

Factor	Dissatisfied	General satisfaction	With great satisfaction
Numbers	21	27	32

**Conclusions:** With the increasing social pressure, the anxiety of college students is becoming more and more serious. It is one of the important tasks of ideological and political education in colleges and universities to carry out psychological research on college students and explore the law of psychological change. But the traditional research on mental health education is not enough for students with mental disorders and neglects to pay attention to the common anxiety of college students. However, in reality, there are some misunderstandings about anxiety, which leads to the difficulty in dredging and adjusting the anxiety of college students, such as depression, fear, neurasthenia and even anxiety. It is found that under the background of ideological and political education, ideological and political education is beneficial to alleviate students' anxiety and provide new ideas for psychological counseling.

\* \* \* \* \*

## INVESTIGATION AND COUNTERMEASURES OF DUAL-DISCIPLINARY LITERACY OF MIDDLE SCHOOL MATHEMATICS TEACHERS FROM THE PERSPECTIVE OF POSITIVE PSYCHOLOGY

Wen Du

*School of Mathematics and Statistics, Huanggang Normal University, Huanggang 438000, China*

**Background:** The professional knowledge on which the teacher profession is based has a dual disciplinary basis, that is, the subject knowledge that the teacher teaches and the subject knowledge that the teacher educates. At the same time, there is also a "structural contradiction" between the double-disciplinary knowledge attainment of teachers. Teachers' professional double-disciplinary literacy and its structural contradictions are not only an academic problem, but also profoundly affect the practice of teacher education and teacher professional development. Based on teachers' professional discipline attribute) and its "structural contradictions" of a particular angle of view, we as part of the middle school mathematics teachers' education teaching practice as the research object, investigation and analysis of their behavior and double disciplines in the professional education teaching present situation and problem of "structural problems", and tries to resolve these contradictions and problems and suggestions are put forward to promote the professional development of middle school mathematics teachers.

**Subjects and methods:** This paper investigates and analyzes the current situation and problems of dual-subject "structural contradiction" in middle school mathematics teachers' education and teaching behavior and professional quality from the perspective of dual-subject attribute and "structural contradiction". It is found that there is a structural imbalance in the professional attainment of middle school mathematics teachers, and the main problem is the lack of pedagogy knowledge and ability of middle school mathematics teachers. It is necessary to pay attention to the theoretical and practical research on the "structural contradiction" of the dual subject of professional literacy of middle school mathematics teachers, adhere to the "integration" concept and practice mode of the dual subject of teachers, and examine and deal with the problems of the dual subject of teaching behavior and professional literacy of middle school mathematics teachers.

**Study design:** The research objects are divided into two parts, one is middle school administrators represented by middle school principals, the other is middle school mathematics teachers. Represented by high school principal managers more samples from 11 counties of hubei province huanggang high school. A total of 60 questionnaires were issued to the administrators of these schools, and 51 valid questionnaires were obtained after eliminating the waste papers such as missing, wrong filling and obviously not seriously filling in. The samples of middle school mathematics teachers were also taken from them. Mathematics teachers in these schools were given questionnaires, 210 of which were issued and 157 of which were valid.

**Methods of statistical analysis:** The original data of this study were completed in the form of paper questionnaire and online questionnaire, which included two questionnaires in total. One is a questionnaire on the overall evaluation of mathematics teachers' dual disciplinary literacy of mathematics and education by middle school administrators represented by principals. The other is a questionnaire about the status and role of the dual-subject quality of middle school mathematics teachers in promoting the professional development of middle school mathematics teachers, whose investigation object is middle school mathematics teachers. Questionnaire (1) is composed of 13 questions, questionnaire (2) is composed of 18 problems, the design of the questionnaire (1) based on the perspective of middle school administrators,

aims to understand the respondent to school mathematics teachers' mathematics subject and education subject double subject quality of the overall evaluation, and the current key problem affecting the middle school mathematics teachers' professional quality. Questionnaire (2) aims to understand the main factors affecting the understanding of the subjects. According to the network automatic timing, the questionnaire can be completed in about 10 minutes.

**Results:** Comprehensive topic research process, the research group mainly adopted the investigation and research and theory and data analysis. Through investigation and analysis, it is found that there are two main problems in the relationship between mathematics specialty, education discipline attainment and mathematics teacher in middle school.

**Conclusions:** The teacher profession has the attribute of "double discipline" of professional discipline and educational discipline. Reflected in the teacher's professional quality, there will inevitably appear the dual structure of teacher's professional subject and education subject quality and the corresponding differences and conflicts. The "structural contradiction" of dual subjects in the professional attainment of middle school mathematics teachers is embodied in the widespread "structural" imbalance of dual subjects in the professional attainment of teachers and the lack of pedagogical knowledge and ability of middle school mathematics teachers. Therefore, we should pay special attention to the special contradiction of teachers' professional quality in the education and training of middle school mathematics teachers, so as to improve the pertinence and effectiveness of education and training.

**Acknowledgements:** This paper is the research result of hubei Provincial Education Science Planning 2020 key project "Research on the status quo and training strategy of middle school Mathematics teachers' double-subject Quality" (Project Number: 2020GA063).

\* \* \* \* \*

## THE INFLUENCE OF THE PSYCHOLOGICAL VIEW OF SOCIAL ADAPTATION OF MARXIST THOUGHT ON THE PARTY BUILDING AT RURAL GRASS-ROOTS LEVEL

Xichang Yao, Mengxing Li & Hang Yao

*College of Marxism, Henan Agricultural University, Zhengzhou 450002, China*

**Background:** As one of the most important ideological achievements in the history of human thought, Marxism was established as the fundamental guiding ideological of our party at the beginning of our party's establishment. At the meeting, General Secretary Xi Jinping explicitly pointed out that Marxism was born on the basis of criticizing and absorbing all the knowledge of mankind, with the development of time, practice and science, Marxism constantly enriches its own development and it is the most advanced thought system of mankind. The rural grass-roots party organizations are an important hub for implementing the party's important lines, party's guidelines, party's policies and connecting with peasant masses.

**Study design:** Since Marxism ideological was introduced into our country, our party has used it as a guiding weapon in theory. Since Xi Jinping was elected General Secretary, he combined the Marxism ideological to conceive the Chinese dream of the great rejuvenation of the Chinese nation from three levels: state, society and individual. He applied the Chinese dream as a whole framework to the governance of our country. The global environment is deteriorating day by day, and it has become the focus of attention of the international community. The Chinese Communist Party's Sinicization of the Marxist ecological concept and the formation of an ecological civilization concept with Chinese characteristics will surely promote the solution of the ecological crisis. Our party has always attached great importance to the construction of Marxism ideological and has always attached great importance to the combination of Marxism ideological and Chinese practice. Facing the complicated situation at home and abroad, our party, especially the rural grass-roots party organizations, should strengthen its own construction under the guidance of Marxism ideological and realize human ecological civilization.

**Subjects and methods:** With the development of party construction in China, the grass-roots party organizations have achieved some success. The most obvious is that the political quality of the members of grass-roots party organizations has been greatly improved. In this paper, we conducted a questionnaire survey on some members of rural grass-roots party organizations in a place, and we have to come out the following survey results. The results are shown in Table 1.

**Results:** Rural grass-roots party cadres should strengthen their ideological construction, firm their ideal and belief. The ideal belief is the spiritual "calcium" of the communist party, if the ideals of the communists are not firm, their spirit will be "short of calcium", will have a "soft bone disease" and will deviate from their direction. Party cadres in our country have a large proportion in the party membership. Rural party cadres are an important bridge and link between the party and the government and the rural