



Neuropharmacology: Oxime antidotes for organophosphate pesticide and nerve agent poisoning

TAMARA ZORBAZ*
ZRINKA KOVARIK

Institute for Medical Research and Occupational Health, Zagreb, Croatia

***Correspondance:**

Tamara Zorbaz
E-mail: tzorbaz@imi.hr

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Abbreviations:

ACh, acetylcholine
AChE, acetylcholinesterase
ADME, absorption, distribution, metabolism, and excretion
BBB, blood-brain barrier
BChE, butyrylcholinesterase
BCRP, breast-cancer related protein
ChE, cholinesterase
CNS, central nervous system
CSF, cerebrospinal fluid; CYP, cytochrome P450 enzymes
HBA, hydrogen bond acceptors
HBD, hydrogen bond donors
HSA, human serum albumin
IAM, immobilized artificial membrane
ISF, interstitial fluid
logP, partition coefficient (lipophilicity)
mAChR, muscarinic acetylcholine receptor
nAChR, nicotinic acetylcholine receptor
NP, nanoparticles
NVU, neurovascular unit
OP, organophosphorus compound
PAMPA, parallel artificial membrane permeability assay
PBPK, physiologically based pharmacokinetic
PD, pharmacodynamic
P-gp, P-glycoprotein
PK, pharmacokinetic
RB, rotatable bonds
TPSA, total polar surface area

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Abstract

Organophosphate (OP) compounds remain a great threat for humans because they are used as pesticides or misused as chemical warfare nerve agents. Their mechanism of toxicity involves the irreversible inhibition of the acetylcholinesterase (AChE) enzyme important in the control of cholinergic neurotransmission at the periphery and in the brain. An available pharmacological treatment are oxime compounds, that are reactivators of OP-inhibited AChE. However, oximes are not equally effective for every possible OP and they cross the blood-brain barrier (BBB) poorly. Novel oximes are being designed and synthesized at a high rate and scale and their pharmacological efficiency is being addressed mostly with the in vitro reactivation assay. Nevertheless, only few newly synthesized oximes have shown comparable or better pharmacological properties than the ones developed more than 65 years ago because oxime potential to act as efficient antidote in vivo depends on its pharmacokinetic and neuropharmacokinetics profile. This paper provides an overview of all the important aspects that should be accounted for in the search for a centrally active oxime. Furthermore, it lists the most important BBB oxime delivery strategies employed until now, and the available pharmacokinetic data on old and new oximes.

NEUROTOXIC ORGANOPHOSPHATES

Neurological disorders include different conditions categorized as neurodegenerative, neuroinflammatory, neuropsychiatric, and other diseases, and as such represent one of the major global public health challenges that affect hundreds of millions of peoples worldwide (1). Conditions that originate at the level of the central nervous system (CNS) are difficult to treat both pharmacologically and surgically due to the specific anatomy and physiology of the nervous system.

In addition, the nervous system is the target of many toxic compounds such as highly lethal synthetic organophosphorus compounds (OPs) derived from phosphorous, phosphonic, or phosphonic acid. They were primarily developed and used as pesticides; however, they turned out to be toxic for different species, including humans; therefore, many OP pesticides have been banned, e.g., parathion, dichlorvos (2, 3). The incidence of intentional/unintentional OP pesticide poisoning is about 3 million cases per year, while lethal outcomes of poisoning (about 200 000 cases) have mostly been recorded in developing or under-developed countries due to a lack of strict pesticide use regulation and proper medical care (4, 5). In addition, OPs are mostly colourless and odourless

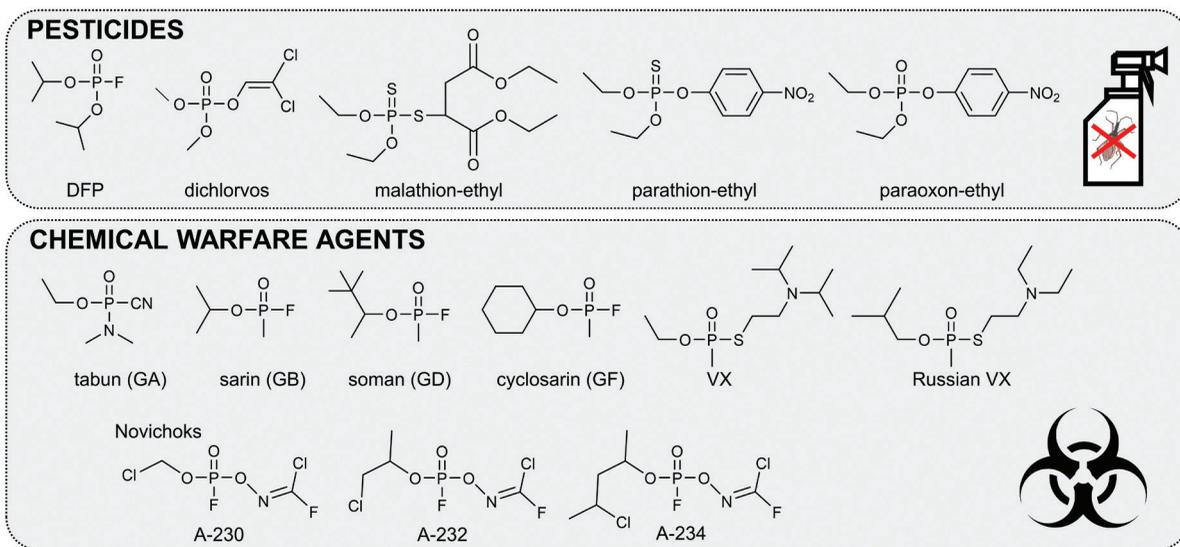


Figure 1. Chemical structures of organophosphorus pesticides and chemical warfare agents.

liquids, with high vapour pressure and lipophilicity that unfortunately makes them convenient and effective chemical weapons. Therefore, OPs have been used as nerve agents in terrorist or military attacks on several occasions despite the Chemical Weapon Convention enacted in 1997: sarin terrorist attacks in Matsumoto and the Tokyo (1994 and 1995) (6) and in Syria (2013) (7), or

the VX assassination of Kim Jong-nam at the Malesian airport (2017) (8). Also, Novichocks, a less known class of OP chemical warfare agents developed in the Soviet Union (9), were allegedly used in the attempted assassination of Sergei and Yulia Skripal in Great Britain (2018) (10). The chemical structures of some OPs are depicted in Figure 1. Exposure to nerve agents is most likely to hap-

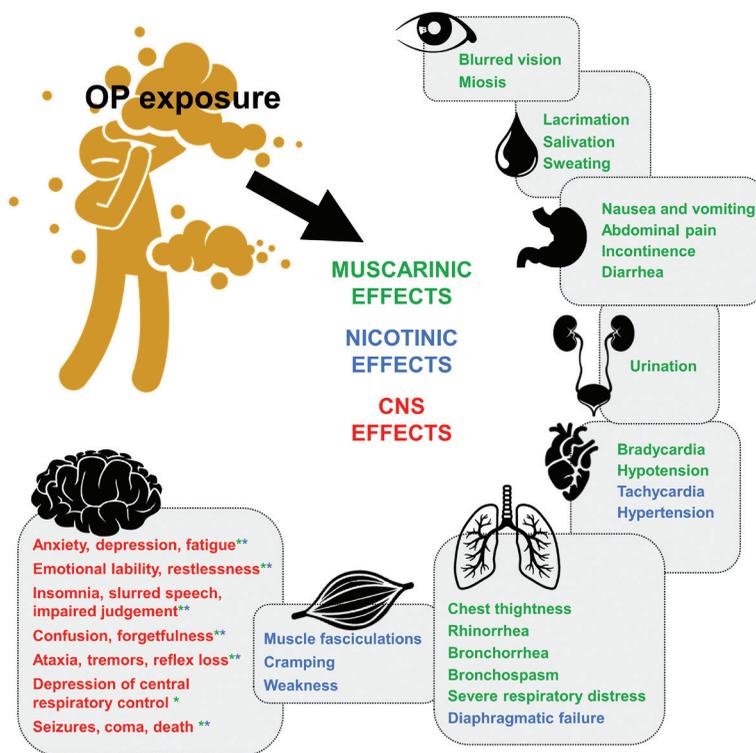


Figure 2. Symptoms of OP poisoning arising from overstimulation of muscarinic (green) and nicotinic (blue) receptors in the peripheral nervous system or in the CNS (red).

pen by inhalation or through skin, but oral ingestion is also a possible and more probable route for intoxication with OP pesticides. Nevertheless, OPs exert a lethal effect at low doses by inhalation ($LC_{50} \approx 5\text{--}150 \text{ mg min m}^{-3}$) or by percutaneous exposure ($LD_{50} \approx 20 \text{ mg kg}^{-1}$) (11).

The mechanism of acute toxicity of OPs is the irreversible inhibition of acetylcholinesterase (AChE; EC 3.1.1.7), an essential enzyme that regulates cholinergic signalling by catalysing the hydrolysis of the neurotransmitter acetylcholine (ACh). Butyrylcholinesterase (BChE; EC 3.1.1.8), which can serve as a backup enzyme for AChE along with other implied functions (12), is also inhibited by OPs. Both enzymes belong to a group of serine hydrolases termed cholinesterases (ChE). The spontaneous reactivation or *de novo* synthesis of the enzyme is far too slow ($\sim 1\text{--}3\%$ activity return per day) (13); therefore, due to the overstimulation of nicotinic and muscarinic acetylcholine receptors (nAChR and mAChR) by ACh, an intoxicated organism experiences a cholinergic crisis. ACh takes part in the regulation of vital autonomic nervous system and brain functions, and therefore, OP poisoning can be recognized by miosis, excessive gland secretion, respiratory distress, tremor, and seizures among numerous symptoms listed in Figure 2.

If not treated rapidly, exposure to OPs is lethal due to respiratory failure and uncontrolled seizures (14). Moreover, studies have shown that survived animals that developed and sustained seizures after exposure to nerve agents developed brain damage and suffered from cognitive and behavioural impairments (13, 15–18). The proposed mechanism of the development of seizure activity and brain damage following OP exposure included cholinergic overstimulation that leads to disruptions of non-cholinergic systems, most importantly to the excitotoxic glutamatergic phase (19). Other secondary mechanisms implied to cause brain damage are oxidative stress, increased intracellular calcium, upregulation of inflammation factors and apoptosis in neuronal cells, with more details covered in the review by Kaur *et al.* (20). In addition, animal and cell line studies revealed that OPs change the expression of genes important for biological processes and canonical pathways that take part in degenerative and regenerative processes of the nervous system (21–24).

Prompt reaction and fast application of the treatment is crucial in counteracting the deleterious effects of AChE inhibition by OPs. Pharmacological intervention after OP poisoning includes symptomatic treatments comprising drugs with antimuscarinic (*e.g.*, atropine) and anticonvulsive (benzodiazepines) action. However, nicotinic effects, such as paralysis of respiratory muscles at neuromuscular junction, remain untreated. The real antidotes in OP poisoning are oximes that act as nucleophilic reactivators of inhibited AChE and they restore enzyme activity. Therefore, oximes could mitigate both muscarinic and nicotinic effects. However, the oximes available in medical

practice (2-PAM, HI-6, or obidoxime) have several flaws. Firstly, they are not equally effective for all OP compounds and this issue is hardly ever going to be solved due to the different steric and electronic characteristics of various OPs. Secondly, some OP-enzyme complexes (*e.g.*, soman-AChE) undergo fast dealkylation of phosphoryl moiety (*i.e.*, aging) and cannot be reactivated afterwards. Thirdly, they do not exert an effect in the CNS since they have a quaternary nitrogen atom in their structures which makes them permanently charged and they cross the blood-brain barrier (BBB) poorly (25–28). Whether a molecule is going to provide satisfying therapeutic effect depends on how it interacts with the molecular target (pharmacodynamic aspect), but also on how it is processed by the body (pharmacokinetic aspect). Therefore, the search for molecules with better pharmacodynamics and pharmacokinetic characteristics is still an ongoing pursuit with focus on the CNS active reactivators.

PHARMACOKINETIC AND PHARMACODYNAMIC VIEWPOINT

Both pharmacokinetic (PK) and pharmacodynamic (PD) aspects are primarily governed by the molecular (physicochemical) properties of a drug. Generally, PK aspects involve the absorption, distribution, metabolism, and excretion (ADME) of a drug and a PK profile represents the time-dependent drug concentration in an individual body compartment. The route of drug administration also dictates the onset of drug action, and can be extravascular (*per os*, intramuscular, subcutaneous, etc.) or intravascular (intravenous). The central body compartment includes blood as the first medium for a drug to be absorbed in, followed by well perfused organs such as the heart, kidney, liver and lungs, while more lipophilic drugs also distribute to compartments such as muscle, brain, and fat. The hepatic metabolism affects mostly lipophilic drugs that are biotransformed into more hydrophilic metabolites, while hydrophilic drugs are readily eliminated by renal excretion (via urine). Metabolic enzymes are divided to phase I and phase II enzymes, and the main metabolic enzyme family of phase I biotransformation are cytochrome P450 enzymes (CYP) that catalyse NADPH-dependent oxygenation of mostly lipophilic compounds (29). Furthermore, proteins in blood and tissue can bind drug molecules, affect their distribution, and reduce their transport to the target site. This is important since only an unbound, free form of a drug can interact with the target and is considered pharmacologically active. PD studies mechanism of action and effects initiated by a drug. The target molecule has a defined affinity for a drug, while a drug has both, specific affinity and intrinsic efficacy in provoking the response by interaction with the target; both factors determine the overall potency of a drug. The oxime reactivation potency *in vitro* is assessed by determination of kinetic parameters that describe the

affinity of an inhibited enzyme for an oxime, the first-order reactivation rate constant achieved with an oxime, and the overall reactivation rate (30, 31). Finally, the drugability of a compound is also influenced by its toxicity and potency for causing unwanted side effects, which can result from a non-specific interaction with non-target molecules or from drug-drug interactions. All these aspects that determine the overall pharmacological activity of a compound are highlighted in Figure 3. With regards to an ideal oxime antidote for OP poisoning, it should be present at sufficient concentrations for a sufficient period of time in both the peripheral (neuromuscular synapses) and central (cholinergic brain areas) compartment after intramuscular administration, which is a standard route of self/buddy-administered first aid autoinjector. Furthermore, the ideal oxime should have a broad therapeutic window or well defined effective and toxic concentrations.

NEUROPHARMACOKINETIC VIEWPOINT

The process of drug distribution to tissues follows and/or occurs simultaneously with drug absorption, metabolism, and elimination. A centrally active drug should be distributed into the CNS represented by the brain and the spinal cord. The brain parenchyma comprises neurons and glial cells (Figure 4), where neurons process nerve

signals transmitted as the action potentials along the neuronal membrane and causes the release of neurotransmitters from the vesicles of the presynaptic cell. Neurotransmitters then diffuse through the synaptic cleft and bind to specific receptors at the postsynaptic cell (e.g., neuron, muscle, or gland) that triggers a cell response by changes in the ion flow across the cell membrane or through secondary messengers.

The uncontrolled entry of different endogenous and exogenous molecules into the CNS is prevented by the BBB located at the place of contact between capillaries and brain tissue. Since the brain surroundings and its ventricles are filled with cerebrospinal fluid (CSF), there is also the blood-cerebrospinal fluid barrier; however, the BBB is more significant due to a much larger surface area and localization (32). The main BBB unit, called a neurovascular unit (Figure 4), is composed of the capillary endothelial cells, pericytes, and astrocytes (32). The paracellular transport of molecules across the BBB is decreased by the presence of intercellular protein networks called tight junctions (TJs) (33–35). Otherwise, most of the transport across the BBB is transcellular – i.e., passive diffusion, facilitated diffusion, active transport, or, to a lesser degree, transcytosis (32, 33).

The most significant way of drug’s entry to the brain is passive diffusion and it is a route by which small non-

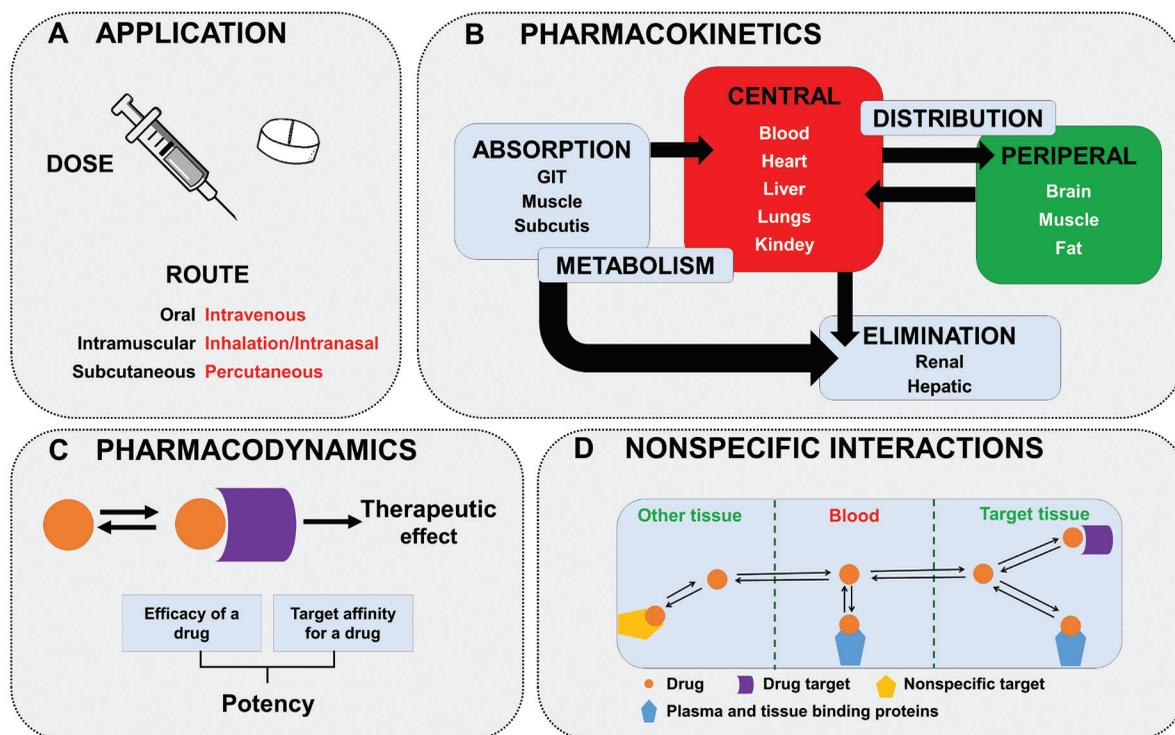


Figure 3. Relevant factors that define the therapeutic effect of a drug: A) dose and route of application, B) the pharmacokinetic profile of a drug, which includes its absorption, distribution, metabolism and elimination, C) a drug shows its potency at the target site through interaction with a target molecule (pharmacodynamics), D) a drug can interact with other molecules causing toxic effects or reducing the free and active form of the drug.

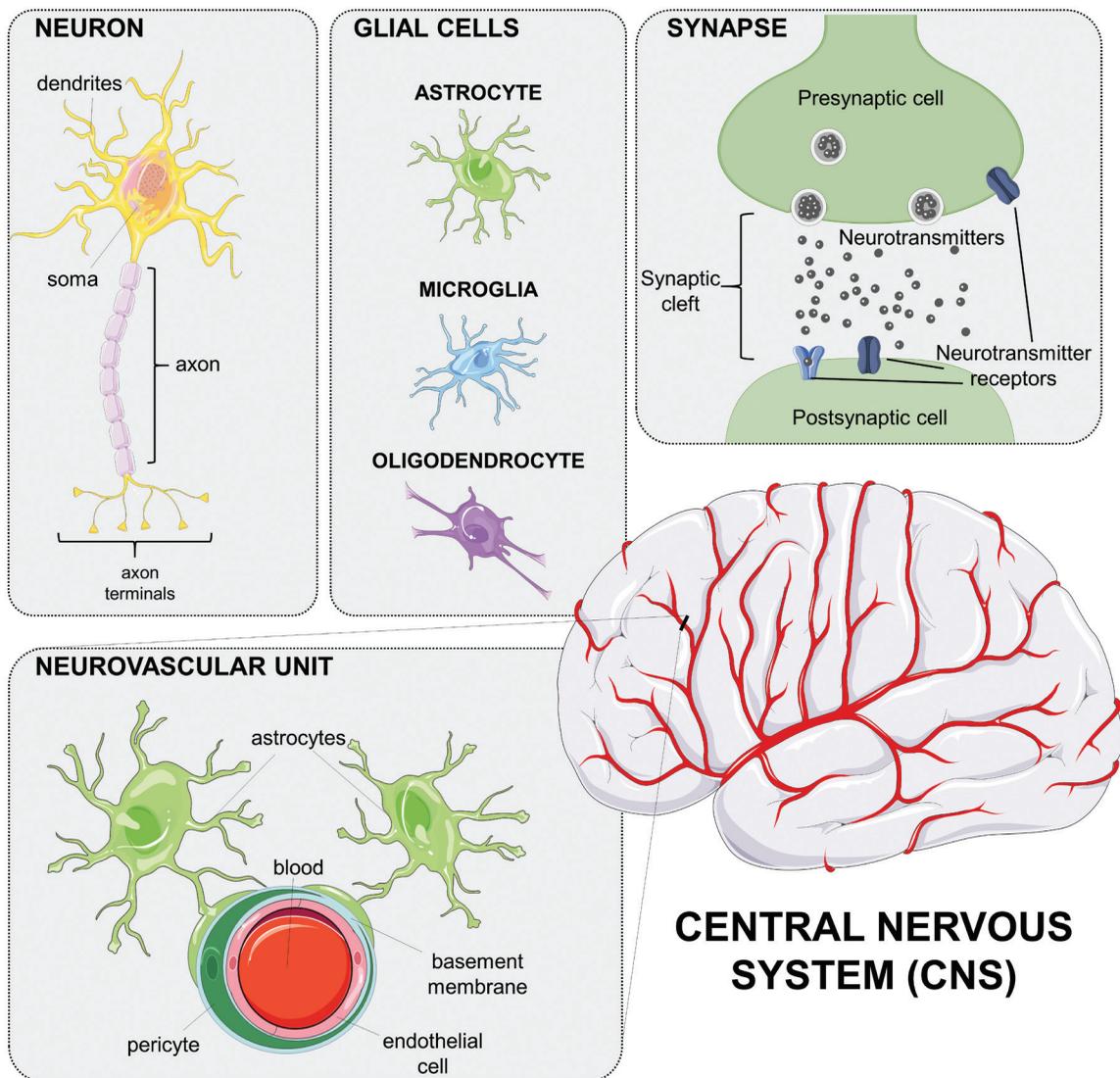


Figure 4. Main nervous system cell types - neuron and glial cells, synapse as the location of a neurotransmitter exchange between presynaptic and postsynaptic cell, and neurovascular unit of the blood-brain barrier.

polar molecules easily penetrate membranes. Moreover, membranes of endothelial cells of BBB have different types of transport proteins that primarily serve in supplying the brain with essential molecules such as glucose, amino acids, nucleosides, etc., and most of the transporters belong to the solute carrier transporter family (SLC) (33, 34). In addition, the BBB has transporters from the ATP-binding cassette (ABC) family that serve as efflux pumps and transport molecules back to the bloodstream. The most important efflux pumps, also known as multi-drug resistance (MDR) proteins due to a decrease in drug concentrations at the target site, are P-glycoprotein (P-gp), breast-cancer related protein (BCRP), and several other MDR-related proteins (32, 33). The BBB also has the metabolic potential due to the presence of different intracellular enzymes that can biotransform a pharmacologi-

cally active molecule into inactive or even toxic metabolites, or an inactive prodrug into an active form (34–36).

Therefore, the concentration of an active drug form available at the CNS target site depends on the plasma PK and plasma protein binding of the drug, but also on the neuropharmacokinetics of the drug that defines its distribution and change of concentrations within the brain. This is governed by the flow of extracellular fluid (CSF and interstitial fluid) between the brain tissue and ventricles, extracellular-intracellular exchange of molecules, and CSF turnover (37), while active concentrations of a drug can be reduced by the binding to brain tissue proteins. The neurotherapeutic effect also depends on the availability of a drug in different brain regions, where its molecular targets may be differentially expressed and may exert distinct functions (37). In conclusion, OP antidotes

should achieve their effective concentrations of unbound form in the extracellular fluid of the brain. More precisely, the cholinergic system is the main target site for OP antidotes and recently the whole-brain cholinergic atlas of a mouse brain has been generated (38); it clearly shows the location of cholinergic neurons at the cortical and brainstem level, along with their projections to subregions of the forebrain and the midbrain. Moreover, the basal ChE activity in the brain of guinea pigs was ranked from the highest to the lowest following the order striatum > cerebellum > brainstem > spinal cord > midbrain > hippocampus > cortex (39). These factors are all to be considered when evaluating an oxime's neuropharmacological effect.

Prediction of BBB permeability and CNS activity

The information on the neuropharmacokinetic profile of molecules in humans is highly limited and therefore, many *in silico*, *in vitro*, and *in vivo* animal studies combined with translational models are used instead. The majority of CNS drugs are small molecules that cross the BBB via the transcellular passive diffusion route (40). Lipinski's rule of five (Ro5) represents a pioneer set of recommendations for physicochemical properties for orally active drugs and for the rational drug design (41). Similarly, many research group defined threshold values for such parameters to help define CNS active candidates.

Firstly, the BBB penetration of molecules can be predicted by the analysis of their physicochemical parameters that describe size (molecular weight, MW), lipophilicity (logP or logD), polarity (hydrogen bond donors and acceptors, HBD and HBA; total polar surface area, TPSA), flexibility (rotatable bonds, RB), and ionization of a molecule (charge dependent on pK_a values of functional groups). Ideal CNS drugs are small ($MW < 450$), lipophilic ($\log P < 5$), nonpolar molecules ($HBD < 3$, $HBA < 7$, $TPSA < 60\text{--}70 \text{ \AA}^2$) with a basic or amphiphilic character ($pK_a = 7.5\text{--}10$) and moderate flexibility ($RB < 8$) (42).

Others developed central nervous system multiparameter optimization (CNS MPO); a desirability tool with flexible multiparameter approach rather than individual cutoffs for physicochemical properties (43, 44). This was designed to improve the quality of drug design and candidates nominated for clinical development with physicochemical properties complementary with the optimal ADME profile, BBB penetration, and low risk for adverse effects. A study by Rankovic (44) showed that lipophilicity and pK_a were highly relevant properties to consider for minimizing the PK and toxicological drawbacks of compounds, e.g., compounds with lower-risk safety space had lower ClogP and higher TPSA, while MW, HBD, and TPSA were the most critical CNS-differentiating properties (45).

There are different *in vitro* methods to evaluate a drug's potential to be CNS active. The most common high throughput screening technique to determine the passive permeability potential of a molecule is the parallel artificial membrane permeability assay (PAMPA) which uses artificial "BBB like" membranes (46), especially porcine brain lipid extract-based PAMPA model (47). Alternatively, immobilized artificial membrane (IAM) chromatography can be used (48).

A range of *in vitro* cell cultures derived from a number of species are available for a two-compartment experimental configuration that model BBB for the determination of drug's permeability and have been described in a review by Helms *et al.* (49). Mono-culture configurations use either primary culture from isolated brain capillary endothelial cells or immortalized brain endothelial cell lines. Also, there are set-ups of co-cultures with astrocytes, or even triple-cultures with the addition of pericytes. Brain endothelial cells of bovine and porcine origin are well suited for the investigations of the transport of small molecules. Immortalized mouse or human brain endothelial cell lines, or even brain endothelial cells derived from human pluripotent stem cells (50) are commonly used and constantly improved to model BBB in permeability assays (49). In addition, a number of non-cerebral immortalized cell lines are also used for drug permeability rate evaluations. The Madin-Darby canine kidney (MDCK) cell line is the most suitable (32), while the MDCK-MDR1 line with overexpressed P-gp was developed specially for the evaluation of the affinity of P-gp efflux pumps for tested molecules (51).

A number of *in vivo* and *ex vivo* methods for the assessment of BBB penetration of a drug are also available. Firstly, the most common approach to assessing BBB penetration is determining the brain and blood concentration following *in vivo* administration that yields the brain/plasma ratio of a compound. However, this approach can be misleading if the compound is extensively bound to brain tissue or accumulates intracellularly or if the brain vasculature is not well perfused. An unbound compound brain concentration can be measured by using *in vivo* steady-state concentrations in brain interstitial fluid (ISF) or by *in situ* brain perfusion technique (32). Alternatively, the non-specific binding of a drug to brain tissue can be assessed by the brain slice uptake or brain homogenate binding method (52). An indirect method to estimate the unbound drug in brain ISF is measuring the concentration of a compound in the CSF; still, the CSF concentration is not necessarily the same as the ISF concentration due to different turnovers of two compartments. The only direct method to address the unbound compound concentration is an animal microdialysis study for the determination of time-dependent changes in unbound drug concentrations in the ISF or CSF of the brain (32, 53).

Furthermore, the CNS activity of a compound *in vivo* can be defined through different PD biomarkers such as target occupancy, target site activation, physiological measures, disease process, and clinical endpoints (37). Target occupancy is a method for determining the proportion of the compound bound to the target molecule in the brain collected at PK profile-based optimal time using autoradiography or in the intact brain using PET and SPECT techniques (32, 37). In general, neuroimaging techniques (*e.g.*, PET, SPECT, MRI, CT, and EEG) are useful tools for assessing anatomical, functional, biochemical or metabolic data after administration of potential centrally active drugs (37). For more detailed explanations, other reviews can be addressed (32, 37, 54, 55).

Finally, physiology-based pharmacokinetic (PBPK) modelling can be used as a mathematical multi-compartment modelling technique for predicting the PK and neuropharmacokinetic behaviour of a molecule *in vivo* and in humans based on physicochemical properties of drugs measured *in vitro* (56).

CNS delivery strategies in OP poisoning

There were more than several attempts to increase the BBB permeability of oxime reactivators by changing their structural characteristics or delivery methods (Figure 4). As the permanent charge of standard oximes is a property that hampers significant BBB penetration, this was the first issue to be addressed.

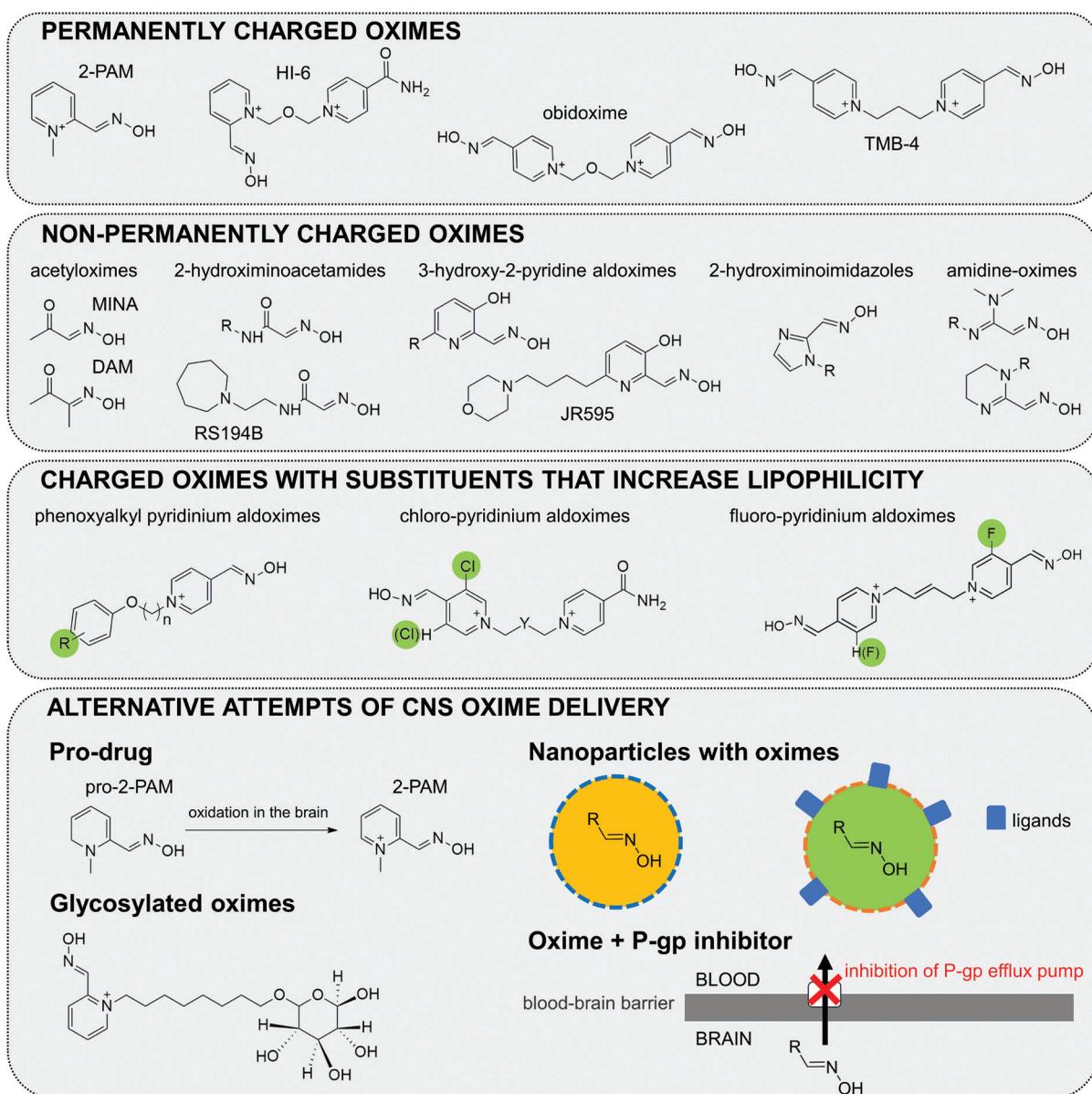


Figure 4. Oximes used in practice and different oxime scaffolds and strategies for CNS delivery.

The first generation of non-permanently charged oximes with tertiary nitrogen atom were acetyloximes monoisonitrosoacetone (MINA) and diacetylmonoxime (DAM) (57). However, they were less potent peripheral reactivators than 2-PAM (58). About 10 years ago, the development of new tertiary oximes started. Different derivatives of 3-hydroxy-2-pyridinium oximes have been synthesised since and were proven to be potent reactivators of OP-inhibited AChE and BChE (59–64). In addition, the *in vivo* pharmacological properties of few such oximes have also been evaluated (65–67). At the same time, the synthesis and activity of tertiary imidazole aldoximes and *N*-substituted 2-hydroxyiminoacetamides were also published (68–72) and the lead *N*-substituted 2-hydroxyiminoacetamide reactivator RS194B was studied quite extensively in different animal models (69, 73–76). Tertiary 3-fluoro-2-pyridinaldoximes were recently synthesised (77) providing a diverse molecular scaffold with fluorine that additionally influences lipophilicity. Furthermore, charged oximes were attached a substituent or moiety that increases the overall lipophilicity of the molecule and preferably governs its higher BBB penetration. Such are pyridinium oximes with phenoxyalkyl detergent-like substituents (78–80) or chlorine (81, 82) and fluorine atom (83, 84). There were other attempts to increase the oxime concentration in the brain. One of them was the synthesis of an uncharged pro-2-PAM that oxidizes into 2-PAM in the brain (85). Furthermore, glycosylated oximes were synthesized to increase the brain uptake of an oxime by active glucose transporters at the BBB (86, 87). Incorporating oximes in the nanoparticles (NP) that cross the BBB via transcytosis was used for the attempted improvement in brain delivery of standard oximes 2-PAM, HI-6 and obidoxime (88–91) or 3-hydroxy-2-pyridine oxime (67). NP can have various ligands (*e.g.*, transferrin, folate, leptin, etc.) attached to their surface that would be recognized by specific receptors/transporters expressed by endothelial cells of the BBB, and therefore, would potentially result with improved brain targeting (92). The co-administration of an inhibitor of efflux transporter P-gp is also used for achieving higher oxime concentrations in the brain (93).

An additional possibility in treatment and CNS protection is the prophylactic intravenous (*i.v.*) administration of BChE when exposure is likely. This way, the plasma BChE bioscavenging capacity increases, *i.e.*, the capacity for irreversible binding of OP molecules which prevents them from reaching synapses and AChE (94). Exogenous administration of BChE showed protection against lethal doses of soman or VX (95) or sarin (96). The combination of an oxime that reactivates BChE, or various AChE mutants, can offer a pseudo-catalytic scavenging of OPs – *i.e.*, cycles of enzyme inhibition by OP coupled with oxime reactivation of the inhibited enzyme (68, 72, 97–100). Advancements in this field were covered in the recent review by Kovarik and Maček Hrvat (101).

More strategies for general brain drug delivery were listed in previous reviews (32, 34, 35). For example, hypertonic solution, compounds that modify TJs between brain capillary endothelial cells, and ultrasound or electromagnetic radiation were used to disturb the BBB integrity and increase its permeability (34). However, these approaches are quite non-selective and have numerous potential side effects. The intranasal (*i.n.*) route seems like another acceptable and promising brain delivery method for oximes. Drugs can be absorbed from the nasal cavity by olfactory mucosa (5–10% of surface) directly to the brain via olfactory epithelium cells or nerves or they can be absorbed by the respiratory mucosa to systemic circulation and then distributed to the brain across the BBB (102). Qualitatively similar physicochemical property requirements are listed for drugs with good nasal bioavailability as the ones for BBB penetrating drugs (42–45), while permeation enhancers or other strategies could be applied to additionally improve the bioavailability (103). It is important to mention that the benefit of the *i.n.* route is the possibility of self-administration and non-invasiveness. Moreover, comparative studies have shown that the onset of action after *i.n.* application is comparable with the one after *i.m.* or *s.c.* injection (104).

PHARMACOKINETIC DATA ON OXIMES

Absorption and circulation time

After *i.m.* application, the oxime is absorbed into the blood and the maximal concentration (C_{\max}) in the blood is achieved after the absorption process is completed and after a defined time (t_{\max}). From there on, the elimination process takes place and exponential decrease of the oxime concentration in plasma is described by the elimination half-life ($t_{1/2}$). The elimination is more than 90% complete after the time equal to four half-lives. Precise definitions and equations for PK parameters can be found elsewhere (105). Two-phase exponential decrease of oxime blood concentration can be observed in case of simultaneous distribution and elimination. The onset of an oxime's action depends primarily on the rate of its absorption and time needed to reach the target sites that are synapses of both the peripheral and central nervous systems. Naturally, the absorption process after *i.m.* application is governed by the properties of the oxime itself, but also highly depends on the model species. The published data on absorption and elimination of standard and charged oximes 2-PAM, HI-6, obidoxime, and TMB-4 after *i.m.* administration is summarized in Table 1.

In general, the absorption rate of all charged oximes after *i.m.* application is similar within the species. The maximal plasma concentration was achieved relatively fast in rodents (roughly 5–20 min) (106, 107, 112–115, 117) although some exceptions were observed in several studies for oxime HI-6 and TMB-4 ($t_{\max} > 30$ min) (114–116, 121). In humans, the t_{\max} for 2-PAM was slightly shorter (109–111) than for HI-6 and obidoxime (119, 120).

Table 1. Absorption and elimination of *i.m.* applied standard oximes. Pharmacokinetic parameters: t_{max} – time needed to reach the maximal plasma concentration of an oxime (C_{max}), $t_{1/2}$ – elimination half-life, time needed for plasma concentration C_{max} to be reduced in half, MRT – mean residency time, represents the average time of a molecule in the body.

Oxime	Absorption, t_{max}	Elimination, $t_{1/2}$
2-PAM	Mouse: 5 min (65)* Rat: 5–20 min (106, 107) Sheep: 12 min (108) Human: 5–23 min (109–111)	Mouse: MRT=30 min (65)* Rat: 30–70 min (106, 107) Sheep: 29 min (108) Human: 75–100 min (109–111, 122)
HI-6	Mouse: 7 min (65)* Rat: 5–45 min (112–117) Dog: < 30 min (117) Rhesus monkey: 25–30 min (117) Pig: 10 min (118) Sheep: 14 min (108) Human: 30–60 min (119)	Mouse: MRT=45 min (65)* Rat: 20–65 min (112, 113, 116, 117) Dog: 40–50 min (117) Rhesus monkey: 25–30 min (117) Pig: 80 min (118) Sheep: 52 min (108) Human: 80–85 min (119)
Obidoxime	Rat: 10 min (114) Human: 20–30 min (120)	Human: 80 min (120, 121)
TMB-4	Rat: 15–40 min (106, 115, 121)	Rat: 30–110 min (106, 121)

*2-PAM and HI-6 in mouse were *i.p.* applied (65).

Furthermore, one of the major pharmacokinetic drawbacks of charged oximes is their short circulation time and short duration of pharmacological action. As observed, charged oximes also exhibited a shorter circulation time in smaller mammals than in larger mammals, as expected due to a more rapid metabolism and elimination in the former (123). Standard oximes in humans have a similar $t_{1/2}$ of 80–100 min, implying almost total elimination within 5–7 hours (109, 119, 120, 122). Thiermann *et al.* demonstrated a two-phase exponential decay of obidoxime with half-lives of 2 h and 14 h in case of a clinical therapy of human OP pesticide poisoning (124). For other charged oximes, PK analyses showed similar absorption rates, *i.e.*, K027 and K203 achieved their C_{max} in 40–60 min in rats (115, 121, 125, 126) and in pigs after

20 min (127), as well as similar elimination. In rats, K027 showed a somewhat slower elimination with a $t_{1/2}$ of 128 min (121). The elimination $t_{1/2}$ in pigs for K027 and K203 was comparable to that of HI-6, with values of 93 min and 100 min, respectively (127). Oral application of standard oximes was also evaluated in human studies that showed that maximal blood concentration is achieved within 30–180 min for 2-PAM (128, 129), 60–120 min for obidoxime (130, 131), or 36–96 min for HI-6 (132), however, the oral bioavailability was very low for all oximes. For comparison, the bioavailability of HI-6 after *i.m.* application was 100% (113).

As for uncharged oximes, several studies have analysed their PK behaviour and demonstrated the same flaws concerning their circulation time as for the charged oximes

Table 2. Absorption and elimination of *i.m.* applied non-permanently charged oximes. Pharmacokinetic parameters: t_{max} – time needed to reach the maximal plasma concentration of an oxime (C_{max}), $t_{1/2}$ – elimination half-life, time needed for plasma concentration C_{max} to be reduced in half, MRT – mean residency time, represents the average time of a molecule in the body.

Oxime	Absorption, t_{max}	Elimination, $t_{1/2}$
RS194B	Mouse: 5 min (69, 76) Guinea pig: 30 min (75) Macaque: 60 min (74)	Mouse: 12 min (69) Guinea pig: 52 min (75) Macaque: n.s. (74)*
RS41A	Mouse: 5 min (69, 76)	Mouse: 11 min (69)
JR595	Mouse: 15 min (66)	Mouse: 14 min, MRT=25 min (66)
GM415**	-	Rat: 18 min (67)
GM508***	Mouse: 14 min (65)	Mouse: MRT=40 min (65)
GM113***	Mouse: 17 min (65)	Mouse: MRT=49 min (65)

*More than 90% of C_{max} was eliminated from plasma 8 hr after application. n.s.- measured but not stated.
**GM415 in rats was *i.v.* applied (67).
***GM508 and GM113 in mouse were *i.p.* applied (65).

(Table 2). *N*-substituted 2-hydroxyiminoacetamide oximes RS194B and RS41A showed fast absorption within 5 minutes in mice (69, 76), while PK studies on RS194B showed slower absorption and slightly longer circulation times in guinea pigs (75) and macaques (74). Worth mentioning is that RS194B demonstrated an abundant absorption after *i.m.* application (88% bioavailability). Sustained plasma concentrations of RS194B in mice were provided by repeated oral administration following the initial *i.m.* dose (76). Similarly, 3-hydroxy-2-pyridine oximes (JR595, GM415, GM508, GM113) demonstrated fast absorption and rapid elimination in mice and rats (65–67). Oximes 2-PAM and GM415 encapsulated in NP showed significant prolongation of their circulation time relatively to the free oxime (67, 91).

Metabolism and route of elimination

For charged oximes 2-PAM, HI-6, obidoxime, and TMB-4, it was demonstrated in several animal species that the main elimination route is renal (106, 112, 117, 119, 120, 122, 133, 134). The high renal clearance of 2-PAM in human suggested its active renal elimination via renal tubulae (122, 135). In addition, studies in human showed that 80–90% of applied dose was eliminated unchanged in urine within 24 hours (110, 122). Studies in dogs and rats showed that 60% of HI-6 was eliminated unchanged in the urine, and 40% was presumably metabolized and excreted in urine since there was no HI-6 in bile or feces (117, 133, 134). However, the total metabolism of HI-6 was of low significance for its biological activity (112). In man, the renal elimination of 60% of unchanged HI-6 occurred within the first 6 h (119). PK analysis of obidoxime in human showed that 68–84% of applied dose was excreted in the urine unchanged within 24 hours (120, 122) despite its possible reabsorption in kidneys (122). For TMB-4 in rats, it was also shown that it is eliminated unchanged in urine (106).

The possibility of oximes to be biotransformed by CYP enzymes was tested in several studies. It seems that charged oximes K048 and HI-6 were not degraded by CYPs (136). As for non-permanently charged and more lipophilic oximes, the study on RS194B showed that the primary route of elimination is via urine, and that it was metabolically stable over the course of the experiment (75). 3-hydroxy-2-pyridine oximes were also shown to be metabolically stable in the liver microsome CYP metabolic degradation assay, with the exception of the highly lipophilic GM508 oxime with a tetrahydroisoquinoline substituent (66).

Plasma protein binding and distribution into tissues

A study by Ecobichon *et al.* (117) showed there is no significant plasma protein or tissue protein binding for HI-6. Moreover, Zemek (115) reported no significant

binding (1–7%) of HI-6, obidoxime, or TMB-4 to human serum albumin (HSA). Some charged K-oximes (K027, K075, K127, K203, and K282) also showed a low level of binding to HSA (4–15%) (115). Therefore, this aspect is not expected to affect the therapeutic efficacy of these or similar oximes, *i.e.*, compounds that are not bound to plasma proteins are free to move within different body compartments and exert different actions.

As for the distribution, 2-PAM showed it diffuses freely across the physiological compartments with a higher apparent volume of distribution (V_d) than obidoxime in human (122) or than HI-6 in sheep (107) and in human (119). Studies by Garrigue *et al.* (106, 112) demonstrated the highest distribution of 2-PAM and HI-6 to mucopolysaccharide-containing tissues (cartilage, intervertebral disc), kidney, and some distribution to other highly perfused tissues. A study on obidoxime in humans by Thiermann *et al.* (124) showed distribution and retention in cartilage, kidney and liver; less in the lungs, muscle, heart, and brain.

Uncharged oximes have not been tested for plasma protein binding; however, from the PK blood profile and short circulation time for 3-hydroxy-2-pyridine oximes it can be concluded that no plasma protein binding took place (66). A study on RS194B in guinea pigs showed rapid and extensive distribution beyond the plasma compartment (75). Highest RS194B concentrations were determined in kidney and liver, followed by lung, spleen, heart and brain tissues (75).

Brain penetration of oximes

Several *in vitro* methods, mostly PAMPA or MDCK cell line, were employed in order to test the BBB penetration ability of standard charged oximes and oximes designed for CNS activity and resulting permeability rates are presented in Table 3. From available data, the permeability rate of 3-hydroxy-2-pyridine oximes was significantly higher than that of charged standard oximes. Charged oximes HI-6, 2-PAM and MMB-4 were also classified as impermeable in another PAMPA study (137). Moreover, studies on charged pyridinium oximes showed that their PAMPA permeability was increased with the number of fluorine atoms (83) or chlorine atoms (81) compared to non-substituted analogues. The IAM technique also showed a relatively low predicted permeability value for charged bisquaternary oximes (*e.g.*, HI-6, obidoxime, TMB-4, K-oximes), whereas monoquaternary oximes (2-PAM) had higher potential for penetration across the BBB (138). HI-6 encapsulated in nanoparticles showed a 1.5 to 2 times higher transport of the oxime across the *in vitro* primary porcine brain capillary endothelial cells model compared to the transport of HI-6 alone (89).

In addition, using different MDCK cell lines, it was shown that charged oxime 2-PAM is not a substrate of P-gp or BCRP efflux pumps (139). Moreover, the P-gp

Table 3. BBB penetration of oximes determined *in vitro* (permeability rate, P_e/P_{app}) and *in vivo* (brain/blood ratio).

Oxime	PAMPA P_e (10^{-6} cm s $^{-1}$)	MDCK cell line P_{app} (10^{-6} cm s $^{-1}$)	<i>In vivo</i> ([oxime] $_{brain}$ /[oxime] $_{blood}$) · 100
2-PAM	<0.4 (75, 81, 141)	<3 (139, 141)	Rat: 6–10% (25, 142, 143)
HI-6	0.8 (81, 141)	0 (141)	Rat: 9–18% (116), <1% (144)
Obidoxime	0.7 (141)	1 (141)	Mouse, rat: 3–5% (145); Rat: <1% (144)
TMB-4	0.1 (141)	0.4 (141)	Rat: <1% (146)
Other pyridinium oximes	<0.5 (81)	-	Rat: <1% (125, 144, 146)
Chloro-pyridinium oximes	1.0–2.6 (81)	-	-
3-hydroxy-2-pyridine oximes	5–7 (141); 6–30 (64)	12–32 (141)	
GM415	12 (64)	-	Rat: 30% (67)
JR595	6 (64)	36 (66)*	Mouse: 40% (66)
2-hydroxyiminoacetamide oximes			
RS41A	-	-	Mouse: 12% (69)
RS194B	<0.5 (75)	n.s. (75)**	Mouse: 30% (69); Guinea pig: 4–18% (75)

*Determined in MDR1-MDCK cell line with overexpressed P-gp.
**n.s.- measured but not stated.

efflux pump did not show any affinity for non-permanently charged oximes RS194B and JR595 (66, 75) neither. Other study investigated the affinity of the P-gp substrate for a number of substituted phenoxyalkyl pyridinium oximes and tried to correlate it with *in vivo* oxime efficacy (140).

Standard oximes also showed poor BBB penetration *in vivo* (147, 148) and this was addressed either by determining the brain/blood ratio or by measuring brain ChE reactivation after a defined time of treatment with an oxime. Slight differences in BBB penetration data for an individual oxime are the result of various animal models or methods/techniques used to determine these parameters. Also, oximes clearly achieve different concentrations in different brain regions, and this is one of the possible reasons for the variability between studies that used whole brain or different brain regions to determine an oxime's presence.

More precisely, brain concentrations of 2-PAM in rats were approximately 10% of blood concentrations (25, 142, 143). Moreover, Sakurada *et al.* suggests that 2-PAM is actively transported across the BBB in a Na $^{+}$ -dependent manner (25). Obidoxime application to mice and rats resulted in 3–5% of blood concentration penetrating into brain (145), while 9–18% of the plasma HI-6 reached the brain in rats (116). In a study by Joosen *et al.* (93), brain HI-6 concentrations were less than 5% of its blood concentration. Even poorer brain penetration (<1%) of HI-6, obidoxime, and TMB-4 in rats was observed in other studies (144, 146). As for studies that measured brain ChE reactivation, Clement (149) examined the reactivation of sarin-inhibited ChE in the hypothalamus, hippocampus, and cortex by HI-6, obidoxime, and 2-PAM; only HI-6 showed significant reactivation with highest reactivation in hypothalamus (45%) relatively to control

groups. In rats exposed to OP insecticide, 2-PAM reactivated 12% of ChE in the cortex and spinal cord, while at the whole brain level it was 6% (142). The brain concentrations of other pyridinium oximes (K027, K048, K074) were less than 2% of their blood concentration (144, 146, 147, 150). K027 achieved the highest concentration in the frontal cortex>pontomedullar area>basal ganglia (125), and the same distribution was observed for TMB-4 and K074 (146).

Studies on the brain penetration of non-permanently charged oxime RS194B in mice showed rapid penetration to the brain amounting to concentrations equal to 30% of the blood concentration. Moreover, its brain concentrations exceeded blood levels after approximately 30 minutes (69, 76). In comparison, the C_{max} of RS194B in the brain of guinea pigs corresponded to 4–18% of blood concentration across the dose range and the elimination of RS194B from the brain also lagged behind plasma clearance (75). The lead 3-hydroxy-2-pyridine oxime reactivator JR595 achieved maximal brain concentration that corresponded to 40% of blood concentration 15 min post-application (66). Other 3-hydroxy-2-pyridine oxime, GM415, applied *i.v.* to rats also achieved the brain concentration of approximately 30% of blood concentration at 5 minutes, while NP-encapsulated GM415 reached higher brain concentrations that were sustained for a longer time (67). Comparably, 2-PAM in NPs also achieved higher brain concentrations in rats relatively to 2-PAM administered alone (91). In paraoxon-exposed rats, 2-PAM or GM415 administered alone reactivated no or <5% of brain AChE, respectively. The same oximes encapsulated in NP reactivated 15% and 30% of brain AChE, respectively (67, 91).

Also, the administration of an inhibitor of efflux transporter P-gp, tariquidar, resulted in a 2-times higher con-

centration of HI-6 in the brain of rats pre-treated with HI-6 and poisoned with soman; it also showed a comparable increase in AChE activity (93).

The CNS activity of oximes has also been evaluated by using biomarkers such as neuroprotection or survival. Tertiary oximes MINA and DAM exerted improved survival and prevented of seizures when compared to charged oximes 2-PAM, MMB-4, or HLö-7 in sarin-poisoned guinea pigs, and this was attributed to the reactivation of brain AChE. Brain reactivation by MINA was additionally proved in VX- and cyclosarin-exposed guinea pigs (58, 151). A study with the prodrug of 2-PAM (pro-2-PAM) showed moderate reactivation of brain AChE and prevention of seizures and neuropathology in guinea pigs exposed to sarin and VX, while it was ineffective for cyclosarin (152). Moreover, a lead charged phenoxyalkyl pyridinium oxime with lipophilic moiety showed brain neuroprotection against sarin and VX surrogates and paraoxon as opposed to no effect with 2-PAM (79, 80). Fluoro-pyridinium oxime KR-22836 showed a slightly higher neuroprotective effect than K203 and obidoxime in case of tabun-poisoned rats (153). 3-hydroxy-2-pyridine oxime GM415 encapsulated in NPs achieved higher brain AChE reactivation in rats exposed to paraoxon when compared to the oxime alone (67) and showed potential to provide protection for mice exposed to high doses of VX and sarin (66). JR595 demonstrated potential to attenuate toxic effects in mice exposed to multiple doses of VX and sarin (66).

Finally, it is important to state that some authors reported that the smallest necessary level of AChE activity is as low as 2% in the pontomedullar area, one of the suggested brain regions critical for survival (154). Others suggested that some of the protective effects of bispyridinium oximes could be attributed to mechanisms other than enzyme reactivation, *e.g.*, interaction with nAChR and mAChR receptors at both peripheral and central level (155).

Drug-drug interaction and oxime formulation

Drug-drug interaction and drug formulation can significantly influence drug PK profile. In the study Lundy *et al.* (118) it was demonstrated that HI-6 oxime retained the same PK profile when applied along with muscarinic receptor antagonist atropine as without it. This was also observed in studies in man (119, 156). Some charged oximes were tested for their inhibitory potential of CYP enzymes, which is one of the mechanisms that can lead to drug-drug interaction by reducing metabolism of co-administered drugs and possibly lead to their prolonged action or toxicity. Oximes K048 and HI-6 showed only a slight inhibitory potential for some members of the CYP family. For example, K048 showed low inhibition of CYP2C19 (20%) at concentrations ≥ 100 μM , and up to

20% inhibition of CYP2D6 at 400 μM , while HI-6 inhibited CYP2E1 in a 5–40 % range with concentrations of 10–400 μM . However, inhibition at these concentrations is probably not clinically significant (136). Similarly, K027 and K203 did not significantly inhibit either of the CYP family members: K203 inhibited 35% activity of CYP2E1 and up to 20% of 2C9, 2D6, and 3A4 members at high 400 μM concentration (157).

The drug formulation or the means of administration are known to affect the PK behaviour of a drug. A study on two different HI-6 salts, dimethanesulfonate and dichloride did not show any significant difference between their PK profiles (118). Chloride and methanesulfonate salts of 2-PAM also show similar PK behaviour after *p.o.* application in human (128, 129). HI-6 application via *i.m.* syringe or *i.m.* autoinjector also had minor effect on its circulation time (109).

OP exposure can change the pharmacokinetic behaviour of oximes

In general, PK and PD of a drug can be influenced by the possible pathophysiological changes in an organism. Studies have shown that poisoning with OPs can influence the blood flow and PK behaviour of oximes. Maxwell *et al.* (158) showed that soman reduces the kidney blood flow which can reduce the renal excretion of oximes. Studies by Garrigue *et al.* (106, 112) showed that soman did not show significant change of plasma PK for neither HI-6 or 2-PAM, while OP compound A4 increased blood concentrations for the lower doses of both oximes (106, 112). In addition, Cassel *et al.* (116) showed that soman poisoning in rats resulted with a higher HI-6 blood concentration over time when it was administered at a higher dose (100 mg/kg) probably due to reduced renal secretion (116), while at concentrations ≤ 75 mg/kg there was no significant change of HI-6 blood concentration between soman-exposed and control rats (116). Therefore, the influence of OPs on PK of oximes should be taken into account when considering the duration of the oximes effect, but also when considering oximes that could exert serious side-effects because of their prolonged circulation time and slow elimination. Kušić *et al.* (119) study reported no side-effects of HI-6 in man. Moreover, Clement *et al.* (156) demonstrated that HI-6 reduce adverse drug experiences caused by atropine alone. However, a dose-dependent mild to moderate transient side-effects of 2-PAM (diarrhea, dizziness, blurred vision, diplopia) (110, 128) and obidoxime (face muscles paresthesia, cool sensation in mouth, heavy eyes, blood pressure and heart rate change, nausea, vomiting) (120, 131) were observed in man. Moreover, a product in reactivation reaction with charged pyridine oximes is phosphonyl oxime that can re-inhibit AChE and possibly reduce the antidotal potency of applied therapy or cause other side-effects (159). With that in mind, the generally observed fast elimination of oximes and/or phosphonyl oximes is a beneficial characteristic.

Furthermore, BBB permeability was shown to be temporarily or permanently changed in many pathological CNS conditions (e.g., multiple sclerosis, hypoxia, ischemia, oedema, Parkinson's or Alzheimer's disease, epilepsy, tumours, glaucoma, lysosomal storage diseases) or in diseases that originate outside the CNS (e.g., HIV infection, diabetes, etc.) (33, 36). Since human brain microvessels and astroglia express muscarinic receptors, ACh is involved in the cortical perfusion (160) and ACh overstimulation in OP poisoning can change the BBB permeability. Increased blood flow in brain was observed in soman-poisoned rats (158), and other study showed that soman induced an increase of BBB permeability in rats without seizures (161). Similarly, Scremin *et al.* (162) showed an increase in regional cerebral blood flow in rats exposed to low level sarin. In addition, BBB permeability change and disruption was observed in a transcriptomic study in rats after sarin exposure through change in gene expression that indicates a disturbance of normal oligodendrocyte and BBB function (22). Finally, a study by Cassel *et al.* (116) demonstrated lower brain-uptake of oxime HI-6 in soman-exposed rats and the authors suggested that this could be the result of the soman-induced vasoconstriction of the capillaries in the BBB or a depressing effect on blood pressure. A study in rats exposed to paraoxon did not show relevant changes in brain concentrations of 2-PAM compared to non-exposed rats (143). The brain 2-PAM concentration was not different in non-exposed vs. soman-exposed rats, while HI-6 achieved slightly higher concentrations in soman- and A4-exposed rats compared to control animals (106, 112). Therefore, the possibility of BBB change upon OP exposure when predicting the brain concentrations of oximes should be taken into account.

Finally, the change in mucus production after exposure to OPs could affect the oxime absorption in case of its intranasal application. More precisely, the rhinorrhea is one of the first symptoms even at exposure to low OP doses (163) while some studies showed that allergic or viral rhinitis could affect nasal absorption (103).

CONCLUDING REMARKS

Brain oxime activity and the necessity of brain ChE reactivation is still a controversial subject as some authors reported that relatively low oxime penetration to the brain could elicit pharmacological effects. Additional point is that antimuscarinic activity of atropine could minimize most of OP poisoning symptoms; however, nicotinic effects are only addressed indirectly by the oxime reactivation of inhibited AChE. The influence of reactivation of brain ChE in the survival and/or neuroprotection in OP-exposed animals was demonstrated after treatment with non-permanently charged tertiary oximes with improved BBB penetration potency. Nevertheless, newly designed oximes are usually evaluated for their reactivation potency *in vitro* by determining their reactivation potency.

It is generally known that the PD parameters defined in a closed system at equilibrium *in vitro* does not properly reflect the potency *in vivo* where the oxime concentration at the target site is under constant change and is influenced by numerous factors. However, *in silico*, *in vitro*, and *ex vivo* methods serve to detect potential drawbacks early in the pre-clinical studies.

The main predisposition of an oxime's central activity is the sufficiently long exposure of AChE in the synapses of peripheral and central nervous system to the effective concentrations of unbound active form of an oxime. Therefore, evaluating the PK and neuropharmacokinetics behaviour of oximes is a crucial step in obtaining a clearer picture of an oxime's antidotal potency. High-throughput assays are useful in characterizing individual PK descriptors such as BBB penetration, metabolic stability, plasma and tissue protein binding, etc. that can give a glimpse into a target site exposure to an oxime and help determine the lead compound for further *in vivo* evaluation. Certainly, *in vivo* studies enable assessment of a full concentration-time profile of an administered oxime dose in blood and brain. Simultaneously, different PD markers such as survival and neuroprotection can be addressed in OP-poisoned animals treated with an oxime.

An unfavourable outcome can be improved by changing the dosage regime or by improving oxime formulations. Since the main drawback of both charged and non-permanently charged oximes seems to be their short circulation time, this should be addressed by either repeated administration of an oxime or by the application of an *i.v.* infusion. Future improvements in that regard are expected with the enforcement of NP-encapsulated drugs that would serve to prolong circulation time and brain targeting. Additional possibility with NPs is the encapsulation and delivery of more than one active compound, which is especially interesting for yielding a potent reactivation for a broad spectrum of OPs. Also, the first-aid autoinjector for treatment of OP poisoning includes both atropine and an oxime. Therefore, possible drug-drug interactions along with pathophysiological changes elicited by OP should be accounted in the evaluation of the overall antidotal treatment.

In conclusion, defining the PK-PD relationship of different oxime candidates would help generate databases and models that would help estimate the *in vivo* behaviour of an oxime based on its molecular properties as well as for translation from animal studies to humans. Gathering such information and taking them into consideration might greatly improve future design and development of novel antidotes.

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