

The results of the feasibility of the reform of physical education teaching content are shown in Figure 2. The analysis of the above results shows that teachers think that the teaching mode based on educational psychology is more feasible than the original one. In the long-term physical education process of teachers, due to the limitations of the original teaching methods, it is not conducive to the long-term development of physical education. The physical education teaching mode based on educational psychology designed in this paper is more feasible and suitable for the modern educational environment.

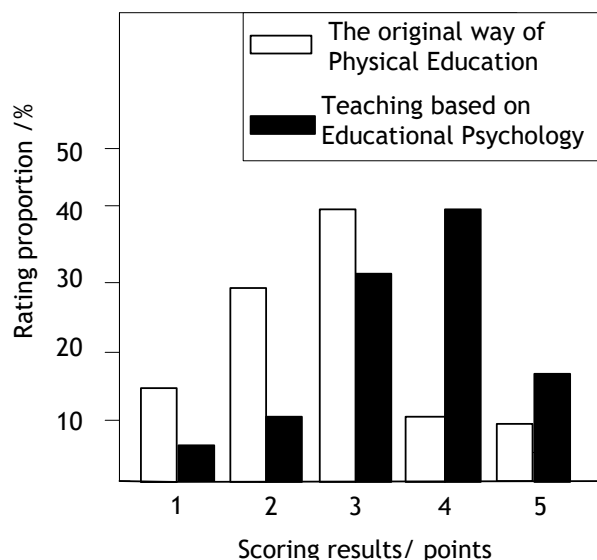


Figure 2. Feasibility scoring results.

Conclusions: Taking the practical teaching of physical education as an example, this paper analyzes the specific application of educational psychology and the results obtained from many aspects. It is believed that it can help people deepen their understanding of educational psychology to a certain extent, and it will play a positive role and profound reference significance for the reform of physical education teaching content in China.

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ROLE AND VALUE OF COLLEGE STUDENTS’ PSYCHOLOGICAL ADJUSTMENT IN THE CULTIVATION OF MUSIC ABILITY

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Background: Psychological factors such as psychological reaction, feeling, perception, will, memory and emotion play an important role in the cultivation of musical ability. It controls the singer’s physiological skills, influences the expression of students’ emotions, and controls the development of singing behavior to a higher technical level.

Musical ability training is an instrument based on the human body. Any human behavior contains a certain, internal psychological factors, no psychological factors of the behavior is not existing. In the cultivation of musical ability, the teacher’s soft work and the student’s hard work are all for the realization and completion of physiological movements. Therefore, the physiological action of music must be controlled by the mental attention, consciousness and will. For example, teachers often remind students “excited, excited and excited” in classroom teaching, which is because the nerve is not excited enough and the psychological reaction is not strong enough. In addition to talent, a singer’s voice on stage depends on other factors, such as mental state, health, mood, confidence and so on, which all affect a singer’s voice.

The physiological structure of human brain and other skills forms the material basis and physiological mechanism of music psychological regulation function, and also becomes the material carrier of music emotional activity and sound volition behavior. In music ability, on the one hand, the teacher to explain or

instructions, the students can be a particular area of the nerve impulses to the brain, causing all sorts of feelings, on the other hand, these feelings I feel is divided into lateral branches, and the impulse is transmitted to the vast area of the cerebral cortex by non-specific afferent brainstem network structure system, raise the excitability, stay awake state of alert, make activities smoothly and sound in singing. It can be seen that psychological response plays an important role in the cultivation of musical ability.

Subjects and methods: This paper first expounds the application of psychological adjustment in music culture, then analyzes the significance of cultivating the music quality of college students in our country, and finally, it focuses on the role and value of psychological adjustment in the cultivation of music quality. The test is mainly conducted through data statistics.

Study design: Before the music teaching, the students in the experimental class were psychologically adjusted, and the normal teaching in the control class was conducted. The music literacy after one semester was tested. 72 students participated in the test were collected, and 72 valid papers were collected. The results of the experimental class and the control class were analyzed by SPSS software, and the mean and standard deviation of the music scores were obtained.

Methods: At present, college students have great psychological pressure. Social development has a profound impact on College Students' employment and postgraduate entrance examination. In the face of a large number of problems, some college students may feel that their psychological endurance is constantly challenged, resulting in a large number of psychological problems. Music sound art is an important part of human civilization, which plays an important role in spreading culture and cultivating sentiment. 36 non Music Majors in the experimental class and the control class of a university were selected to carry out music teaching for one semester. They were tested by adding psychological adjustment content and not adding psychological adjustment content in the teaching process.

Results: Because the lyrics of songs are generally short, and many words and sentences appear repeatedly, there are not many text feature words, a total of 4314. As with "audio words", we compared the effects of different number of text features on the experimental results. The experimental results are shown in Figure 1.

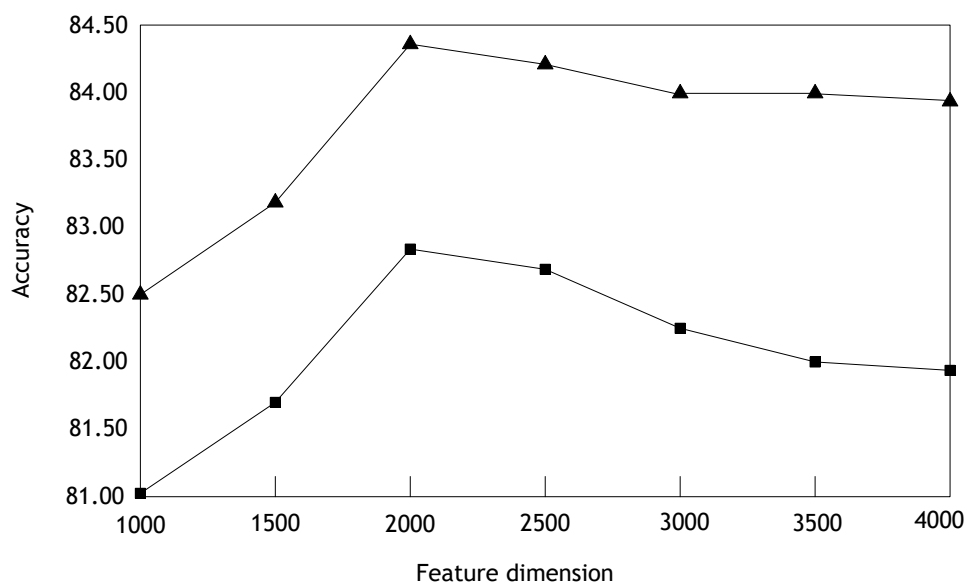


Figure 1. Accuracy of music emotion expression in different dimensions.

As can be seen from Figure 1, for different dimensions of music emotion expression accuracy and F1 value, when the feature increases from 1000 dimension to 2000 dimension, the music ability improves faster, almost 2%, the accuracy increases from 84.5% to 86.3%, and F1 value increases from 84% to 85.8%. When the feature dimension increases from 2000 to 2000, the accuracy and F1 do not change, indicating that the music ability basically does not change.

Conclusions: The above from the psychological reaction, feeling, perception, will, memory, emotion and emotion and other psychological factors discussed the important role of psychological control in music ability training, let us deeply understand the inherent law of singing and voice. In the future singing practice and teaching practice, we will continue to broaden our ideas, enrich the theoretical knowledge of vocal music, play the regulatory role of psychological factors, and improve the music ability of college students, so as to better meet the needs of society.

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IMPACT OF HIDDEN FLOW OF TALENTS IN COLLEGES AND UNIVERSITIES ON THE PSYCHOLOGY OF PERSONNEL MANAGEMENT IN COLLEGES AND UNIVERSITIES

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Background: Young talents in colleges and universities are the most dynamic and creative group in colleges and universities. In recent years, as the relationship between colleges and society has become closer and the trend of personnel mobility has intensified, people have begun to pay more and more attention to the issue of talent mobility in colleges and universities. The so-called hidden mobility means that some college teachers not only want to maintain the stability of their work in public units, but also want to take part-time jobs in their spare time, and ultimately devote a lot of time and energy to their second profession. The main reason for the hidden flow of talents is that the welfare and material security provided by their colleges and universities are insufficient, and other posts in the society can provide them with more benefits. Although for the talent itself, the hidden flow provides more benefits. But for personnel management personnel in colleges and universities, hidden mobility increases their workload and increases the difficulty of personnel management in colleges and universities. This has a certain impact on the psychology of university personnel management personnel. The main work of personnel management personnel mainly belongs to human resource management. Human resource management refers to the use of modern scientific methods to conduct reasonable training, organization and deployment of human resources combined with certain material resources, so that human resources and material resources can always maintain the best ratio. At the same time, it is an activity to appropriately induce, control and coordinate people's thoughts, psychology and behavior, and give full play to people's subjective initiative to achieve organizational goals. Therefore, personnel management personnel often need to apply relevant knowledge of psychology in their work. However, there are few researches on the psychological state of personnel managers, and the psychological problems of personnel managers will seriously affect the scientific nature of personnel management. Therefore, it is necessary to study the psychological changes of college personnel management personnel caused by hidden mobility.

Objective: At present, the hidden mobility of talents in universities is a hot topic in the field of human resource management research in universities, but from the current research, there is more attention to the explicit mobility of talents in universities, but less attention is paid to the hidden mobility. There are many studies on the factors that affect the hidden flow of talents in colleges and universities, but there are few studies on its impact. In addition, there are many researches on personnel management personnel using psychological knowledge to conduct human resource management methods, but there are few researches on their own psychological changes. To this end, this research focuses on the impact of hidden mobility of talents in universities on the psychology of university personnel management personnel.

Subjects and methods: Because the hidden mobility of talents in universities will increase the workload of personnel management personnel, in this process, the psychology of personnel management personnel will change. Investigating and researching this change can help you understand their psychology in time. According to this change, they will be psychologically guided in time to adjust their mentality and better manage their work. To this end, people engaged in personnel management work are used as experimental subjects to test their attitudes towards a series of phenomena of hidden talent flow through the form of questionnaires.

Study design: In order to ensure the reliability and validity of the research, a random sampling method was adopted to select 60 university personnel managers as experimental subjects. After issuing questionnaires and collecting the results of the questionnaires, SPSS was used for data analysis. Judge the main attitude of personnel managers towards the hidden flow of talents.

Methods: Select five representative events from the related events and phenomena of the hidden mobility of talents to conduct targeted investigations. Mainly include: lax state, delaying work, engaging in other business during working hours, arriving late and leaving early, ignoring management personnel. For the above five incidents, the psychological state of personnel management personnel can be divided into: indifferent; relatively dissatisfied; that the phenomenon has a greater impact on their own work; dissatisfied and jealous; seriously affecting work enthusiasm. Investigate the psychological state of personnel management personnel through the above items.

Results: The statistical results of the psychological state survey of personnel management personnel are