In recent years, more and more attention has been paid to the interior design of university library. In the process of studying students' learning psychology, it is found that the internal architectural environment of the library will have a great influence on the readers' psychology, and different internal designs will have different influences on students' learning.

Objective: The internal environment and humanistic environment of university library have an important influence on students' reading perception, emotion and thinking. As a kind of cultural phenomenon existing in the form of material culture, the environment truly reflects the achievements and characteristics of material culture created by human beings in their own development process. The internal environment of the library can truly and effectively reflect the learning situation of the students. The quality of the environment of the university library will directly reflect the cultural and spiritual phenomena of the university, and also directly affect the reading emotions of the readers. Therefore, the internal environment of the library will affect students' learning psychology.

Subjects and methods: A comfortable library environment can effectively relieve students' learning pressure and psychology, help students practice the correct view of learning and establish knowledge thinking consciousness. The interior design of the library can be planned in terms of light, sound, color, air quality and so on. This paper investigates and analyzes the improvement of students' learning psychology from the internal design of the library. By issuing questionnaires, this paper analyzes the effect of a comfortable library environment on students' learning psychology.

Study design: The stratified cluster random sampling method was used to investigate 500 school students in our city. One primary school, junior high school and senior high school in our city were randomly selected, and one class was selected from each grade. A total of 500 copies were distributed to students in 12 classes, 487 copies were recovered, and 466 copies were valid.

Methods: The influence of library interior design on the learning psychology of students in our city was analyzed by Excel.

Results: Different illumination brings different feelings to readers. Readers are excited and excited under bright light and feel happy. Students like to choose a seat near the window or under direct light during learning. A light environment not only affects students' psychological mood, but also affects their perception ability, reading mood, thinking mode and other aspects, so as to improve their learning ability and influence the reading effect. At the same time, noise, color and air quality also have a certain impact on students' learning psychology.

The survey results, using a scale of 0-4 quantitative value of the influence of specific factors, 0 said irrelevant, 1 said slightly, 2 said influence, 3 said obvious effect, 4 said full effect, in order to reduce the subjective causes bigger error during evaluation, evaluation value and take 500 students take average, calculated results determine rounded way, the specific statistical table is shown in Table 1.

Table 1. Influence of library interior design on learning psychology of students in our city.

Factors	Bright	Sound	Color	Air quality
Primary school	4	3	4	2
Junior high school	4	2	3	2
High school	4	2	2	3

Conclusions: Create a good internal environment of the university library, optimize the light environment, and provide students with comfortable reading light; to create a quiet and comfortable sound environment, reasonable use of color, to provide students with a comfortable reading space. All these directions are the goals of the decision-makers, designers and workers in the construction of university libraries. Only by constantly optimizing the internal environment of the university library, can students' reading ability be improved, and their perception ability, emotional orientation and thinking mode be greatly improved. Therefore, optimizing the internal design of the university library can effectively relieve students' learning psychology and promote their own academic improvement.

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APPLICATION OF ENVIRONMENTAL PSYCHOLOGY IN THE PLANNING AND DESIGN OF MODERN GARDEN NURSERY LANDSCAPE

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Background: The construction of modern garden nursery has naturally become an important basic link in the construction of urban landscaping and urban green space system. Landscape design can create a good and comfortable natural environment for occupants. Environmental psychology explores the relationship between occupants and the environment, mainly to meet people's physiological and psychological needs. Considering people's psychological aspects, environmental psychology is applied to landscape design through space shaping, plant selection, color application and collocation, so as to create a modern garden nursery landscape planning and design that meets people's psychological changes in landscape environment. Applying environmental psychology to the landscape planning and design of modern nurseries, we can realize the harmony and unity of environment and people, meet people's psychological aesthetic satisfaction, and arouse people's yearning and active participation in the landscape. In the landscape planning and design of modern gardens and nurseries, the psychological needs of different ages should also be fully considered, and suitable relaxation and rest areas and entertainment areas should be designed. Environmental psychology should be fully integrated into the landscape planning and design of modern gardens and nurseries, and the feelings, behavior habits and psychological needs of different groups should be comprehensively considered to create a good landscape environment that conforms to people's psychological vision.

The main purpose of modern garden nursery landscape planning is to design a more suitable environment for people's life. Therefore, the real feelings of people in the environment are more important than the quality of the environment. Under this design idea, designers have gradually formed a variety of work experience in the past design consideration process, that is, landscape design should be combined with people's actual needs, to establish a close relationship with people's feelings, which is actually the specific performance of environmental psychology applied to modern landscape design, so that designers can design reasonably from the perspective of people. With the further development of humanistic design concept in the field of design, the important position of environmental psychology in modern garden nursery landscape planning and design is further improved, and designers also attach great importance to the practical application of environmental psychology.

Subjects and methods: This paper mainly studies the application of environmental psychology in modern garden nursery landscape planning and design from the path, boundary, area, connection point, logo and color.

Study design: (1) Path: The path is a big frame of the overall environment. Therefore, the modern garden nursery landscape road should have obvious characteristics, four directions, obvious guiding and directional sense, and can be curved and straight in form. Even the detour of the secluded path should have remarkable regularity characteristics indicating that there is a more beautiful scenery ahead of people, bring tourists a psychological expectation.

(2) Boundaries: The landscape boundary of modern garden nursery is not necessarily linear, but it is more linear, with distinguishing, limiting and closing characteristics, such as wall, legal boundary, coastline, etc. The nursery landscape in the boundary should use plants with higher clarity. The boundary of nursery landscape not only refers to the separation of garden and surrounding environment, but also the interior and each area of garden. It protects the psychological needs of tourists for privacy.

(3) Area: The area mainly refers to large-area space, with some similar characteristics, such as dormitory, Zhongguancun, etc., which has different types, and the nursery landscape matching with it is also rich and colorful. From the perspective of environmental psychology, designers should design the nursery landscape in the active area of each age group according to the principle of unity and harmony and retrograde design, and pay attention to the psychological and physiological characteristics of the age group to meet their psychological needs. For example, for the elderly, we should combine the old people's character with the joy of calm and quiet, and yearn for a peaceful and peaceful life state in their hearts, and choose plants with high noise reduction and high ornamental properties, especially the green plants for purifying air.

(4) Connection point: The connection points mainly connect important paths, or the end points of different paths, such as intersections, traffic hubs, etc. The connection point is suitable for the use of tall plants. The remarkable feature of connection point is concentration, especially the aggregation of function. The connection point includes the entrance and exit of grassland, the starting point and the end point of the street in the garden landscape design. The use of tall plants can also be seen directly in the distance, giving tourists certain psychological expectations.

(5) Sign: The sign is an object that people regard as reference point and has obvious characteristics. Generally, it can be seen from a distance, and it is suitable for the use of symbolic plants. The sign in nursery landscape design can be small product form, sculpture form or buildings with historical and cultural connotation. In any area of modern garden nursery, signs can be regarded as the core landscape. The path is found by the features of different places, visual proximity, spatial design and so on. Arouse the curiosity of tourists and enhance the desire to explore

(6) Color: When designers design the modern garden nursery landscape, they often use the basic theory

of color fusion, collocation and comparison to configure plants according to the color changes of different growing seasons. Psychological experts say that when people judge the quantity, they often unconsciously regard 7 as the boundary. Therefore, in the process of nursery landscape planning and design, the plant color should not exceed 7, generally three colors are the most suitable. Therefore, when designing nursery landscape with plant color, it is necessary to ensure that the color is simple to avoid the feeling of disorder.

Methods of statistical analysis: Using web crawler technology to capture the landscape data of modern garden nursery, and using Excel software to sort out the data, and then using the simulation software to carry out the simulation analysis of modern garden nursery landscape planning, get the final simulation results.

Results: The landscape planning of modern garden nursery was carried out for unused and using environmental psychology respectively. The specific planning results are shown in Table 1.

Table 1. Comparison of landscape planning effect of modern garden nursery.

Comparison project	Not used	Used
Is the layout reasonable	Yes	Yes
Is the landscape composition Diversified	No	Yes
Is it adaptable	Yes	Yes
Planning cycle	Longer	Shorter
Planning cost	Lower than expected cost	Higher than expected cost
Satisfaction	Generally satisfied	Very satisfied

By analyzing the data in Table 1, we can see that compared with before using environmental psychology for modern garden nursery landscape planning, the landscape composition of post-modern garden nursery is more diversified, lower than the expected results, and has a higher degree of satisfaction, which can be further promoted in practice.

Conclusions: Environmental psychology is a subject that studies the relationship between people and environment. It explores the optimization between landscape environment and people from the psychological point of view. Studying the application of environmental psychology in landscape planning and design of modern garden nursery and understanding its influence on landscape design can make it more deeply applied in landscape planning and design, and help to design higher quality landscape planning works of modern garden nursery, so as to ensure its healthy and sustainable development and achieve greater economic, social and ecological benefits.

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REFORM OF PHYSICAL EDUCATION TEACHING CONTENT BASED ON EDUCATIONAL PSYCHOLOGY

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Background: The reform of physical education teaching content in China is in the primary stage. In this context, the in-depth study of the reform of physical education teaching content is becoming more and more important. The reform of physical education teaching content has increasingly become the focus of physical education theory workers and practice workers. The significance and focus of constructing teaching mode is to find the way and method of testing and applying theory, promote the transformation of sports theory teaching to teaching practice, provide good guidance for practice, and widely promote practical experience. The significance of comparative analysis is to provide reference for the optimization of physical education teaching content in order to learn from each other.

As the link between psychology and education, educational psychology can not only improve the efficiency of practical teaching, promote the understanding between teachers and students, and lay a solid foundation for the future development of students, but also promote the continuous development of sports theoretical system through the analysis of the problems existing in the teaching process and the summary and analysis of various problems Good. Therefore, in order to give full play to the effectiveness of educational psychology, it is necessary to explore its specific application in the reform of physical education teaching content.