can be considered that the significant level of a=0.05 indicates that the negative psychological effect has a significant impact on the monitoring of school teaching quality.

Through the analysis of the relationship between the positive psychological effect, the negative psychological effect, the coexisting psychological effect of the positive psychological effect and the negative psychological effect, we can know that the use of psychological effect is significant in the monitoring of school teaching quality.

Conclusions: In summary, as a school administrator, it is necessary to study teachers, master their psychological characteristics and psychological needs, apply the laws and effects of psychology to education and teaching management, and realize the "hyperlink" between psychological effects and management work. And in the teaching process, the flexible and accurate use of psychological effects has played a multiplier effect on stimulating students' learning enthusiasm and effectively improving the quality of teaching.

* * * * *

CONSTRUCTION AND APPLICATION OF SOCIAL PSYCHOLOGICAL SERVICE SYSTEM FROM THE PERSPECTIVE OF PUBLIC MANAGEMENT

Dong Xu[1] & Cho Sung Sim[2*]

[1]*School of Law and Politics, Zhejiang University of Finance and Economics Dongfang College, Haining 314408, China*
[2]*Department of Social Welfare and Public Administration for South and Noth Cooperation, Shinhan University, Uijeongbu-si 11644, Korea*

Background: Social psychological service system is the top-level design of strengthening the construction of social psychological service and cultivating healthy social mentality. It is a social policy to advocate and promote social psychological service from the height of system construction, and to promote the integrated development of society by solving individual and social psychological problems faced by individuals and groups. The construction of the social psychological service system requires the state to stand at the height of the system and system. In addition to the government itself, it also needs to coordinate the forces of all sectors of society, including the service personnel of various social institutions, including communities, hospitals, educational institutions and other third-party institutions, psychological service workers and social workers, As well as online and offline platforms such as social media and network, we should set up corresponding system objectives, system, system evaluation and system guarantee for the construction of social psychological service system from the economic, political and cultural levels by comprehensively using various elements.

Objective: From the perspective of public management, the construction of social psychological service system has two threads, one is based on social mentality, the other is based on mental health. The social psychological service system should be a multi-dimensional structure, which includes not only the psychological consultation for ordinary people in daily life, the popularization of individual psychological knowledge and mental health education, but also the shaping of social mentality and social psychological counseling at a more macro level. Therefore, from the perspective of public management, this study constructs a social psychological service system, applies it in a small scope, and analyzes its effectiveness.

Subjects and methods: Adhere to the principle of focusing on effectiveness, realize the "hierarchical classification and accurate service" of various psychological problems, provide public service products to the public, and brand, precision and customization of public service products of social and psychological services. To explore the working mode of social psychological service and the standardized management measures of crisis intervention, and build a social psychological service mode that is really accepted by the people, meets the needs of the people, and is welcomed by the people, so as to accumulate experience for the construction of the national social psychological service system.

Study design: In a certain region, the social psychological service system is constructed from the perspective of public management, and the satisfaction of the people in the region is discussed. The specific system construction direction is as follows: (1) It is a comprehensive, sound and standardized platform for grassroots psychological service and psychological assistance. Relying on the existing comprehensive service facilities in urban and rural communities, psychological counseling room or

psychological counseling studio will be established to provide psychological counselors or volunteers for grassroots units. (2) We should improve the psychological service network of education system, improve the psychological service network of institutions, enterprises and institutions, and enhance the mental health service ability of medical institutions. (3) We will improve the popular science propaganda network of mental health, including traditional media and new media. (4) Strengthen the construction of emergency psychological service system. Do a good job in all kinds of emergency technical plan, cultivate professional psychological assistance and crisis intervention team.

Methods: The study area includes 570 people, and the application time of the system is 15 days. After 15 days, the questionnaire survey is used to analyze the public satisfaction of the system. A total of 570 questionnaires were sent out and 552 were recovered, with a recovery rate of 96.84%.

Results: The data obtained from the application of the social psychological service system is shown in Figure 1. It can be found that people's satisfaction and support for the system is high, with 96.7% satisfaction and 93.8% support.
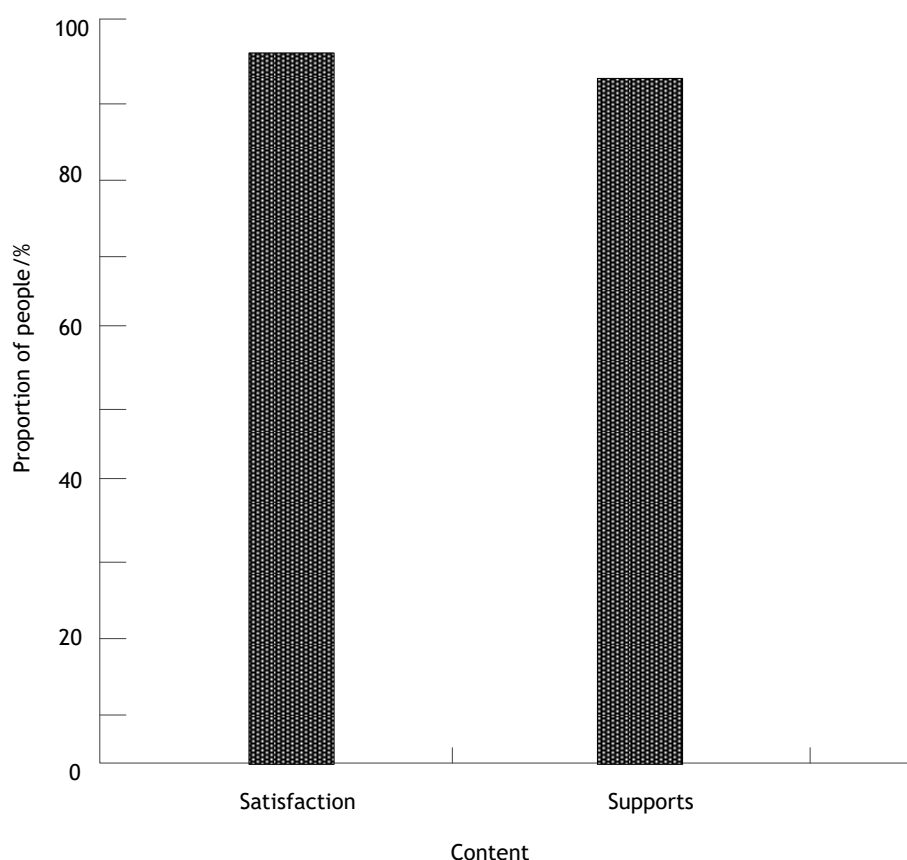

Figure 1. Statistical results of satisfaction and support.

Stable social order and good social psychology are the primary goals of social governance. Maintaining a positive and healthy social mentality can effectively promote the rational identification of social groups and actively support the governance of social environment. It can not only reduce the difficulty of social governance, but also smoothly carry out social reform and various governance links. In other words, the premise of social stability is a good social mentality, so social stability is the concrete manifestation of the external social mentality. At the same time, a good social mentality can support the process of social governance, promote social groups to have a calm and rational understanding of social phenomena and social environment, reduce the extent of psychological conflict of social groups, enhance the ability to tolerate social environment and psychological endurance, and promote the level of social psychological service. Therefore, in the high degree of satisfaction and support, the social psychological service system can be developed smoothly, which also verifies that the social psychological service system is basically feasible.

Conclusions: The construction of social psychological service needs multi-faceted and multi-level guarantee. In addition to the government's guarantee in policies, funds, talents, laws and other aspects, enterprises and institutions, communities, hospitals and social organizations should establish corresponding rules and regulations according to their own service population, service environment and service content;

Establish evaluation standards for service personnel, venues and facilities to ensure the reasonable and effective operation of social psychological service system.

* * * * *

CAUSES AND COUNTERMEASURES OF NEGATIVE PSYCHOLOGY IN VIOLIN PERFORMANCE TEACHING

Shuaili Du

College of Music and Dance, Guangzhou University, Guangzhou 510000, China

Background: In the process of playing musical instruments, performers not only need to master playing skills, but also need to have a strong psychological quality, need to have a good psychological state, in order to be able to effectively perform Violin and achieve the ideal performance effect. However, at the present stage, some violin performers have negative music psychology, with heavy psychological burden, timidity, tension and difficulty in performing effectively. Therefore, it is necessary and important to study the causes of negative music psychology and put forward effective methods to overcome it, which is directly related to the level of performance and has important practical significance for effective performance.

Objective: Music psychology is an important branch of general psychology. Through the research of music psychology, music teaching can be effectively carried out, music performers can be properly tutored and alienated, and various laws of music psychological phenomenon in violin performance can be explored, so as to overcome negative psychology, improve music quality, perfect music theory and improve performance skills. Taking violin performance as an example, this paper expounds the negative music psychological factors in violin performance and the ways to overcome them, hoping to eliminate the negative psychology of performers and improve the performance level.

Subjects and methods: This paper takes 50 violin performance students who have stage experience as the research object, one-on-one interviews are conducted by using the interview method, and the interview time is set at 10 ~ 60 minutes. The main contents of the interview include the students' psychological state after going on stage, understanding the psychological changes of students who have stage experience for many times, and the main considerations of students when they go on stage, and guiding the students to conduct self-evaluation and fully score Analysis of students' psychological state. SPSS15.0 software was used to analyze the data of students' psychological state.

Results: In the process of violin performance, there are some common negative music psychology, which will seriously affect the normal level of violin players, affect the self-confidence of violin players, and is not conducive to students' performance and performance. The negative music psychological factors in violin performance are mainly reflected in the following aspects (Table 1). First, nervous stage fright. Nervous stage fright is a very common negative psychology and a common psychological phenomenon. Most violin performers will have nervous stage fright when they perform on the stage several times before. It is mainly manifested as nervous, timid, anxious and worried about gain and loss before going on stage. After going on stage, their heart beats faster, their thinking is chaotic and incoherent. After going off stage, they feel relieved and worried about gain and loss Self evaluation was low. Second, inferiority complex. Inferiority complex is a common negative psychology. Some violinists may have poor skills and low self-evaluation. They are prone to inferiority complex. If they want to succeed, they are afraid of failure. They are hesitant and hesitant in the performance process. They are prone to retreat and affect the performance effect. Third, fear and anxiety. Some violinists tend to exaggerate their problems. They always think a lot and worry a lot. They will exaggerate their negative imagination. They are always afraid of the consequences waiting for them after failure. They will show anxiety and fear, which will affect the performance effect and cause a vicious circle.

Table 1. Negative music psychological factors in violin performance.

Mentality	Nervous stage fright	Inferiority complex	Fear and anxiety
Number of people	26	15	22

After enrollment, in the process of receiving school education, students begin to sprout collective consciousness and personal concept of honor and disgrace. In the process of learning, they begin to pay attention to the ranking, scores, comments and other evaluation results, and the sense of competition gradually emerges. With this phenomenon, how to correctly treat academic performance, adjust and maintain a good attitude. It has also become a topic of concern. In violin teaching, competition and grade