarding FNA vs FNB application, asst.prof. Neven Baršić regarding FNA in subendothelial lesions and asst.prof. Tajana Štoos Veić regarding cytology. Local experts Zvonimir Gugić and Ivan Vukoja lectured about vague endosonographic cases with the introduction offered by Milan



Gojo. At the round table with discussion and solutions in unclear cases, the place was taken by asst.prof. Nikola Gotovac and Goran Šantak, prof. Ivica Grgurević and Hrvoje Iveković.

The symposium Healthy Lifestyles was held on December 7th – 8th in Pleternica library, and was organized through 5 expert sessions focusing on the prevention of chronic non-communicable diseases while emphasizing healthy lifestyles. The session of cardio and cerebrovascular diseases was opened by plenary lectures of prof. Ines Banjari and asst. prof. Hrvoje Budinčević, followed by lectures of prof. Vida Demarin, prof. Midhat Jašić and Hrvoje Tiljak, asst. prof. Marinko Dikanović and local public health expert Jasmina Kovačević. A session of kinesiology and physiotherapy was opened with plenary lectures by asst. prof. Cvita Gregov and Tatjana Trošt Bobić, followed by lectures of prof. Jasminka Milas Ahic, Zdravko Lovric and Vedrana Vondrak. The session of infant obesity was opened with a plenary lecture by prof. Andrijana Včeva and followed by lectures of Ivana Markota, prof. Maja Miškulin, prof. Nizama Salihefendić, prof. Senada Selmanović, asst. prof. Vera Musil and Dalibor Divković. The symposium was continued with a session of Health Economics, where plenary lectures were given by Ivan Lukovnjak and Boris Lukovnjak, and lectures by prof. Ivan Miškulin, asst. prof. Mate Car, prof. Mirjana Kujundžić Tiljak, prof. Dubravka Mahaček, prof. Vatroslav Zovko and asst.prof. Željko Zubčić. The symposium concluded with a Bioethics Session. The plenary lecture was given by prof. Muharem Zildžić, and invited lectures by prof. Jadranka Božikov, prof. Đurđica Ačkar, asst. prof. Mile Marinčić, prof. Brankica Svitlica, Ivan Vukoja and Maja Živković. There has also been 34 poster presentation, special edition of journal With food to health regarding 11th Štampar day was edited with 104 pages, 30 abstracts and 9 full papers. More than 300 participants from Croatia, Bosnia and Herzegovina, Serbia, Austria and China have been registered at the symposiums.

The next 12th Štampar days will be held from December 10th – 13th, 2020, in Brodski Drenovac, Croatia. More information will be available on our web site: www.unzas.hr.