short-term memory, processed and processed in the short-term memory, and then input into the long-term memory for long-term storage, and the information stored in the long-term memory will be extracted into the short-term memory when necessary to facilitate the processing and processing of sensory information. Under the stimulation of learning situation, the process recalls and thinking system associate the target language, then reconstruct the workflow, and finally transfer to the long-term memory for long-term storage, and the information stored in the long-term memory will be extracted into the short-term memory when needed, so as to facilitate the processing and processing of sensory information.

Subjects and methods: The Enlightenment of business English training teaching based on cognitive psychology: first, do a good job in the transition from declarative knowledge to procedural knowledge. Second, strengthen the organic combination of learning situation and procedural knowledge acquisition. Third, use post practice to speed up the formation of students' professional ability, method ability and social ability. This study investigates and analyzes these three aspects.

Study design: Using stratified cluster random sampling method, 100 college students were selected for investigation. A total of 100 copies were distributed, 89 copies were recovered, and the number of valid copies was 78. Among them, 11 answers fail to reach 50% of the questionnaire questions, which shall be deemed as invalid.

Methods: The influence of business English training teaching based on cognitive psychology is studied by using Excel statistics.

Results: The application of cognitive psychology plays an important role in Business English training teaching. Through the analysis of the application of cognitive psychology, it strengthens the cultivation of students' ability, achieves the purpose of cultivating talents with the combination of skills and knowledge, and provides a strong support for the reform of business English training teaching methods in colleges and universities.

The survey results use four grades 1-4 to quantify the influence values of specific factors. 1 means irrelevant, 2 means slight influence, 3 means obvious influence and 4 means full influence. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 100 college students are taken as the average and the results are rounded. The specific statistical table is shown in Table 1.

Table 1. Research on the influence of business English practical training teaching based on cognitive psychology

Factor	Transition of declarative knowledge	Combination of situational and procedural knowledge	Post practice
College student	3	4	4

Conclusions: According to the principle of cognitive psychology, the knowledge obtained in Business English situational training is procedural knowledge. The most characteristic of procedural knowledge is that it can be easily displayed with actions or steps to show how to do it. Business English training teaching is the best way to transform declarative knowledge into procedural knowledge. In this way, we need to grasp the relationship between declarative knowledge and procedural knowledge or deal with the relationship between theory and practice, follow the characteristics of higher vocational education, strengthen the proportion of practical teaching hours, and achieve the organic combination of business and English.

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INNOVATIVE TEACHING PATH OF COLLEGE STUDENTS' MUSIC CLASSROOM FROM THE PERSPECTIVE OF POSITIVE PSYCHOLOGY

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Background: With the development of society and the intensification of competition, people's self-awareness and values are constantly evolving and deepening. Especially for students in colleges and universities, there is a problem of cultivating themselves and building the future. Therefore, they pay more attention to their own achievements and honors. However, due to the constraints of experience, environment, adaptation, tolerance and other screening and judgment abilities, its pressure is becoming increasingly prominent. Music and art courses are easy to be ignored or ignored in students' mental health education. Many people think that people who major in performance will appear frequently and appear

repeatedly. Naturally, they should not be nervous and cannot be nervous. Most professional teachers focus on the training of students' sound skills and ignore the training and cultivation of psychological quality, resulting in the good state of students in their usual classroom practice. Once they encounter a game When trying to wait for major scenes, you will feel uncomfortable, and the psychological state is seriously unbalanced, resulting in the phenomenon of "performance anxiety". Music psychology takes the education brought by music courses as the core idea, and takes people as the dominant position in learning music. At the same time, music can also reflect people's perceptual side. Music can decorate the beautiful scene of the world and be composed by people. Through continuous development, music education releases itself from traditional ideas and realizes music education with people as the main body. At the same time, music art can be formed through people's thinking, and reflect the composer's inner emotion and energy experience in the music. The development process of music art has extended from the previous conflict with schools and types to the integration of society and nature. Through this transformation, music psychology has realized the cognitive subject status. The connotation it wants to show in the created music works is the real value and significance in the music works. It shows people the continuous communication between people, various phenomena in the development of society show and express the described process in the form of music. Therefore, music psychology can shape people's spiritual thoughts and carry out music education by realizing students' attention to art, so that students' artistic perception can come from their hearts.

Objective: With the gradual rise of education in the country, students will be exposed to multi-disciplinary knowledge since the primary school stage, and the school also pays enough attention to the cultivation of students' comprehensive ability and is committed to promoting the all-round development of talents. Music culture occupies an important position in traditional culture, which covers many aspects of knowledge. If positive psychology is integrated with music teaching activities, it can not only help students cultivate their music literacy, but also help students improve their interest in learning music, promote the formation of students' health values and world outlook, and promote the development of students' comprehensive quality. This study focuses on the comparison of students' preference for traditional music, in order to mobilize students' interest in traditional music, expand students' knowledge vision, and achieve students' all-round development.

Subjects and methods: From the perspective of positive psychology, innovate the music classroom model of college students, that is, change the concept of music education and the original music teaching methods and methods under the existing objective music environment. So as to promote the popularization of music education and the improvement of teaching quality. Through the way of issuing questionnaires, this paper statistics and analyzes the research on the innovation and development of college students' music classroom from the perspective of positive psychology.

Study design: 600 college students were selected for investigation. Ten universities were randomly selected, 20 students were randomly selected from each grade, and a total of 30 classes were surveyed. A total of 600 copies were distributed, 573 copies were recovered, and the number of valid copies was 556.

Results: Positive psychology can improve college students' learning enthusiasm, strengthen their learning confidence in music courses, and promote the obvious improvement of college students' academic performance.

In this survey, the influence values of specific factors are quantified in four grades of 0-3. 0 means irrelevant, 1 means slight effect, 2 means obvious effect and 3 means significant effect. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 600 college students are taken as the average and the results are rounded. The specific statistical table is shown in Table 1.

Table 1. Research on innovative development of college students' music classroom from the perspective of positive psychology

Factor	Pay attention to students' thinking	Pay attention to students' emotion	Pay attention to students' ability
Freshman	2	3	3
Sophomore	2	3	2
Junior	3	2	3
Senior	3	22	2

Conclusions: As a very important research topic, music psychological education inherits the development and continuation of human music art and culture, creates human valuable cultural spirit and knowledge wealth, and meets people's spiritual needs through music emotion. At the same time, psychology plays an educational role of mutual promotion in the integration of music education. It aims to study people's

creation and psychology, find inspiration and emotion in the process of people's music creation, and study people's psychological activities in this process, so as to clarify the sensibility and music emotion of music teaching assisted by psychological education.

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RESEARCH ON MODERN ART DESIGN FROM THE PERSPECTIVE OF COLOR PSYCHOLOGY

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Background: With the increasingly close relationship between color and various disciplines, people have more and more research on the relationship between color and human psychological activities, and the concept of "color psychology" has emerged. Although this concept has not been defined by the field of professional psychology, it cannot be denied that its impact on human psychology exists objectively, and has been spontaneously applied to real life to solve various psychological problems. In different times, different national boundaries and different fields, people have different preferences for color, but the impact of color on people is similar. Therefore, it has become an important dimension of color psychology to observe people's different stress reactions after being affected by color and solve some practical problems on this basis. There are more and more studies on the relationship between color and human psychology, the concept of "color psychology" came into being. Although color psychology has not been officially accepted by the psychological family, the influence of color on human psychological existence is objective, and this knowledge has been used to solve psychological problems in real life. In different times, different ideologies and different fields, people may have different color preferences. However, the common human physiological mechanism and similar external stimuli make the psychological role of color similar. This also provides a breakthrough for understanding a person's heart, so that we can understand others through color. The color observed in daily life is largely affected by psychological factors, that is, the formation of psychological color visual sense. In colorimetry, the name of color is tristimulus value (x, y, z). (R,G,B). Hue, lightness, purity, dominant frequency, etc. However, in production, it is customary to use peach red, golden yellow, emerald green, sky blue, bright or not, thick or light, fresh or not to express color. These popular expression methods are not as accurate as the naming of colorimetry, and the names are not unified. According to the common features of these names, they can be roughly divided into three groups. The expressions of hue, color light and color are summarized into a group. Lightness, brightness, depth, shade and hierarchy are summarized into a group. Saturation, freshness, purity, chroma and color correctness are summarized into a group. Such grouping is just a feeling, there is no strict definition, and the meaning of each other is not exactly the same. The influence of color on human psychology is also of enlightening significance to modern art design. "Modern art" is the dominant art form in the West since the 20th century. Since the beginning of the 20th century, with the western society entering the modern period, modern art with different features from classical art and modern art has emerged. Its prominent feature is that the artistic form is no longer dominated by realistic style, but the concept and formal language reflecting the artist's personality, and many art schools have been formed, dominated by a certain art school in one period. For example, we are familiar with cubism, futurism, surrealism, abstractionism, pop art, photographic realism, and so on. Based on the actual needs of people's daily life, modern art design reflects the aesthetic value and cultural connotation of the nation and the times. We can learn from the color implication, pattern modeling, shape and color matching in color psychology, integrate our own understanding and creation, design a schema language with self-personality, reflect the character's character in an inch, and summarize the world, constitute its rich cultural design concept.

Objective: In fact, in daily life, each of us is a "master" of color psychology. This seemingly broad and profound discipline has a strong affinity with the people. In the past, the walls of the classroom were painted light green, the exercise books were light yellow, which can effectively protect students' eyes, and the blue and white school uniforms can make students quiet and study. The flowers planted at home are colorful, which makes people feel happy. Cars of various colors on the road also reflect the personality characteristics of the owner to a certain extent. These examples are very simple, but they actually happen around us, reflecting the significance of the impact of color on people's psychology. In the field of art, the use of color is more diverse.

Subjects and methods: No matter what hue modern art design uses to highlight the design concept, or even if there is only one hue from beginning to end, we can actually feel the charm of color and remember