

knowledge.”, solid professional knowledge and professional skills are the basic requirements for all-round development of college students in the new era. In addition, under the changing social background, college students should have broad and broad humanistic spirit and humanistic quality. The reserve of professional knowledge and skills can enhance a person’s professional image, and the richness of humanities knowledge can add personality charm. With the development of society, the competition between people is becoming increasingly fierce. In the face of fierce competition, tough psychological quality and rapid social adaptability are the first step based on the society. To some extent, cultivating students’ humanistic quality can be used to improve students’ psychological quality and social adaptability.

2. Consciously safeguard the physical and mental health of others and yourself. Through the study of Humanities and Social Sciences, college students can correctly understand and understand the relationship with people, things and things around them, understand the value of life, acquire some ability to deal with problems with personnel and things, and actively deal with problems around them, which not only maintains their own physical and mental health, but also improves their own ability, Finally, you can help the people around you who need help.

3. Improve your personality. The university stage is an important stage for a person from late adolescence to early adulthood. Physically, he gradually develops and matures, has strong energy, strong thirst for knowledge and strong plasticity, but he is not completely independent psychologically. This stage is also the key period of personality shaping. College life will make them mature step by step and gradually become independent individuals.

Conclusions: Humanistic quality education is a systematic project. Comrade Li Lanqing’s report at the third national education work conference clearly pointed out that “we should advocate creating good and loose conditions for the all-round development of students, and overcome the tendency of only paying attention to intellectual education, ignoring moral, physical and aesthetic education, paying attention to knowledge teaching and ignoring ability training in intellectual education.” therefore, For teachers, we should first change the educational concept, reform the talent training mode, actively implement heuristic and discussion teaching methods, stimulate students’ awareness of independent thinking and innovation, and effectively improve the teaching quality. We should let students feel and understand the process of knowledge generation and development, cultivate students’ scientific spirit and innovative thinking habits, and pay attention to cultivating students’ ability to collect and process information, acquire new knowledge, analyze, and solve problems, as well as their ability of language expression, unity and cooperation and social activities.

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EXPLORATION ON THE WORKING PATH OF PSYCHOLOGICAL EDUCATION IN COLLEGES OF TRADITIONAL CHINESE MEDICINE UNDER THE BACKGROUND OF “THREE COMPLETE EDUCATIONS”

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Background: Psychological education is an important content of Ideological and political work in colleges and universities and the basic guarantee for the all-round development of college students.

Psychological education is an effective carrier to promote the implementation of the concept of “three complete educations”. The spirit of humanistic care and the attitude of respect, acceptance, trust, understanding, and empathy are the basis for other educational work. The method of psychological education can also be extended to other educational work. Therefore, laying a good foundation for psychological education is not only a practical starting point for promoting the combination of mental education and moral education, but also a beneficial exploration for comprehensively coordinating the educational resources and forces in all fields of running and running the school, all links of education and teaching, and all aspects of talent training, as well as comprehensively promoting the comprehensive reform of “three complete educations”. Psychological health education is an important part of ideological and political education in colleges and universities.

It is one of the basic principles to strengthen and improve the ideological and political work in colleges and universities. China is in the critical period of building a well-off society in an all-round way. We are closer to the goal of national rejuvenation than at any time in history. Our demand for higher education is

more urgent than ever before. Adhering to the party's leadership over Ideological and political work in colleges and universities, guiding ideological values through the whole process and links of education and teaching, mobilizing all staff to participate, and gradually forming a long-term mechanism are the inevitable requirements of Ideological and political education in the new era. It is the need to comprehensively promote quality education and ensure the quality of university talent training. To comprehensively promote quality education, we should adhere to facing all college students, respect the characteristics of students' physical and mental development and the law of education, and create corresponding conditions for students' all-round development. Personnel, process and links are indispensable. Colleges and universities should focus on the key points of university talent training, mobilize all departments, change the situation that student management was only the single line responsibility of the Ministry of learning and work and the Academic Affairs Office in the past, bring professional course teachers and managers other than counselors into the education team, create a good education atmosphere and promote the all-round development of college students. It is the meaning of the development of moral education in colleges and universities in the new era. The development of moral education in colleges and universities is generally good, but there are still some problems, such as formalism, insufficient attention, single methods, lack of effectiveness and so on. Only by giving full play to the educational role of curriculum, scientific research, network and organization, excavating the educational elements contained therein, perfecting the educational mechanism, optimizing the evaluation and incentive mechanism, and mobilizing all staff to participate, pay attention to the whole process and implement it in an all-round way, can we put the moral education work into practice and promote the development of moral education.

Objective: To clarify the development of psychological education in colleges of traditional Chinese medicine in the new era and provide theoretical guidance under the background of "three complete educations".

Methods: Starting from the significance of psychological education in Colleges of traditional Chinese medicine, taking the psychological education in Colleges of traditional Chinese medicine as an example, this paper focuses on the modern transformation of psychological education concept, the expansion of new elements and the construction of system.

As the principal role in cultivating and transporting high-quality talents for the development of the country, colleges and universities should focus on making concerted efforts to open up multiple educational channels and upgrade mental health education for students.

The educational subjects give full play to their respective strengths at the system level to ensure the smooth development of College Students' mental health education. Formulate corresponding mental health education system, and clearly point out that all teachers and workers of the University have the responsibility and obligation to care for, pay attention to and maintain students' mental health, so as to create a good campus atmosphere. A leading group for mental health education shall be established in the organizational system, headed by the university leader in charge of student work. The members of the group include personnel of mental health education and consultation center, health care center, security office, Publicity Department of the Party committee, academic affairs office, colleges and other relevant departments or units in the University. In terms of personnel security, on the one hand, with the mental health education and consultation center of the school's school work department, full-time counselors, psychological counselors and psychological counselors with psychological counseling qualification as the backbone, all departments are included in the mental health education system to make them cooperate with each other and complement each other's advantages. Provide humanized services for students in colleges of traditional Chinese medicine, create a good campus atmosphere, and provide support for students' growth and success. The living Park department participates in a series of activities of "College Students' mental health education into the park" and gives support to personnel and venues.

Realize the full coverage of mental health education through the first, second and third classes. The first class is the foundation, mainly college students' mental health education, so that students can learn about mental health knowledge and master some basic psychological adjustment methods through 32 class hours. According to the characteristics of each specialty, the secondary college sets up corresponding professional basic courses, and encourages teachers with psychology professional background to set up psychological elective courses from different perspectives, such as emotional psychology, positive psychology, etc. The second classroom is a supplement to strengthen the publicity of college students' mental health education, promote the development of students' psychological associations, and encourage students to participate in all kinds of mental health education activities. Mental health education should help students improve their self-awareness and help students grow into talents through psychological theme lectures, psychological class meetings, group counseling, psychological counseling, etc. Combining developmental and preventive mental health education, focusing on prevention and scientific intervention. Do a good job in the general test of mental health of students in colleges of traditional Chinese medicine, establish psychological files, scientifically process the measurement data, divide the attention level according to the screening results,

and actively provide mental health services for corresponding students.

Carry out the mode of “combination of medicine and education” to improve the quality of college students’ mental health education. In the “combination of medicine and education” of mental health education for students in colleges of traditional Chinese medicine, the functional orientation of “medicine” and “education” is to follow the principle of focusing on prevention and the division of labor and cooperation between education and medical departments, fully cover the target population, and take various forms of guidance and intervention, so as to promote the mental rehabilitation and mental health development of students and improve the professional ability of professionals. Based on this, on the one hand, medical colleges and universities have reached a cooperation agreement with their affiliated hospitals to discuss, train and supervise under the framework of “combination of medicine and education”, share information related to mental health education on the basis of abiding by professional ethics, provide psychological assistance and promote students’ physical and mental recovery. On the other hand, the school regularly invites relevant experts to guide mental health education, jointly carry out psychological crisis assessment of college students, and timely refer them when necessary. Professionals of the school’s mental health education and consultation center will also be invited to visit the mental health center and participate in case study. After the freshmen of higher school of traditional Chinese medicine have completed the general mental health test, according to the screening situation, arrange full-time consultants to assist in the follow-up work. Regularly organize professionals to carry out mental health education and training for student staff, psychological counselors and student psychological committee members, and convert their participation into continuing education credits to promote the development of mental health education.

Results: Under the background of “three complete educations”, the quality of psychological education in colleges and universities of traditional Chinese medicine was improved, which provided a reference for colleges and universities to improve the effect of mental health education.

Under the background of “three complete educations”, the implementation of psychological education in colleges of traditional Chinese medicine can further promote the development of students’ physical and mental health.

Conclusion: In the work of psychological education in colleges of traditional Chinese medicine, following the “three complete educations” mode, constantly summarizing experience and doing detailed and practical mental health education can further optimize the mental health education system, build a specific platform, make concerted efforts and improve the quality of Ideological and political work in colleges of traditional Chinese medicine. To find out the problems, find out the reasons, and put forward countermeasures, to make some beneficial exploration for the better use of psychological in current ideological and political education.

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General research project of higher education teaching reform in Heilongjiang Province “Research on entrepreneurship education mode and operation mechanism of colleges and universities of traditional Chinese medicine under the strategy of Healthy China” (sjgy20180484).

Research on the Centennial course and valuable experience of the CPC in the protection, inheritance and development of traditional Chinese medicine in Heilongjiang Province (gjf1421040), a provincial special key topic in the “14th five-year plan” of Educational Science in Heilongjiang Province in 2021.

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THEORY AND PRACTICE OF MARXISM SINICIZATION PRACTICAL TEACHING IN COLLEGES AND UNIVERSITIES BASED ON PSYCHOLOGY

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Background: Socialism with Chinese characteristics has entered a new period of development, which puts forward higher requirements for the ideological and political education in colleges and universities. As a major and arduous task in the ideological and theoretical education in major colleges and universities, the effective development of practical teaching research is important for comprehensively improving the theoretical level of Ideological Education, cultivating students’ practical ability to be good at innovation and exercising the persistent learning spirit, and establishing a good work style can play a great role. As the guiding ideology of the development of the Communist Party of China, Marxism has laid a strong theoretical