

SPQR Technique: Simplified Preservation of Quick Rhinoplasty

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Dorsal preservation and lowering by impaction techniques nowadays is becoming more and more popular thanks to a better comprehension of the K area. It is not only a static-structural pillar but also a dynamic joint characterized by flexibility, which confer a range of motion between the nasal bones and the cartilaginous vault. The author presents his experience of more than 100 cases using the S.P.Q.R. technique. S.P.Q.R. is the acronym of Simplified Preservation Quick Rhinoplasty. It is an intracorporeal swinging door of septoplasty with dorsal preservation without any loose connection between the quadrangular cartilage and the dorsal vault. The internal rotation-advancement of the Septal flap can be used to change the shape of the nose. In the selected cases, this allows to avoid dorsal soft tissue envelope, thus minimizing the risk of complications and the post-op recovery. This technique can be used in selected primary rhinoplasties. This approach allows the correction of straight or complex deviated noses without any disruption of the connection between dorsum and septum (T-shaped Junction). The impact of this technique is not only aesthetic (more natural dorsal aesthetic lines) but also functional because the internal nasal valve area is not disrupted but improved.

Key words: axis deviation, preservation rhinoplasty, septoplasty