

Team Work and Supervision in Psychosocial Field of Action

Summary

The paper clarifies the term “psychosocial”, which has become indispensable in all fields of study and action related to man and his nature within family, group and wider social contexts. The psychosocial occurrence can be seen even in much broader, seemingly entirely different phenomena - mechanical, electrical, electronic or both mechatronic and robotic ones. A discussion on the group and teamwork is followed by the review of types of teams and leaders, as well as the optimal way of functioning, achieving desirable results of teamwork while preserving the members’ integrity, health, growth, development, personal and professional. It is not easy to provide the work conditions which enable the professionals from different fields of activity, especially in psychosocial work, to achieve the required high-level team functioning and not fall victim to these/their achievements. To avoid these and/or similar complications, it is necessary to ensure the appropriate type of supervision is carried out. In this context, several types of supervision and supervisors are presented, with their specificities conditioned by the dominant area of work during supervision, determined also by the specificities of teams and teamwork and, especially interesting, by the style of supervision, of which there are different views at the theory and practice level. The different views of the very idea of “supervisory style” and styles that are clearly presented and described with the explanation of the optimal application, as well as possible achievements. Particular emphasis is placed on the importance of regular supervision in the field of social work and personal and professional advancement, continuing education, as well as the path to successful prevention of burnout at work, coping with direct or indirect traumatization, and even possible tragedies.

Key words: *work group, team, team-work, team supervision*