

become the focus of social and parents' attention. From the point of view of ecosystem, family, school and parental rearing pattern are all important factors of adolescent mental health, especially the rearing environment and rearing pattern in the early childhood are very important to the mental development, which are closely related to the mental and psychological diseases in adulthood. Adolescents who have been in a bad rearing environment for a long time are apt to have a bad influence on personality development. In adulthood, once confronted with stress, sensitive psychological reactions such as interpersonal relationship, inferiority, paranoia and depression will appear.

**Subjects and methods:** The influence of parents on children is inevitable, and the direct impact on the child's parenting style is more important. Parents are the first teachers of children. Early nurturing environment of infants and young children will have a direct or indirect impact on adolescents' psychology. Whether the parental rearing pattern is correct or not will inevitably affect the child's mental health. It is the responsibility of every parent to foster a correct outlook on parenting and to learn scientific methods of parenting so that children can grow up healthily and happily. This article mainly carries on the investigation analysis from the infant early age raise environment and the raise way to the young people mental health influence.

**Study design:** Questionnaires were distributed to 500 adolescents, and the questionnaire was required to be completed once for all, and the time for each person to fill in the questionnaire was about 15 to 20 minutes. A total of 500 issued, 473 recovered, the number of effective copies of 461.

**Methods:** Using Excel statistics infant early parenting environment and parenting style of adolescent mental health impact.

**Results:** The three types of parental rearing, such as severe punishment, denial and over-protection, are positively related to children's behavior development and mental health. Severe punishment will lead to lack of security, anxiety, doubt, withdrawal and other psychological, and excessive protection will lead to emotional instability, willfulness, social difficulties. Refusal to deny, mainly refers to parents of children's excessive criticism, punishment, humiliation, easy to make children inferiority, helplessness and lack of security, resulting in personality disorders.

In this survey, the influence value of specific factors is 0-4, which means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence, and 4 means full influence. In order to reduce the great error caused by individual subjectivity in the evaluation, the evaluation value of 500 adults shall be rounded off and the result shall be determined by means of rounding off the average. The specific statistical table is shown in Table 1.

**Table 1.** Effects of early rearing environment and rearing style on adolescent mental health.

Factor	Severe punishment	Refuse to deny	Excessive protection
Teenagers	4	3	4

**Conclusions:** Adolescence is an important period of psychological and physiological development, as well as a key period of behavior health and psychological conflict. Its emotional problems are in the high-risk stage. With the increase of mental disorders and mental problems in adolescents, the exam-oriented education in our country is gradually transforming into quality education, which is changing from bio-psycho-social model. Parents are the first teachers of their children. Their correct early rearing environment and rearing style have important influence on adolescent's mental health. Unhealthy parental rearing style and rearing environment can easily cause psychological disorders such as sensitivity, anxiety and depression, and even affect physical health, leading to some diseases. Early rearing environment and rearing style of infants and young children have great influence on adolescent's mental health, and play a vital role in their mental development and personality formation.

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## MENTAL DISORDERS IN BRITISH AND AMERICAN LITERARY CREATION UNDER THE BACKGROUND OF CULTURE MARKET

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**Background:** British and American literature is the reflection of the society and life of the western

countries in the century and the reflection of people's actual living conditions. Literary works also show the multiple relations among any person, society, person and environment in the British and American countries and nations from another angle, which can reflect the social relations, national customs, mental state, thought and morals of western nations in a particular period from more angles. In other words, it is the world represented in British and American literary works and the social form represented in the works, which is the embodiment of British and American society, economy, politics and culture. Literature depicts insanity, from the frenzy caused by certain stimuli to the suicide caused by personal insanity and despair. These phenomena reflect the multifaceted values of medical theory, society and literature. Such works can be constructed from fictional stories or facts that are usually autobiographical. The explanation of the variety and complexity of insanity not only indicates that the theme has "polysemy", but also indicates that the theme should not be limited to the deepening identification of fictional or legendary characters. The phenomenon of mental disorder in literature also includes the conflict between intrinsic values and individual autonomy.

**Objective:** Literature deals with the subject of insanity, from the madness caused by certain stimuli to the suicide caused by personal insanity and despair. These phenomena reflect the multifaceted values of medical theory, society and literature. The phenomenon of mental disorder in literature also includes the conflict between intrinsic values and individual autonomy. The most vivid and vivid period in the history of literature is the mid-1950s and the late 1970s, when the rapid social and literary changes reflected by psychoanalysis and psychiatry were reevaluated.

**Subjects and methods:** Under the background of cultural market, the protagonists of insanity in British and American literary creation are fabricated with spirit, history and social forces. This construction, in an infinite combination of transformations, determines the course of one's mental activity. The psychiatric phenomena depicted in the long history of literature have created many images different from those of mental disorders. At this time, the rapid changes of society and literature reflected by psychoanalysis and psychiatry are re-evaluated.

**Study design:** By using the method of investigation and analysis, this paper analyzes the mental disorders in poems, novels, plays and biographies. This paper analyzes the specific manifestations of psychopathic content in British and American literary creation from three aspects: the language of content description, the structure of the article and the language handling.

**Methods:** Using Excel to analyze the mental disorder in British and American literary creation under the background of cultural market.

**Results:** Generally speaking, judgments imposed by social traditions, medical institutions and families often turn into people's inner revolts and their struggles to achieve self-determination. In fact, the plot, structure, and language of poetry, fiction, drama, and biography are very different from the true state of the individual's mind in dealing with insanity and the ideas that society and the family try to control, such as good and evil, health and disease, reason and fantasy, law and justice. Even if a sympathetic psychiatrist or psychoanalyst is portrayed in the work, there will be resistance when society and family despise the theoretical level of these doctors or despise them for injecting emotions that society and family consider inappropriate. The obtained statistical table is shown in Table 1.

**Table 1.** Insanity in British and American literary creation in the context of cultural market.

Types	Poetry	Novels	Theatre	Biography
Plot	3	3	4	3
Structure	4	4	4	3
Languages	3	4	3	4

The results of this survey use 0 to 4 levels to quantify the influence values of specific factors. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence, and 4 means full influence.

**Conclusions:** The theme of insanity in literature needs to reflect the changing background of medicine, society and literature. The motif of this theme has continuity, and it is a special representation of these background influences. Equating insanity with animals is reflected in ancient Greek tragedies, in Thomas Cleave, in Shakespeare, and most recently in Suzanne Cayson. Sometimes the association conveys that a society views insanity as discrimination against low-level forms of life. On the other hand, it shows the individual's pain, the insincere gratitude under repression, the resistance to the pressure of daily life, the effort to maintain the remnant self, and the religious worship to the natural peculiarity. Subjective authority, a source of conflict in literature, manifests itself in various forms through the inner character of the protagonists, their specialty will loss. When the characters call for social justice, they fight for self-orientation and self-affirmation. The theme of insanity reflects the continuity and new ideas in the process

of human psychological development, and reveals the complex relationship between individual psychology and social history.

**Acknowledgement:** The research is supported by: the Educational Reform Project of Hunan Province of China (Grant No. XJT2016202).

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## THE PRACTICAL SIGNIFICANCE OF THE HISTORY AND ARCHAEOLOGY OF THE NORTHEAST BOHAI KINGDOM FROM THE PERSPECTIVE OF APPLIED PSYCHOLOGY

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**Background:** In Bohai, which has existed in the present Northeast Asia for 229 years, many ethnic groups of different sizes, such as Momo, Goryeo, Han, Fuyu, Khitan, Xi, Woju, and Yiqi, have lived in harmony and worked diligently, building a world-famous “Haedong Shengguo”. During the heyday of the Bohai Sea, its jurisdiction, in addition to most of the current Northeast China, also included Russia’s Primorye Territory and parts of the northern Korean Peninsula. The Bohai regime also opened up the sea and land channels for exchanges with the Tang Dynasty, Khitan, Heishui Mohe, Silla, Japan and other places at the time, conducted extensive exchanges, and wrote a chapter of friendship among Northeast Asian countries. Therefore, mainly China, countries including North Korea, Japan, Russia, South Korea and other countries should take the literature and archeological data as the standard, regarding the ethnic origin, ethnic affiliation, political system and foreign exchanges of the Bohai Kingdom, the Five Capitals system and the capital, Extensive research has been carried out on economics and culture, the compilation and examination of historical materials, and the results have been remarkable. Many scholars have made incisive expositions on this. From the perspective of space, grasp the spatial structure and differentiation laws of different scales and different types of things. In addition, it also analyzes and explains the relationship between human society and the environment.

Applied psychology has a very close relationship with history. Applied psychology not only studies the historical differentiation laws of the Northeast Bohai Kingdom from the perspective of external economy, but also studies the evolution process and laws of the relationship between man and land from the perspective of time. Both discipline departments pay attention to this characteristic of time perspective, which fully demonstrates the closeness of the relationship between applied psychology and history. Therefore, it is necessary to make full use of the research methods of applied psychology in the study of Bohai history to enrich the research content of Bohai history.

**Objective:** The use of applied psychology can broaden the academic field of the study of Bohai history, provide new research methods and means for the study of Bohai history, and enable the study of Bohai history to a higher level. Through the production of various accurate Bohai history maps, it provides effective tools for the study of Bohai history, provides scientific basis for the protection and research of Bohai relics, protects and enriches the cultural and historical tourism resources of the border ethnic minority areas, and contributes to the development of economic and social stability in the border areas. make a contribution. By studying the psychological changes in different periods, it can also effectively analyze the dynamics of border countries, enhance academic exchanges between China, North Korea, South Korea, Russia, and Japan, and promote transnational regional tourism at the border of China, North Korea, and Russia. Cooperation etc.

**Subjects and methods:** Applied psychology can realize the practical significance of the history and archeology of the Northeast Bohai Kingdom through various forms. This article mainly studies and analyzes the influence of applied psychology, the question of historical belonging, the enhancement of people’s understanding of national history, the identification of the nation, and the promotion of economic and cultural exchanges.

**Study design:** Using stratified cluster random sampling method, 600 groups of different social classes were investigated. Students, citizens, and historical and archaeological scholars were randomly selected to conduct a questionnaire survey, 582 questionnaires were distributed, and 567 valid questionnaires were recovered.

**Methods:** Using Excel to count the understanding of the history of Northeast Bohai State through applied psychology by different social classes, and then influence their own national identity.

**Results:** The territory of Bohai State includes most of the northeast, Russia’s Primorye Territory, and