

Conclusions: With the rapid development of computer technology and Internet technology, the mode of information dissemination has also undergone great changes. The right of information network communication is a kind of copyright, which is juxtaposed with the right of publication, the right of authorship, the right of reproduction and other rights. The regulation on the right of information network communication is the realization of the systematization of the legal regulation on the right of network work communication in China, but there are still some problems in the regulation on the right of information network communication in China. Based on the thinking logic barrier, the research puts forward some suggestions on the legal regulation and system improvement of the right of information network communication, hoping to contribute to the improvement of China's legal system, provide protection for the legitimate rights and interests of the creators of network works, and promote the sustainable development of China's Internet economy.

Table 1. Average score of various suggestions

Classification	Add	Delete	Modify	Total average score
Score	82.5±6.7	85.4±7.2	80.9±4.9	83.2±7.4

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ON THE SIGNIFICANCE OF MENTAL HEALTH EDUCATION IN PREVENTING EMERGENCIES FOR FOREIGN STUDENTS IN CHINA

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Background: Since the reform and opening up, China's economic level has been continuously improved, and its contacts with other countries have become closer and closer. In recent years, China's international status has become higher and higher, and its traditional culture has been warmly welcomed all over the world, which has aroused the interest of many young people. Therefore, many students come to China to study abroad. The ideology, religious beliefs and customs of foreign students in China are different from those of Chinese college students, and their attitude towards foreign students is related to China's international image to a certain extent. Therefore, the education and management of foreign students in China is very important. In the previous research literature, it summarizes the causes of emergencies of foreign students in China. First, foreign students come from different countries and nationalities. They grow up in different social environments and experiences, and have obvious differences in ideas, beliefs and living habits. Therefore, after coming to a strange environment, the mental health of foreign students will have problems, causing anxiety, depression and other emotions. In addition, because of cultural differences, foreign students' understanding of some things may be completely opposite to that of people in other countries, resulting in contradictions and emergencies. Secondly, changes in the external environment, such as changes in the world political and economic situation and local wars, will lead to changes in the families of foreign students, which will make the mood of foreign students unstable and lead to various psychological diseases. Finally, there are differences in learning and understanding abilities. For example, countries in East and Southeast Asia have a better understanding of Chinese culture, so their learning progress is faster. However, foreign students in Europe and the United States have a weak understanding of Chinese, which leads to language barriers and further leads to students' psychological frustration and inferiority complex.

Mental health education is based on the law of students' physiological and psychological development, using psychological education methods to cultivate students' good psychological quality and promote the overall improvement of students' quality. Mental health education is an important way for colleges and universities to alleviate students' negative emotions and enhance students' psychological quality. Therefore, in the education system of colleges and universities, mental health education is an important part. Based on mental health education, the research puts forward the following strategies for the prevention of emergencies of foreign students in China, that is, to build a psychological counseling room for foreign students and strengthen the mental health education of foreign students. Irregular mental health tests and dynamic observation guide students to focus on their study and standardize the words and deeds of foreign students in strict accordance with rules and regulations. Timely intervene the psychological problems of foreign students, including learning and communication, and send them to a mental hospital for treatment if necessary. Improve the emergency response mechanism for emergencies and maintain the safety of schools and students. Mental health education can alleviate the negative emotions of foreign students, improve the mental health level of foreign students, and then reduce the frequency of emergencies. It plays a preventive role and is of great significance to the improvement of China's international image.

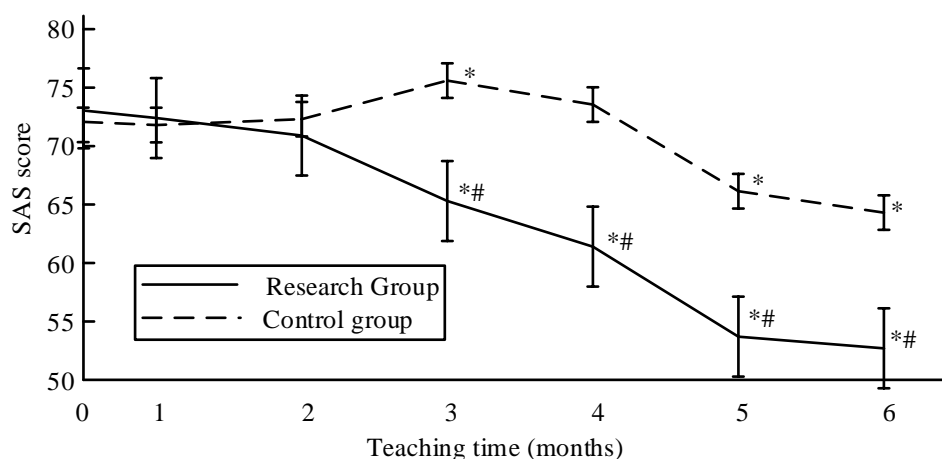
Objective: In recent years, China's international status has become higher and higher, and its traditional culture has been warmly welcomed all over the world, which has aroused the interest of many young people. Therefore, many students come to China to study abroad. In a strange environment, the mental health of foreign students may have problems, causing anxiety, depression and other emotions, and then emergencies. This study discusses the significance of mental health education to the prevention of emergencies for foreign students in China, provides some guiding opinions for the prevention of emergencies for foreign students, and also plays a certain role in improving China's international image.

Research objects and methods: 60 foreign students in China were selected as the research objects for questionnaire survey. Self-rating Anxiety Scale (SAS) and Self-rating Depression Scale (SDS) were used to evaluate students' mental health.

Study design: 60 foreign students in China were randomly divided into study group and control group, with 30 people in each group. The students in the study group joined the mental health education course in the teaching content, while the students in the control group did not join the mental health education course. Three months later, the mental health of the two groups of foreign students were compared.

Methods: The relevant data were processed and analyzed by SPSS 21.0 software.

Results: After teaching, the SAS score and SDS score of foreign students in the study group were lower than those in the control group, and the difference was significant ($P < 0.05$). The SAS scores of the two groups of international students are shown in Figure 1.



Note: * $P < 0.05$ compared with that before teaching; # It means that compared with the control group at the same time, $P < 0.05$.

Figure 1. The degree of anxiety of the two groups of students

Conclusions: The ideology, religious beliefs and customs of foreign students in China are different from those of college students in China. In a strange environment, the mental health of foreign students may have problems, causing anxiety, depression and other emotions, so it is very likely to have emergencies. This paper discusses the significance of mental health education to the prevention of emergencies for foreign students in China, provides some guiding opinions for the prevention of emergencies for foreign students, and also plays a certain role in improving China's international image.

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PSYCHOLOGICAL RELIEF METHODS OF COLLEGE STUDENTS' ENGLISH LEARNING ANXIETY BASED ON MU CLASS

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Background: In recent years, Mu class has attracted extensive attention in the educational field. In the United States, Europe and China, Mu class has become a hot topic of common concern among universities, media and enterprises. With the rapid development of information technology and the popularity of the Internet, learners around the world can have the opportunity to choose the world's best higher education resources. At the same time, the emergence of Mu class has also created a lot of experience in promoting teaching reform. Some studies have pointed out that Mu class is a deep combination of network, computer