

Through the research, it is found that using Japanese pedagogical grammar in students' learning, students' initiative, interest and efficiency have been improved greatly. It can be said that the grammar of Japanese education plays a certain role in improving students' learning and memory disabilities.

Conclusions: Grammar is an important part of language learning. Using Japanese pedagogical grammar will make students more interested in learning basic grammar knowledge, so as to learn various subjects more quickly and efficiently. In the rapid development of today's society, the need to constantly explore new teaching models in order to promote personnel to be better trained.

Table 1. Effects of Japanese pedagogical grammar on learning and memory impairment of students

Factor	Initiative	Interest in learning	Learning efficiency
Memory impaired student	3	3	4

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THE ADJUVANT TREATMENT EFFECT OF FOLK TRADITIONAL SPORTS ACTIVITIES ON PATIENTS WITH BEHAVIOR DISORDERS

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Background: Behavior disorder is the result of various psychological process disorders, which can be caused by various reasons. According to the motivation and purpose of their behavior and the effect of their behavior, they can be divided into behavior regulation disorder, behavior pattern and expression disorder, intention disorder and other behavior disorders. Behavioral disorders can occur alone, such as theft mania and homosexuality, and can also be associated with other diseases, such as numbness, impulse, suicide and so on. In will activities, the behavior dominated and controlled by will is called volitional movement. Different from impulsive behavior, it has the characteristics of being regulated and controlled by conscious initiative, having definite goals, overcoming difficulties and based on random movement. The behavior caused by external stimulation and driven by passion is called impulse. It has the characteristics of blindness, affected by emotion, lack of conscious initiative regulation, short duration and generally negative and destructive. Behavior disorder is not only common and more prominent in clinic, but also has a greater impact and harm on the health, safety, surrounding environment and social order of patients in medical treatment, nursing and ward management. The symptoms and effects of these disorders are different. It is worth paying attention to diagnosis, treatment and so on. Among them, the imbalance in thinking, speech and emotion is also clearly reflected, and they are closely related to each other. Therefore, the disorders of thinking, speech and emotion are inseparable from the obstacles of motor behavior.

Folk traditional sports are a collective, model, traditional and life-oriented sports activity created by a certain people, inherited and enjoyed by a certain people, and integrated into and attached to the customs and habits of people's daily life (such as festivals, rituals, etc.). It is not only a sports culture, but also a life culture. Folk sports refer to the sports form spread in folk customs or folk culture and folk life style. It is a special cultural form produced and developed to meet people's various needs. As an integral part of human sports culture, it affects people's social life in many ways, such as attraction, promotion, penetration, integration, infection, cohesion, purification and so on. Moreover, it is also a comprehensive system with a huge structure of species, genera, classes and orders. Characteristics of folk traditional sports: (1) People's concept and intention to participate in folk sports activities are relatively clear, mainly from faith and inclined passion. (2) It is quite traditional in time and space. (3) It has strict standardization, and participants can consciously comply with and maintain it. (4) It has certain universality. (5) Mainly in the form of mass activities, with great competitive characteristics. (6) Obvious social benefits. (7) Most projects are more or less religious. Moderate sports activities can not only improve physical and psychological quality, but also the best way to resist and control physical and psychological diseases.

Objective: Because of folk custom, traditional sports activities are more easily accepted by local people. According to the psychological and behavioral barriers of some people in contemporary society, the folk traditional sports intervention applied in this study can provide an effective sports rehabilitation program, and is expected to be popularized in the population, so as to improve the national mental health level. For

the research object, help the patients with mental diseases improve their bad emotions, alleviate mental pressure and psychological pressure, which is conducive to their psychological intervention treatment and help them move towards a clearer future. For today's society, the future scientific research achievements of this project can not only lay the foundation for the clinical practice of psychology, but also provide a new direction for the treatment of mental diseases. At the same time, it provides a new idea for the future research trend in this field, and plays a certain role in promoting social stability, so as to create a good psychological environment and improve the national mental health level.

Subjects and methods: The ultimate goal of sports activities is to achieve people's physical and mental health through sports activities. With the rapid development and progress of today's society, people are no longer simply required to have scientific and cultural knowledge as in the past, but more hope that people can have the enterprising spirit of daring to innovate, struggle and forge ahead, as well as better physical quality and psychological endurance. This study from the psychological and emotional changes, the changes of communication and the psychological changes of fitness to the effect of folk traditional sports activities on their own behavioral disorders.

Study design: 500 adults were randomly selected to distribute the questionnaire. The questionnaire was required to be completed at one time and the specified time was 15-20min. Overtime was recorded as invalid. A total of 500 copies were distributed, 472 copies were recovered, and the number of valid copies was 464.

Methods: The intervention effect of folk traditional sports activities on behavior disorders was counted by Excel.

Results: In this survey, the influence values of specific factors are quantified in five grades of 0-4. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence and 4 means full influence. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 500 college students are taken as the average and the results are rounded, the specific statistical table is shown in Table 1.

Table 1. Intervention effect of folk traditional sports activities on behavior disorders

Factor	Psychological emotion	Communication situation	Fitness psychology
Adult	3	4	4

Conclusions: Pay attention to psychological quality education and create a good atmosphere for people's mental health. More participation in folk traditional sports activities can also keep them happy, improve their physical fitness, distract their attention, divert their experience of anxiety, so as to relax their body and mind, regulate their emotions and reduce their anxiety symptoms.

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FEASIBILITY ANALYSIS OF WORLD HISTORY INTEGRATION PROTOCOL IN PATIENTS WITH COMMUNICATION ADAPTATION DISORDERS

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Background: Although the history of the world itself existed long before the emergence of human civilization, it was not really used to study and narrate history until modern times. The early "world history" could not record the history outside its own civilization, so the real-world history must come into being gradually after the great discovery of modern geography. World history can be divided into ancient history, modern history, modern history, etc. according to different time periods, history of different regions, and history of different things according to different representative things. If we compare the history of the world to a long torrential river, then the history of all the regions, peoples and countries of the world is a trickle into the river. World history is not a collection of scattered and isolated histories, but a collection of interconnected and integrated histories. In the world, no country or nation can be isolated from the outside world, and the more developed the human civilization, the closer the international exchanges. In the Han Dynasty, Zhang Qian sent to the Western Regions and Gan Ying to the Big Qin, in the Tang Dynasty, Xuan Zang went to Japan for the Buddhist scriptures and Jianzhen six times, and in the Ming Dynasty, Zheng He made seven voyages to the Western Seas. Therefore, studying world history will not only help us to understand