31st Summer Stroke School “Healthy Lifestyle and Prevention of Stroke and Other Brain Impairments“ - Virtual June 7th - 11th 2021

Authors:
Vida Demarin
Hrvoje Budinčević

Our traditional 31st Summer Stroke School “Healthy Lifestyle and Prevention of Stroke and Other Brain Impairments” this year had to be organized as a virtual event due to well-known reasons. The Summer School is a part of academic program of Inter-University Centre Dubrovnik, organized by International Institute for Brain Health and Croatian Stroke Society, and co-organized by Department of Medical Sciences of the Croatian Academy of Sciences and Arts, endorsed by World Federation of Neurology, World Stroke Organization and European Stroke Organization. It is accredited with 4 ECTS credits and by Croatian Medical Chamber and Croatian Council of Physiotherapists.

Founder and Course director is Vida Demarin, who successfully run the school together with Board directors Roman Haberl, Kurt Niederkorn, David Russell and Hrvoje Budinčević. The program of the school is traditionally inspiring and rich with recent knowledge, what was the reason that there were 150 registered participants from many parts of the world.

Pre-recorded video lectures could be watched at whatever, for the participants, most convenient timeslot, while live sessions with panel discussion and Q&A sessions were organized each afternoon. There were 4 academic lectures: TIA is an emergency by Natan Bornstein and Lifestyle and Brain Health, Neuroplasticity, and Psychoneuroendocrinology basic given by Vida Demarin. Acute Stroke Management was presented and discussed by Dragutin Kadojić, Anita Arsovsk, Senta Frol, Dennis Dietrich and Željko Živanović. Next session was devoted to interventional neurology, presented by Kurt Niederkorn, Gordian Hubert, Hrvoje Budinčević and Željko Živanović.

Special session on neurological diseases in women was given by Sandra Morović, Serefnur Ozturk, Anita Arsovsk, Bojana Žvan and Vida Demarin.

Recent advances in Neurosonology were presented by Ekaterina Titianova, Fabienne Perren and Hrvoje Budinčević, and a special workshop with Munich Neuro Quiz was prepared by Roman Haberl.

Lectures and discussions on other brain impairments were given by Sandra Morović, Vladimir Vuletić, Ekaterina Titianova, Denis Čerimagić and Andrijana Bogoje Raspopović.

There were four satellite symposia discussing the recent therapeutic possibilities.

During this interesting program, participants were very satisfied with its content and online presentation, but all of us, from newcomers to longstanding lecturers were sad for not being live in Dubrovnik. We deeply missed its unique atmosphere and sincere hospitality, but we do hope that we will meet there in person next year.