

## HEALTH EXPENDITURE AND ECONOMIC GROWTH: IS THE HEALTH-LED GROWTH HYPOTHESIS SUPPORTED FOR SELECTED OECD COUNTRIES?

# Ayşe Özge Artekin<sup>6</sup> & Sevilay Konya<sup>7</sup>

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## Summary

The aim of this study was to investigate the health-led growth hypothesis in selected 19 OECD countries. Therefore, in this study, different cointegration tests were applied to investigate the relationship between health expenditures and economic growth for the period 1980-2017. The coefficients of the panel regression equation were estimated by the fixed effect method. According to the results, long-term relationship between health expenditures and economic growth was found. Health-led growth hypothesis for selected OECD countries (Australia, Austria, Belgium, Canada, Denmark, Finland, Iceland, Ireland, Japan, Korea, Netherlands, Norway, Portugal, Spain, Sweden, Switzerland, Turkey, United Kingdom, United States) are supported. That is, a long-term relationship between health expenditure and economic growth has been found.

Key words: Health-Led Growth, Cointegration Test, OECD Countries.





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<sup>&</sup>lt;sup>6</sup> Ayşe Özge Artekin, Ph.D. Candidate, Selçuk University, Department of Finance Banking and Insurance, Yunak Vocational School, Turkey, E-mail: aoartekin@selcuk.edu.tr

<sup>&</sup>lt;sup>7</sup> Sevilay Konya, Ph.D., Selçuk University, Department of Management and Organization, Taşkent Vocational School, Turkey, E-mail: sevilaykonya@selcuk.edu.tr



#### 1.INTRODUCTION

Economic growth, which is expressed as the continuous increase in production and per capita income compared to the previous year, is one of the subjects that all the developed and developing economies now focus on. In this case, health expenditures, which is one of the clear indicators of the health system and accelerates economic growth by increasing the human capital of countries, becomes more important for countries.

Health expenditures of countries around the world are increasing year by year. It is seen that the health resources and health expenditures of the countries in the OECD have increased significantly. The reason for the increase in health expenditures; factors such as increase in income level, labor-intensive health sector, increased life expectancy and cost of high technology used in health sector. The increase in health services increases both the productivity and quality of life and the social development of the society. The high number of healthy individuals in the society has a positive effect on economic productivity by preventing labor losses and increasing productivity. Therefore, increasing health expenditures play a significant role in the economic growth and development of countries by improving human capital from day to day.

The main purpose of the study is to investigate the impact of the health expenditures OECD group countries including Turkey on economic growth. Our study consists of four sections. Firstly, a literature review about the subject will be made. In the second part, the source of the data and descriptive statistics will be included. In the third chapter, the empirical results and the econometric methods used in the study will be discussed. In the final part of the study, brief summary, constraints and policy recommendations will be expressed.

## 2. LITERATURE REVIEW

There are many studies in the literature that examine the relationship between health expenditures and economic growth. However, because our study is based on 19 selected OECD countries (Australia, Austria, Belgium, Canada, Denmark, Finland, Iceland, Ireland, Japan, Korea, Netherlands, Norway, Portugal, Spain, Sweden, Switzerland, Turkey, United Kingdom, United States). Our literature review has been composed of publications which have worked on OECD countries.

Hansen and King (1996) tested the relationship between GDP and per capita health expenditures in 20 OECD countries with unit root analysis. In the results obtained from the study, it was found that the series were not stable and that the GDP was an assing factor in find out the level of total health expenditures.

Heshmati (2001) tested the causality relationship between GDP and per capita health expenditures in OECD countries in the period of 1970-1992. As a result of the research conducted within the scope of the extended Solow model, health expenditures per capita have a positive effect on economic growth and these expenditures affect the convergence velocity of countries.







Gyimah-Brempong and Wilson (2004) analyzed the impact of life expectancy and total health expenditure on the per capita income growth for the Sub-Saharan African and 23 OECD countries in the 1961-1995 period by using the expanded Solow Model. In conclusion, it is reported that total health expenditures and life expectancy at birth have a positive and strong effect on per capita income growth.

Beraldo et al. (2009), for the period 1971-1998; examined the effects of public and private health and education expenditures on GDP for 19 OECD countries by using panel analysis method. In the analysis, there is a important positive relationship between health and education expenditures and GDP growth. Estimates shows that a 1% increase in total health expenditure growth rate would increase the per-capita GDP growth rate by about 0.06-0.10%.

Hartwig (2010) discussed the relationship between health expenditures, increase in human capital accumulation and life expectancy level at birth and economic growth in the context of the causality analysis. The results do not support the view that health capital formation promotes long-term economic growth in the OECD region.

Çetin and Ecevit (2010) tested the effects of health on economic growth in panel studies with 15 OECD countries between 1990 and 2006. In the analyzes, the authors found a weak positive relationship between health expenditures and economic growth and concluded that this relationship was not statistically significant.

Baltagi and Moscone (2010) examined the relationship between health expenditures and economic growth for the period of 1971-2004 in 20 OECD countries with panel data method. In the study, the authors concluded that in the long term health expenditures and economic growth are interrelated. This study shows that health expenditures are a necessity rather than a luxury.

Yerdelen (2011) conducted a study using health data and income per capita covering 20 OECD countries using data from 1975-2005 period. In this study, the stationarity of the GDP and health expenditures series were examined. In addition, the existence of a cointegrated relationship between the two series was analyzed. As a result of the study, in the short and long term; it has been shown that every additional investment in the field of health has an effect on growth.

Yardımcıoğlu (2012) in the period of 1975-2008, has investigated the relationship between economic growth and health for 25 OECD countries. In this study, Pedroni cointegration test, Pedroni FMOLS test and Canning; Pedroni panel causality analysis used. As a result of the analysis, it was found that there was a mutual and positive relationship between health and economic growth variables in the long term.

Wang (2015) aims to estimate optimal health expenditures in a growing economy. In this context, between 1990 and 2009, it analyzed the data of OECD countries by GMM method. Empirical evidence shows that when the ratio of health spending to gross domestic product (GDP) is less than the optimal level of 7.55%, increases in health spending effectively lead to better economic effect.

Badri and Badri (2016) analyzed the relationship between total health expenditure and economic growth by using Generalized Method of Moments (GMM) data for 2006-2013 period for selected 24 OECD countries. According to the results obtained from the study, health expenditures in selected countries have a significant and







positive effect on economic growth. In addition to, it was concluded that health expenditures increased by 1% and economic growth increased by 0.4%.

Kamacı and Yazıcı (2017) tested the relationship between the share of health expenditures in GDP and economic growth through panel data analysis. In the study, data for 2000-2014 years were used for 35 OECD countries. According to the results of the study, a two-way causal relationship was found between the two variables.

Tiraş and Ağır (2018) explained the relationship between types of income and health spending in the case of OECD countries by using panel causality test. As a result of the estimates, approximately 80% of OECD countries, have found a causal relationship between income and at least one of the types of health spending. However, the increase in income in these countries increases the maximum total health expenditures and the increase in public health expenditures leads to an increase in income.

Uslu (2018) examined the effects of health expenditures on economic growth in 36 OECD countries for the period 1995-2017 with dynamic panel data analysis. In the long-term analysis, 1% increase in per capita health expenditure increases per capita national income by 0.26%. As a result of the analysis, it has been determined that there is a very strong and mutual causality relationship between health expenditures, economic growth and fixed capital stock in OECD countries.

Kiliç and Özbek (2018) the relationship between health expenditure, education spending and economic growth were tested by using panel data analysis for Turkey and 32 OECD countries between 1995-2013. According to the results of the causality test, bi-directional causality relationships were determined between health expenditures, education expenditures and economic growth variables at 5% significance level. As a result of the study, it was found that health expenditures, education expenditures and economic growth positively affect each other.

Different analyzes and methods are used in the studies on health expenditures and economic growth. In addition, the diversity of the countries and the years covered are varied. In the studies, the relationship between health expenditures and economic growth was examined and according to the results of the study, Heshmati (2001), Gyimah-Brempong and Wilson (2004), Beraldo and diğ. (2009), Yerdelen (2011), Yardımcıoğlu (2012), Wang (2015), Badri and Badri (2016), Tıraş and Ağır (2018), Uslu (2018), Kamacı and Yazıcı (2017) and Kılıç and Özbek (2018), stated that the increase in health expenditures had a positive effect on economic growth. On the contrary, Hartwig (2010) rejects the view that health expenditures support long-term economic growth in the OECD region. Çetin and Ecevit (2010) found a weak positive relationship between health expenditures and economic growth. These studies constitute a source for our studies and our study supports some findings.







#### 3. DATA AND DESCRIPTIVE STATISTICS

In this study, 19 OECD countries were discussed. Based on the literature, dependent variable was taken as economic growth and explanatory variables were taken as health expenditure, life expectancy, infant mortality rate and population growth rate. The variables used in the study and their sources are summarized in the table below.

Table 1. Information About the Data

Variables	Abbreviation	Period	Description	Source
Economic Growth	lnGDP	1980-2017	GDP Per Capita (\$)	OECD
Health Expenditure	lnHE	1980-2017	Health Expenditure (US dollars/capita)	OECD
Life Expentancy	lnLE	1980-2017	Life expentancy at birth, total(years)	World Bank
Infant Mortality Rate	lnIMR	1980-2017	Mortality rate, infant (per 1,000 live births)	World Bank
Population Growth	POP	1980-2017	Population Growth (annual, %)	World Bank

Descriptive statistics summarizing the changes of variables in the relevant periods are summarized in Table 2.

 Table 2. Descriptive Statistics

Variable	No of observations	Mean	Standard deviation	Minimum Value	Maximum Value
lnGDP	722	10.02152	0.816166	7.128356	11.54306
lnHE	722	7.455461	0.869842	4.420538	9.231065
lnLE	722	4.349742	0.050765	4.071877	4.422004
lnIMR	722	1.744959	0.050765	0.405465	4.500920
POP	722	0.703472	0.531820	-0.548815	2.890960

Source: Authors' Calculations

Mean, standard deviation, maximum and minimum values of dependent variable and explanatory variables are shown in Table 2. The standard deviation value (0.869) of the lnHE variable is relatively higher. The highest maximum value is seen in lnGDP (11.543) data. The lowest minimum value was determined in POP (-0.548) data.







**Table 3.** Correlation Matrix

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	lnGDP	lnHE	lnLE	lnIMR	POP	
lnGDP	1					
lnHE	0.944843	1				
lnLE	0.871667	0.864238	1			
lnIMR	-0.864377	-0.826782	-0.937927	1		
POP	-0.104239	-0.087154	-0.229094	0.295936	1	

Source: Authors' Calculations

Correlation matrix is given in Table 3. 4 out of 10 correlation coefficients are less than 0.75. 6 correlation coefficients are greater than 0.75 both as positive value and absolute value. This shows a high relationship between variables.

#### 4. PANEL DATA ANALYSIS RESULTS

For the purposes of the study, panel data analysis was performed with annual variables. The following model was used to examine together with health expenditures, life expectancy, infant mortality rate, population growth rate rates had an explanatory effect on economic growth:

$$lnGDP = ai + \beta 1 ilnHEit + \beta 2 ilnLE + \beta 3 ilnIMR + \beta 4 iPOP + \varepsilon it \tag{1}$$

Here, i shows the countries, t shows time period t and 1n shows the natural logarithms.

Levin, Lin and Chu (2002), Im, Pesaran and Shin (2003), Maddala Wu (1999) and Choi (2001), Breitung (2000) panel unit root tests were used to examine the stationery stability in the study. In Table 2 Levin, Lin and Chu (2002), Im, Pesaran and Shin (2003), Maddala Wu (1999) and Choi (2001), Breitung (2000) panel unit root tests results are shown.

Table 4 Unit Root Test Results

Table 4. Offit Root Test Results							
Variables	Test	Constant		Constant+Trend			
	Level						
		İstatistik	p-değer	İstatistik	p-değer		
	LLC	-5.80105	0.0000	2.52166	0.9942		
	IPS	0.9546	0.8301	2.28503	0.9888		
lnGDP	Maddala Wu	33.0624	0.6969	22.3991	0.9792		
	Choi	41.4150	0.3240	18.7932	0.9962		
	Breitung			1.05997	0.8554		
lnHE	LLC	-8.00090	0.0000	1.633902	0.9494		
	Hadri LM						





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	IPS	-1.16622	0.1218	3.32072	0.9996
	Maddala Wu	48.1704	0.1248	25.0494	0.9473
	Choi	113.924	0.0000	57.8405	0.0205
	Breitung			3.31588	0.9995
	LLC	-4.36303	0.0000	5.01069	1.0000
lnLE	IPS	1.55076	0.9395	0.86449	0.8063
	Maddala Wu	57.5956	0.0216	51.9972	0.0647
	Choi	78.2859	0.0001	50.5124	0.0842
	Breitung			10.5342	1.0000
	LLC	-6.46192	0.0000	0.83920	0.7993
lnIMR	IPS	-1.49865	0.0670	1.68652	0.9542
	Maddala Wu	70.8562	0.0010	41.6337	0.3155
	Choi	84.0650	0.0000	18.7730	0.9962
	Breitung			2.57720	0.9950
	LLC	-1.98748	0.0234	-1.02891	0.1518
POP	IPS	-3.99443	0.0000	-5.57625	0.0000
POP	Maddala Wu	95.3190	0.0000	108.395	0.0000
	Choi	46.4478	0.1634	34.8376	0.6165
	Breitung			0.82424	0.7951
		First Dij	ference		
	LLC	-16.7941	0.0000	-16.1389	0.0000
	IPS	-14.7419	0.0000	-13.0446	0.0000
ΔlnGDP	Maddala Wu	265.128	0.0000	213.519	0.0000
	Choi	258.394	0.0000	214.463	0.0000
	Breitung			-10.5939	0.0000
	LLC	-12.7978	0.0000	-12.8071	0.0000
ΔlnHE	IPS	-14.6487	0.0000	-14.6006	0.0000
	Maddala Wu	270.338	0.0000	259.058	0.0000
	Choi	293.358	0.0000	291.115	0.0000
	Breitung			-8.57763	0.0000
	LLC	-0.74027	0.0000	-5.19732	0.0000
ΔlnLE	IPS	-23.8597	0.0000	-27.0356	0.0000
	Maddala Wu	462.134	0.0000	593.535	0.0000
	Choi	498.376	0.0000	694.248	0.0000
	Breitung			-0.85468	0.1959
	LLC	-2.49291	0.0063	-2.97765	0.0015
ΔlnIMR	IPS	-5.27363	0.0000	-7.41210	0.0000
	Maddala Wu	111.561	0.0000	133.725	0.0000
	Choi	154.985	0.0000	146.169	0.0000
	Breitung			-1.70080	0.0445
	Dicituitg				
	LLC	-8.30773	0.0000	-9.84358	0.0000
ΔΡΟΡ	LLC IPS	-8.30773 -13.3260	0.0000 0.0000	-9.84358 -12.5532	0.0000
ΔΡΟΡ	LLC				
ΔΡΟΡ	LLC IPS	-13.3260	0.0000	-12.5532	0.0000

Source: Authors' Calculations







According to the results of the unit root test, the variables were found to be the first aware stationary in all unit root tests. In other words, variables of economic growth, health expenditure, life expentancy, infant mortality rate and population are stable at I (1) level.

After determination of the stability of the variables, cointegration tests will be applied. Pedroni (1999), Kao (1999) and Johansen Fisher (1988, 1995) applied cointegration tests.

Pedroni (1999) proposed 7 different tests. The four-panel statistic is based on the in-size approach that combines the autoregressive coefficient for unit root tests on predicted residues among different members. The next three group statistics are based on the inter-dimensional approach, which averages the individual estimated coefficients for each member in the panel. The main hypothesis of Pedroni tests are:

*Ho*: There is no co-integration for all units of the panel.

H1: There is co-integration for all units of the panel.

Table 5. Pedroni Cointegration Test Results

Method	Test statistic	Probability	Test statistic	Probability	
Constant			Constant+trend		
Panel v testi	1.327889	0.0921***	-0.263647	0.6040	
Panel rho testi	0.632917	0.7366	1.467651	0.9286	
Panel PP testi	-1.118191	0.1317	-0.975630	0.1646	
Panel ADF testi	-1.656995	0.0488**	-1.976143	0.0241**	
Grup rho testi	2.397086	0.9917	3.415574	0.9997	
Grup PP testi	-0.109393	0.4564	0.530974	0.9023	
Grup ADF testi	-2.491840	0.0064*	-1.703909	0.0442**	

Notes: (\*) (\*\*) (\*\*\*) represents the significance of test statistic according to 1%, 5% and 10% significance level.

Source: Authors' Calculations

According to the cointegration test results developed by Pedroni (1999), cointegration relationship was found according to Panel v, Panel ADF and Group ADF tests in constant model. In the model established with constant and trend, the cointegration relationship was found according to Panel ADF and Group ADF tests.

After the existence of the cointegration relationship in some tests with the application of Pedroni cointegration test, Kao cointegration test was performed.







**Table 6.** Kao Cointegration Test Results

Method	Test Statistic	Probability
ADF	-5.379977	0.0000*
Residual Variance	0.010773	
HAC Variance	0.012263	

Notes: (\*) represents the significance of the test statistic according to the 1% significance level.

Source: Authors' Calculations

The Kao cointegration test is based on two basic assumptions. These assumptions are expressed as follows.

*Ho*: There is no co-integration between variables.

H1: There is co-integration between variables.

The null hypothesis was rejected according to the Kao cointegration test results. That is, the existence of the cointegration relationship has been confirmed. We applied Fisher-based Johansen cointegration test (1988, 1995). Similarly, the Johansen Fisher Panel Cointegration Test, another technique that controls the existence of cointegration, was analyzed as shown in Table 7.

**Table 7.** Johansen Fisher Panel Cointegration Test Results

Hypothesised No. of CE(s)	Fisher stat (from trace test)	Probability	Fisher stat (max eigen test	Probability
None	302.4	0.0000*	176.6	0.0000*
At most 1	153.1	0.0000*	94.28	0.0000*
At most 2	87.63	0.0000*	53.82	0.0461**
At most 3	62.93	0.0067*	39.33	0.4103
At most 4	90.50	0.0000*	90.50	0.0000*

Notes: (\*) (\*\*) represents the significance of the test statistic according to the significance level of 1% and 5%.

Source: Authors's Calculations

Maximum eigenvalue and trace critical values are used in Johansen-Fisher Panel cointegration test. According to the test results given in Table 7, there is no cointegration relationship between the variables in both maximum eigenvalue and trace test null hypothesis is rejected at % 1 and % 5 significance level. The alternative hypothesis supporting the existence of cointegration is accepted.

Three tests were performed to determine the presence of cointegration in the model. Pedroni, Kao, and Johansen Fisher Panel Cointegration Tests show cointegration in the model. When the variables used in the model are considered as a whole, It can be







stated that economic growth, health expenditure, life expentancy, infant mortality rate and population variables are cointegrated. After determining the cointegration relationship between the variables, regression estimation was performed.

The Hausman Test was used to determine whether the fixed effects or random effects model is valid for 19 OECD member countries. According to the test results, the fixed effects model gave more effective results for all variables. For this reason, constant effects method is used in estimating the panel regression equation.

Table 8. Fixed Effects Panel Regression Equation Results

Variable	Coefficient	Standard deviation	t statistic	Probabilite	
С	-2.928640	1.976334	-1.481855	0.1389	
lnHE	0.561034	0.041692	13.45669	0.0000*	
lnLE	2.061865	0.463410	4.449329	0.0000*	
lnIMR	-0.164966	0.044636	-3.695825	0.0002*	
R2=0.978 D-W Stat: 0.354 F-Stat (Prob): 509.9110(0.0000)					

Notes: (\*) represents the significance of the test statistic according to the significance level of 1%.

Source: Authors's Calculations

According to Table 8, the approximate value of the Durbin Watson (0.354) statistics in the model developed according to the fixed effects model was found to be below the meaningful (2). F test statistic and probability values; the model is generally meaningful; the value of independent variables is high and approximately 98%. When the t-statistics and probability values of the independent variables are examined, it is seen that each of them is meaningful at 1% significance level. It is seen that the model, which is statistically significant, is compatible with the expectations in economic terms.

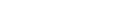
#### 5. CONCLUSIONS

Undoubtedly, many factors affect economic growth. However, the basis of all these factors is the investment in human beings, namely qualified manpower. On the other hand, health expenditures made to increase the health level of the individual and society have an impact on economic growth by increasing the human capital of the countries.

Health expenditures of countries vary according to their level of development. Particularly in developed countries, the share of health expenditures is higher than in developing countries. Thus, the share of health-related variables (health expenditures, life expectancy, infant mortality rate and population growth) is high for the OECD countries we have discussed in our study.

In our study, for the period of 1980-2017, we used panel data analysis to test whether the health expenditures had an explanatory effect on economic growth by using annual data. For 19 OECD countries, the results show that health expenditures have a







relationship with GDP. Pedroni, Kao and Johansen Fisher cointegration test results show that long-term health expenditures and other explanatory variables have an impact on economic growth. In other words, the findings support the health-oriented growth hypothesis for OECD countries.

The results of the regression equation with fixed effects model showed that the effect of health expenditures on economic growth was positive. These results indicate that the impact of health expenditures on economic growth meets our expectations.

In our study, the health-led growth hypothesis was examined only for the OECD country group. Further studies with other country groups may be made for a clearer assessment. This point constitutes the limit of our study. In the next stage of our study, it is aimed to make a model estimation of countries by determining descriptive statistics for each country belonging to 19 countries.

Increasing health expenditures and improving health policies will increase the health level, efficiency and quality of the community for all countries. This increase will lead to an increase in economic growth. Countries' sustainability of economic growth will be realized with the importance given to health expenditures.

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## IZDACI ZA ZDRAVLJE I EKONOMSKI RAST: JE LI HIPOTEZA RASTA VOĐENA ZDRAVLJEM POTVRĐENA U IZABRANIM OECD ZEMLJAMA?

# Ayşe Özge Artekin & Sevilay Konya

#### Sažetak

Cilj ove studije je istražiti hipotezu rasta vođenog zdravljem u izabranih devetnaest zemalja OECD-a. Zbog toga su u ovoj studiji primijenjeni različiti testovi kointegracije kako bi se istražila povezanost zdravstvenih rashoda i gospodarskog rasta za razdoblje 1980.-2017. Koeficijenti panel regresije procijenjeni su metodom fiksnog učinka. Prema rezultatima pronađena je dugoročna veza između zdravstvenih rashoda i gospodarskog rasta. Hipoteza rasta predvođena zdravljem provedena u izabranim zemljama OECD-a (Australija, Austrija, Belgija, Kanada, Danska, Finska, Island, Irska, Japan, Koreja, Nizozemska, Norveška, Portugal, Španjolska, Švedska, Švicarska, Turska, Velika Britanija, Sjedinjene Države) je potvrđena. Drugim riječima, pronađena je dugoročna veza između izdataka za zdravstvo i gospodarskog rasta.

Ključne riječi: rast pod vodstvom zdravlja, kointegracijski test, zemlje OECD-a.



