

statistical results of different interviewees' interviews with abnormal phenomena in literary works are shown in Table 1.

Table 1. Specific statistical results.

Insanity phenomenon	Numbers	Percentage/%
Delusion of persecution	21	70
Drug-induced anxiety	11	36.67
In a frenzy of excitement	17	56.67
Depressed mood	24	80

Conclusions: Subjective authority, a source of conflict in literature, manifests itself in various forms through the inner character of the protagonists, their special will and loss. When the characters call for social justice, they fight for self-orientation and self-affirmation. The theme of insanity reflects the continuity and new ideas in the process of human psychological development, and reveals the complex relationship between individual psychology and social history.

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A STUDY ON THE INFLUENCE OF ANXIETY AND DEPRESSION OF MIDDLE SCHOOL STUDENTS IN DIFFERENT ROLES IN JAPANESE COLONIAL EDUCATION

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Background: Anxiety depression, also known as anxiety neurosis, is based on generalized anxiety disorder and episodic panic state as the main clinical manifestations, often accompanied by dizziness, chest tightness, heart palpitations, dyspnea, dry mouth, sweating, tremor, and motility restlessness, etc. The anxiety is not caused by actual threats, or the degree of tension and panic is not commensurate with the actual situation. Depression is often mixed with anxiety. Everyone has different symptoms, but common symptoms include "depressed mood", "upset" and so on. Maintaining this condition for a long time will cause great harm to the human body. One of the common dangers of depression is that it makes the patient experience the most painful and bad mood. And this kind of pessimism appears without obvious external causes, so it is very difficult to solve, so that the mood of patients with depression is always pessimistic and world-weary. Depression and anxiety always accompany, and at the same time there will be inexplicable mental tension, panic and anxiety.

Japan's colonial education in its invasion of China is a general term for the "imperialization" education, "assimilation" education, and enslavement education that Japan implemented for the people in the Chinese occupied areas during the Japanese invasion of China. In modern times, Japan attempted to influence and control the political trend of China in the future through its cultural and educational undertakings, and to cooperate with its policy of aggression against China and colonial rule. However, the cruel facts of Japanese military force invading China aroused strong resistance from the Chinese people, and the result was counterproductive.

Objective: In recent years, anxiety and depression have gradually affected the normal growth of college students. Anxiety and depression, as an important aspect of measuring the mental health of college students, has attracted the attention of many psychologists and educators. By studying the characteristics of different roles in Japanese colonial education, it can effectively alleviate the anxiety and depression of college students.

Subjects and methods: By analyzing Japanese colonial education, it can effectively help college students alleviate anxiety and depression. This article mainly conducts research from three aspects: cultural self-confidence, patriotism and knowledge. Junior high schools, high schools, and universities were selected as the research objects, and questionnaires were distributed to their students to calculate the impact of anxiety and depression among college students.

Study design: Using a stratified cluster random sampling method, a survey of 1000 college students was conducted. Randomly select 1 junior high school, high school, and university. 1000 questionnaires were distributed and 961 valid questionnaires were returned.

Methods: Use Excel to count the anxiety and depression of middle school students in different roles in Japanese colonial education.

Results: By analyzing the situation of Japanese colonial education, the cultural self-confidence of college students can be improved. Enhancing cultural self-confidence lies in identification. It is necessary to correctly understand the advantages and disadvantages of culture, and promote cultural development by identifying with Chinese culture. Increased patriotism can enhance the satisfaction of daily life. At the same time, the knowledge base guarantees the ability to relieve anxiety and depression.

In the survey results, five levels of 1-5 are used to quantify the impact value of specific factors. 1 represents irrelevant, 2 represents slight impact, 3 represents general impact, 4 represents significant impact, and 5 represents sufficient impact. In order to reduce the impact. The individual subjectively caused a large error. Take the assessment value of 1000 students and take the average, and the result is determined by rounding off. The specific statistical table is shown in Table 1.

Table 1. The impact of anxiety and depression among college students.

Factor	Cultural confidence	Patriotism	Knowledge
Junior high school	4	5	3
High school	4	5	4
University	5	5	5

Conclusions: Mental health is an outstanding problem that affects the growth and development of college students and the harmony and stability of colleges and universities. Anxiety and depressive symptoms mainly refer to the mental symptoms of mental fatigue, emotional excitement and emotional instability caused by the brain's long-term stress state, which causes the brain's excitement and inhibition functions to become disordered. Patients with anxiety and depression symptoms may have clinical manifestations such as depression, insomnia, anxiety, and pain. Most patients with anxiety and depression symptoms are young adults. Mental workers are more likely to suffer from anxiety and depression symptoms. The main cause of anxiety and depression symptoms is: excessive pressure in life and work. By analyzing the different roles in Japanese colonial education, it is possible to effectively study and judge the anxiety and depression of college students, formulate corresponding mitigation methods, build harmonious interpersonal relationships, relieve students' psychological pressure, and promote the mental health of college students.

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DISCUSSION ON PIANO TEACHING STRATEGIES AND THERAPEUTIC MECHANISM OF BLIND CHILDREN WITH MENTAL DISORDERS

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Background: In children piano teaching, piano teaching for blind children is a special teaching. Blind children in the visual obstacles to their learning and life brought difficulties and inconvenience, especially learning piano this need to hands also need eyes to recognize the music instrument is more so, but in some aspects, they are stronger than ordinary people. Blind children are the most serious visual disability, that is, the best corrected visual acuity is less than 0.05 or the field of vision radius is less than 10 degrees, that is, almost invisible. China has given special support to persons with disabilities, established and gradually improved the human rights protection system for persons with disabilities, and promoted their equal participation in social life. However, the development of the cause of the disabled only have these external reasons is not enough, but also need disabled people with a healthy heart to struggle courageously. Because blind children are visually disabled, they acquire information mainly by hearing. Blind children grow up listening to the world, their hearing ability is stronger than ordinary children, which is also an advantage of blind children to learn piano playing. However, as a piano teacher how to play their own advantages in teaching blind children, how to carry out the blind children piano enlightenment teaching this topic has important practical significance.

Music is an external stimulation of the human brain, which is closely related to various physiological functions of the human body. In music therapy, people find that the regular acoustic vibration frequency of green music itself will produce a resonance reaction with the physiological rhythm of the human body. The physiological state of the human body has beneficial changes through music stimulation to adjust the human