

psychological endurance to correctly deal with setbacks, improving students' self-confidence, and promoting the overall health level of students' physical, psychological, social adaptability and moral quality. Therefore, physical education teachers should be fully aware of their special role, master the basic knowledge of mental health education, consciously penetrate into their own education, teaching and management, combined with the actual situation of students, adopt flexible and diverse teaching forms, increase entertainment and carry out mental health education at the same time. Schools should organize various sports competitions and colorful campus sports activities to give full play to the positive role of sports in mental health.

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APPLICATION OF BEHAVIORAL PSYCHOLOGY IN THE ARTISTIC CREATION OF ABSTRACT SCULPTURE

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Background: With the accelerating pace of urbanization, more and more interesting interactive public sculptures appear in the public field of vision. The continuous expansion of its scale has aroused people's general concern about interesting interactive public sculptures. However, due to many objective reasons of history and reality, the overall level of interesting interactive public sculpture is not high, and there is a lack of positive interaction with urban public environment and public psychological behavior. Abstract art creation is a kind of spiritual creative practice, such as painting, sculpture, architecture, music, poetry, etc. they are all conscious and purposeful creative activities, the purpose is to "show the spiritual things in the perceptual image for reference". In the creative subject to give full play to the role of consciousness, the brain through the integration of consciousness, can be transformed into the content of ideological works of art, there is another part of the content is not aware of.

The behavioral psychology of the public has always been the concern of scientists. However, artists should also consider the behavioral psychology of the public in creating interesting interactive public sculptures. The injection of behavioral psychology not only makes the creation of interesting interactive public sculpture more in line with the "public-oriented" design principle, shortens the distance between the public and sculpture works, but also provides a platform for the public to communicate with each other, forming a good interactive relationship.

Subjects and methods: Due to the variety of urban public space, the urban public space in this paper is mainly outdoor urban public space, such as urban park. This paper analyzes and studies the number, distribution characteristics, artistic characteristics of interesting interactive public sculptures in different types of urban public space in Shanghai, as well as the classified records and systems of public behavior rules, behavior patterns and behavior characteristics in the urban public space. And in the form of a questionnaire to further analyze the experience and satisfaction of public participation in interesting interactive public sculpture.

Results: According to the data in Figure 1, the author conducted a random survey of 67 participants in Jing'an Sculpture Park, including 21.4% of children, 29.3% of young people, 26.6% of middle-aged and 22.7% of the elderly.

The author will take two hours as the standard to analyze the public who participate in the interesting interactive public sculpture. According to the data in Figure 2, the number of public participation at 06:00-08:00 is 12.8%, and that of the public at 08:00-14:00 is on the rise, and the number of public participation at 14:00-20:00 is fluctuating, among which the number of public participation reaches the peak at 20:00. The public likes the sculpture works in turn: urban fantasy, world children (8 pieces in total), music series (5 pieces in total).

The use of vision is the premise to promote the public intuitive experience of interesting interactive public sculpture. Only sculpture works that can stimulate the public senses can further induce the participation of public psychological behavior.

As shown in Figure 3, the interesting interactive public sculpture Tango of life, which is located at the gate of Shanghai World Trade mall, adopts bright red, which is very eye-catching. It borrows the form of pepper in modeling, showing the interest of the sculpture, and visually brings the public a lovely and interesting feeling.

Hearing has been widely used in interesting interactive public sculpture. In the works, people often organize and arrange the beauty of hearing of flowing water to bring the public hearing enjoyment. Falling water, fountains and so on are different, which bring different sounds to the public.

As shown in Figure 4, the interesting interactive public sculpture “water of life” created by American artist Barbara Edelstein in Shanghai Jing’an Sculpture Park integrates water with the world of nature and art. The sculpture works have various shapes. The integration of water elements makes the flowing water in the sculpture works communicate with the public emotion and sublimate the spirit. As an essential element of urban park, interesting interactive public sculpture guides the public’s psychological behavior in a friendly and lively atmosphere. The appearance of interesting interactive public sculpture provides attraction and support for public behavior. There are various forms of interesting interactive public sculptures in urban parks. Artists make use of the psychological and behavioral needs of the public to promote the public’s diversified behavior participation.

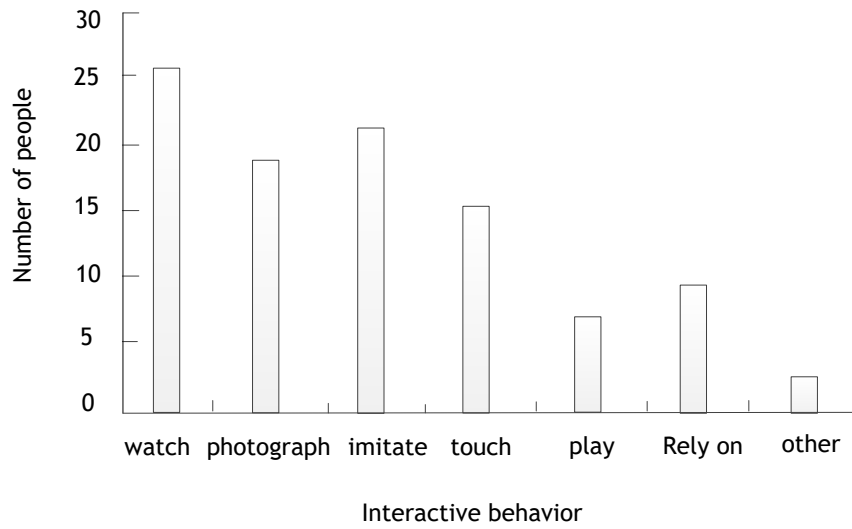


Figure 1. Data results.

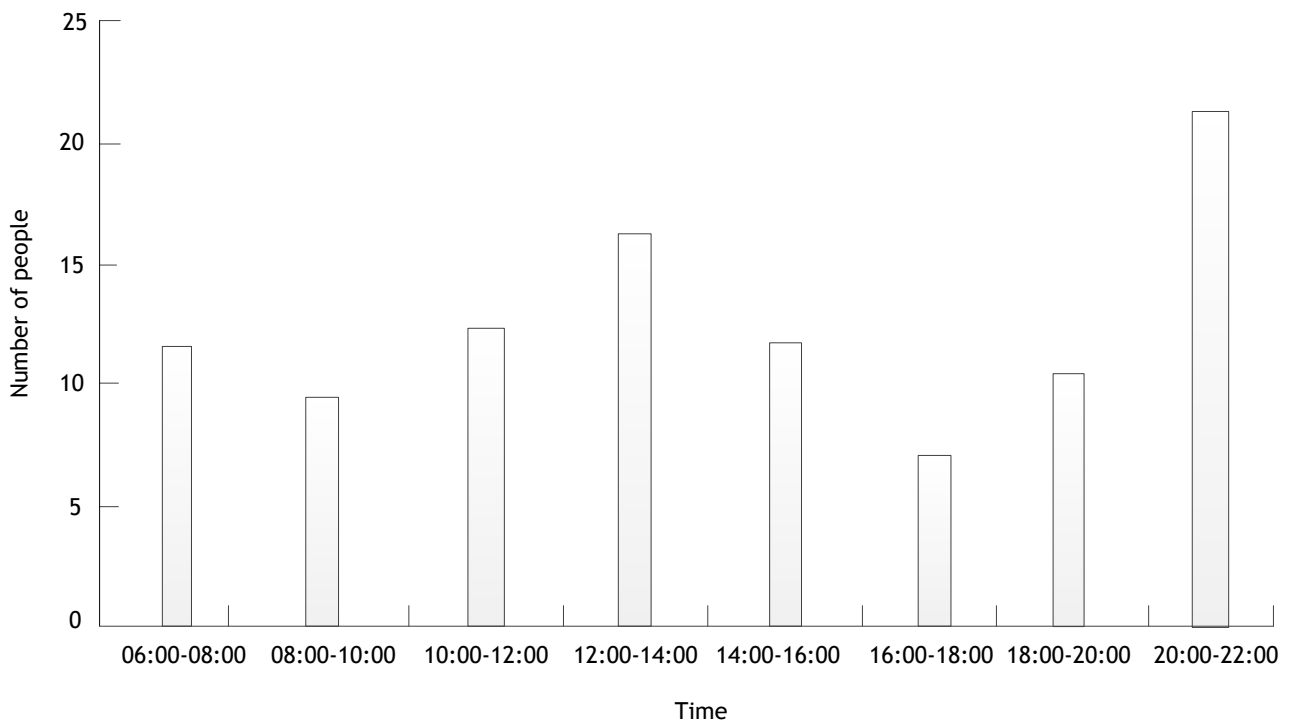


Figure 2. The purpose of participants’ activities to analyze the time law of the number of people participating in sculpture works.



Figure 3. Tango of life.



Figure 4. Water of life.

Conclusions: To improve the participation and interaction of interesting interactive public sculpture, not only artists need to meet the psychological needs of the public in the process of creation, but also the public need to improve their own quality and cultural and artistic accomplishment. The needs of the public develop with the development of time. Therefore, the interesting interactive public sculpture is also developing in the direction of diversification. Its ultimate goal is to provide the public with a space for rest and entertainment, so that the public can play the role of education in the process of participation. The diversified development of interesting interactive public sculpture also provides a good communication space for the public, so that the public's psychological behavior has been relaxed to the greatest extent.

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ROLE OF SPORTS PSYCHOLOGY IN COLLEGE PHYSICAL EDUCATION

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Background: Sports psychology is a side branch of psychology application in sports. It reflects the performance and actual law of sports activities comprehensively, and it is a discipline to study the characteristics of psychological activities and the rules of activities that human beings show in the specific sports activities. Since China entered the reform of teaching curriculum, colleges and universities have made many attempts in the curriculum setting, and expect to better train the comprehensive quality of students, gradually improve the attention to the physical education curriculum, let students participate in more sports activities, strengthen students' physique and cultivate more interests and interests of students. Students in the process of engaging in specific sports activities in school will encounter different activity environment and problems, will produce different psychological activities, which affect their own sports