of human psychological development, and reveals the complex relationship between individual psychology and social history.

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**THE PRACTICAL SIGNIFICANCE OF THE HISTORY AND ARCHAEOLOGY OF THE NORTHEAST BOHAI KINGDOM FROM THE PERSPECTIVE OF APPLIED PSYCHOLOGY**

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**Background:** In Bohai, which has existed in the present Northeast Asia for 229 years, many ethnic groups of different sizes, such as Momo, Goryeo, Han, Fuyu, Khitan, Xi, Woju, and Yiqi, have lived in harmony and worked diligently, building a world-famous “Haedong Shengguo”. During the heyday of the Bohai Sea, its jurisdiction, in addition to most of the current Northeast China, also included Russia’s Primorye Territory and parts of the northern Korean Peninsula. The Bohai regime also opened up the sea and land channels for exchanges with the Tang Dynasty, Khitan, Heishui Mohe, Silla, Japan and other places at the time, conducted extensive exchanges, and wrote a chapter of friendship among Northeast Asian countries. Therefore, mainly China, countries including North Korea, Japan, Russia, South Korea and other countries should take the literature and archeological data as the standard, regarding the ethnic origin, ethnic affiliation, political system and foreign exchanges of the Bohai Kingdom, the Five Capitals system and the capital, Extensive research has been carried out on economics and culture, the compilation and examination of historical materials, and the results have been remarkable. Many scholars have made incisive expositions on this. From the perspective of space, grasp the spatial structure and differentiation laws of different scales and different types of things. In addition, it also analyzes and explains the relationship between human society and the environment.

Applied psychology has a very close relationship with history. Applied psychology not only studies the historical differentiation laws of the Northeast Bohai Kingdom from the perspective of external economy, but also studies the evolution process and laws of the relationship between man and land from the perspective of time. Both discipline departments pay attention to this characteristic of time perspective, which fully demonstrates the closeness of the relationship between applied psychology and history. Therefore, it is necessary to make full use of the research methods of applied psychology in the study of Bohai history to enrich the research content of Bohai history.

**Objective:** The use of applied psychology can broaden the academic field of the study of Bohai history, provide new research methods and means for the study of Bohai history, and enable the study of Bohai history to a higher level. Through the production of various accurate Bohai history maps, it provides effective tools for the study of Bohai history, provides scientific basis for the protection and research of Bohai relics, protects and enriches the cultural and historical tourism resources of the border ethnic minority areas, and contributes to the development of economic and social stability in the border areas. make a contribution. By studying the psychological changes in different periods, it can also effectively analyze the dynamics of border countries, enhance academic exchanges between China, North Korea, South Korea, Russia, and Japan, and promote transnational regional tourism at the border of China, North Korea, and Russia. Cooperation etc.

**Subjects and methods:** Applied psychology can realize the practical significance of the history and archeology of the Northeast Bohai Kingdom through various forms. This article mainly studies and analyzes the influence of applied psychology, the question of historical belonging, the enhancement of people’s understanding of national history, the identification of the nation, and the promotion of economic and cultural exchanges.

**Study design:** Using stratified cluster random sampling method, 600 groups of different social classes were investigated. Students, citizens, and historical and archaeological scholars were randomly selected to conduct a questionnaire survey, 582 questionnaires were distributed, and 567 valid questionnaires were recovered.

**Methods:** Using Excel to count the understanding of the history of Northeast Bohai State through applied psychology by different social classes, and then influence their own national identity.

**Results:** The territory of Bohai State includes most of the northeast, Russia’s Primorye Territory, and
parts of the northern part of the Korean Peninsula. This area is a beautiful and fertile area where many ethnic groups have flourished for a long time. The establishment of the Bohai State in the region was the only period in which the region became a whole. In the subsequent historical process, due to its sensitive geographic location and geopolitical reasons, the Bohai territory was always divided by multiple countries. Today, with the collapse of the Cold War structure and the advancing wave of globalization, the region has gradually formed an atmosphere of cooperation with the economy as the medium.

In the survey results, five levels from 0 to 4 are used to quantify the impact of specific factors. 0 means irrelevant, 1 means slight influence, 2 means normal influence, 3 means obvious influence, 4 means sufficient influence, in order to reduce the impact Individual subjective causes large errors. Take 600 group evaluation values and take the average, and the results are determined by rounding off. The specific statistics table obtained is shown in Table 1.

Table 1. The significance of different social classes in understanding the history of Bohai Kingdom in northeast China.

<table>
<thead>
<tr>
<th>Factor</th>
<th>Historical attribution</th>
<th>National identity</th>
<th>Economic and cultural exchange</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student</td>
<td>4</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>Citizen</td>
<td>4</td>
<td>4</td>
<td>3</td>
</tr>
<tr>
<td>History and archaeologist</td>
<td>4</td>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

Conclusions: The research content of Bohai Sea from the perspective of applied psychology includes the following aspects: use site location information to establish a spatial database of Bohai sites to obtain first-hand data for in-depth analysis; analyze the characteristics, laws and evolution of the spatial distribution of Bohai sites to reveal human society. The relationship between development and natural evolution provides a basis for the protection of historical and cultural sites; analyzes the impact of natural and human geography on the spatial layout of Bohai sites, and fully explains the reasons for the site layout; establishes a prediction model for the distribution of Bohai sites, and tests the model; Eventually, the Bohai Historical Geographic Information System will be established. This kind of research can provide more clues and possibilities for the study of Bohai history, and is of great significance to the study of Bohai history.

THE INFLUENCE OF COLLEGE STUDENTS’ LIFE VALUES EDUCATION ON DEPRESSION PATIENTS

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Background: In recent years, the incidents of ignoring life and denying life happen frequently among college students, which need educators’ attention and proper guidance. At present, college students themselves generally lack the correct values of life, lack of a strong sense of responsibility for life, lack of happiness, is the root cause of a series of life crisis.

Influenced by the times and their own characteristics, a series of problems about the cognition and practice of the value of life have arisen in the growing process of college students. In order to solve these problems thoroughly, we should try our best to develop and perfect the life values education of college students. The education of life values of college students is a series of educational practice, which aims at exploring the meaning of life, establishing the belief of life, taking on the responsibility of life, creating the happiness of life, following certain educational principles, using certain educational methods, continuously optimizing the external educational environment, finally realizing the practical life, helping students to know and understand the value of life, to practice and create the value of life, to promote and exceed the value of life. Theoretical research and practical work based on the perspective of positive psychology helps to pay more attention to the proposition of “human life”, to promote the scientific development of the subject of ideological and political education, to improve the effectiveness, pertinence and times of ideological and political education, and to change the perspective of our theoretical research from the previous “life education” to “life values education”. In practice, it is helpful to the construction of harmonious campus and even harmonious society, to the perfection of students’ personality, to the realization of “free and all-round development”, to the renewal of ideas and the promotion of quality of