

of anxiety is conducive to alleviate students' anxiety and provide a new idea for psychological counseling in colleges and universities.

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POSITIVE INFLUENCE OF LITERARY READING ON THINKING LOGIC DISORDER-TAKING ANGEL ISLAND POETRY AS AN EXAMPLE

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Background: Thinking is the generalization and indirect reaction of human brain to objective things. It includes image thinking, logical thinking and epiphany thinking. Logical thinking is an advanced form of thinking, which refers to the thinking form in which people reflect reality with the help of concept, judgment and reasoning in the process of cognition. It is characterized by abstraction, leaving aside the concrete image, and revealing the essential attributes of things. Thinking logic obstacle means that thinking logic will be hindered by its own cognition, that is, by some unreliable factors in its own logical thinking, resulting in logical thinking confusion.

Angel Island, California, as the gateway for early Asian immigrants, carries the first impression of early Chinese immigrants on the United States and has been constantly reproduced in American and Chinese history and literature. It appeared in the memories of the early Chinese immigrants' experience of the Angel Island Immigration office, and sank the dark history of the U.S. government's exclusion of China. It is engraved on the wooden wall of the dormitory of the Immigration Bureau of Angel Island and has become a precious historical and literary heritage - "Angel Island Poetry". It also appeared in the works of Chinese American poets and became the image of Angel Island to mark their ethnic origin and identity legitimacy.

Objective: Literary reading can cultivate a person's quality and make people have a correct and elegant outlook on life. By reading Angel Island Poetry, we can master the dynamics of social development in the past and study the direction of social development. The poetry of Angel Island embodies the essence of human thought and art, which can edify thought and sentiment and give people deep thinking space. Therefore, this paper studies the positive effects on thinking logic barriers through literary reading.

Subjects and methods: This paper mainly analyzes the effect of social psychology on the ideological impact in ancient Chinese literature. It is studied from three aspects: cultural model, nationalism and literary identity.

Study design: Through the method of literature investigation, this paper refers to the literature on Angel Island Poetry and literary thought in recent 10 years. This paper studies and analyzes the epic and literariness of "Angel Island Poetry". Literature investigation is a very convenient, free and safe investigation method. Literature investigation helps researchers select topics, so that the research is based on science. At the same time, the research scope is not limited by time and space, the research process has strong authenticity, the research is simple and easy, and the cost is low.

Methods: Use excel to count the positive effects of literary reading on thinking logic barriers.

Results: The presentation of national consciousness has an impact on the cultural model of "family and country isomorphism", the detention environment of weak national power and living under the fence of others, the discontent and hatred of Chinese immigrants in Angel Island are increasing day by day, and the mood of national self-esteem is even fermented to an extreme state. Through the transformation of literary model, people's thinking logic of reading can be improved. The cultural nationalism in Angel Island's poems appears in many aspects, including the aforementioned recognition of the troubled country, the discriminatory title of alien race and a sense of cultural superiority of Chinese centralism reflected in it. At the same time, a considerable number of poems show the characteristics of using allusions, especially the literati cultural tradition. As a lyric narrative poem, Angel Island Poetry, on the one hand, narrates in a normal discourse and colloquial way, which is very different from the refinement of literati poetry, showing the original ecology of Angel Island detention, which can truly reflect the characteristics of the historical period.

In this survey, the influence values of specific factors are quantified in five grades from 1 to 5. 1 means irrelevant, 2 means slight influence, 3 means general influence, 4 means obvious influence and 5 means full influence. In order to reduce the large error caused by personal subjectivity in evaluation, the rounding method of the obtained results is determined. The specific statistical table is shown in Table 1.

Table 1. Positive effects of literary reading on thinking logic barriers

| Content | Cultural model | Nationalism | Historical presentation |
|---------------------|----------------|-------------|-------------------------|
| Degree of influence | 5 | 5 | 5 |

Conclusions: When modern pressure prompted the rise of China's extensive nationalism a century ago, it may be based on a strong sense of identity and cultural superiority. We should call it cultural nationalism to distinguish it from the common political nationalism we see in other places. Cultural nationalism is rooted in a long historical and cultural tradition. All kinds of experiences and feelings of early Chinese immigrants in Angel Island are expressed in the form of words. People can experience detailed and perceptual description through reading literary works, which can alleviate the obstacles of thinking logic. Although most of the early Chinese immigrants were not well-educated and simply understood some "rules of poetry", and these poems did not have an outstanding literary level, they expressed the "true feelings" of the early Chinese immigrants and were the most real and instinctive response of these "Jinshan tourists" to the "cruel environment". It has important historical and cultural value. Literary works are not simple descriptions of space. Many times, they help shape these spaces. The reason why Angel Island is of great significance in American and Chinese history and literature is not only that it was the historical and material carrier of early Asian immigrants, but also that the hundreds of poems engraved on the wooden walls of the barracks on the island are saturated with the aspirations of early Chinese immigrants.

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ALLEVIATION OF ANXIETY DISORDER OF COLLEGE STUDENTS BY BLENDED ENGLISH TEACHING UNDER THE MODE OF ONLINE CLASS

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Background: With the progress of science and technology and the rapid development of society, the Internet is almost everywhere around us, ranging from daily necessities to cargo transportation. When the Internet enters the classroom, online teaching appears. Online teaching refers to a teaching method based on the network, which is a way of teaching for students, and is another way to display the Internet plus classroom. Traditional teaching refers to a more traditional teaching method in which teachers stand on the podium, students sit under the podium, teachers take books, students take pens, teachers focus on speaking and students focus on listening. Hybrid teaching is a new teaching method. As the name suggests, it is an effective integration of online teaching and traditional teaching. This new teaching method absorbs the advantages of both and is more conducive to the development of teaching work. In mixed teaching, the rhythm of learning and teaching can be consistent or inconsistent, regardless of the limitations of place and time.

Anxiety is a feeling that almost all of us have experienced. It may occur when there are difficulties, tensions or challenges in life and work. It is considered to be the most critical psychological phenomenon. College students' anxiety mainly refers to the fear and anxiety of learners when they need to express in a foreign language or a second language. Foreign language learning anxiety is defined as the feeling of tension and fear related to foreign language learning. Most research results show that anxiety has a negative impact on foreign language learning. Foreign language learning anxiety is usually manifested as "voice tone change. unable to pronounce the voice and rhythm of the language normally. Feeling 'frozen' when standing up to answer questions, forgetting the learned vocabulary, even unable to speak at all, just keeping silent", and so on. Anxiety can also affect students' self-confidence and self-esteem. Anxiety is also reflected in students' studies. For example, it has been proved to have a negative impact on listening. Anxious students often complain that the course progress is too fast and they are left behind. They need more time for their courses, etc. Anxiety also affects students' performance in oral and writing tasks.

Objective: The advent of the information age and the popularization of computer technology provide a new opportunity for the reform and development of English Teaching under the multimedia network English teaching mode. Learning in multimedia network environment has incomparable advantages over traditional classroom environment. In this environment, learning is student-centered. Students are the main body of