

taken and averaged, and the results are rounded. The specific statistical table is shown in Table 1.

Conclusions: The results show that the anxiety of the students after the intervention of music classroom teaching is generally significantly improved. Music is a special language, which has physiological, therapeutic, emotional, memory and other effects. It can adjust the physiological functions of respiratory, circulatory, endocrine and other systems. Its effects on people's psychology are complex and diverse. Music art appreciation can balance people's emotions, and the psychological intervention effect is good. The intervention of integrated teaching also further mobilized the willingness and enthusiasm of the students to actively participate in the intervention treatment, and promoted the students' active learning, which played a positive and effective role in preventing the recurrence of psychological disorders and facing the study and life with a better physical and mental state.

Table 1. Students' preference for traditional music

Group	Emotion	Mentality	Communicate
College student	3	3	2

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IMPACT OF COMMUNITY ELDERLY CARE SERVICE MODEL ON ELDERLY PSYCHIATRIC PATIENTS

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Background: Today, when the aging of population has become a general trend, the pension problem of the elderly is particularly prominent. Influenced by the traditional concept of providing for the aged and restricted by the level of productivity in China, the family also plays a leading role in the process of providing for the aged. Family providing for the aged is still the main way of providing for the aged in cities. However, due to the changes of modern family structure and people's lifestyle, the pension function of the family is weakening day by day, and the daily life needs of the elderly cannot be met. Moreover, because China has entered the stage of population aging under the condition of underdeveloped economy, the level of social welfare is not high, and social pension institutions cannot fully fill the shortage of family pension. Under such background conditions, the development of community has gradually become the support and carrier of various services. The status of community elderly care service in the old-age security system is becoming more and more important, and the urban community elderly care service is also booming. The development of community elderly care service is an objective requirement to adapt to the living habits and psychological characteristics of the elderly.

With the rapid development of economy and the accelerating pace of social life, the incidence rate of mental illness has been increasing. The speed of establishing and developing mental health service system in China has not kept pace with the rapid increase of the number of mental illnesses. With the increasingly serious aging problem and increasing social pressure in China, the pension problem of normal people has brought great pressure to the society. A large amount of financial and material resources may be far from meeting the rapidly growing population demand, not to mention this high-risk group. Restricted by their own economic level and the shortage of existing medical resources, many psychiatric patients are not qualified to receive systematic treatment, and there is no sound rehabilitation security system to help complete the follow-up treatment, resulting in the deterioration of their condition. In addition, with the increase of age, their body is aging and often suffering from other organic diseases, which makes their later life miserable. Because social pension institutions do not accept psychiatric patients, even if they do, they do not have professional medical staff to take care of them. During the onset of the disease, they can only rely on the hospitalization mode of specialized psychiatric hospitals to be alleviated as a temporary pension place. The development of specialized psychiatric hospitals has lagged behind for a long time, the loss of professional talents is serious, and the allocation of medical resources is scarce, which is not enough to bear the rapidly expanding demand for elderly care services for elderly patients with mental disorders. Therefore, it is urgent to expand and improve community elderly care services.

Objective: The development of community pension services is not only a necessary supplement to establish and improve the social pension security system, but also to improve the quality of life of the elderly, but also a realistic choice to form a new pattern of socialist pension.

Subjects and methods: Community pension service is a new pension service model produced in the process of China's social and economic development. It is the main content of community service. The so-called community elderly care service is to mobilize enterprises, institutions, social groups and individuals to actively intervene under the macro guidance and policy support of the government, and make full use of the existing resources of the community to carry out various service modes to meet the various needs of the elderly. It is a new choice for the future elderly care model in China. The community pension model is the best combination between the weakened family pension model and the ideal institutional pension model. It not only provides corresponding care services for the elderly, but also makes full use of the resources of the elderly family. It is a pension model suitable for China's national conditions both economically and psychologically.

Study design: Twenty elderly psychiatric patients were randomly selected as experimenters and talked with experimenters in the form of interview. The access time shall be controlled within 30 - 40 mins. The content of the interview is the evaluation and satisfaction of life, spirit and psychological needs based on today's community elderly care service model.

Methods: Excel was used to calculate the satisfaction of elderly psychiatric patients with community elderly care service model.

Results: In this survey, the influence values of specific factors are quantified in four grades 1-4. 1 indicates dissatisfaction, 2 indicates general satisfaction, 3 indicates very satisfaction and 4 indicates special satisfaction. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 20 elderly psychiatric patients are taken as the average, and the results are rounded, the specific statistical table is shown in Table 1.

Table 1. Satisfaction of elderly psychiatric patients with community elderly care service model

Content	Aspects of life	Spiritual aspect	Psychological needs
Elderly psychiatric patients	4	3	3

The research shows that the community elderly care service model has a positive impact on the elderly psychiatric patients.

Conclusions: The aging of the population will aggravate the elderly's demand for daily life care: in terms of the elderly's own conditions, with the growth of age, the elderly's physical and psychological functions will gradually decline, their health status will deteriorate, the probability of illness will increase, their ability to take care of themselves in daily life will decline, and there is a certain risk of living alone, thus reducing their ability to live independently. Accordingly, the demand for daily care, life care and other services increased, and the dependence on others increased. In terms of the overall population structure of society, the aging of population groups will increase the number of middle-aged and elderly people, reduce the number of young people, increase the dependency ratio of the elderly, reduce the number of people who can provide care for the elderly, and make the responsibility of taking care of the elderly increasingly arduous.

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IDEOLOGICAL AND POLITICAL INNOVATION IN HIGHER VOCATIONAL COLLEGES AND ANALYSIS ON THE CURE OF COLLEGE STUDENTS' ANXIETY

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Background: Anxiety disorder is different from ordinary anxiety. It not only has all negative feelings of anxiety, but also is not only a reflection of a certain anxiety. It may be the accumulation of a variety of anxiety. It always worries about what adverse things will happen to itself, or feels that it is difficult to pay when it happens, which is so serious that it is unable to carry out normal study, work and life and needs