The vivid practice of “Great Power Craftsman” enlightens our country’s modern higher vocational education. Only by cultivating students to love their own jobs, be down-to-earth, diligent and conscientious, can they achieve something and expand the value of life.

**Objective:** Zhuangzi's thought has a distinctive feature in the pre-Qin hundred schools of thought, especially the educational thought embodied in Zhuangzi. The educational thoughts of Zhuangzi, such as loving one's post and devoting oneself to one's work, keeping improving and adapting to nature, are of great significance to the cultivation of modern higher vocational education and craftsman spirit in China.

**Subjects and methods:** Our country modern higher vocational education, regarding the student must cultivate the ingenuity, the forging skill, will achieve the future. In the cultivation of craftsman spirit of students, the most important is the cultivation of students’ professional skills. Therefore, many higher vocational colleges will put professional skills as the core of student learning.

**Study design:** Stratified cluster random sampling method was used to investigate 400 students of different ages, genders and majors. 400 questionnaires were distributed, 389 were retrieved and 378 effective copies were obtained.

**Methods:** Using Excel statistical educational psychology to examine the educational thought of Zhuangzi, the effect of cultivating the spirit of craftsmen in modern higher vocational education is studied.

**Results:** Through the strong support of national policies and the active efforts of the vocational and educational circles, the higher vocational students will become the craftsmen welcome in the community, so that craftsmen have a professional reputation, higher sense of gain and honor. China’s modern higher vocational education should carry forward the spirit of craftsmen, strengthen the cultivation of high-quality technical talents, and realize the transformation from made in China to made in China intellectually, from speed to quality and from products to brands.

The results of this survey use 0 to 4 levels to quantify the influence values of specific factors. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence, and 4 means full influence. The obtained statistical table is shown in Table 1.

**Table 1. Effect of Zhuangzi’s educational thought on cultivating the spirit of craftsmen in modern higher vocational education in the perspective of educational psychology.**

<table>
<thead>
<tr>
<th>Factor</th>
<th>Promote awareness</th>
<th>Organize activities</th>
<th>School-enterprise cooperation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
</tbody>
</table>

**Conclusions:** Chuang Tzu believed that when people come into the world, they should be born; when they leave the world, they pass away. So long as we are content with nature, sorrow and joy will not enter our hearts. Although human life is limited, but human beings should respect nature, know nature, explore, conform to the law of development, live in the moment, work hard, happy natural life. Summing up experience, transferring knowledge, harvesting achievement and happiness, realizing one’s own life value. This reflects Zhuangzi's people-oriented values of life. As a modern higher vocational education in our country, we should take the students’ healthy development and happy life as the goal, the cultivation of human beings as the fundamental task, the promotion of practical ability as the key point, perfect the education mechanism of combining morality with skill and combining work with study, and cultivate high-quality and skilled talents with craftsman spirit. Students shall be guided to take the initiative to study, understand the industry, integrate into the profession, and not be disturbed by the ever-changing external complicated society. Insistence shall be made from the heart, and self-loss shall be avoided. Students shall be at ease in the classroom, diligent in practice, enjoying learning, respecting individuality, playing to their strengths, studying laws, following nature, loving labor and working honestly. This requires the modern vocational education of our country to inherit and carry forward the spirit of craftsmanship, to make it rooted in the hearts of teachers and students, to comply with the trend of the times, to be more persistent, more diligent and dedicated, to be more dedicated to the new state into the construction of socialism with Chinese characteristics in the new era, to strive to realize the dream.

**Acknowledgement:** The research is supported by: the special scientific research plan project of Shaanxi Provincial Department of education “Research on the cultivation of craftsman spirit in modern higher vocational education by Zhuangzi’s educational thought” (Project No. 18JK0915).
ABSTRACTS
Psychiatria Danubina, 2021; Vol. 33, Suppl. 6, pp 12-389

Zhenzhi Wu¹ & Jianqiang Bai²

¹School of Environmental Art, Shanghai Arts & Design Academy, Shanghai 201800, China
²College of Design Art, Beihai University of Art and Design, Beihai 536000, China

Background: In recent years, more and more attention has been paid to soft decoration. Through the artistic expression technique, urges the people to start to pay attention to the environment, to relax, to enjoy the life. As one of the seven elements in soft-fitting design, color plays a very important role. Color, as a wonderful thing, expresses people’s emotion and association by means of hue, purity, hue and contrast, affects people’s psychological and physiological reaction, and even affects people’s objective understanding and view of things. It is the visual sensation of visible light. Any kind of design is inseparable from the color, when we enter a room, the first thing we see is the color of the object. Color is the essence and soul of soft design, other elements are also determined by it, grasp the accurate color collocation method to determine the success or failure of works. Color is an essential visual element in people’s life, which can arouse people’s first visual sense. Color has a certain symbolism; its characteristics have been running through human life from ancient times to the present. The ancient concept of color, talking about the appearance of the royal phase of the color of aristocracy - yellow, the civilian population cannot use its color; Speaking of the 2008 Olympic Games emerged in China’s color - red, Chinese athletes to the venue vibrant; Speaking of the funeral appeared sad color - white, at the foot of the mountain is the funeral procession dressed in white robes; Talking about the color of the postman’s hope-green, the postman who wears a dark green Zhongshan suit and a dark green cap on a dark green Phoenix bicycle and carries a dark green canvas bag knows that he is the postman who sends his relatives far away. In the contemporary multi-dimensional design, the symbolism of color has penetrated into people’s ideology and daily life.

Objective: Psychologists believe that people’s first sense is the visual, and the visual impact is the largest color. Color, as one of the seven elements in soft decoration design, plays a very important role. Color, as a wonderful thing, expresses people’s emotion and association by means of hue, purity, hue and contrast, affects people’s psychological and physiological reaction, and even affects people’s objective understanding and view of things. The function of color in space is to satisfy visual enjoyment, regulate people’s psychological emotions, adjust the intensity of indoor light, and reflect people’s living habits. Through the use of contrast and harmony of different colors will match the different styles and feelings of space. Therefore, in the soft design, the study of the common psychology of color is very important, designers to take into account the feeling of color, which will make the design work more popular.

Subjects and methods: The reason that color can affect a person’s state of mind and mood is that color comes from nature’s innate factors. The blue sky, the bright red blood, and the golden sun... When you see the colors associated with nature’s innate colors, you naturally associate them with the sensory experiences associated with these natural objects. This is the most primitive effect. The reason that color can affect a person’s state of mind and mood is that color comes from nature’s innate factors. The blue sky, the bright red blood, and the golden sun... When you see the colors associated with nature’s innate colors, you naturally associate them with the sensory experiences associated with these natural objects. This is the most primitive effect.

Study design: Therefore, the choice of color in the design can use the color of nature, so that people feel comfortable and comfortable. And the breath of nature into the indoor living room, embellished the space, bring vigorous vitality to the space.

Methods: The influence of statistical color psychology of excel on modern interior soft decoration design.

Results: Bright, strong colors used for individual embellishment will increase the overall vitality and interest; Still can use the same kind of color of different shades to do superposition, increase the administrative levels of integral space feeling, let its look more capacious and not drab. If it is a large space, then warm colors and dark colors can make the large space appear warm and comfortable. Strong, conspicuous decorative colors are suitable for large space decorative walls to create visual focus, such as unique wallpaper or hand-painted. So, to avoid the same color decorations scattered in all corners of the room, so that large space is more diffuse, lack of center, near the color decorations will focus on the room.

The results of this survey use 0 to 4 levels to quantify the influence values of specific factors. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence, and 4 means full influence. The obtained statistical table is shown in Table 1.

Table 1. Influence of color psychology on modern interior soft decoration design.

<table>
<thead>
<tr>
<th>Factor</th>
<th>Bright, strong colors</th>
<th>Homogeneous overlay</th>
<th>Warm and dark colors</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small space</td>
<td>4</td>
<td>4</td>
<td>3</td>
</tr>
<tr>
<td>Large space</td>
<td>3</td>
<td>3</td>
<td>4</td>
</tr>
</tbody>
</table>
Conclusions: The function of color in space is to satisfy visual enjoyment, regulate people’s psychological emotions, adjust the intensity of indoor light, and reflect people’s living habits. Therefore, in the soft design, designers to take into account the feeling of color, which will make the design work more popular.

* * * * *

CONSTRUCTION OF COURSE EVALUATION SYSTEM FOR COLLEGE STUDENTS’ PSYCHOLOGICAL HEALTH EDUCATION

Li Feng

School of Education, Yulin University, Yulin 719000, China

Background: The aim of the course is to improve the psychological quality of all the students and fully tap their psychological potentials, so as to keep a correct understanding of themselves, enhance their ability to adjust themselves, endure setbacks and adapt to the environment, and cultivate their sound personality and good psychological quality. In view of the particularity of the mental health education course for college students, the emphasis of the evaluation of the course is not only the teaching and mastering of knowledge, but also the improvement of students’ knowledge and psychological quality. Therefore, the course should have its own scientific evaluation standards to enhance the effectiveness of the mental health education course. Due to the fact that the mental health education course for college students has always been taught in large classes with a large number of students and insufficient teachers, many schools generally use summative assessment to evaluate students. Although this kind of evaluation is highly operable, it is not conducive to arousing students’ interest, emotion and attitude, nor to improving students’ psychological quality in an all-round way. As a public course, students’ mental health education has always been evaluated by means of summative examination. This kind of teacher as the main body of the single evaluation method does not meet the “student-oriented” educational philosophy, but also cannot meet the needs of mental health education curriculum development. Obviously, the mental health education course for college students must establish a “multi-evaluation” system to meet the needs of curriculum reform and student development.

Objective: Mental health education courses for college students have always adopted the mode of public elective courses in large classes with complex professional backgrounds and students coming from all majors and grades. The aim of mental health education course for college students is to improve the psychological quality of all students, so it is unreasonable to simply adopt the way of final examination to determine students’ mental health. The evaluation of this course should not only focus on how much psychological knowledge the students have mastered, but also on whether the students have internalized what they have learned in class and whether their psychological quality has been improved. So the course of mental health education for college students should have its own scientific evaluation standards to enhance the effectiveness of the course. This research will discuss the methods of the evaluation of the effect of mental health education from three aspects: the subject, the content and the form of the evaluation.

Subjects and methods: Methods: 300 college students were selected; 300 questionnaires were sent out and 300 questionnaires were retrieved. The content of the questionnaire includes the enthusiasm of college students to participate in collective activities, college students’ self-evaluation, interpersonal relationship, psychological scale and scores. All questionnaires were completed anonymously. Using the Excel table statistical survey results.

Results: Combined with the results of the questionnaire survey, the indicators of college students’ mental health education curriculum are shown in Table 1.

Table 1. Indicators of mental health education for college students.

<table>
<thead>
<tr>
<th>Indicators</th>
<th>Classroom participation evaluation</th>
<th>Evaluation of extracurricular learning process</th>
<th>Assessment of routine operations</th>
<th>Terminal evaluation at the end of term</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of supported/%</td>
<td>87.5</td>
<td>53.7</td>
<td>84.2</td>
<td>86.4</td>
</tr>
</tbody>
</table>

(1) Participation in classroom activities. The teaching design of mental health education course usually includes questionnaire, interview, group activities and so on, which can make the soul precipitate, arouse psychological potential and develop self. Therefore, the classroom adopts the way of self-evaluation and mutual evaluation according to the form of group. This way of classroom evaluation can let the students...