

Zdravstvena njega bolesnika s akutnim infarktom miokarda u intenzivnoj COVID jedinici

Health care of patients with acute myocardial infarction in the intensive COVID unit

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KLJUČNE RIJEČI: akutni infarkt miokarda, jedinica intenzivne skrbi, COVID-19.

KEYWORDS: acute myocardial infarction, intensive care unit, COVID-19.

CITATION: *Cardiol Croat.* 2021;16(11-12):371. | <https://doi.org/10.15836/ccar2021.371>

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Pandemija COVID-19 je pred nas stavila veliki izazov u svim područjima života, kako zdravstvenih radnika, tako i svih bolesnika koji su se u to vrijeme liječili u bolnicama, a naročito COVID pozitivnih bolesnika koji su razvili akutni respiracijski sindrom ili pneumoniju. Takvi bolesnici bili su ovisni o respiratoru u jedinicama intenzivnog liječenja te tijekom liječenja razvili simptome akutne koronarne bolesti i akutni infarkt miokardan (AIM).¹ Veliki izazovi koji su postavljeni pred medicinske sestre tijekom pandemije su brojni od psihološke potpore, obitelji bolesnika koje nisu imale pristup svojim najbližima, zaštitne opreme, postavljanje bolesnika u pronacijski položaj, praćenje hemodinamskih promjena, a to su samo neki od zadataka na koje su sestre trebale odgovoriti.

Prikazom slučaja bolesnika s AIM za vrijeme liječenja u COVID intenzivnoj jedinici pokušat ćemo prikazati neke od izazova u zdravstvenoj njezi.

The COVID-19 pandemic posed a major challenge in all areas of life, both for healthcare professionals and all patients treated in hospitals at the time, and especially COVID-positive patients who developed acute respiratory syndrome or pneumonia. These patients were respiratory dependent in intensive care units and during treatment they developed symptoms of acute coronary heart disease and acute myocardial infarction (AMI).¹ The major challenges posed to nurses during a pandemic are numerous from psychological support to patients, patient's families who did not have access to their loved ones, protective equipment, placing the patient in a pronation position, monitoring hemodynamic changes and that are just some of the tasks that nurses needed to respond to.

We will attempt to demonstrate some of the challenges in health care that we face by presenting the case of patients with AMI during treatment in the intensive COVID unit.

RECEIVED:

September 7, 2021

ACCEPTED:

September 14, 2021



LITERATURE

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