

Objective: Before the May 4th Movement, Chinese women deeply felt the misery of their own situation, but could only weep and weep sadly, causing psychological harm. The slogans of “no foot binding” and the advocacy of running women’s schools were also limited to the propaganda. The Women’s Liberation Movement during the May 4th Movement not only confined to the propaganda of public opinion, but also combined the propaganda of public opinion with the revolutionary practice. During the May 4th Movement, women attached great importance to publicity. Under the leadership of “Zhou Nan Three Masters”, Changsha Zhounan Girls’ School published “Women’s World Bell”. They advocated boycotting Japanese goods, opposing profiteers, attacking warlord bureaucrats and bureaucrats, and exerting the sacred significance of democratic politics and labor. They believe that to emancipate women, they must first reform the social system, abolish arranged marriages, exercise freedom of marriage and economic independence, and launch a fierce attack against decadent feudalism. At the same time, during the May 4th Movement, young women fought bravely with young men.

Subjects and methods: The thought and practice of women’s emancipation in the period of the May 4th New Culture Movement is unprecedented in its swift development, wide scope, deep degree, great progress and far-reaching influence. The vigorous women’s liberation movement took place against the background of dramatic changes in social culture and upsurge of revolutionary situation at that time. Conversely, the development of women’s liberation movement has a great role in changing customs, promoting ideological and cultural progress, and promoting the process of democratic revolution. This study is based on the humanistic psychology to study the women’s liberation movement during the May 4th Movement, and to explore the social impact of women’s liberation movement during the May 4th Movement.

Study design: A total of 500 women were randomly selected by questionnaire. Age over 20 years old, no occupation required. The content of the questionnaire is mainly based on humanistic psychology, investigating the social influence of women’s liberation movement during the May 4th Movement. From the following aspects of analysis: First, to promote women’s active participation in democratic political life. Second, promote women’s independent participation in socio-economic activities. Third, we should promote the continuous improvement of women’s cultural quality. A total of 500 questionnaires were distributed, 491 questionnaires were retrieved and 485 effective questionnaires were received.

Methods: The social influence of women’s liberation movement in the period of May 4th Movement based on the humanistic psychology.

Results: The results of this survey use 1 to 5 ratings to quantify the influence values of specific factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the large error caused by individual subjectivity in the assessment, the results are determined by rounding off the values and averages of 500 female surveyors. The specific statistical tables obtained are shown in Table 1.

Table 1. Social Influence of women’s liberation movement in May 4th period based on humanistic psychology

Content	Promoting participation in democratic political life	Promoting participation in socio-economic activities	Promote the improvement of cultural quality
Investigators	4	4	5

Conclusions: The May 4th Movement ushered in the upsurge of the Chinese women’s liberation movement, especially the opening of social contact between men and women, the equality of education between men and women, the more in-depth discussion of marriage, family and women’s economic independence, etc. Under the impetus of the whole social progress, the Chinese women’s liberation movement has entered a new stage, which has distinct characteristics, such as: the combination of working women and knowledge women; the combination of spontaneity and consciousness; the combination of public opinion and propaganda and revolutionary practice; the combination of women’s liberation and social revolution.

Acknowledgement: The research is supported by the study was supported by “Beijing Technology and Business University 2020 Young Teacher Research Start Fund project, China (Grant No. PXM2020-014213-000017)”.

* * * * *

THE THERAPEUTIC EFFECT OF THE SYNERGISTIC STRATEGY OF IDEOLOGICAL AND POLITICAL EDUCATION ON COLLEGE STUDENTS’ PSYCHOLOGICAL ANXIETY

Peiliang Li

Law School, Guangdong University of Finance & Economics, Guangzhou 510320, China

Background: Colleges and universities are charged with the glorious mission of training qualified builders and reliable successors of socialism with Chinese characteristics, which is both red and expert, with both ability and political integrity, and with all-round development. Education first, moral education first. Without the good foundation of moral education and the cultivation of correct “three views”, it is impossible to cultivate innovative talents with all-round development of morality, intelligence, physique and labor. High-quality talents should not only have scientific, cultural and physical qualities, but also have good ideological and moral qualities and psychological qualities. To strengthen the ideological and political education and mental health education of college students is an urgent need to cultivate high-quality talents in the new period.

Objective: Colleges and universities are charged with the glorious mission of training qualified builders and reliable successors of socialism with Chinese characteristics, which is both red and expert, with both ability and political integrity, and with all-round development. Education first, moral education first. Without the good foundation of moral education and the cultivation of correct “three views”, it is impossible to cultivate innovative talents with all-round development of morality, intelligence, physique and labor. High-quality talents should not only have scientific, cultural and physical qualities, but also have good ideological and moral qualities and psychological qualities. To strengthen the ideological and political education and mental health education of college students is an urgent need to cultivate high-quality talents in the new period. Concretely speaking, to construct the mechanism of ideological and political consultative conference in colleges and universities is to focus on the general goal of “educating students”, at the same time, according to the characteristics of the course content and the way of presentation, to divide and allocate the overall goal reasonably, to establish a joint mechanism of mutual coordination and cooperation, to form a joint force in many ways and to work together on the achievements of ideological and political teaching.

Subjects and methods: Psychology plays an active role in guiding the reform of ideological and political education in colleges and universities. It can help students to set up correct values and learning view. This paper mainly analyzes the applied value of educational psychology from the reform of ideological and political education in colleges and universities. Through the establishment of “student-oriented” education and teaching concept, strengthen the cultivation of teachers’ personal quality and skills, establish ideological and political theory education and teaching feedback mechanism, pay attention to ideological and political education and teaching process, and evaluate students in many ways. Randomly choose 4 universities as the research object, distribute questionnaires to their students, and statistics the effect of ideological and political education on mental anxiety of college students.

Study design: Stratified cluster random sampling method was used to investigate 1000 students. Randomly selected 1000 students to conduct a questionnaire survey, age is not limited, gender is not limited, professional is not limited. Distribution of 1000 questionnaires, the recovery of 976 valid questionnaires.

Methods: Using Excel to count the effect of ideological and political education on the cure of psychological anxiety of college students.

Results: In the actual teaching work, we should firmly carry out the teaching idea of taking students as the center, start from students’ psychology, fully stimulate students’ initiative and creativity in learning, so as to realize the resonance with students’ thoughts and consciousness in the process of ideological and political teaching, fully stimulate students’ interest in learning, alleviate students’ anxiety, and better carry out ideological and political teaching. Ideological and political course teachers treat ideological and political course teaching as a major course by changing the traditional formal concept of ideological and political course teaching to arouse students’ enthusiasm. Through a variety of ways to discuss with students, timely understanding of students’ minds and learning activities of the problems, the implementation of sexual guidance to students, in the late education to improve, promote the relief of psychological anxiety of college students to cure.

The results of this survey use the influence values of 1 to 5 grades and specific quantitative factors, 1 indicating irrelevance, 2 indicating slight influence, 3 indicating general influence, 4 indicating obvious influence, and 5 indicating full influence. In order to reduce the great error caused by individual subjectivity in the evaluation, the evaluation values of 1000 students are adopted and the average values are rounded off to obtain the results. The specific statistical table is shown in Table 1.

Conclusions: With the increasing social pressure, the anxiety of college students is becoming more and more serious. It is one of the important tasks of ideological and political education in colleges and universities to carry out psychological research on college students and explore the law of psychological change. But the traditional research on mental health education is not enough for students with mental disorders and neglects to pay attention to the common anxiety of college students. However, in reality, there are some misunderstandings about anxiety, which leads to the difficulty in dredging and adjusting the

anxiety of college students, such as depression, fear, neurasthenia and even anxiety disorders. It is found that under the background of ideological and political education, ideological and political education is beneficial to alleviate students' anxiety and provide new ideas for psychological counseling.

Table 1. Effect of college ideological and political education on psychological anxiety of college students

Content	Universities 1	Universities 2	Universities 3	Universities 4
Establishing the concept of collaborative education	4	5	4	5
Appraisal mechanism	4	4	5	5
Personal quality and skill training of teachers	4	4	5	4

* * * * *

RESEARCH ON THE IMPROVEMENT OF THE EFFECT OF COLLEGE STUDENTS' SUBSIDIZING EDUCATION FROM THE PERSPECTIVE OF POSITIVE PSYCHOLOGY

Tiankai Deng^{1,2}, Lei Zhang² & Ying Cao³

¹*College of Marxism, Harbin Normal University, Harbin 150080, China*

²*Student Affairs Department, Northeast Forestry University, Harbin 150040, China*

³*College of Economics and Management, Northeast Forestry University, Harbin 150040, China*

Background: Along with the deepening of state funding work, funding education has become one of the key tasks of university funding work. The ministry of education put forward to construct “funding education quality improvement system and psychological education quality improvement system” in the Implementation Outline of University Ideological and Political Work Quality Improvement Project. From the perspective of positive psychology, this paper combs out the connotation of financial aid and education in colleges and universities, reflects on the deficiency of financial aid and education in colleges and universities, pays attention to the cultivation of positive personality of students from families with financial difficulties, and realizes the value pursuit of effective financial aid and education in colleges and universities.

Aid has three meanings, one is to help, provide; two is to help with property; three is to give spiritual or material help or to help others to contribute, advice. The meaning of educating people: education means education and training; educating and training people morally, intellectually, physically and aesthetically; the aim of educating people is to make the objects of education develop in an all-round way and make people grow into the talents with healthy body and mind. The relationship between “financial aid” and “education”. Subsidizing is the foundation, educating is the foundation, subsidizing is the method and measure, educating is the goal and goal. Financial aid for education in colleges and universities refers to the financial aid system of “rewards, aids, loans, deductions, exemptions and diligence” in colleges and universities to help students from families with financial difficulties to solve the problem of going to school, and at the same time to strengthen their ideological, psychological, career, ability and other aspects of education, so that they can develop and grow in an all-round way and become the physically and mentally healthy talents needed by the society, and finally achieve the goal and goal of education.

Objective: The fundamental task of university financial aid work is to build up the moral character of people, and its starting point and purpose is to educate people. We shall accurately understand the connotation of college financial aid and education, grasp the restrictive factors that affect the effectiveness of college financial aid and education, and shall, from the perspective of positive psychology, attach importance to the psychological needs, psychological capital excavation, psychological education and ability cultivation of students from families with financial difficulties, and establish a long-term effective mechanism featuring the effective integration of material assistance, moral infiltration, ability expansion and spiritual incentives, so as to realize the value pursuit of college financial aid and education. Our country develops the university financial aid work for many years, has basically realized “not to let a student drop out because of the family financial difficulty” goal. Under the new situation, new tasks and new requirements of the national education reform and poverty alleviation strategy, the focus of funding has been shifted to funding education and targeted funding. Therefore, it is urgent and necessary to explore the effectiveness of financial aid for education, but there are many factors restricting the effectiveness of financial aid for education.

Subjects and methods: The implementation outline of the quality improvement project of ideological and political work in colleges and universities issued by the ministry of education calls for the construction