

appropriate feedback. It is easy to cause more doctor-patient relationship problems. Therefore, the hospital's public human resource management system design must pay full attention to the tension relationship between doctors and patients, so as to improve doctors' job satisfaction effectively.

According to the judgment theory of well-being, self-congruence plays a very important role in subjective well-being. It measures doctors' self-satisfaction from the perspective of positive emotions such as self-affirmation, self-acceptance, self-confidence, self-esteem and so on. The score of "self-satisfaction" reached 3.9567, far exceeding the median. It explains that doctor's high-degree of self-satisfaction affects their sense of self-worth, and helps doctors forming positive emotions and being able to face patients with an optimistic and positive attitude, which improves the quality of hospital services. The in-depth reasons for this situation are attributed to doctors' strong identification with medical work. From the perspective of hospital public human resources management, it is necessary to build a doctors' competency model, carry out related evaluations, and improve the degree of matching between doctors and posts, thereby improving the level of doctors' subjective well-being.

Hospitals have high requirements for doctors' work, requiring doctors to have a high degree of responsibility and patience, and to strictly comply with various specifications. And the degree of independent creativity is relatively low. These factors easily inhibit the doctor's personality and causes negative emotions such as resistance, frustration, meaningless feelings and so on. The negative emotion experience score is 2.2548 points, which does not reach the medium value. It indicates that doctors experience negative emotions at a moderate to low level. This is due to doctor's understanding of the importance of medical work, and it also once again illustrates the important role of person-post matching in relieving negative emotional experience. Therefore, in the design of the hospital's public human resource management system, it is necessary to pay full attention to the degree of matching between doctors and posts.

The measurement index of doctor's "physical and mental health experience" combines two orientations in the field of well-being measurement research-the quality-of-life orientation and the mental health orientation. Doctor's "Physical and Mental Health Experience" dimension score is 2.5487, which is relatively close to the medium value. This shows that the physical and mental health of doctors cannot be ignored. Therefore, in the design of the hospital's public human resource management system, hospital administrators should take corresponding measures to pay attention to the psychological pressure of doctors, to ease and mediate the pressures, improve their mental health, and enhance their subjective well-being.

**Conclusions:** According to the survey results of doctors' subjective well-being, in order to further improve doctors' job subjective well-being, it is necessary to change thinking mode, establish the concept of career management and help doctors set their career goals when designing hospitals' public human resource management system, so as to improve doctors' job subjective well-being effectively and thereby improve hospitals' economic and social benefits. (1) Hospitals' leaders should think much of and care doctors' well-being at work; (2) Improve the professional title review system for doctors; (3) Highly value the training of doctors; (4) Design effective performance appraisal and salary distribution plans; (5) Build a management system based on the competency model; (6) Properly balance the problem of doctors' work-family conflicts; (7) Pay attention to the tension between doctors and patients; (8) Mediate the psychological pressure of doctors; (9) Strengthen the construction of hospital culture.

\* \* \* \* \*

## DIVERSIFICATION OF PRACTICAL TEACHING RESOURCES OF COLLEGE STUDENTS' IDEOLOGICAL AND POLITICAL COURSE FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

Guanglei Zhang

*School of Marxism, Zhengzhou Railway Vocational & Technical College, Zhengzhou 450052, China*

**Background:** In recent years, under the care and guidance of the party and the government, the teaching of Ideological and political theory course in colleges and universities has achieved remarkable results. From the overall situation, college students' thoughts, beliefs and values are positive, positive and upward. However, with the development of society, ideological and political teaching in colleges and universities is facing more and more challenges. As an important way to lead the mind of college students and help them establish a correct world outlook, outlook on life and values, the effective implementation of Ideological and political course in colleges and universities must follow the law of students' psychological development. The research on the application of educational psychology in Ideological and political teaching in colleges

and universities can be regarded as a breakthrough to solve the bottleneck of the development of Ideological and political teaching in colleges and universities.

**Subjects and methods:** The effectiveness of Ideological and political teaching in colleges and universities should not only stay at the level of research and excavation of reference materials, but also learn to analyze and summarize through the sorting of literature. The research idea is reflected through the structural arrangement of the paper, including the research focus, difficulties and innovation of the paper.

**Study design:** Through the reading and analysis of the questionnaire and related materials, we have a general understanding of the application of educational psychology in the current ideological and political teaching in colleges and universities. With the progress and development of society, the application of educational psychology theories and methods has attracted more and more attention of Ideological and political teachers in colleges and universities, but it is undeniable that there are still many deficiencies. The educational psychology of College Ideological and political teachers has a direct impact on the teaching effect of Ideological and political courses. However, scholars usually pay attention to the psychological status of students and ignore the educational psychology of Ideological and political teachers, which is not desirable. The teaching concept of Ideological and political teachers in colleges and universities is not only the key to achieve the teaching objectives of Ideological and political courses, but also the direct restrictive factor of teaching content and teaching methods.

**Methods of statistical analysis:** Based on improving the effectiveness of Ideological and political teaching in colleges and universities, this study deeply analyzes the ideological and political teaching in colleges and universities from the perspective of educational psychology through the elaboration of many theories of educational psychology and questionnaire survey. The main research methods used in this study are literature research, analysis and synthesis and questionnaire.

**Results:** College Ideological and political teachers are different from other professional teachers. Through the study of professional courses, students will acquire some professional skills, but it is only about survival. As for being a person, the role of professional teachers is far less than that of Ideological and political teachers. Through teaching, ideological and political teachers can sublimate students' ideals and actively practice their own ideals, so as to become a real person with physical and mental health, thought, action and useful to the society.

Based on the questionnaire, 300 teachers and students were randomly selected from a university for distribution. The specific questionnaire data are shown in Table 1 below.

**Table 1.** Survey results of college students' ideological curriculum resources from the perspective of educational psychology.

Investigation content	Total number of people investigated	Valid questionnaire	Number of people	Proportion
The importance of paying attention to the psychological effect of education and improving the teaching concept of Ideological and Political Course	300	290	190	65.5
The importance of integrating educational psychology theory and enriching the teaching content of Ideological and Political Course	280	170	100	34.5

According to the importance of the questionnaire results of College Students' Ideological Curriculum Resources from the perspective of educational psychology, the methods and approaches of College Students' Ideological Curriculum from the perspective of educational psychology can be further obtained. The specific methods and approaches are as follows.

First of all, pay attention to the psychological effect of education and improve the teaching concept of Ideological and political course. The teaching process of Ideological and political course is actually a process of spiritual communication. It is a process of cultivating students' positive learning attitude and interest through education, so as to meet the psychological needs of educators and educates. Russell, a famous British philosopher, once pointed out that "failure to pay attention to the rhythm and nature of psychological development is the main source of inflexible and ineffective phenomenon in education", and pestle, an outstanding educator in Switzerland, also concisely pointed out that "education should be psychologized".

Secondly, Integrate the theory of educational psychology and enrich the teaching content of Ideological and political course.

(1) Pay attention to the application of emotional teaching theory.

The development of Ideological and political teaching in colleges and universities needs to take “emotion” as the starting point. Ideological and political teachers should be sincere, truthfully express their views, thoughts and feelings, trust and respect students. The most important thing is that teachers must recognize the advantages of students in time, which will win the favor and admiration of students and help cultivate students’ positive emotional experience. Promote the transformation of students’ moral understanding to moral behavior.

(2) Be good at using need theory.

No one can do anything unless he does something for his own needs and for his organs. This fully shows that in order to enable students to effectively receive the teaching information of Ideological and political course and internalize their ideological understanding, the teaching content of Ideological and political course carried out by teachers must meet the psychological needs of students.

**Conclusions:** From the perspective of people’s psychological state, unconscious education is an effective way of education. In Ideological and political teaching, the creation of classroom psychological environment is an unconscious education. The purpose of studying the application of educational psychology in Ideological and political teaching in colleges and universities is to better understand and grasp the problems that violate the laws of educational psychology in Ideological and political teaching in Colleges and universities, so as to explore an ideological and political teaching mode based on the ideas, theories and methods of Educational Psychology, closer to students and reality, and make it really play a role in the teaching process.

\* \* \* \* \*

## CORRELATION ANALYSIS BETWEEN POSITIVE PSYCHOLOGY AND ORAL ENGLISH PRODUCTION

Haibo Song & Yong Lian

*Department of Foreign Language and Tourism, Hebei Petroleum University of Technology, Chengde  
067000, China*

**Background:** Positive psychology has become a theory to study the scope of psychology and a milestone in the opening of educational reform. Starting from happiness, it takes the positive value orientation of psychology as the core, speeds up the formation of good psychological quality of learners and ensures the healthy and happy growth of learners. In the field of teaching, it has a positive impact on alleviating students’ sense of helplessness and mobilizing students’ optimistic learning attitude. Therefore, teachers should attach great importance to the application of positive psychology in middle school English. Middle school English teachers should try their best to implement positive psychology in oral English teaching, eliminate the tension and fear of students’ oral English communication, and strive to improve students’ oral ability. Therefore, the author gives the following analysis and suggestions.

**Subjects and methods:** Taking the application of positive psychology in middle school oral English teaching as the research object, combined with the current specific situation of middle school students’ oral English training, this paper first analyzes the overview of positive psychology and students’ oral English problems, and then introduces interesting content, mobilizes students’ oral English training motivation, introduces game activities, reduces students’ fear of oral English training and introduces positive evaluation, Strengthen students’ confidence in oral training, deeply explain and explore the application strategies of positive psychology in oral English Teaching in middle school, so as to enhance the quality and efficiency of the application of positive psychology in oral English teaching, and the purpose is to provide reference materials for relevant research.

**Study design:** It is an inevitable trend of college oral English curriculum reform to use the concept of positive psychology to build an efficient classroom of college oral English and promote the perception of students’ emotional attitude and the improvement of learning effect from a positive and positive perspective.

**Methods of statistical analysis:** Through the cooperation and exchange between teachers and students and between students, we can stimulate potential and accumulate a little, so that we can really adapt to environmental conditions and be flexible in a variety of specific and broad related environments. Practice has proved that positive and healthy emotions can greatly promote the smoothness of language expression. For college oral English, the two-way investment in teaching and learning is a practical guarantee to produce an efficient classroom. Only when teachers and students take positivity as their own value orientation, the classroom will show lasting efficiency in constant vitality.