

In order to adapt to the new teaching mode better, music educators in colleges and universities should renew their teaching ideas and teaching techniques, actively comply with the reform tide of music teaching in colleges and universities, and give full play to the educational wisdom and value of music teaching in the overturning classroom.

Acknowledgement: The research is supported by: Education and Teaching Reform in Colleges research project of Hunan Province in 2019 “Practice Research on Piano Collective Class Teaching Reform Based on” Flipped Classroom “Project Number 2019 (1065)”.

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THE COUNTERMEASURES OF ENHANCING THE INFORMATIZATION TEACHING ABILITY OF COLLEGE TEACHERS FROM THE PERSPECTIVE OF PSYCHOLOGY

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Background: Positive psychology not only inherits the core of scientific psychology and humanistic psychology, but also makes up for some deficiencies existing in traditional psychology. Positive psychology emphasizes the positive content of human nature and pays attention to psychological and emotional problems, which has a positive impact on improving people’s psychological quality and behavior patterns. Informationized teaching ability is a kind of information teaching ability that teachers use modern information technology to scientifically carry out teaching design, develop and utilize teaching resources, rationally arrange every link of teaching design, and improve the quality of personnel training under the guidance of the teaching theory of psychology. Under the background of “Internet Plus”, teachers’ information-based teaching ability is very important for college teachers and teaching administrators. Therefore, college teachers should pay attention to the importance of positive psychology, give full play to its value advantages, enhance the sense of teaching effectiveness.

Objective: The information-based teaching is the necessity of the development of modern education, and it has brought the impact to the traditional teaching of teachers. The proportion of information technology in college education and teaching is increasing day by day, which requires college teachers to change their roles in the educational information environment. In order to adapt to the changing role, college teachers should constantly improve their professional skills, and the ability of information-based teaching is one of the important parts.

Subjects and methods: Psychology usually calls one’s subjective judgment of one’s own activity ability as the sense of efficacy. The sense of teaching efficacy of college teachers refers to his subjective judgment of his teaching ability or level. Positive psychology holds that the main reasons for lowering teachers’ teaching efficacy in colleges and universities are job burnout, traditional thinking and weak teaching ability. Therefore, in this study, 200 students were randomly divided into two groups, the control group and the experimental group, including 100 students. The control group only carries on the routine teaching, the experimental group based on the positive psychology promotion university teacher teaching potency, carries on through the following method: We should construct diversified assessment mechanism, create positive working environment, strengthen self-efficacy education, cultivate positive personality, improve EQ index and enhance positive emotional experience. In the above requirements, teaching. For one month, two groups of students were tested for teacher satisfaction. The results were statistically analyzed by SPSS15.0 software.

Results: The results of student satisfaction are shown in Table 1.

Table 1. Satisfaction results of two groups of students.

Group	Dissatisfied	General	Relatively satisfactory	Satisfy
Experimental group	2	47	38	13
Control group	15	62	18	5

It was found that the experimental group was more satisfied with the information-based teaching method than the control group. In order to improve students’ learning style and enhance teachers’ Informa ionization ability, we must speed up the construction of digital education resources sharing system and improve the construction of digital teaching information resources in various forms such as network courses, virtual

simulation training platform and general subject material library. Build an information-based comprehensive learning platform composed of professional websites, curriculum websites, teacher space, learning space, WeChat platform and so on, with the functions of online teaching, online learning and online assessment, and create good conditions for teachers to carry out information-based teaching and students' ubiquitous, mobile and personalized learning. Comprehensively promote the construction and application of real-name e-learning space, and further promote students' self-management, self-learning and self-service.

Conclusions: Educational Informationization is a process in which modern information technology permeates and merges all aspects of educational field. Informationized teaching can test teachers' ability and method of imparting knowledge, urge teachers to perfect and construct their professional knowledge system, promote teachers' teaching ability and professional development, and provide new ideas for college education and teaching management, promote the informationization and modernization of college education and the improvement of the quality of college education.

In order to improve the teachers' ability of information-based teaching, we must first establish the student-centered teaching thought and integrate the information-based teaching resources and teaching activities. Therefore, in the process of setting up relevant training contents, we should not only pay enough attention to modern information technology theory, but also further strengthen its practical application in teaching process. Teachers' information-based teaching ability is the full embodiment of the use and integration of information-based teaching resources.

This requires teachers to have the ability to process information and make Internet thinking video in the process of teaching, to analyze the course content by using the existing technology, and to show the course content to the students in the form of micro-class, so as to make it a shared information resource. As far as the teaching characteristics of colleges and universities are concerned, the training of teachers' information-based teaching ability mainly includes the training of basic teaching skills, teaching methods, basic information-based teaching techniques, interactive curriculum development and training, teaching process formation and integration of information-based teaching platforms.

Acknowledgement: The research is supported by: 2020 Jiangxi Postgraduate Innovation Fund Project "Evaluation of Online Teacher-Student Interaction effect and Analysis of its Influencing Factors (YC2020-S080)", 2019 Jiangxi Social Science Planning Project "Current Situation and Promotion Strategies of College Students' Information Literacy from the Perspective of Integrated Media" (19JY17).

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AN ANALYSIS OF THE OVERSEAS COMMUNICATION ROUTE OF CHINESE CONTEMPORARY LITERATURE FROM THE PERSPECTIVE OF SOCIAL PSYCHOLOGY

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Background: Chinese culture has a long history, as early as the Tang Dynasty had the Silk Road, not only in the material and cultural exchanges, but also in the thought of more meaningful exchanges. With the continuous progress and development of society, more and more foreign students go out to study foreign knowledge and culture, and quite a few foreign students come to study Chinese culture. There are Confucius Institutes in many parts of the world, which has greatly promoted the overseas spread of Chinese culture. In recent years, with the development of China's economic strength and the improvement of its status in the world, the soft power of Chinese culture has also been enhanced, which has been valued and loved by more and more countries and people. It is believed that in the process of China's growing strength, there are more and more ways and means for the spread of Chinese culture abroad. There are two forms of cultural communication: active communication and passive communication. Cultural communication belongs to active and conscious communication, which can be disseminated by means of education, media and language learning. Chinese culture has a long history, the spread of Chinese culture has a positive impact on the integration of world culture. The overseas dissemination of Chinese contemporary culture is of great significance to the development of Chinese culture. Politics is the key to a country's development, but also an important perspective to understand a country. By spreading Chinese contemporary literature overseas, more countries can understand China's politics and the advantages of the socialist system. Incorporating more political elements into literary works or reflecting political standpoints in literary works is of positive significance to the development of China's political system. Every country in the world has its own different cultural background and details, and has great cultural differences. Cultural differences are the premise of cultural exchanges between different countries and nations. An important way for many readers abroad to