of nursing services and extends the concept of clinical holistic nursing. Through the community management model, the negative emotions of patients with depression have been improved, and the quality of life of patients has been improved.

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THE REFINED MODEL OF SMART SERVICE-ORIENTED COMMUNITY GOVERNANCE: TAKING THE EMOTIONAL CONTROL OF PATIENTS WITH DEPRESSION AS AN EXAMPLE

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Background: According to relevant data from the World Health Organization: "By 2020, depression in the elderly will become the second largest human killer after cancer, and 50% to 70% of elderly people will commit suicide due to depression in the elderly." Depression is a mental illness characterized by persistent depression of mood and emotion. Its main characteristics are: persistent depression, slow thinking, decreased volition and accompanying physical symptoms as the main manifestations. If depression cannot be promptly and appropriately dispatched, it will seriously threaten the patient's physical and mental health. The refined model of smart service-oriented community governance is to establish a mental health service station, which uses the community as a unit to maintain and promote the mental health of the residents through relevant theories, methods and techniques of psychology. By vigorously developing community mental health services, the mental health and social adaptability of community residents can be effectively improved, and the occurrence of mental disorders, mental illnesses and abnormal behaviors can be reduced.

China's community health services have been in operation for many years, although almost all community doctors believe that the prospects for developing mental health services are very optimistic in terms of economic and social benefits. However, as far as the current development is concerned, the development of community mental health services is relatively lagging and there are many shortcomings. Of course, there are many factors that affect the development of community mental health services. For example, most community health service centers have almost no independent mental health service specialist outpatient clinics, or even some necessary psychological measurement tools; community residents' misunderstanding of psychological problems also leads to Community mental health services have not been paid attention to the important influencing factors of alienation and neglect; in addition, the narrow coverage of mental health services, the single development method and other factors make the development of community mental health services difficult. Therefore, it is very important to build a smart service-oriented community, and at the same time, mental health service personnel should also have the ability to diagnose and treat common psychological problems.

Objective: In the era of big data, if a smart service-oriented community can be established, negative emotional tendencies can be detected in time, and reading therapy can be implemented for early depression symptoms, it will be of great benefit to maintaining people's mental health and preventing the occurrence of mental illness. Therefore, in-depth research and analysis of the refined model of smart service-oriented community governance can effectively study the emotional control factors of patients with depression, which is of great significance to the analysis of the emotions of patients with depression.

Subjects and methods: The influencing factors of depression patients' emotions were analyzed through the refined model of smart service-type community governance, and 500 depression patients were taken as the survey subjects. Using questionnaires to analyze the emotions of patients with depression, it includes three aspects: cognition, emotion and behavior. In the survey results, five levels from 0 to 4 are used to quantify the impact of specific factors. 0 means irrelevant, 1 means slight influence, 2 means normal influence, 3 means obvious influence, and 4 means sufficient influence.

Results: By analyzing the impact of the smart service-based community management model on patients with depression (shown in Table 1), the effect can be effectively known. The smart service community can effectively integrate resources, comprehensively integrate various information channels, and achieve "one-stop" services for residents, effectively improving the cognitive level of patients with depression; through harmonious overall planning and refined management, it can collect residents' information This kind of data is used to analyze the mood of patients with depression; through benign interaction, a communication circle is formed within the community, so that patients with depression can integrate into the community, improve their behavioral expression ability, and realize the organization and management of the community.

Table 1. The impact of refined management of smart service-oriented communities on patients with depression.

Factor	Cognition	Emotion	Behavior
Depressed patients	3	4	3

Conclusions: The research on the refined model of smart service-oriented community governance proposed in this article, on the one hand, has created a new direction that keeps pace with the times for controlling the mood of patients with depression in practice. By extracting keywords related to cognition, emotion, and behavior in the unconscious state of depression patients for feature analysis, it can objectively and accurately reflect the symptoms of depression, and then formulate corresponding community management programs for symptoms. At the same time, patients with potential depression can be detected in advance, and they can grasp the opportunity of treatment when the patients initially show depressive symptoms, which conforms to the principle of disease prevention in Chinese medicine, and achieves the effect of disease treatment and disease prevention.

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ANALYSIS OF THE BENEFICIAL INFLUENCE OF PAINTING ART ON THE PSYCHOLOGICAL DEVELOPMENT OF CHILDREN WITH AUTISM

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Background: Childhood autism is a group of developmental delay syndromes caused by neurological development disorders that occur in infants and young children. It is a group of behavior syndromes with basic clinical features as social communication disorders, language development disorders, narrow range of interests, and stereotyped repetitive behaviors. It belongs to children's widespread developmental disorder, which has a lifelong impact on children's physical and mental development. Not only are children with autism slow to respond and have difficulty communicating with the outside world, but children with autism also exhibit abnormalities in movement, sensation, perception, hearing, and touch. Although there have been advances in etiological research, most studies still lack consistency or it has not been transformed into treatment guidance. At present, the main treatment methods are behavior-oriented training, sensory integration training, combined with drugs and other comprehensive treatments. The prognosis is still not ideal. This not only brings a lot of troubles to the children themselves and their family life, but also produces many serious social problems.

Painting art therapy has been a hot topic discussed in the academic circles in recent years, but there are few researches on painting art therapy for autism at present, and it is almost blank, so it is worth exploring and trying. Children with autism have serious obstacles in social communication and language communication, and painting is a way to directly express their psychological characteristics without language, and it is also one of the most important ways for children to express themselves. Children with autism can express their emotions and vent their emotions through painting, and they can show things that cannot be expressed in words in their inner world through painting. As an effective method of communication and treatment, children's painting has attracted more and more attention from people in psychology and education circles. We can not only understand the growth and psychological development of children with autism by analyzing the art works of children with autism, but also understand their understanding of themselves and their families, and promote their mental health development.

Objective: The salient features of children with autism are: social communication barriers, language communication barriers, and abnormal interests and behaviors. These children usually have symptoms before the age of three, which has a great impact on children's physical and mental development, and has become a special group of increasing attention from society. Studies have found that in the individual education of children with autism, art therapy can improve their perception, perception, memory, thinking, emotion, will, temperament, personality, ability, communication, behavior and other aspects. Painting art is an important form of art activity in the art category. When participating in art activities, the brain's thinking and physical interaction slowly allow autistic children to walk out of their own world and communicate with people or things in real life.

Subjects and methods: 300 children with autism are the subjects of the survey. Using questionnaires to analyze the impact of painting art on children with autism, it includes three aspects: stimulating potential,