

Figure 1. Recognition of financial management model

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EFFECT OF MODERN ACUPUNCTURE AND MOXIBUSTION ON MENTAL HEALTH OF PATIENTS WITH DEPRESSIVE PSYCHOSIS

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Background: In the process of social and economic development, people's living standard and material level have been greatly improved, but people's psychological quality level has not been improved accordingly. Nowadays, the competition in society and work is becoming more and more intense, people's pace of life is getting faster and faster, and many people can't adapt, so they have anxiety and depression, and then suffer from depression. Depression is one of the most common psychological diseases in modern mankind. Its main clinical manifestation is long-term and uninterrupted depression. Depression is one of the four major diseases in the world. It has been reported in previous literature that the number of people with depression in China has exceeded 3%, and the number has exceeded 40 million. Paying attention to the mental health level of people with depression is of great significance to improve China's social stability and people's happiness. There are five main clinical manifestations of depression. The first is depression: significant and lasting emotional depression, depression and pessimism. Patients with mild depression will feel less interested in external things and depressed. Severe patients will have the psychology of suicide and suicide. The second is thinking retardation: the patient's thinking Association speed is slow, the response is slow, the thinking is blocked, and there are obvious communication obstacles. The third is the decline of will activity: clinical manifestations: slow behavior, passive life, laziness, solitude and so on. The fourth is cognitive impairment: mainly manifested in the decline of recent memory, attention disorder, learning difficulties, poor language fluency and so on. The last is physical symptoms: mainly sleep disorders, fatigue, anorexia, weight loss, constipation, pain in any part of the body and so on.

Acupuncture and moxibustion is China's national intangible cultural heritage and an important part of traditional Chinese medicine. Acupuncture and moxibustion includes related theories, related technologies and acupoint cognition. Generally speaking, acupuncture includes acupuncture and moxibustion. Acupuncture refers to the treatment of patients by inserting needles into patients' bodies to stimulate acupoints based on the guidance of traditional Chinese medicine theory. The principle of burning is to burn or fumigate the roasted grass at the acupoints on the body surface, and stimulate the acupoints to treat the patients. Modern acupuncture and moxibustion is based on traditional acupuncture and moxibustion and

combined with modern medical theory. Compared with traditional acupuncture and moxibustion, modern acupuncture and moxibustion is more scientific. The application of modern acupuncture and moxibustion to improve the mental health status of patients with depressive psychosis can effectively alleviate the anxiety and depression of patients with depressive psychosis, improve the psychological quality and quality of life of patients, and is of great significance to improve China's social stability and people's happiness.

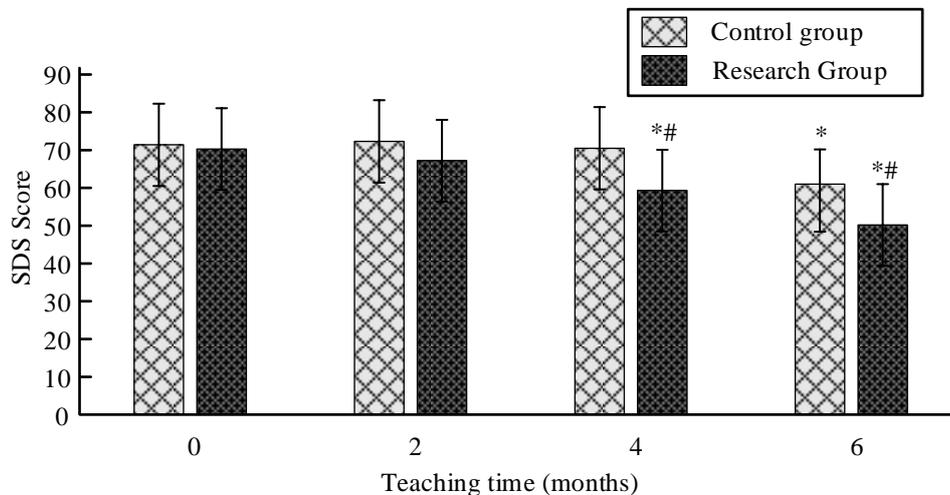
Objective: To use modern acupuncture and moxibustion to improve the mental health status of patients with depressive psychosis, alleviate the anxiety and depression of patients with depressive psychosis, improve the psychological quality and quality of life of patients, improve China's social stability and people's happiness, and promote the harmonious development of society.

Subjects and methods: 80 patients with depressive psychosis in a hospital were selected as the research object, including 62 male patients and 18 female patients, aged 19 - 47 years. Self-rating Anxiety Scale (SAS) and self-rating Depression Scale (SDS) were used as tools to evaluate the mental health status of patients.

Study design: 80 patients with depressive psychosis were randomly divided into study group and control group, with 40 people in each group. The study group used modern acupuncture and moxibustion for intervention treatment. The patients in the control group were treated with traditional methods. One month later, the mental health status of the two groups was compared.

Methods: SPSS 17.0 software was used to process the relevant data and make statistics and analysis.

Results: After the intervention treatment, the mental health status of patients in the study group was significantly improved compared with that before the intervention ($P < 0.05$), and was significantly better than that of patients in the control group ($P < 0.05$). The depression of the two groups is shown in Figure 1.



Note: * $P < 0.05$ compared with that before teaching; # It means that compared with the control group at the same time, $P < 0.05$

Figure1. Depression in the two groups

Conclusions: Nowadays, the competition in society and work is becoming more and more intense, people's pace of life is becoming faster and faster, and many people can't adapt, so they have anxiety and depression, and then suffer from depression. To study the use of modern acupuncture and moxibustion to improve the mental health status of patients with depressive psychosis, alleviate the anxiety and depression of patients with depressive psychosis, improve the psychological quality and quality of life of patients, improve China's social stability and people's happiness, and promote the harmonious development of society.

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PROBLEMS AND COUNTERMEASURES IN THE DEVELOPMENT OF HUMAN RESOURCES MANAGEMENT IN COLLEGES AND UNIVERSITIES UNDER COGNITIVE IMPAIRMENT

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