Content	Cultural model	Nationalism	Historical presentation
Degree of influence	5	5	5

Conclusions: When modern pressure prompted the rise of China's extensive nationalism a century ago, it may be based on a strong sense of identity and cultural superiority. We should call it cultural nationalism to distinguish it from the common political nationalism we see in other places. Cultural nationalism is rooted in a long historical and cultural tradition. All kinds of experiences and feelings of early Chinese immigrants in Angel Island are expressed in the form of words. People can experience detailed and perceptual description through reading literary works, which can alleviate the obstacles of thinking logic. Although most of the early Chinese immigrants were not well-educated and simply understood some "rules of poetry", and these poems did not have an outstanding literary level, they expressed the "true feelings" of the early Chinese immigrants and were the most real and instinctive response of these "Jinshan tourists" to the "cruel environment". It has important historical and cultural value. Literary works are not simple descriptions of space. Many times, they help shape these spaces. The reason why Angel Island is of great significance in American and Chinese history and literature is not only that it was the historical and material carrier of early Asian immigrants, but also that the hundreds of poems engraved on the wooden walls of the barracks on the island are saturated with the aspirations of early Chinese immigrants.

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ALLEVIATION OF ANXIETY DISORDER OF COLLEGE STUDENTS BY BLENDED ENGLISH TEACHING UNDER THE MODE OF ONLINE CLASS

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Background: With the progress of science and technology and the rapid development of society, the Internet is almost everywhere around us, ranging from daily necessities to cargo transportation. When the Internet enters the classroom, online teaching appears. Online teaching refers to a teaching method based on the network, which is a way of teaching for students, and is another way to display the Internet plus classroom. Traditional teaching refers to a more traditional teaching method in which teachers stand on the podium, students sit under the podium, teachers take books, students take pens, teachers focus on speaking and students focus on listening. Hybrid teaching is a new teaching method. As the name suggests, it is an effective integration of online teaching and traditional teaching. This new teaching method absorbs the advantages of both and is more conducive to the development of teaching work. In mixed teaching, the rhythm of learning and teaching can be consistent or inconsistent, regardless of the limitations of place and time.

Anxiety is a feeling that almost all of us have experienced. It may occur when there are difficulties, tensions or challenges in life and work. It is considered to be the most critical psychological phenomenon. College students' anxiety mainly refers to the fear and anxiety of learners when they need to express in a foreign language or a second language. Foreign language learning anxiety is defined as the feeling of tension and fear related to foreign language learning. Most research results show that anxiety has a negative impact on foreign language learning. Foreign language learning anxiety is usually manifested as "voice tone change. unable to pronounce the voice and rhythm of the language normally. Feeling 'frozen' when standing up to answer questions, forgetting the learned vocabulary, even unable to speak at all, just keeping silent", and so on. Anxiety can also affect students' self-confidence and self-esteem. Anxiety is also reflected in students' studies. For example, it has been proved to have a negative impact on listening. Anxious students often complain that the course progress is too fast and they are left behind. They need more time for their courses, etc. Anxiety also affects students' performance in oral and writing tasks.

Objective: The advent of the information age and the popularization of computer technology provide a new opportunity for the reform and development of English Teaching under the multimedia network English teaching mode. Learning in multimedia network environment has incomparable advantages over traditional classroom environment. In this environment, learning is student-centered. Students are the main body of

learning and the active builder of knowledge meaning, while teachers are the organizers, instructors, designers and monitors of teaching. Learning under the network teaching environment is interactive, open and autonomous, which can greatly improve students' learning enthusiasm and desire for autonomous learning, and alleviate anxiety.

Subjects and methods: Blended English teaching can effectively alleviate students' anxiety in learning English and help students establish a correct outlook on learning. This paper mainly investigates and analyzes the impact of blended English teaching on teaching environment, teaching mode and teaching methods. By means of questionnaires, this paper statistically analyzes the impact of blended English teaching on alleviating college students' anxiety.

Study design: 600 college students were investigated by stratified cluster random sampling. One primary school, one junior middle school and one senior high school were randomly selected, and one class was randomly selected from each grade. A total of 600 questionnaires were distributed to students in 12 classes, 600 were recovered, and the number of valid copies was 591.

Methods: The effect of blended English teaching on alleviating college students' anxiety is counted by Excel.

Results: In view of the characteristics of increasing the amount of classroom information and diversification of information under the network teaching mode, it can give full play to its characteristics of diverse forms, clear and vivid information, create a relaxed, pleasant, vivid and interesting teaching environment for students, reduce students' obstructive anxiety in language learning, and fully mobilize students' learning enthusiasm and participation. Update the network teaching mode, form a way for students to independently monitor learning, choose difficult and appropriate resources to learn, control the progress of learning and allocate learning time. The design of network teaching mode should consider students' computer level, carefully design network courses, so that students do not have to worry about their network skills, and optimize teaching methods by simplifying operation procedures.

In this survey, the influence values of specific factors are quantified in five grades of 0-4. 0 means irrelevant, 1 means slight influence, 2 means general influence, 3 means obvious influence and 4 means full influence. In order to reduce the large error caused by personal subjectivity in the evaluation, the evaluation values of 600 college students are taken as the average and the results are rounded, the specific statistical table is shown in Table 1.

Table 1. Effect of blended English teaching on alleviating anxiety of college students

Factor	Teaching environment	Teaching model	Teaching methods
Primary school	3	4	3
Junior high school	3	3	4
High school	4	4	3

Conclusions: Foreign language learning anxiety is the main factor affecting effective language learning. The application of network teaching mode is the requirement of the times. It changes learners' learning environment and learning methods, so that learners become the real subject of learning. However, the network teaching mode also brings corresponding anxiety to students. Teachers should pay attention to the influence of the network environment on students' language learning anxiety, take corresponding measures, give full play to the advantages of network teaching, reduce students' language learning anxiety under the network environment, and build a safe, relaxed and low anxiety learning environment for students.

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THE EFFICACY OF SCULPTURE CULTURE IN THE TREATMENT OF COGNITIVE IMPAIRMENT

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Background: With the increase of people's cognition of dementia, people began to pay more and more attention to the precursor state of dementia-mild cognitive impairment. In 1996, Petersen proposed the concept of mild cognitive impairment (MCI). MCI is considered to be an extremely unstable transition state between normal cognitive decline and early dementia. In addition to cognitive impairment that does not reach the degree of dementia, recent studies have found that MCI patients usually show more obvious mental