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## AN ANALYSIS OF THE INTEGRATION PATH OF SOCIAL PSYCHOLOGY AND COMMUNITY PUBLIC GOVERNANCE STRUCTURE

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**Background:** With the development of society, various branches of psychology continue to appear, and social psychology is one of them. It points out that the development and change of society will have an important impact on people's ideas and mental health. Since the reform and opening up, profound changes have taken place in my country's economic system, social structure, interest pattern, and people's thinking. New social groups are increasing, new social problems are increasing, and new social affairs are emerging day by day. On the one hand, China's social transformation has brought about the gradual differentiation of social functions. On the other hand, it has also caused a large number of social problems to settle at the grassroots level of the community. Since the reform and opening up in the 1980s, China's economic system, social structure, interest pattern, and people's thinking have undergone profound changes. New social groups are increasing, new social problems are increasing, and new social affairs are emerging day by day. As an important carrier for the integration and reconstruction of the grassroots society, the community, the transformation of its governance structure and the development of public services have an important impact on the sound operation of the social order.

Social psychology refers to the study of the psychological and behavioral occurrence and change laws of individuals and groups in social interaction. Social psychology explores interpersonal relationships at the individual level and social group level. The contents of research on the individual level include: individual socialization process, communication, speech development, partners, family and living environment, and the impact of schools on individuals. The content of research at the social group level includes: group communication structure, group norms, attitudes, racial prejudice and aggressive behavior, customs and culture. From the perspective of social psychology, this paper analyzes the integration path of social psychology and community public governance structure.

**Objective:** In social psychology, the living environment will play a vital role in people's psychological changes and the formation of characteristics. In all living environments, society is one of the important social environments in which people live. With the deepening of community construction, China's community has gradually developed into an intermediary and network organization, and various community governance bodies such as the government, residents, associations, and professional organizations have begun to face-to-face contact and interact with each other. Therefore, as an important carrier for the integration and reconstruction of grassroots society, the exploration of the transformation of its governance structure and the development of public services has an important impact on the sound operation of social order.

**Study design:** All tasks of building a harmonious society need to be implemented at the community level, and the community governance structure is the core and key of community construction. Therefore, it is very urgent to strengthen the community construction task focusing on improving the community governance structure. Using the stratified cluster random sampling method, 1,000 community residents were surveyed and analyzed on the urban development situation. 1000 questionnaires were distributed and 976 valid questionnaires were returned.

**Methods:** Use Excel to calculate the integration of community public governance structure.

**Results:** Community is not only the cell of society, but also one of the living environments that will have an important impact on people's mental health mentioned in social psychology. The key to building a harmonious society is to build a harmonious community and coordinate and balance the various interest relationships in the community. In the process of community governance, the importance of mental health development of residents is truly recognized, combined with social psychology, and governance concepts are updated to effectively alleviate residents' psychological anxiety. The community can also start from the specific system and carry out the reform of the governance system, which is conducive to promoting the harmonious development of the community. By innovating governance methods and improving the information management level of the community, the quality of life of community residents can be effectively improved. In the survey results, five levels of 1-5 are used to quantify the impact value of specific factors. 1 represents irrelevant, 2 represents slight impact, 3 represents general impact, 4 represents significant impact, and 5 represents sufficient impact. In order to reduce the impact Individual subjective

causes large errors. The evaluation value of 1000 community residents is taken and the average is taken, and the result is determined by rounding off. The specific statistical table obtained is shown in Table 1.

**Table 1.** Integration of community public governance structure.

Factor	Governance philosophy	Governance system	Governance behavior
Residents	4	5	5

**Conclusions:** Just as social psychology holds that community is an important node of social development. As an important field of social development and social change, community public service is undergoing a transformation from spontaneity to consciousness, from experience to specialization, and from a single government structure to a diversified social subject structure. China's urban community public service has made gratifying achievements in a short time. However, China is in the period of economic and social transformation. In this special period, people's psychology is bound to undergo drastic changes, which will significantly restrict the development of community public services. Therefore, the use of social psychology can effectively integrate social resources, expand the degree of public participation, and develop diverse social subjects. Only in this way can the sustainable, rapid and healthy development of public services in the community be promoted, and the smooth transformation of Chinese society and the improvement of the community system can be effectively realized. innovation.

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## THE INFLUENCE OF LABOR EDUCATION INTEGRATED WITH PROFESSIONAL COURSE TEACHING IN HIGHER VOCATIONAL COLLEGES ON ALLEVIATING COLLEGE STUDENTS' ANXIETY DISORDER

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**Background:** Labor education helps to cultivate students' labor concept, cultivate good moral quality and internalize students' humanistic knowledge. Labor education has the functions of realizing moral, intellectual, physical and aesthetic goals and cultivating students' innovative consciousness. The ways of labor education for students are labor education in daily management, labor education in teaching management and labor education in the innovation of teaching mode. Labor is the basis and premise of human being. Human beings created material wealth and spiritual wealth by means of labor. Even in today's high-tech era, with the emergence of computers, robots, labor as the basic way of life of mankind has not disappeared and decline, but continue to transform and innovation. These facts show that not only human development and labor are inseparable, but also human existence and perfection have always been inseparable from labor. Labor education enables students to set up correct labor concept, correct labor attitude, form good labor habits, temper their will, improve the ability of resisting setbacks and enhance the sense of ownership. At the same time, labor will enhance the sense of social responsibility and competitiveness, cultivate the style of arduous and plain and the spirit of arduous entrepreneurship, help ease the anxiety of college students.

Labor is a purposeful, planned and organized educational activity to cultivate the students' various qualities. It is a comprehensive education integrating moral education, intellectual education, physical education and aesthetic education. Combining education with productive labor is the only way to cultivate people with all-round development. Labor education can make the goal of moral education carried out in college students' labor practice and internalized into college students' morality. In addition, the university student participates in the suitable labor also to be possible to coordinate the bodily organ the development, the exercise physical strength and the endurance, strengthens the physique, the raise will, enhances esthetic ability. Labor education is not only the classroom theory education, but also the work-study program, science and technology service, and the direct impetus of social quality education.

**Objective:** College students are a special group in the key period of physical and mental development. With the increasingly fierce social competition, the higher education system and personnel system have been reformed, and the employment situation is becoming increasingly severe. Therefore, College students have different degrees of anxiety. All kinds of anxiety symptoms have become serious psychological problems that affect college students' academic achievements and physical and mental health, and can lead to