

and points out the essence of the concept of image very clearly. As far as the relationship is concerned, there must be a connection and interdependence between meaning and image, such as surface, meaning is inside. Image cannot be equated with the object image, is not simply to reproduce or synthesize the representation of things, is from life is different from the life of the artistic image. Although the image is taken from nature, it is not equal to nature itself.

**Subjects and methods:** In the process of imagery creation, it has been integrated into the writer's thoughts, feelings and creative intentions, which is the result of refining, processing and synthesizing the life images according to the characteristics of objective things and his own emotional tendency. This article mainly carries on the investigation analysis from the psychological distance, the intrinsic imitation and the empathy.

**Study design:** Stratified cluster random sampling method was used to investigate 400 groups of different ages, different genders and different occupations. 400 questionnaires were distributed, 379 were retrieved and 368 effective copies were obtained.

**Methods:** Using Excel statistical aesthetic psychology to analyze the image of ancient poetry and appreciate the effect.

**Results:** Aesthetic psychology is a concept of aesthetic psychology, which refers to a special behavior psychology of human beings, that is, the psychological state that may arise in the process of aesthetic practice. Aesthetic psychology is a borderline thing between psychology and aesthetics. As a result, this discipline has intensified the rapid growth of psychology in the exploration of human cognition of beauty or artistic creation. After all, because psychology is more abstract, and aesthetic is to be able to visualize the performance in front of you and me, more specific, more intuitive. Therefore, countless people indulge in the sea of art, but also because of strong psychological resonance.

The survey results, with 0 to 4 levels of specific quantitative factors influence value, 0 means nothing, 1 means a slight impact, 2 means the impact is general, 3 means the impact is obvious, 4 means full impact. In order to reduce the subjective error in the evaluation. The results were determined by rounding the 400 social groups assessed and averaged, with the specific statistical table shown in table 1.

**Table 1.** Image analysis and appreciation of ancient poetry under aesthetic psychology.

Factor	Psychological distance	Internal imitation	Transference
Group	3	4	4

**Conclusions:** At present, we are in a world of "integration" of the trend of the times. This kind of integration is reflected in the field of cultural theory, that is, the collision, fusion and reconstruction of ideas, ideas and theories in different cultural traditions. And this kind of reconstruction, will no longer be limited to a cultural tradition within the reconstruction, but will be based on the "world" vision of a real sense of the construction of world culture.

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## PRACTICAL RESEARCH ON INTEGRATION OF IDEOLOGICAL AND POLITICAL ELEMENTS INTO DANCE CURRICULUM IN COLLEGES AND UNIVERSITIES FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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**Background:** Curriculum ideological politics "means that all the courses in colleges and universities have the functions of ideological and political education, ability cultivation and knowledge imparting." Since the concept of "curriculum politics" was put forward, many higher vocational colleges have vigorously promoted the teaching reform with "curriculum politics" as the goal. But there are still many problems in the course of concrete implementation. On the one hand, there is a lack of necessary theoretical research support and curriculum practice template for the system structure of dance curriculum. On the other hand, it lacks the syllabus of curriculum construction, the teaching materials, the training of teaching materials and teaching methods and the construction of curriculum evaluation system. From the level of teachers' team, on the one hand, the preparation is insufficient and the change of ideas is lagging behind; Influenced by the traditional education concept, the training of professional skills and the promotion of employment rate are the focus of concern, while the improvement of students' ideological and political quality is not much or

even optional. On the other hand, the excavation of ideological and political elements in the art curriculum is insufficient; Failed to find the “ideological and political” elements into the dance curriculum efficient teaching methods; Lack of professional courses in how to integrate into the ideological and political content and effectively guide students to learn the socialist core values and other issues of in-depth thinking. From the level of students, on the one hand, students have just left the tight environment of high school, separated from the strict management of parents, in the relatively loose environment of colleges and universities easy to relax their ideological and political quality requirements. On the other hand, students generally believe that ideological and political education is too political and theoretical to help their future employment, and lacks the initiative and internal drive to accept ideological and political education. Therefore, in the view of educational psychology, curriculum ideological and political education should fully excavate ideological and political cultural elements, realize the inheritance and development of culture, give full play to the role of moral education of curriculum, and infiltrate relevant spirits and ideas into the learning process of college students, so as to improve the effectiveness of curriculum ideological and political education, which can play an important role in the teaching reform of dance major and help achieve the all-round development of students.

**Objective:** Teachers study educational psychology in order to master the law and age characteristics of students’ cognition, choose appropriate teaching methods and take corresponding measures according to students’ age and psychology. Therefore, in the perspective of educational psychology, ideological and political elements into the dance curriculum is the need for professional curriculum development. In order to adapt to the social change, educational development and individual progress, and to meet the new requirements of the new era for curriculum teaching, it is an inevitable choice for dance courses to undertake the important task of curriculum thinking and politics, and also a responsibility to achieve the all-round education of dance courses. We should try our best to solve the new problems, such as the construction of curriculum system, the development of teaching materials, the excavation of ideological and political elements, the guidance of teaching design and the cultivation of a correct view of professional talents.

**Subjects and methods:** Methods: A total of 200 students majoring in dance were randomly divided into two groups. The control group consisted of 100 students who received daily training and study. In the experimental group, 100 teachers, after training the basic theories of educational psychology, introduced the ideological and political elements into the dance teaching, mainly through the teaching of folk-dance culture and the practice of dance skills. Let the students feel and appreciate the beauty of nature, life and art, so as to enhance the healthy aesthetic taste of students. Love art, love all the good things, and spread this experience of beauty to the people around them and their future career development plays a positive role. The experiment lasted for 3 months. After the experiment, questionnaires were distributed to the students to test their satisfaction during the 3 months. Using Excel statistics of student satisfaction.

**Results:** The result of the experiment shows that the degree of satisfaction of the students in the experimental group is higher than that of the control group.

**Table 1.** Satisfaction of two groups of students after the experiment.

Crowd	Numbers	
Experimental group	Dissatisfied	0
	A little dissatisfied	5
	General	35
	Relatively satisfactory	34
	With great satisfaction	26
Control group	Dissatisfied	16
	A little dissatisfied	43
	General	17
	Relatively satisfactory	22
	With great satisfaction	2

**Conclusions:** Educational psychology focuses on the positive aspects of human nature, society and life, and devotes itself to the study of human development potential and virtues. Educational psychology itself is a branch of psychology, which is also called a milestone in the history of psychology development by many scholars. In recent years, the theory of educational psychology has been widely used in the field of education. There are also calls and specific attempts to apply educational psychology in the domestic educational reform. Combining with the characteristics of dance courses, teachers should constantly tap the ideological

and political factors in dance education and teaching, complement each other in professional courses and ideological and political education, and imperceptibly carry out ideological and political infiltration of college students, so as to enable students to consciously undertake the historical mission and the responsibility of the times on the premise of mastering professional skills, and become a good young man with responsibilities.

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## COLLEGE ENGLISH TEACHING STRATEGIES FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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**Background:** Teaching method is the link between teachers' teaching plan and students' actual learning effect. Teaching method is based on the principle of educational psychology. As far as foreign language education is concerned, various schools of pedagogy in history have established their own theoretical systems directly based on corresponding psychological viewpoints. As far as school education is concerned, teaching is not an end in itself, but a means of promoting students to learn better, teaching is subordinate to learning and serving learning. Teaching is a process, is a process of interaction with students, the nature of teaching is the method of choice, is to choose the best way to promote students to learn best. Based on the analysis of the psychological characteristics of teaching and learning by teachers and students, we can get better teaching results by choosing appropriate teaching methods according to relevant language materials. College students have different psychological characteristics in English learning because of their different origins, different personality and different English proficiency. Some are confident, some are self-abased, some are proficient in spoken English, and some are proficient in written tests. Some students are afraid of learning English and have no clear goal. They think that learning English is useless and their interest in learning English is not strong. They generally reject the study of English from the psychological, that their vocabulary is small, weak grammar, poor spoken English, fundamentally poor English. Many students study English only for the sake of obtaining certificates and coping with exams. They only pay attention to the examination results and neglect the improvement of communicative competence. The phenomenon of "dumb English" is everywhere. Therefore, teachers must analyze the psychological characteristics of students' English learning and improve the teaching methods in order to improve the effectiveness of learning. The basic principles of educational psychology have a profound impact on teachers' educational ideas, teaching modes, teaching evaluation methods and curriculum structure. It plays a positive role in improving teaching methods, stimulating students' interest and motivation in learning and coordinating the interpersonal relationship with the people around them. As one of the main parts of college English teaching activities, teachers should have some educational psychology, understand the psychological characteristics and personality differences of students, arouse their interest, mobilize their enthusiasm for learning English, so as to achieve better teaching results.

**Objective:** Modern educational psychology holds that school situation includes teaching and learning, all activities of education can be classified into the category of teaching, and the influence of students can be classified into the category of learning. At present, there are many difficulties in the teaching and learning of college English courses. How to improve the teaching effect of college public English has been a hot topic. From the perspective of educational psychology, it is a valuable way to examine the psychological characteristics of teachers and students in the process of teaching and find out the measures of teaching improvement.

**Subjects and methods:** In this study, 200 college students and 30 English teachers were selected to fill in the questionnaire, which was composed of 35 questions. The time of filling in the questionnaire was controlled from 30 to 60 minutes. At the same time, the teachers were interviewed, the contents of the interview were added to support targeted teaching, taking into account the psychological characteristics of the teaching content. The mental states of teachers and students were collected, recorded and archived in Excel.

**Results:** The psychological state of students and teachers to the current curriculum design is shown in Table 1. It can be found that both students and teachers, there are some people are not satisfied with the